



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME PARA OUTDOOR HOMMES

TOUTES CATEGORIES HOMMES

TC Javelot (800 gr) avant 1992

1	Chollot Marcel	26m10	1979
---	----------------	-------	------

MASTERS HOMMES 55

M55 100 m

1	Denys Jacques	35.53	2019
---	---------------	-------	------

M55 Poids (6 kg)

1	Denys Jacques	6m53	2019
---	---------------	------	------

M55 Disque (1,5 kg)

1	Denys Jacques	17m80	2017
---	---------------	-------	------

M55 Javelot (700 gr)

1	Denys Jacques	11m62	2019
---	---------------	-------	------

MASTERS HOMMES 60

M60 100 m

1	Denys Jacques	29.37	2022
---	---------------	-------	------

M60 Poids (5 kg)

1	Denys Jacques	6m65	2019
---	---------------	------	------

M60 Poids (6 kg)

1	Denys Jacques	5m56	2022
---	---------------	------	------

M60 Disque (1 kg)

1	Denys Jacques	20m61	2019
---	---------------	-------	------

M60 Disque (1,5 kg)

1	Denys Jacques	15m90	2022
---	---------------	-------	------

M60 Disque (2 kg)

1	Denys Jacques	15m81	2019
---	---------------	-------	------

M60 Javelot (600 gr)

1	Denys Jacques	12m34	2020
---	---------------	-------	------

M60 Javelot (700 gr)

1	Denys Jacques	12m76	2019
---	---------------	-------	------

M60 Javelot (800 gr)

1	Denys Jacques	13m05	2020
---	---------------	-------	------

M60 Marteau (5 kg)

1	Denys Jacques	15m69	2019
---	---------------	-------	------

MASTERS HOMMES 65

M65 100 m

1	Denys Jacques	31.15	2024
---	---------------	-------	------

M65 200 m

1	Denys Jacques	74.06	2024
---	---------------	-------	------

M65 Disque (1,5 kg)

1	Denys Jacques	14m03	2024
---	---------------	-------	------

M65 Disque (2 kg)

1	Denys Jacques	11m70	2024
---	---------------	-------	------