



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

KANGOUROUS GARÇONS - U8

KAN 40 m

1	Kropek Nicolas	7.94	1998
2	Guarneri Renato	8.34	1994

KAN 60 m

1	Taieb Rayane	11.32	2010
2	Montilla Alexis	11.35	2009
3	Cuypers Florian	11.67	2010
4	De Coster Alexis	11.78	2003
5	Cigri Mathias	12.07	2013
6	Mrekeche Reda	12.09	2014

KAN 1000 m

1	De Coster Alexis	4.18.33	2003
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KAN Longueur

1	Montilla Alexis	2m56	2009
2	Taieb Rayane	2m04	2010
3	Cigri Mathias	1m70	2013
4	Verriez Ludovic	1m53	2013

KAN Poids (1 kg)

1	Taieb Rayane	5m36	2010
2	Kropek Nicolas	4m93	1998
3	Cuypers Florian	4m74	2010
4	Montilla Alexis	4m16	2009
5	Mrekeche Reda	3m69	2014
6	Verriez Ludovic	2m62	2013

BENJAMINS GARÇONS - U10

BEN 40 m

1	Moutha Sebtaoui Naïm	6.74	2024
2	Ben Ahmed Yanis	7.01	2019
3	Arifi Rayane	7.04	2016
4	Poortman Matheo	7.16	2016
5	Chekem Amon Re	7.26	2019
6	Hasselmans Jerome	7.34	1997
	Maertens Nicolas	7.34	1999
8	Huyghe Gauthier	7.37	2016
9	Montilla Alexis	7.42	2011
10	Hautot Quentin	7.44	1998
11	Arifi Reda	7.46	2014
12	Browaey David	7.54	1995
	Wauters Maxime	7.54	1995
	Boufous Issa	7.54	2024
15	Meguellati Younes	7.57	2016
16	Guarneri Renato	7.64	1995
	Miny Gaetan	7.64	1995
18	Theys Norick	7.67	2014
19	Huybrechts Xavier	7.74	1994
	Kehl Nicolas	7.74	2019

BEN 50 m

1	Baiwir Julien	9.04	1998
2	Gerard Benjamin	9.14	1997
	Hasselmans Jerome	9.14	1997
4	Foucart Adrien	9.64	1996
5	Guarneri Renato	9.34	1995
6	Hautot Quentin	9.54	1998
7	De Ruyver Julien	9.74	1995
	Kremer Julien	9.74	1998
9	Huybrechts Xavier	9.84	1994
10	Gerard Valery	9.94	1999
11	Hautot Quentin	10.04	1997
12	Leyman Jeremy	10.74	1995
13	Bottiglieri Laszso	11.04	1995



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BEN 60 m

1	Moutha Sebtaoui Naïm	9.55	2024
2	Montilla Dimitri	9.56	2006
3	Kompany Vincent	9.63	1995
4	Elsen Daan	9.70	2003
5	Ouattara Reda	9.73	2017
6	Potemans Anton	9.84	2005
7	Ben Ahmed Yanis	9.85	2019
8	Cuypers Florian	9.86	2012
	Kubiak Joachim	9.86	2018
10	Poortman Matheo	9.88	2016
11	Stodolski Michael	9.90	2009
12	Guellet Elijah	9.99	2019
13	Arifi Rayane	10.03	2016
14	Matassi Lucas	10.04	2016
15	Ouattara Noham	10.05	2019
16	Honore Geoffrey	10.14	1998
17	Hautot Quentin	10.21	1998
18	Arifi Reda	10.27	2014
19	Mbuyi Kalonda Benjamin	10.28	2019
20	Baiwir Julien	10.31	1998

BEN 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naïm	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

BEN 1000 m

1	Kompany Vincent	3.38.74	1995
2	Montilla Dimitri	3.39.69	2006
3	Potemans Anton	3.45.39	2005
4	Honore Mallory	4.12.91	2003
5	De Ruyver Julien	4.14.29	1995
6	Nicodeme Romain	4.16.64	2003
7	Van De Sype Vincent	4.17.45	2002
8	De Coster Alexis	4.18.33	2003
9	Gonzalez Nicolas	4.25.73	2006
10	Croiselet Nicolas	4.44.88	1995
11	Van De Sype Arnaud	4.59.29	2003

BEN Hauteur

1	Van De Sype Vincent	1m16	2002
2	Montilla Dimitri	1m10	2007
3	Potemans Anton	1m05	2005
	Montilla Alexis	1m05	2011
	Cuypers Florian	1m05	2012
	Theys Norick	1m05	2015
7	Hasselmans Jerome	1m01	1997
8	Baiwir Julien	1m00	1998
	Elsen Daan	1m00	2003
	Nicodeme Romain	1m00	2004
	Beyaert Corentin	1m00	2011
	Huyghe Gauthier	1m00	2016
13	Hautot Quentin	0m98	1998
14	De Ruyver Julien	0m95	1995
	Gerard Valery	0m95	2000
	Van De Sype Arnaud	0m95	2003
	Stodolski Michael	0m95	2009
	Kubiak Joachim	0m95	2018
19	Huybrechts Xavier	0m92	1994
	Honore Joffrey	0m92	1998

BEN Longueur

1	Elsen Daan	3m67	2003
2	Montilla Dimitri	3m57	2007



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3	Potemans Anton	3m46	2005
4	Hautot Quentin	3m40	1998
	Stodolski Michael	3m40	2009
6	Gerard Benjamin	3m34	1997
7	Ben Ahmed Yanis	3m33	2019
8	Cuyppers Florian	3m32	2012
9	Nicodeme Romain	3m26	2004
10	Honore Geoffrey	3m24	1998
11	Moutha Sebtaoui Naïm	3m22	2024
12	Montilla Alexis	3m14	2011
13	Baiwir Julien	3m12	1998
	Ouattara Noham	3m12	2019
15	Van De Sype Vincent	3m11	2002
16	Caluwe Arnaud	3m10	2000
17	Kropek Nicolas	3m09	1999
18	Beyaert Corentin	3m07	2011
19	Gerard Valery	3m00	2000
20	Poortman Matheo	2m98	2016

BEN Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuyppers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

BEN Triathlon

1	Guarneri Renato	967 p	1995
2	Miny Gaetan	940 p	1995
3	Huybrechts Xavier	934 p	1994
4	Browaey David	874 p	1995
5	Wauters Maxime	670 p	1995
6	Montilla Alexis	570 p	2010
7	Leyman Jeremy	515 p	1995

BEN Tetrathlon

1	Cuyppers Florian	1172 p	2012
2	Beyaert Corentin	1070 p	2011
3	Montilla Alexis	955 p	2011
4	Huyghe Gauthier	904 p	2016
5	Van De Sype Arnaud	525 p	2003
6	Theys Norick	400 p	2014

BEN 4 x 200 m

1	Maaroufi, Maaroufi, Hadrazi, Tshanga Diumba	2.30.50	2016
2	Ouattara, Delneufcourt, Philips, Kubiak	2.31.32	2018
3	Mouchafi, Maaroufi, Kubiak, Ouattara	2.35.62	2017
4	Ben Ahmed, Ouattara, Xhonneux, Oulhaj	2.36.10	2019
5	Mievis, Ben Ahmed, Ouhaj, Rozzi	2.42.85	2020

PUPILLES GARÇONS - U12

PUP 40 m

1	Monsieur Julien	6.73	2018
2	Naif Jerome	6.74	1994
	Moutha Sebtaoui Naïm	6.74	2024



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4	Belghiti Alaoui Ayman	6.81	2016
5	Kubiak Joachim	6.82	2019
6	Coomans Werner	6.84	1996
7	Boniver Evan	6.85	2014
8	Gonzalez Antoine	6.87	2016
9	Balcaen Oscar	6.93	2019
10	Closset Christophe	6.94	1995
	Haymans Thomas	6.94	1996
	Baiwir Julien	6.94	1999
	Maertens Christophe	6.94	1999
	Boukria Jawad	6.94	2016
15	Oulhaj Hugo	7.00	2019
16	Camps Sebastien	7.01	2016
17	Ben Ahmed Yanis	7.01	2019
18	Batjoens Pierre Olivier	7.04	1994
	Arifi Rayane	7.04	2016
20	Theys Norick	7.11	2016

PUP 50 m

1	Naif Jerome	8.04	1994
	Coomans Werner	8.04	1997
	Baiwir Julien	8.04	1999
4	Xhonneux Frederic	8.24	1994
	Sonon Lionel	8.24	1997
6	De Wilde Julien	8.34	1997
7	Degives Jean Baptiste	8.54	1994
	Hermann Gilles	8.54	1998
	Gerard Benjamin	8.54	1999
10	Van De Zande Chris	8.64	1994
	Guarneri Salvatore	8.64	1995
	Leyman David	8.64	1995
	Guarneri Renato	8.64	1998
14	Hautot Quentin	8.74	1999
15	Huybrechts Xavier	8.84	1996
	Mertens Tom	8.84	1997
	Hasselmans Jerome	8.84	1998
18	Foucart Adrien	9.04	1998
29	Sorel Renaud	9.14	1995
	Vanderstraten Amaury	9.14	1995
	Kremer Julien	9.14	1999

PUP 60 m

1	Ouattara Reda	8.70	2019
2	Montilla Dimitri	8.79	2009
3	Medan Marko	8.81	2014
4	Kubiak Joachim	8.88	2020
5	Coomans Werner	8.92	1997
6	Elsen Daan	9.07	2005
7	Serfiotis Nicolas	9.08	2001
8	Winderickx Ingmar	9.11	2002
9	Hoorens Christopher	9.17	2008
10	Baiwir Julien	9.18	2000
11	Frenay Kevin	9.19	2006
12	De Decker Mathieu	9.20	1998
	Stodolski Michael	9.20	2010
14	Demanet Lounis	9.22	2014
15	Soudon Jules	9.25	2019
16	Diallo Oumar	9.26	2005
17	Monsieur Julien	9.35	2018
18	Delatte Lionel	9.36	2006
19	Maertens Nicolas	9.40	2001
20	Potemans Anton	9.41	2007
	Belghiti Alaoui Ayman	9.41	2016

PUP 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naïm	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022



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8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

PUP 1000 m

1	Montilla Dimitri	3.18.11	2009
2	Winderickx Ingmar	3.26.17	2002
3	Nicodeme Romain	3.31.19	2006
4	Montilla Alexis	3.32.60	2012
5	Nicodeme Thibault	3.33.33	2003
6	Pholien Lionel	3.33.45	2002
7	Elsen Daan	3.33.73	2005
8	Housiaux Julien	3.34.20	2023
9	Dewitte Sebastien	3.34.63	1996
10	Kamara Sanael	3.35.24	2015
11	Srifi Kanfaoui Reda	3.37.08	2012
12	Taghret Badr	3.37.51	2014
13	Maertens Christophe	3.37.63	1999
14	Potemans Anton	3.38.20	2007
15	Kompany Vincent	3.38.74	1995
16	Hasselmans Jerome	3.39.70	1999
17	Hoorens Anthony	3.40.00	2008
18	Verburgh Tom	3.40.24	2007
19	Bennouali Abdellah	3.41.89	2005
20	Maaroufi Elias	3.42.33	2018

PUP 40 m haies (76 cm)

1	Baiwir Julien	9.64	1999
2	Hautot Quentin	10.14	1999
3	Taieb Rayane	10.18	2013
4	Van Noyen Michael	10.34	1998
5	Kubiak Joachim	11.01	2019
6	Maertens Christophe	11.14	1999

PUP 60 m haies (68 cm)

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

PUP 60 m haies (76 cm)

1	Montilla Dimitri	10.33	2008
2	Elsen Daan	11.24	2005
3	Potemans Anton	11.94	2007
4	Srifi Kanfaoui Reda	12.34	2012
5	Beyaert Corentin	12.48	2012
6	Hoorens Anthony	12.58	2008
7	Gonzalez Antoine	12.64	2017
8	Nicodeme Romain	12.70	2006
9	Diallo Oumar	12.72	2005
10	Verburgh Tom	12.76	2007
11	Baiwir Julien	12.80	2000
12	Delatte Lionel	12.81	2006
13	Boniver Evan	12.86	2014
14	Maertens Christophe	12.92	1999
15	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017
17	Montilla Alexis	13.05	2013
18	Frenay Kevin	13.06	2006
19	Monsieur Julien	13.08	2018
20	Maaroufi Elias	13.12	2018

PUP Hauteur

1	Montilla Dimitri	1m44	2009
2	Elsen Daan	1m37	2005
3	Mertens Tom	1m30	1997
	Hoorens Anthony	1m30	2008
	Englebert Timothee	1m30	2015
6	Xhonneux Frederic	1m26	1993
7	Mahoungou Gregory	1m25	1995
	Baiwir Julien	1m25	2000
	Van De Sype Vincent	1m25	2003
	Potemans Anton	1m25	2007
11	Haymans Thomas	1m23	1996



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	Nicodeme Romain	1m23	2006
13	Coomans Werner	1m20	1997
	Van De Sype Arnaud	1m20	2005
	Frenay Kevin	1m20	2006
	Petitjean Nicolas	1m20	2010
	Badji Toumane	1m20	2012
	Montilla Alexis	1m20	2013
	Medan Marko	1m20	2014
	Monsieur Julien	1m20	2018

PUP Longueur

1	Montilla Dimitri	4m33	2009
2	Elsen Daan	4m18	2005
3	Diallo Oumar	4m08	2005
	Medan Marko	4m08	2014
5	Baiwir Julien	4m00	2000
6	Winderickx Ingmar	3m96	2002
7	Potemans Anton	3m92	2007
8	Delatte Lionel	3m90	2006
9	Nicodeme Romain	3m87	2006
10	Verburgt Tom	3m86	2007
11	De Gendt Lucien	3m73	2018
12	Monsieur Julien	3m69	2018
13	Serfiotis Nicolas	3m65	2001
14	Hoorens Anthony	3m64	2008
15	Stodolski Michael	3m62	2010
16	Caluwe Arnaud	3m61	2002
17	Nicodeme Thibault	3m59	2003
18	Langsberg Nathan	3m51	2006
19	Van De Sype Vincent	3m45	2003
	Van De Sype Arnaud	3m45	2005

PUP Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuyppers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

PUP Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003



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18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

PUP Triathlon

1	Closset Christophe	1261 p	1995
2	Haymans Thomas	1250 p	1996
3	Naif Jerome	1228 p	1994
4	Guarneri Salvatore	1210 p	1995
5	Mahoungou Gregory	1176 p	1995
6	Coomans Werner	1155 p	1996
7	Batjoens Pierre Olivier	1148 p	1994
8	Kill Michel	1105 p	1995
9	Degives Jean Baptiste	1091 p	1994
10	Mertens Tom	1055 p	1996
11	Verstraeten Cedric	1019 p	1996
12	Brolet Benjamin	1011 p	1995
13	Huybrechts Xavier	1004 p	1995
14	Browaey David	905 p	1996
15	Dewitte Sebastien	887 p	1995
16	Franco Marc	768 p	1996
17	Deprez Jerome	742 p	1996
18	Leyman David	728 p	1995
19	Taieb Rayane	564 p	2013
20	Droesbeke Sebastien	403 p	1995
	Goossens Thomas	403 p	1995

PUP Tetrathlon

1	Montilla Dimitri	1683 p	2008
2	Potemans Anton	1637 p	2007
3	Nicodeme Romain	1626 p	2006
4	Delatte Lionel	1472 p	2006
5	Van De Sype Arnaud	1311 p	2005
6	Montilla Alexis	1287 p	2013
7	Denys Gregory	1112 p	2004
8	Van De Sype Vincent	1062 p	2003
9	Teklal Liam	602 p	2011

PUP 4 x 200 m

1	Kubiak, Ouattara, Maaroufi Z, Soudon	2.09.95	2019
2	Ben Ahmed, Delneufcourt, Delneufcourt, Kubiak	2.10.49	2020
3	De Gendt, Maaroufi E, Arifi, Ouattara	2.15.56	2018
4	Arifi, Boukria, Belghiti, Verriez	2.19.37	2016
5	Kamara, Sibourg, Van Elsuwe, Medan	2.19.98	2014
6	Camps, Maaroufi, Tshanga, Monsieur	2.20.23	2017
7	Marchal, De Heug, Obami Omerovic, Hordies	2.31.31	2024

MINIMES GARÇONS - U14

MIN 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Schepens Cedric	6.44	1994
	Guillet Lionel	6.44	1995
	Vervloet Gregory	6.44	1996
11	Demagnet Lounis	6.45	2015
12	Vaillant Jean Baptiste	6.54	1995
	Naif Jerome	6.54	1996
14	Tshanga Diumba John Ross	6.59	2019
15	Broothaerts Damien	6.64	1995
	Xhonneux Frederic	6.64	1996
17	Monsieur Julien	6.73	2018
18	Carbonez Gilles	6.74	1995
	Cawet Cedric	6.74	1995
	Smeyers Julien	6.74	1994
	Moutha Sebtaoui Naim	6.74	2024



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MIN 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1994
	Naif Jerome	7.74	1996
4	Guillet Lionel	7.84	1995
	Smeyers Julien	7.84	1995
	Xhonneux Frederic	7.84	1996
7	Coomans Werner	7.94	1998
8	Cawet Cedric	8.04	1996
	Baiwir Julien	8.04	1999
10	Foucart François	8.14	1995
11	Kill Michel	8.24	1996
	Guarneri Salvatore	8.24	1997
	Sonon Lionel	8.24	1997
14	De Wilde Julien	8.34	1997
15	De Ruyver Laurent	8.44	1995
	Guarneri Renato	8.44	1999
17	Degives Jean Baptiste	8.54	1994
	Dewitte Sebastien	8.54	1997
	Hermann Gilles	8.54	1998
	Mertens Tom	8.54	1998
	Gerard Benjamin	8.54	1999

MIN 60 m

1	Diallo Oumar	7.88	2007
2	Taiwo Eniola	8.06	2012
3	Sergeef Martin	8.09	2011
4	Paulus Gary	8.20	2005
5	Okeowo Peredjo	8.27	2012
6	Montilla Dimitri	8.31	2011
7	Englebert Timothee	8.32	2017
8	Dogan Mervan	8.41	2003
9	Medan Marko	8.42	2015
10	Mbuyi Tshinyongolo Tresor	8.43	2019
11	Diallo Mamadou	8.49	2001
	Stodolski Michael	8.49	2013
13	Mertens de Wilmars Raphael	8.51	2020
14	Guellet Shadi	8.52	2020
	Ouattara Reda	8.52	2020
16	Chekem Ramses	8.57	2016
17	Schepens Cedric	8.58	1995
18	Lohombo Djongakadje Louis	8.60	2005
19	Lebailly Kevin	8.62	2005
	Boubala Eden Guy	8.62	2024

MIN 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019
16	Potemans Anton	21.42	2009
17	Lohombo Djongakadje Louis	21.44	2005
18	Iazzag Nathan	21.48	2015
	Gruson Augustin	21.48	2017
20	Naif Jerome	21.52	1996

MIN 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naim	2.20.14	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

MIN 1000 m

1	Honore Geoffrey	3.07.08	2003
2	Montilla Dimitri	3.07.79	2011
3	Demeester Thijs	3.12.37	2002
4	Kebdani Samir	3.14.94	2001
5	Crevecoeur Ambroise	3.15.75	1999
6	Bontemps Richard	3.15.86	1999
7	Chekem Amon Re	3.16.59	2024
7	Sonon Lionel	3.16.95	2000
8	Dewitte Sebastien	3.18.40	1998
	Haymans Thomas	3.18.40	1998
10	Foucart François	3.19.25	1995
11	Maertens Christophe	3.21.58	2001
12	Lins Sebastien	3.22.37	2005
13	Guellet Shadi	3.22.53	2019
14	Nicodeme Romain	3.26.09	2008
15	Vandenhoeke Arthur	3.26.36	2009
16	Winderickx Ingmar	3.26.17	2002
17	Beyaert Corentin	3.26.23	2014
18	Maaroufi Ayoub	3.27.60	2018
19	Lebailly Kevin	3.29.48	2005
20	Vervloet Gregory	3.29.55	1995

MIN 40 m haies (76 cm)

1	Broothaerts Damien	8.24	1995
	Smeyers Julien	8.24	1995
3	Guillet Lionel	8.34	1995
	Xhonneux Frederic	8.34	1995
5	Carbonez Gilles	8.84	1995
	Foucart François	8.84	1995
7	Schepens Cedric	8.94	1995
	Vaillant Jean Baptiste	8.94	1995
9	Hendrickx Wim	9.04	1995
10	Colmant Quentin	9.24	1995
11	Baiwir Julien	9.64	1999
12	Degives Jean Baptiste	9.84	1995
	De Waeghe Bruno	9.84	1995
14	Tosti Flavio	10.04	1995
15	Hautot Quentin	10.14	1999
16	Taieb Rayane	10.18	2013
17	Van Noyen Michael	10.34	1998
18	Kubiak Joachim	11.01	2019
19	Maertens Christophe	11.14	1999

MIN 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
	Huybrechts Xavier	8.44	1998
11	De Wilde Julien	8.54	1998
12	Guillet Lionel	8.64	1994
13	Clais Marc	8.74	1994
14	Ben Mohamed Younes	8.84	1994
15	Guarneri Salvatore	8.94	1996
	Vaessen Fabien	8.94	1996
	Fabre Xavier	8.94	1998
18	Blondiau Fabian	9.04	1994
	Sonon Lionel	9.04	1999
20	Schepens Cedric	9.14	1994



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

MIN 60 m haies (68 cm)

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

MIN 60 m haies (76 cm)

1	Mertens de Wilmars Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Boubala Eden Guy	11.25	2024
5	Kubiak Joachim	11.34	2022
6	Potemans Anton	11.94	2007
7	Srifi Kanfaoui Reda	12.34	2012
8	Marchal Mathys	12.46	2023
9	Beyaert Corentin	12.48	2012
10	Dogru Ilian	12.55	2024
	Mievis Lionel	12.55	2024
12	Hoorens Anthony	12.58	2008
13	Gonzalez Antoine	12.64	2017
14	Nicodeme Romain	12.70	2006
15	Diallo Oumar	12.72	2005
	Marchal Matthys	12.72	2024
17	Verburgt Tom	12.76	2007
18	Baiwir Julien	12.80	2000
19	Delatte Lionel	12.81	2006
20	Boniver Evan	12.86	2014

MIN 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demagnet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Ouattara Reda	11.43	2020
16	Beyaert Corentin	11.47	2015
17	Nicodeme Thibault	11.48	2005
18	Vandenhoeke Arthur	11.51	2009
19	Sibourg Valentin	11.58	2017
20	Caluwe Arnaud	11.64	2004

MIN Hauteur

1	Montilla Dimitri	1m62	2011
2	Englebert Timothee	1m60	2017
3	Delay Benoit	1m54	1992
4	Diallo Oumar	1m51	2007
5	Clais Marc	1m50	1994
6	Cawet Cedric	1m45	1996
7	Dogan Mervan	1m44	2003
8	Nicodeme Romain	1m43	2008
9	Xhonneux Frederic	1m42	1996
	De Wilde Julien	1m42	1999
	Van De Sype Vincent	1m42	2006
12	Nicodeme Thibault	1m40	2005
	Potemans Anton	1m40	2009
14	Moral Miguel	1m38	1994
15	Gerard Jeremy	1m37	2000
	Elsen Daan	1m37	2005
	Van De Sype Arnaud	1m37	2007
18	Coomans Werner	1m36	1999
19	Capper Patrick	1m35	1990
	Vanderhaeghen Olivier	1m35	1990
	Thiry Stephane	1m35	1994
	Guillet Lionel	1m35	1995



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

Naif Jerome	1m35	1995
Castellana Bryan	1m35	2005
Lebailly Kevin	1m35	2005
Stodolski Michael	1m35	2013
Demagnet Lounis	1m35	2016
Ghesquiere Alexandre	1m35	2024

MIN Longueur

1	Montilla Dimitri	5m14	2011
2	Nicodeme Romain	4m86	2008
3	Diallo Oumar	4m61	2007
4	De Wilde Julien	4m50	1999
	Nees Ghislain	4m50	2006
6	Coomans Werner	4m47	1999
7	Diallo Mamadou	4m37	2001
	Baiwir Julien	4m37	2002
9	Lebailly Kevin	4m32	2005
10	Potemans Anton	4m31	2009
11	Medan Marko	4m28	2015
12	Caluwe Arnaud	4m27	2004
13	Paulus Gary	4m26	2005
14	Guellet Shadi	4m23	2019
15	Elsen Daan	4m18	2005
16	Frenay Kevin	4m12	2007
17	Van De Sype Arnaud	4m09	2007
	Sleewaegen Jerome	4m09	2014
19	Taiwo Eniola	4m06	2012
20	Boa Michael	4m01	2007

MIN Perche

1	Montilla Dimitri	2m60	2011
2	Verburgt Tom	2m50	2008
3	Elsen Daan	2m40	2006
4	Nicodeme Thibault	2m31	2005
5	Van Zeebroeck Bert	2m30	1995
6	Montilla Alexis	2m21	2015
7	De Wilde Julien	2m10	1999
	Wavreil Cedric	2m10	2004
9	Beyaert Corentin	2m06	2015
10	Van De Sype Vincent	1m92	2005
11	Huybrechts Xavier	1m90	1998
12	Hasselmans Jerome	1m90	2000
	Sleewaegen Jerome	1m90	2014
14	Gabriel Laurent	1m80	2003
	Nicodeme Romain	1m80	2007
	Potemans Anton	1m80	2008
17	Philips Raphael	1m70	2024
18	Van De Sype Arnaud	1m60	2007

MIN Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuyppers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

MIN Poids (2 kg)



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003
18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

MIN Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m13	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	Mertens Tom	8m99	1998
13	De Tollenaere Tom	8m97	2016
14	Elsen Daan	8m96	2006
15	Hendrickx Wim	8m91	1995
16	Gerard Benjamin	8m80	2000
	Potemans Anton	8m80	2009
18	Van Cutsem Christophe	8m85	1992
19	Browaey David	8m87	1999
20	Cawet Cedric	8m78	1996

MIN Tetrathlon

1	Xhonneux Frederic	2107 p	1996
2	Thiry Stephane	1928 p	1994
3	Naif Jerome	1894 p	1996
4	Moral Miguel	1891 p	1994
5	Cawet Cedric	1835 p	1996
6	Guillet Lionel	1827 p	1995
7	Clais Marc	1823 p	1994
8	Schepens Cedric	1821 p	1995
9	Vervloet Gregory	1753 p	1996
10	Hendrickx Wim	1694 p	1995
11	Foucart François	1686 p	1995
12	Vaessen Fabien	1643 p	1996
13	Kill Michel	1619 p	1996
14	Broothaerts Damien	1600 p	1995
15	Ben Mohamed Younes	1592 p	1994
16	Guarneri Salvatore	1575 p	1996
17	Vaillant Jean Baptiste	1533 p	1995
18	Smeyers Julien	1530 p	1995
19	Blondiau Fabian	1473 p	1994
20	Degives Jean Baptiste	1426 p	1995

MIN Pentathlon

1	Montilla Dimitri	3647 p	2011
2	Diallo Oumar	3114 p	2007
3	Van De Sype Vincent	2172 p	2006
4	Soudon Jules	2154 p	2020
5	Nicodeme Romain	2150 p	2007
6	Van De Sype Arnaud	1975 p	2007



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

7	Beyaert Corentin	1828 p	2014
8	Denys Gregory	1565 p	2006
9	Theys Nicolas	1469 p	2014
10	Diallo Zakarya	387 p	2011

MIN 4 x 200 m

1	Chekem, Juvyns, Boubala, Ghesquiere	1.58.85	2024
2	Gruson, Maaroufi, Englebert, Mbuyi Bodika	1.59.25	2017
3	Mbuyi Tshinyongolo, Tshanga Diumba, Maaroufi, De Greef	2.04.50	2019
4	Chekem, Arifi, Kamara, Sibourg	2.06.25	2016
5	Tshanga Diumba, Ouattara, Vilain, De Greef	2.06.92	2020
6	Srifi Kanfaoui, Beyaert, Aniouri, Sleewaegen	2.07.62	2014
7	Verriez, Camps, Gonzalez, Taieb	2.08.87	2018

CADETS GARÇONS - U16

CAD 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Schepens Cedric	6.44	1994
	Guillet Lionel	6.44	1995
	Vervloet Gregory	6.44	1996
11	Demanet Lounis	6.45	2015
12	Vaillant Jean Baptiste	6.54	1995
	Naif Jerome	6.54	1996
14	Tshanga Diumba John Ross	6.59	2019
15	Broothaerts Damien	6.64	1995
	Xhonneux Frederic	6.64	1996
17	Monsieur Julien	6.73	2018
18	Carbonez Gilles	6.74	1995
	Cawet Cedric	6.74	1995
	Smeyers Julien	6.74	1994
	Moutha Sebtaoui Naïm	6.74	2024

CAD 50 m

1	Broothaerts Damien	7.04	1998
2	Guillet Lionel	7.14	1997
3	Schepens Cedric	7.24	1997
	Tollenaers David	7.24	1998
5	Vervloet Gregory	7.44	1997
6	Mangold Dimitri	7.64	1996
	Xhonneux Frederic	7.64	1998
8	Naif Jerome	7.74	1996
9	Smeyers Julien	7.84	1995
	Cawet Cedric	7.84	1998
	Coomans Werner	7.84	1998
12	De Ruyver Laurent	7.94	1996
13	Baiwir Julien	8.04	1999
14	Foucart François	8.14	1995
15	Kill Michel	8.24	1996
	Guarneri Salvatore	8.24	1997
	Sonon Lionel	8.24	1997
18	Franco Christian	8.34	1996
	De Wilde Julien	8.34	1997
20	Guarneri Renato	8.44	1999

CAD 60 m

1	Taiwo Eniola	7.20	2015
2	Kasmi Amine	7.31	2015
3	Diallo Oumar	7.43	2009
4	Tshitwenu Florian	7.45	2012
5	Leyman David	7.54	2000
6	Mambo Djeke	7.57	1992
7	Dogan Mervan	7.60	2005
	Paulus Gary	7.60	2007



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

	Nkiere Danfuname Rene	7.60	2014
	Doudouhi Reda	7.60	2017
11	Simon Philippe	7.63	2002
	Okeowo Peredjo	7.63	2013
13	Gruson Augustin	7.65	2019
14	Squiflet Pierre	7.66	1994
	Winderickx Ingmar	7.66	2006
	Medan Marko	7.66	2018
	Sibourg Valentin	7.66	2019
18	Manuel Duarte Ivan	7.68	2017
19	Mbuyi Bodika William	7.70	2019
20	Hermann Gilles	7.71	2003
	Lins Sebastien	7.71	2008
	Emmerechts Robin	7.71	2017

CAD 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019
16	Potemans Anton	21.42	2009
17	Lohombo Djongakadje Louis	21.44	2005
18	Iazzag Nathan	21.48	2015
	Gruson Augustin	21.48	2017
20	Naif Jerome	21.52	1996

CAD 200 m

1	Kasmi Amine	23.68	2015
2	Mambo Djeke	23.82	1992
3	Diallo Oumar	23.99	2008
4	Tshitwenu Florian	24.23	2012
5	Nkiere Danfuname Rene	24.39	2014
6	Dogan Mervan	24.48	2005
7	Leyman David	24.50	2000
8	Montilla Dimitri	24.59	2012
9	Doudouhi Reda	24.70	2017
10	Moral Miguel	24.77	1996
11	Smeyers Julien	24.83	1998
12	Biala Kenny	24.88	2020
13	Sergeef Martin	24.90	2013
	Medan Marko	24.90	2018
15	Levacq Corentin	24.91	1996
	Mbuyi Bodika William	24.91	2019
17	Broothaerts Damien	24.94	1998
18	Diallo Mamadou	24.97	2003
19	Canvat Thibault	25.04	1991
20	Vandenhoeke Arthur	25.05	2011

CAD 300 m

1	Nkiere Danfuname Rene	39.29	2014
2	Montilla Dimitri	39.48	2012
3	Biala Kenny	40.16	2020
4	Mbuyi Bodika William	41.16	2018
5	Mbuyi Tshinyongolo Tresor	42.26	2020
6	Sergeef Martin	42.31	2012
7	Tshanga Diumba John Ross	42.36	2022
8	Petitjean Nicolas	42.53	2014
9	Badji Asanti	42.67	2010
10	Lins Sebastien	42.72	2006
11	Okeowo Peredjo	42.88	2012
12	Hanrion Gaspar	43.06	2022



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

13	Demagnet Lounis	44.06	2018
14	Tabbakh Yassine	44.11	2014
15	Kasmi Amine	44.68	2014
16	Sleewaegen Jerome	44.84	2016
17	Nicodeme Romain	45.69	2010
18	Verriez Jonathan	45.85	2014
19	Liessens Dujardin Milan	46.74	2016
20	Beyaert Corentin	47.09	2016

CAD 400 m

1	Madoughri Sabri	54.61	2016
2	Vandenhoeke Arthur	54.74	2011
3	Lins Sebastien	55.08	2007
4	Verleyen Jakob	55.23	2023
5	Montilla Dimitri	55.27	2012
6	Levacq Corentin	55.60	1996
7	Diallo Mamadou	56.88	2003
8	Diallo Oumar	57.33	2008
9	Petitjean Nicolas	58.05	2014
10	Beyaert Corentin	58.42	2016
11	Broothaerts Damien	59.90	1997
12	Gharroudi Soulaymane	59.95	2016
13	Nijs Gaston	60.18	2011
14	Beerens Gregory	61.74	1993
15	Iazzag Nathan	62.29	2016
16	Van De Sype Vincent	64.73	2008
17	Liessens Dujardin Milan	64.88	2016
18	Delneufcourt Hugo	65.89	2023
19	Lecomte Baptiste	67.75	2003

CAD 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naim	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

CAD 800 m

1	Longo Murit Mateo	2.02.99	2024
2	Azaoum Najib	2.04.20	2004
3	Levacq Corentin	2.05.26	1996
4	Daif Marwane	2.06.48	2004
5	Bentheim Ronald	2.11.22	1996
6	Madoughri Sabri	2.11.98	2016
7	Echara Souhail	2.12.00	2011
8	Gharroudi Soulaymane	2.12.13	2016
9	Haymans Thomas	2.13.97	2000
10	Tabbakh Yassine	2.14.20	2015
11	Huppez Jonathan	2.14.27	2003
12	Schroeven Bruno	2.15.17	1995
13	Maingain François	2.16.28	2004
14	Beyaert Corentin	2.17.36	2017
15	Tiaz Younes	2.18.11	2001
16	Kebdani Samir	2.18.79	2002
17	Leyman Jeremy	2.19.53	2002
18	Miller Benoit	2.19.79	2002
19	Pelemans Ivo	2.21.41	1993
	Zaanen Nordin	2.21.41	1993

CAD 1000 m

1	Longo Murit Mateo	2.42.49	2024
2	Kebdani Samir	2.52.82	2003
3	Gruson Augustin	2.56.03	2019
4	Arifi Ilias	2.58.40	2019
5	Leyman Jeremy	2.59.86	2002
6	Azaoum Najib	3.00.00	2003
7	Englebert Timothee	3.00.39	2019
8	Winderickx Ingmar	3.00.75	2006



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9	Huppez Jonathan	3.02.23	2003
	Montilla Dimitri	3.02.23	2012
11	Lins Sebastien	3.02.70	2007
12	Potemans Anton	3.05.34	2011
13	Honore Geoffrey	3.07.08	2003
14	Nicodeme Romain	3.08.06	2010
15	Beyaert Corentin	3.11.21	2016
16	Demeester Thijs	3.12.37	2002
17	Chekem Ramses	3.12.57	2018
18	Xhonneux Frederic	3.12.98	1998
19	Chergui Moushine	3.15.40	2014
20	Crevecoeur Ambroise	3.15.75	1999

CAD 1500 m

1	Demeester Thijs	4.34.54	2004
2	Kebdani Samir	4.37.55	2003
3	Petitjean Simon	4.42.37	2011
4	Errouchi Ayoub	4.43.38	2005
5	Massaad Michael	4.43.72	2006
6	Vaillant Thibaud	4.46.83	2002
7	Bentheim Ronald	4.50.91	1996
8	Schroeven Bruno	4.51.91	1994
9	Lafnachi Reda	4.52.56	2017
10	Castellana Bryan	5.22.08	2006
11	Denys Jonathan	5.24.64	2005
12	De Veirman Didier	5.31.48	1994
13	Van Elsuwe Alexis	5.39.53	2018

CAD 40 m haies (76 cm)

1	Broothaerts Damien	8.24	1995
	Smeyers Julien	8.24	1995
3	Guillet Lionel	8.34	1995
	Xhonneux Frederic	8.34	1995
5	Carbonez Gilles	8.84	1995
	Foucart François	8.84	1995
7	Schepens Cedric	8.94	1995
	Vaillant Jean Baptiste	8.94	1995
9	Hendrickx Wim	9.04	1995
10	Colmant Quentin	9.24	1995
11	Baiwir Julien	9.64	1999
12	Degives Jean Baptiste	9.84	1995
	De Waeghe Bruno	9.84	1995
14	Tosti Flavio	10.04	1995
15	Hautot Quentin	10.14	1999
16	Taieb Rayane	10.18	2013
17	Van Noyen Michael	10.34	1998
18	Kubiak Joachim	11.01	2019
19	Maertens Christophe	11.14	1999

CAD 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
	Huybrechts Xavier	8.44	1998
11	De Wilde Julien	8.54	1998
12	Guillet Lionel	8.64	1994
13	Clais Marc	8.74	1994
14	Ben Mohamed Younes	8.84	1994
15	Guarneri Salvatore	8.94	1996
	Vaessen Fabien	8.94	1996
	Fabre Xavier	8.94	1998
18	Blondiau Fabian	9.04	1994
	Sonon Lionel	9.04	1999
20	Schepens Cedric	9.14	1994

CAD 60 m haies (68 cm)



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

CAD 60 m haies (76 cm)

1	Mertens de Wilmars Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Boubala Eden Guy	11.25	2024
5	Kubiak Joachim	11.34	2022
6	Potemans Anton	11.94	2007
7	Srifi Kanfaoui Reda	12.34	2012
8	Marchal Mathys	12.46	2023
9	Beyaert Corentin	12.48	2012
10	Dogru Ilian	12.55	2024
	Mievis Lionel	12.55	2024
12	Hoorens Anthony	12.58	2008
13	Gonzalez Antoine	12.64	2017
14	Nicodeme Romain	12.70	2006
15	Diallo Oumar	12.72	2005
	Marchal Matthys	12.72	2024
17	Verburgt Tom	12.76	2007
18	Baiwir Julien	12.80	2000
19	Delatte Lionel	12.81	2006
20	Boniver Evan	12.86	2014

CAD 60 m haies (84 cm)

1	Soeiro Moreno Alexandre	9.53	2024
2	Kubiak Joachim	9.58	2024
3	Montilla Dimitri	9.68	2011
4	Diallo Oumar	9.99	2007
5	Vanbelle Thomas	10.38	2023
6	Okeowo Peredjo	10.40	2012
7	Gomree Aaron	10.53	2023
8	Potemans Anton	10.68	2009
9	Nicodeme Romain	10.96	2008
10	Lebailly Kevin	10.98	2005
11	Demanet Lounis	11.13	2016
12	Englebert Timothee	11.14	2017
13	De Wilde Julien	11.21	1999
14	Coomans Werner	11.24	1999
15	Nees Ghislain	11.31	2006
16	Lins Sebastien	11.32	2005
17	Taiwo Eniola	11.34	2012
18	Elsen Daan	11.35	2006
19	Ouattara Reda	11.43	2020
20	Beyaert Corentin	11.47	2015

CAD 60 m haies (91 cm)

1	Okeowo Peredjo	8.62	2014
2	Broothaerts Damien	8.79	1998
3	Squiflet Pierre	8.87	1994
4	Mambo Djeke	8.93	1992
5	Diallo Oumar	8.97	2008
6	Montilla Dimitri	9.01	2013
7	Potemans Anton	9.20	2011
8	Leyman David	9.31	2000
9	Hinne Benoit	9.38	1988
10	Arifi Ilias	9.39	2019
11	Demanet Lounis	9.50	2018
12	Naif Jerome	9.53	1998
	Xhonneux Frederic	9.53	1998
14	Sibourg Valentin	9.55	2019
15	Lins Sebastien	9.64	2007
16	Sekelsky Maros	9.67	2005
17	Diallo Mamadou	9.77	2002
	Van De Sype Vincent	9.77	2008
19	Fabre Xavier	9.85	2000
	Loens Sam	9.85	2012

CAD Hauteur

1	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

3	Gomree Aaron	1m73	2023
4	Van Eeckhoudt Nicolas	1m70	1988
5	Vanden Eede Hugues	1m65	1992
6	Beerens Gregory	1m60	1993
	Mangold Dimitri	1m60	1996
	De Wilde Julien	1m60	2001
	Okeowo Peredjo	1m60	2014
10	Lacroix Arthur	1m60	2024
11	Castellana Bryan	1m56	2007
12	Van De Sype Vincent	1m56	2008
13	Xhonneux Frederic	1m55	1998
	Diallo Mamadou	1m55	2002
	Nicodeme Thibault	1m55	2007
	Potemans Anton	1m55	2011
	Loens Sam	1m55	2012
	Arifi Ilias	1m55	2019
	Kubiak Joachim	1m55	2024
20	Delay Benoit	1m54	1992

CAD Longueur

1	Englebert Timothee	6m19	2019
2	Okeowo Peredjo	6m10	2014
3	Gruson Augustin	6m01	2019
4	Winderickx Ingmar	5m92	2006
5	Diallo Oumar	5m85	2009
6	Roefmans Lucas	5m81	2016
7	Montilla Dimitri	5m80	2012
8	Chekem Ramses	5m66	2018
9	Leyman David	5m65	2000
10	Broothaerts Damien	5m61	1998
	Van De Sype Vincent	5m61	2008
	Potemans Anton	5m61	2011
13	Gentile Raphael	5m56	1991
14	Canvat Thibaut	5m54	1991
	Medan Marko	5m54	2018
16	Nicodeme Romain	5m50	2010
17	Squiflet Pierre	5m43	1994
	Preumont Maurice	5m43	2003
	Loens Sam	5m43	2012
20	Arifi Ilias	5m38	2019

CAD Triple saut

1	Mambo Djeke	12m66	1992
2	Broothaerts Damien	12m11	1998
3	Diallo Oumar	12m08	2009
4	Hoorens Christopher	11m84	2012
5	Xhonneux Frederic	11m68	1998
6	Smeyers Julien	11m47	1998
7	Chekem Ramses	11m12	2018
8	Loens Sam	11m01	2012
9	Schoonjans Patrick	10m97	1992
10	De Tollenaere Tom	10m73	2018
11	Nkiere Danfuname Rene	10m65	2014
12	Geerts Gregory	10m47	2014
13	Kubiak Joachim	10m42	2024
14	Vanderhaeghen Olivier	10m41	1992
15	Cawet Cedric	10m33	1997
16	Naif Jerome	10m28	1997
17	Caluwe Arnaud	10m26	2006
18	Bouali Younes	10m20	1995
19	Demagnet Lounis	10m19	2017
20	De Wilde Julien	10m06	2000

CAD Perche

1	Leyman David	3m36	2000
2	Loens Sam	3m30	2012
3	Thys Alain	3m20	1996
	Montilla Dimitri	3m20	2012
5	Lecompte David	3m00	1990
	Englebert Timothee	3m00	2019
	Soeiro Moreno Alexandre	3m00	2024
8	Delneufcourt Noah	2m90	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

9	Nicodeme Romain	2m82	2010
10	Moens Cyprien	2m81	2015
11	Nicodeme Thibault	2m80	2007
12	Soudon Jules	2m71	2023
13	Delneufcourt Hugo	2m70	2024
	Kubiak Joachim	2m70	2024
15	Montilla Alexis	2m66	2017
16	Van Elsuwe Alexis	2m65	2019
17	Wavreil Cedric	2m62	2006
18	Vanderhaeghen Olivier	2m60	1992
	Xhonneux Frederic	2m60	1998
	Winderickx Ingmar	2m60	2006
	Beeckman Amaury	2m60	2010
	Potemans Anton	2m60	2011
	Chekem Ramses	2m60	2018
	Arifi Ilias	2m60	2019

CAD Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuypers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

CAD Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003
18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

CAD Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m13	2001
10	Baiwir Julien	9m06	2001



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

11	Van De Sype Vincent	9m04	2006
12	Mertens Tom	8m99	1998
13	De Tollenaere Tom	8m97	2016
14	Elsen Daan	8m96	2006
15	Hendrickx Wim	8m91	1995
16	Gerard Benjamin	8m80	2000
	Potemans Anton	8m80	2009
18	Van Cutsem Christophe	8m85	1992
19	Browaews David	8m87	1999
20	Cawet Cedric	8m78	1996

CAD Poids (4 kg)

1	Diallo Oumar	14m30	2008
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992
17	Gerard Jeremy	10m24	2001
18	Van De Sype Vincent	10m08	2008
19	Soeiro Moreno Alexandre	10m04	2024
20	Arifi Ilias	9m89	2019

CAD Triathlon

1	Kubiak Joachim	991 p	2023
2	Soeiro Moreno Alexandre	762 p	2023

CAD Hexathlon

1	Montilla Dimitri	3374 p	2012
2	Leyman David	3171 p	2000
3	Englebert Timothee	3145 p	2019
4	Potemans Anton	3074 p	2011
5	Okeowo Peredjo	2886 p	2013
6	Xhonneux Frederic	2828 p	1998
7	Loens Sam	2767 p	2012
8	Diallo Oumar	2756 p	2009
9	Winderickx Ingmar	2716 p	2006
10	Gruson Augustin	2639 p	2019
11	Soeiro Moreno Alexandre	2624 p	2024
12	Nicodeme Romain	2556 p	2010
13	Lins Sebastien	2491 p	2007
14	Van De Sype Vincent	2469 p	2008
15	Diallo Mamadou	2416 p	2002
16	Chekem Ramses	2329 p	2018
17	Arifi Ilias	2167 p	2019
18	Nicodeme Thibault	2113 p	2007
19	Kubiak Joachim	2107 p	2024
20	Beyaert Corentin	1973 p	2016

CAD 4 x 200 m

1	Taiwo, Okeowo, Kasmi, Nkierre Danfuname	1.38.87	2014
2	Soeiro Moreno, Delneufcourt, Delneufcourt, Kubiak	1.45.72	2024
3	Hanrion, Verleyen, Chqiffa, El Banoudi	1.49.09	2022
4	Delneufcourt, Philips, Delneufcourt, Kubiak	1.54.08	2023
5	Gruson, Maaroufi, Englebert, Mbuyi Bodika	1.59.25	2017
6	Montilla, Okeowo, Sergeef, Nkierre	1.41.26	2013
7	Mbuyi Tshinyongolo, Tshanga Diumba, Maaroufi, De Greef	2.04.50	2019
9	Chekem, Arifi, Kamara, Sibourg	2.06.25	2016
10	Tshanga Diumba, Ouattara, Vilain, De Greef	2.06.92	2020



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

SCOLAIRES HOMMES - U18

SCO 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Schepens Cedric	6.44	1994
	Guillet Lionel	6.44	1995
	Vervloet Gregory	6.44	1996
11	Demanet Lounis	6.45	2015
12	Vaillant Jean Baptiste	6.54	1995
	Naif Jerome	6.54	1996
14	Tshanga Diumba John Ross	6.59	2019
15	Broothaerts Damien	6.64	1995
	Xhonneux Frederic	6.64	1996
17	Monsieur Julien	6.73	2018
18	Carbonez Gilles	6.74	1995
	Cawet Cedric	6.74	1995
	Smeyers Julien	6.74	1994
	Moutha Sebtaoui Naim	6.74	2024

SCO 50 m

1	Broothaerts Damien	7.04	1998
2	Guillet Lionel	7.14	1997
3	Schepens Cedric	7.24	1997
	Tollenaers David	7.24	1998
5	Vervloet Gregory	7.44	1997
6	Mangold Dimitri	7.64	1996
	Xhonneux Frederic	7.64	1998
7	Naif Jerome	7.74	1996
8	Smeyers Julien	7.84	1995
	Cawet Cedric	7.84	1998
11	De Ruyver Laurent	7.94	1996
	Coomans Werner	7.94	1998
13	Baiwir Julien	8.04	1999
14	Foucart François	8.14	1995
15	Kill Michel	8.24	1996
	Guarneri Salvatore	8.24	1997
	Sonon Lionel	8.24	1997
18	Franco Christian	8.34	1996
	De Wilde Julien	8.34	1997
20	Guarneri Renato	8.44	1999

SCO 60 m

1	Kasmi Amine	6.99	2017
2	Vanhamme Arno	7.04	2014
3	Diallo Oumar	7.10	2010
4	Broothaerts Damien	7.14	2000
5	Tshitwenu Florian	7.18	2014
6	Mambo Kedjeloba	7.20	1990
	Guellet Yassin	7.20	1991
	Taiwo Eniola	7.20	2015
	Medan Marko	7.20	2020
10	Mambo Djeke	7.23	1994
11	Hermann Gilles	7.34	2005
12	Jacic Kosta	7.36	2014
	Hanrion Gaspar	7.36	2024
14	Kabuya Harold	7.37	2009
15	Schepens Cedric	7.39	1999
	Yech Chou Mehdi	7.39	2015
	Okeowo Peredjo	7.39	2016
18	Petit Noa	7.41	2024
19	Che Jean Louis	7.42	2009
20	Ettetuani Adil	7.43	2003
	Paulus Gary	7.43	2009
	Elsen Daan	7.43	2011



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

SCO 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019
16	Potemans Anton	21.42	2009
17	Lohombo Djongakadje Louis	21.44	2005
18	Iazzag Nathan	21.48	2015
	Gruson Augustin	21.48	2017
20	Naif Jerome	21.52	1996

SCO 200 m

1	Kasmi Amine	22.33	2017
2	Vanhamme Arno	22.53	2014
3	Tshitwenu Florian	22.68	2014
4	Moral Miguel	22.91	1998
5	Medan Marko	23.06	2020
6	Hanrion Gaspar	23.16	2024
7	Guellet Yassin	23.19	1990
	Broothaerts Damien	23.19	2000
	Ettetuani Adil	23.19	2003
10	Canvat Thibaut	23.21	1992
11	Mambo Djeke	23.26	1993
12	Diallo Saliou	23.36	2002
13	Diallo Oumar	23.37	2011
14	Lins Sebastien	23.38	2009
15	Taiwo Eniola	23.53	2016
16	Nkiere Danfuname Rene	23.55	2016
17	Vanderhaeghen David	23.63	1991
18	Mambo Kedjeloba	23.70	1991
19	Van de Velde Frank	23.74	1996
20	Schepens Cedric	23.75	1999

SCO 300 m

1	Vanhamme Arno	36.97	2014
2	Tshitwenu Florian	37.34	2014
3	Vandenhoeke Arthur	37.50	2013
4	Nijs Gaston	38.78	2013
5	Mbuyi Bodika William	39.02	2020
6	Nkiere Danfuname Rene	39.29	2014
7	Beyaert Corentin	39.45	2018
8	Montilla Dimitri	39.48	2012
9	Puku Toku Christian	39.55	2012
10	Hendrick Quentin	39.77	2012
11	Biala Kenny	40.16	2020
12	Labruyere Maxime	40.87	2022
13	Sibourg Valentin	40.99	2020
14	Assina Kevin	41.20	2014
15	Sergeef Martin	41.25	2014
16	De Ro Nicolas	41.44	2016
17	Mbuyi Tshinyongolo Tresor	42.26	2020
18	Tshanga Diumba John Ross	42.36	2022
19	Petitjean Nicolas	42.53	2014
20	Zenfour Mouad	42.54	2013

SCO 400 m

1	Lins Sebastien	51.41	2009
2	Badji Asanti	51.46	2012
3	Verleyen Jakob	51.79	2024
4	Vandenhoeke Arthur	51.80	2013
5	Levacq Corentin	51.82	1997



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

6	Vanderhaeghen David	51.86	1991
7	Guellet Yassin	51.92	1991
8	Nkiere Danfuname Rene	52.03	2016
9	Biala Kenny Felder	52.15	2022
10	Madoughri Sabri	52.24	2018
11	Ettetuani Adil	52.55	2003
12	Tshanga Diumba John Ross	52.56	2024
13	Mambo Djeke	52.84	1993
14	Beyaert Corentin	53.76	2018
15	Castermane Julien	53.85	2005
16	Nijs Gaston	53.97	2013
17	Van Assche David	54.05	1991
18	Bentheim Ronald	54.07	1998
19	Diallo Mamadou	54.21	2005
20	Naif Nicolas	54.27	1997

SCO 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naïm	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

SCO 800 m

1	Levacq Corentin	1.56.95	1998
2	Haymans Thomas	1.57.76	2002
3	Benouar Otman	2.00.64	2017
4	De Mars Steven	2.01.14	1990
5	Aouragh Reda	2.00.19	2023
6	Lelion Achille	2.00.46	2022
7	El Yattouti Younes	2.01.75	2003
8	Longo Murit Mateo	2.02.99	2024
9	Schroeven Bruno	2.03.88	1997
10	Bentheim Ronald	2.03.89	1998
11	Azaoum Najib	2.04.20	2004
12	Karraz Loqmane	2.04.56	2018
13	Kanfouh Mohamed	2.05.28	2015
14	Petitjean Simon	2.05.52	2012
15	Kebdani Samir	2.05.57	2005
16	Azaoum Rachid	2.06.22	2003
17	Tiaz Younes	2.06.38	2003
18	Daif Marwane	2.06.48	2004
19	Vaillant Thibaud	2.07.22	2003
20	Tabbakh Yassine	2.07.30	2016

SCO 1000 m

1	El Yattouti Younes	2.39.78	2003
2	Longo Murit Mateo	2.42.49	2024
3	Tiaz Younes	2.44.47	2003
4	Xhonneux Frederic	2.47.75	2000
5	Azaoum Rachid	2.48.85	2003
6	Kebdani Samir	2.52.82	2003
7	Lins Sebastien	2.52.89	2009
8	Potemans Anton	2.53.59	2013
9	Leyman Jeremy	2.55.98	2003
10	Gruson Augustin	2.56.03	2019
11	Hostyn Laurent David	2.56.98	2004
12	Arifi Ilias	2.58.40	2019
13	Azaoum Najib	3.00.00	2003
14	Englebert Timothee	3.00.39	2019
15	Winderickx Ingmar	3.00.75	2006
16	Huppez Jonathan	3.02.23	2003
	Montilla Dimitri	3.02.23	2012
18	Elsen Daan	3.03.30	2011
19	Puku Toku Christian	3.04.70	2012
20	Honore Geoffrey	3.07.08	2003

SCO 1500 m



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

1	Aouragh Reda	4.05.28	2022
2	Kebdani Samir	4.10.45	2005
3	Miller Benoit	4.17.91	2004
4	Massaad Michael	4.26.62	2008
5	Fitterer Chase	4.27.41	2023
6	Demeester Thijs	4.27.45	2005
7	Tiaz Younes	4.28.28	2003
8	Leyman Jeremy	4.28.50	2004
9	Willems Dorian	4.35.79	2019
10	Petitjean Simon	4.42.37	2011
11	Errouchi Ayoub	4.43.38	2005
12	Jamli Tarek	4.44.91	2003
13	Lafnachi Reda	4.46.11	2018
14	Vaillant Thibaud	4.46.83	2002
15	Bentheim Ronald	4.50.91	1996
16	Schroeven Bruno	4.51.91	1994
17	Castellana Bryan	5.22.08	2006
18	Denys Jonathan	5.24.64	2005
19	De Veirman Didier	5.31.48	1994
20	Van Elsuwe Alexis	5.39.53	2018

SCO 40 m haies (76 cm)

1	Broothaerts Damien	8.24	1995
	Smeyers Julien	8.24	1995
3	Guillet Lionel	8.34	1995
	Xhonneux Frederic	8.34	1995
5	Carbonez Gilles	8.84	1995
	Foucart François	8.84	1995
7	Schepens Cedric	8.94	1995
	Vaillant Jean Baptiste	8.94	1995
9	Hendrickx Wim	9.04	1995
10	Colmant Quentin	9.24	1995
11	Baiwir Julien	9.64	1999
12	Degives Jean Baptiste	9.84	1995
	De Waeghe Bruno	9.84	1995
14	Tosti Flavio	10.04	1995
15	Hautot Quentin	10.14	1999
16	Taieb Rayane	10.18	2013
17	Van Noyen Michael	10.34	1998
18	Kubiak Joachim	11.01	2019
19	Maertens Christophe	11.14	1999

SCO 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
	Huybrechts Xavier	8.44	1998
11	De Wilde Julien	8.54	1998
12	Guillet Lionel	8.64	1994
13	Clais Marc	8.74	1994
14	Ben Mohamed Younes	8.84	1994
15	Guarneri Salvatore	8.94	1996
	Vaessen Fabien	8.94	1996
	Fabre Xavier	8.94	1998
18	Blondiau Fabian	9.04	1994
	Sonon Lionel	9.04	1999
20	Schepens Cedric	9.14	1994

SCO 60 m haies (68 cm)

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

SCO 60 m haies (76 cm)

1	Mertens de Wilmars Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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4	Boubala Eden Guy	11.25	2024
5	Kubiak Joachim	11.34	2022
6	Potemans Anton	11.94	2007
7	Srifi Kanfaoui Reda	12.34	2012
8	Marchal Mathys	12.46	2023
9	Beyaert Corentin	12.48	2012
10	Dogru Ilian	12.55	2024
	Mievis Lionel	12.55	2024
12	Hoorens Anthony	12.58	2008
13	Gonzalez Antoine	12.64	2017
14	Nicodeme Romain	12.70	2006
15	Diallo Oumar	12.72	2005
	Marchal Matthys	12.72	2024
17	Verburgt Tom	12.76	2007
18	Baiwir Julien	12.80	2000
19	Delatte Lionel	12.81	2006
20	Boniver Evan	12.86	2014

SCO 60 m haies (84 cm)

1	Soeiro Moreno Alexandre	9.53	2024
2	Kubiak Joachim	9.58	2024
3	Montilla Dimitri	9.68	2011
4	Diallo Oumar	9.99	2007
5	Vanbelle Thomas	10.38	2023
6	Okeowo Peredjo	10.40	2012
7	Gomree Aaron	10.53	2023
8	Potemans Anton	10.68	2009
9	Nicodeme Romain	10.96	2008
10	Lebailly Kevin	10.98	2005
11	Demagnet Lounis	11.13	2016
12	Englebert Timothee	11.14	2017
13	De Wilde Julien	11.21	1999
14	Coomans Werner	11.24	1999
15	Nees Ghislain	11.31	2006
16	Lins Sebastien	11.32	2005
17	Taiwo Eniola	11.34	2012
18	Elsen Daan	11.35	2006
19	Ouattara Reda	11.43	2020
20	Beyaert Corentin	11.47	2015

SCO 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Xhonneux Frederic	8.55	2000
4	Potemans Anton	8.60	2013
5	Okeowo Peredjo	8.62	2014
6	Lins Sebastien	8.69	2009
7	Diallo Oumar	8.82	2011
8	Loens Sam	8.83	2014
9	Squiflet Pierre	8.87	1994
10	Coomans Werner	8.89	2003
	Arifi Ilias	8.89	2020
12	Mambo Djeke	8.93	1992
13	De Wilde Julien	8.95	2003
14	Montilla Dimitri	9.01	2013
15	Diallo Mamadou	9.21	2004
16	Hostyn Laurent David	9.22	2004
17	Fabre Xavier	9.27	2002
18	Van De Sype Vincent	9.30	2010
19	Leyman David	9.31	2000
20	Hinne Benoit	9.38	1988

SCO 60 m haies (99 cm)

1	Broothaerts Damien	8.40	1999
2	Van de Velde Frank	8.48	1996
3	Vanderhaeghen David	8.53	1991
4	Mambo Kedjeloba	8.62	1990
5	Mambo Djeke	8.68	1993
6	Squiflet Pierre	8.71	1995
7	Guellet Yassin	8.75	1990
8	Naif Nicolas	8.82	1997
9	Xhonneux Frederic	8.83	1999



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10	Pinchart Alain	8.84	1990
11	Vanden Berghen Yves	8.94	1990
12	Rudman David	8.96	1993
13	Gentile Raphael	9.43	1992
14	Steppe Tom	10.03	1990
15	Vervloet Gregory	10.23	1999
16	Beerens Gregory	10.26	1994
17	Xhonneux Marc	10.29	1997

SCO 60 m haies (106 cm)

1	Broothaerts Damien	8.44	2000
2	Van de Velde Frank	8.80	1996
3	Vanderhaeghen David	8.94	1991
4	Adorna François	9.87	1985

SCO Hauteur

1	Vanlancker Rudi	1m99	1988
2	Guellet Yassin	1m95	1991
	Van de Velde Frank	1m95	1996
4	Pinchart Alain	1m90	1990
5	Xhonneux Frederic	1m89	2000
6	Elsen Daan	1m88	2011
7	Hostyn Laurent David	1m80	2004
8	Montilla Dimitri	1m77	2012
9	Englebert Timothee	1m77	2019
10	Coppy Kenneth	1m76	2024
	Gomree Aaron	1m76	2024
12	Beerens Gregory	1m75	1994
	De Wilde Julien	1m75	2003
14	Massaad Jean	1m73	2006
	Gomree Aaron	1m73	2023
16	Englebert Hadrien	1m72	2016
17	Geerts Gregory	1m71	2016
	Roefmans Lucas	1m71	2018
19	Yuma M'Bayo Eric	1m70	1985
	Van Eeckhoudt Nicolas	1m70	1988
	Vanderhaeghen David	1m70	1990
	Steppe Tom	1m70	1991
	Caluwe Arnaud	1m70	2008
	Castellana Bryan	1m70	2008
	Potemans Anton	1m70	2013
	Suetens Loic	1m70	2022

SCO Longueur

1	Guellet Yassin	7m18	1991
2	Vanlancker Rudi	7m04	1988
3	Marloye Roland	6m69	1979
4	Diallo Oumar	6m69	2011
5	Vanderhaeghen David	6m63	1990
6	Elsen Daan	6m48	2011
7	Yuma M'Bayo Eric	6m36	1986
8	Gruson Augustin	6m34	2020
9	Gentile Raphaël	6m29	1992
10	Xhonneux Frederic	6m26	2000
11	Roefmans Lucas	6m23	2018
12	Mambo Kedjeloba	6m22	1990
13	Englebert Timothee	6m19	2019
14	Chekem Ramses	6m16	2020
15	Canvat Thibaut	6m12	1992
16	Okeowo Peredjo	6m10	2014
17	Lins Sebastien	6m09	2009
18	Hoorens Christopher	6m06	2013
19	Van Haesendonck Didier	6m00	1988
	Caluwe Arnaud	6m00	2008

SCO Triple saut

1	Guellet Yassin	15m04	1991
2	Mambo Djeke	14m88	1994
3	Mambo Kedjeloba	14m81	1991
4	Xhonneux Frederic	14m26	2000
5	Vanderhaeghen David	14m19	1991
6	Yuma M'Bayo Eric	14m08	1986



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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7	Marloye Roland	13m68	1979
8	Hoorens Christopher	13m42	2014
9	Geerts Gregory	13m18	2016
10	Caluwe Arnaud	12m92	2008
11	Adorna François	12m71	1985
12	Naif Jerome	12m64	1999
13	Van Den Brempt Mathis	12m12	2024
14	Broothaerts Damien	12m11	1998
15	Diallo Oumar	12m08	2009
16	Naga Djihed	11m89	2005
17	Cawet Cedric	11m83	1999
18	Loens Sam	11m56	2013
19	Chekem Ramses	11m12	2018
20	Smeyers Julien	11m47	1998

SCO Perche

1	Rombaut Wesley	4m40	1994
2	Elsen Daan	4m10	2011
3	Sintichiakis Nikolaos	3m90	2000
4	Loens Sam	3m80	2014
5	Xhonneux Frederic	3m60	2000
	Van Gulck Birkett Julian	3m60	2024
7	Potemans Anton	3m50	2013
8	Montilla Alexis	3m45	2019
9	Naga Djihed	3m40	2005
10	Leyman David	3m36	2000
11	Moens Cyprien	3m30	2017
12	Lecompte David	3m25	1991
13	Vanderhaeghen David	3m20	1991
	Thys Alain	3m20	1996
	Montilla Dimitri	3m20	2012
16	Van Elsuwe Alexis	3m13	2020
17	Grondel Alexandre	3m11	2022
18	Guellet Yassin	3m10	1990
	De Wilde Julien	3m10	2002
20	Soudon Jules	3m09	2024

SCO Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuyper Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

SCO Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003
18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

SCO Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m13	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	Mertens Tom	8m99	1998
13	De Tollenaere Tom	8m97	2016
14	Elsen Daan	8m96	2006
15	Hendrickx Wim	8m91	1995
16	Gerard Benjamin	8m80	2000
	Potemans Anton	8m80	2009
18	Van Cutsem Christophe	8m85	1992
19	Browaeyts David	8m87	1999
20	Cawet Cedric	8m78	1996

SCO Poids (4 kg)

1	Diallo Oumar	14m30	2008
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992
17	Gerard Jeremy	10m24	2001
18	Van De Sype Vincent	10m08	2008
19	Soeiro Moreno Alexandre	10m04	2024
20	Arifi Ilias	9m89	2019

SCO Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Bapa Marcel	12m04	1996
11	Montilla Alexis	11m89	2019
12	Denys Jonathan	11m77	2007
13	Chekem Ramses	11m61	2020
14	Sustelo Antonio	11m52	2004
15	Vanderhaeghen David	11m44	1991
16	Oliveira Da Silva Raphael	11m29	2009
17	Van De Sype Vincent	11m16	2010
18	Loens Sam	11m11	2014



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES TOP 20 ALL TIME INDOOR HOMMES

19	Hostyn Laurent David	11m03	2004
20	Leyman David	10m81	2001

SCO Poids (6 kg)

1	Huylebroeck Pascal	9m41	1985
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SCO Pentathlon

1	Coppy Kenneth	2524 p	2024
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SCO Hexathlon > à partir de 1990

1	Guellet Yassin	4028 p	1991
2	Vanderhaeghen David	3745 p	1991
3	Gentile Raphael	2956 p	1992
4	Steppe Tom	2911 p	1990

SCO Heptathlon > à partir de 1995

1	Elsen Daan	5073 p	2011
2	Xhonneux Frederic	4771 p	2000
3	Potemans Anton	4414 p	2013
4	Lins Sebastien	4094 p	2009
5	Squiflet Pierre	4028 p	1995
6	Diallo Oumar	3926 p	2011
7	Hostyn Laurent David	3802 p	2004
8	Beeckman Amaury	3674 p	2011
9	Van De Sype Vincent	3443 p	2009

SCO 4 x 200 m

1	Tshitwenu, Vandenhoeke A, Vanhamme, Potemans	1.34.65	2013
2	Hanrion, Verleyen, Tshanga, Petit	1.35.25	2024
3	Che, Paulus, Kabuya, Lins	1.38.37	2009
4	Leyman, Sintichakis, Xhonneux, Broothaerts	1.38.59	2000
5	Smeyers, Xhonneux, Schepens, Broothaerts	1.38.81	1999
6	Taiwo, Okeowo, Kasmi, Nkiere Danfuname	1.38.87	2014
7	Yahni, Sibourg, Doudouhi, Mbuyi Bodika	1.40.13	2019
8	Diallo, Beeckman, Petitjean, Elsen	1.40.33	2011
9	Petitjean, Tephany, Denys, Diallo	1.41.72	2010
10	Grondel, Labruyere, Verheeke, Lelion	1.42.02	2022
11	Tshitwenu, Montilla, Nijs, Puku Toku	1.45.52	2012
12	Englebert, De Tollenaere, Montilla, Chekem	1.45.99	2018
13	Gharroudi, Beyaert, Tabbakh, Madoughri	1.47.13	2016
14	Delneufcourt, Philips, Delneufcourt, Kubiak	1.54.08	2023
15	Gruson, Maaroufi, Englebert, Mbuyi Bodika	1.59.25	2017
16	Tshanga Diumba, Ouattara, Vilain, De Greef	2.06.92	2020

JUNIORS HOMMES - U20

JUN 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Schepens Cedric	6.44	1994
	Guillet Lionel	6.44	1995
	Vervloet Gregory	6.44	1996
11	Demanet Lounis	6.45	2015
12	Vaillant Jean Baptiste	6.54	1995
	Naif Jerome	6.54	1996
14	Tshanga Diumba John Ross	6.59	2019
15	Broothaerts Damien	6.64	1995
	Xhonneux Frederic	6.64	1996
17	Monsieur Julien	6.73	2018
18	Carbonez Gilles	6.74	1995
	Cawet Cedric	6.74	1995
	Smeyers Julien	6.74	1994
	Moutha Sebtaoui Naïm	6.74	2024

JUN 50 m

1	Broothaerts Damien	7.04	1998
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

2	Guillet Lionel	7.14	1997
3	Schepens Cedric	7.24	1997
	Tollenaers David	7.24	1998
5	Vervloet Gregory	7.44	1997
6	Mangold Dimitri	7.64	1996
	Xhonneux Frederic	7.64	1998
8	Naif Jerome	7.74	1996
9	Smeyers Julien	7.84	1995
	Cawet Cedric	7.84	1998
11	De Ruyver Laurent	7.94	1996
	Coomans Werner	7.94	1998
13	Baiwir Julien	8.04	1999
14	Foucart François	8.14	1995
15	Kill Michel	8.24	1996
	Guarneri Salvatore	8.24	1997
	Sonon Lionel	8.24	1997
18	Franco Christian	8.34	1996
	De Wilde Julien	8.34	1997
20	Guarneri Renato	8.44	1999

JUN 60 m

1	Kasmi Amine	6.91	2019
2	Mambo Kedjeloba	6.94	1993
3	Vanhamme Arno	6.95	2016
4	Gueulette Arnaud	6.98	2017
5	Tshitwenu Florian	6.99	2016
	Kalmen Adam	6.99	2017
7	Guellet Yassin	7.06	1993
	Okeowo Peredjo	7.06	2018
9	Broothaerts Damien	7.08	2001
	Caty Dylan	7.08	2016
11	Medan Marko	7.09	2022
12	Diallo Oumar	7.10	2010
13	Vervloet Gregory	7.12	2002
14	Vanderhaeghen David	7.15	1993
15	Vanlancker Rudi	7.16	1990
	Schepens Cedric	7.16	2001
	Harram Soufian	7.16	2002
18	Moral Migel	7.19	2000
	Niesen Charles	7.19	2013
20	Taiwo Eniola	7.20	2015

JUN 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019
16	Potemans Anton	21.42	2009
17	Lohombo Djongakadje Louis	21.44	2005
18	Iazzag Nathan	21.48	2015
	Gruson Augustin	21.48	2017
20	Naif Jerome	21.52	1996

JUN 200 m

1	Kalmen Adam	21.74	2017
	Kasmi Amine	21.74	2019
3	Vanhamme Arno	21.78	2016
4	Medan Marko	22.09	2022
5	Tshitwenu Florian	22.34	2016
6	Caty Dylan	22.43	2016
7	Guellet Yassin	22.44	1993



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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8	Mambo Kedjeloba	22.57	1993
9	Amery Ronald	22.62	1987
10	Broothaerts Damien	22.63	2001
11	Moral Miguel	22.69	2000
12	Niesen Charles	22.76	2013
13	Lins Sebastien	22.77	2011
14	Schepens Cedric	22.80	2001
15	Szerman Melvin	22.83	2016
16	Vanderhaeghen David	22.87	1993
	Vervloet Gregory	22.87	2002
18	Kasmi Amine	22.88	2016
19	Hanrion Gaspar	23.16	2024
20	Ettetuani Adil	23.19	2003

JUN 300 m

1	Lins Sebastien	36.08	2010
2	Nijs Gaston	36.45	2014
3	Nkier Danfuname Rene	36.75	2017
4	Vanhamme Arno	36.97	2014
5	Castermane Julien	37.19	2006
6	Tshitwenu Florian	37.34	2014
7	Vandenhoeke Arthur	37.50	2012
8	Mbuyi Bodika William	39.02	2020
9	Beyaert Corentin	39.45	2018
10	Montilla Dimitri	39.48	2012
11	Puku Toku Christian	39.55	2012
12	Hendrick Quentin	39.77	2012
13	Biala Kenny	40.16	2020
14	Labruyere Maxime	40.87	2022
15	Sibourg Valentin	40.99	2020
16	Assina Kevin	41.20	2014
17	Sergeef Martin	41.25	2014
18	De Ro Nicolas	41.44	2016
19	Gibella Massimo	42.21	2012
20	Mbuyi Tshinyongolo Tresor	42.26	2020

JUN 400 m

1	Vanhamme Stefan	49.63	1980
2	Biala Kenny Felder	50.20	2023
3	Nijs Gaston	50.37	2015
4	Lins Sebastien	50.40	2010
5	Asselman Frank	50.86	1991
6	Vervloet Gregory	50.93	2002
7	Castermane Julien	51.31	2007
8	Badji Asanti	51.46	2012
9	Verleyen Jakob	51.79	2024
10	Vandenhoeke Arthur	51.80	2013
11	Levacq Corentin	51.82	1997
12	Vanderhaeghen David	51.86	1991
	Naif Nicolas	51.86	1998
14	Guellet Yassin	51.92	1991
15	Borlee Rayane	51.96	2017
16	Nkier Danfuname Rene	52.03	2016
17	Madoughri Sabri	52.24	2018
18	Barghout Azze Eddine	52.36	2017
19	Ettetuani Adil	52.55	2003
20	Tshanga Diumba John Ross	52.46	2024

JUN 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naïm	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

JUN 800 m

1	Levacq Corentin	1.56.95	1998
2	Aouragh Reda	1.57.74	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

3	Haymans Thomas	1.57.76	2002
4	Metian Marc	1.58.05	1998
5	Lelion Achille	1.58.21	2023
6	Vandenhoeke Arthur	1.58.71	2014
7	Azaoum Rachid	1.58.87	2004
8	El Yattouti Younes	1.59.15	2004
9	Schroeven Bruno	1.59.32	1999
10	Bentheim Ronald	1.59.38	2000
11	Kanfouh Mohamed	2.00.28	2017
12	Benouar Otman	2.00.64	2017
13	Vaillant Thibaud	2.01.00	2005
14	De Mars Steven	2.01.14	1990
15	Tiaz Younes	2.01.33	2004
16	Fonteyn Brendan	2.02.57	1996
17	Longo Murit Mateo	2.02.99	2024
18	Maingain François	2.03.81	2008
19	Azaoum Najib	2.04.20	2004
20	Karraz Loqmane	2.04.56	2018

JUN 1000 m

1	Bentheim Ronald	2.35.90	2000
2	Haymans Thomas	2.38.21	2003
3	El Yattouti Younes	2.39.78	2003
4	Xhonneux Frederic	2.39.80	2002
5	Schroeven Bruno	2.40.64	1997
6	Longo Murit Mateo	2.42.49	2024
7	Tiaz Younes	2.44.47	2003
8	Nicodeme Romain	2.46.82	2014
9	Arifi Ilias	2.48.69	2022
10	Azaoum Rachid	2.48.85	2003
11	Kebdani Samir	2.52.82	2003
12	Lins Sebastien	2.52.89	2009
13	Chergui Mouhsine	2.53.25	2018
14	Potemans Anton	2.53.59	2013
15	Vandervorst Jonathan	2.55.05	2003
16	Leyman Jeremy	2.55.98	2003
17	Gruson Augustin	2.56.03	2019
18	Hostyn Laurent David	2.56.55	2005
19	Leyman Jeremy	2.59.86	2002
20	Azaoum Najib	3.00.00	2003

JUN 1500 m

1	Aouragh Reda	4.02.18	2024
2	Petitjean Simon	4.03.61	2015
3	Kebdani Samir	4.10.45	2005
4	Ouamari Aabid	4.12.53	1995
5	Miller Benoit	4.17.91	2004
6	Tiaz Younes	4.18.45	2004
7	El Yattouti Younes	4.20.38	2004
8	Maingain François	4.24.73	2008
9	Massaad Michael	4.26.62	2008
10	Fitterer Chase	4.27.41	2023
11	Demeester Thijs	4.27.45	2005
12	Leyman Jeremy	4.28.50	2004
13	Azaoum Rachid	4.29.93	2004
14	Govaert Thomas	4.34.02	2012
15	Jamli Tarek	4.34.41	2004
16	Willems Dorian	4.35.79	2019
17	Errouchi Ayoub	4.43.38	2005
18	Lafnachi Reda	4.46.11	2018
19	Vaillant Thibaud	4.46.83	2002
20	Segers Mathieu	4.50.14	2012

JUN 3000 m

1	Dewitte Sebastien	8.37.86	2004
2	Aouragh Reda	8.39.33	2024
3	Kebdani Samir	9.05.91	2006

JUN 40 m haies (76 cm)

1	Broothaerts Damien	8.24	1995
	Smeyers Julien	8.24	1995
3	Guillet Lionel	8.34	1995



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

	Xhonneux Frederic	8.34	1995
5	Carbonez Gilles	8.84	1995
	Foucart François	8.84	1995
7	Schepens Cedric	8.94	1995
	Vaillant Jean Baptiste	8.94	1995
9	Hendrickx Wim	9.04	1995
10	Colmant Quentin	9.24	1995
11	Baiwir Julien	9.64	1999
12	Degives Jean Baptiste	9.84	1995
	De Waeghe Bruno	9.84	1995
14	Tosti Flavio	10.04	1995
15	Hautot Quentin	10.14	1999
16	Taieb Rayane	10.18	2013
17	Van Noyen Michael	10.34	1998
18	Kubiak Joachim	11.01	2019
19	Maertens Christophe	11.14	1999

JUN 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
	Huybrechts Xavier	8.44	1998
11	De Wilde Julien	8.54	1998
12	Guillet Lionel	8.64	1994
13	Clais Marc	8.74	1994
14	Ben Mohamed Younes	8.84	1994
15	Guarneri Salvatore	8.94	1996
	Vaessen Fabien	8.94	1996
	Fabre Xavier	8.94	1998
18	Blondiau Fabian	9.04	1994
	Sonon Lionel	9.04	1999
20	Schepens Cedric	9.14	1994

JUN 60 m haies (68 cm)

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

JUN 60 m haies (76 cm)

1	Mertens de Wilmars Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Boubala Eden Guy	11.25	2024
5	Kubiak Joachim	11.34	2022
6	Potemans Anton	11.94	2007
7	Srifi Kanfaoui Reda	12.34	2012
8	Marchal Mathys	12.46	2023
9	Beyaert Corentin	12.48	2012
10	Dogru Ilian	12.55	2024
	Mievis Lionel	12.55	2024
12	Hoorens Anthony	12.58	2008
13	Gonzalez Antoine	12.64	2017
14	Nicodeme Romain	12.70	2006
15	Diallo Oumar	12.72	2005
	Marchal Matthys	12.72	2024
17	Verburgt Tom	12.76	2007
18	Baiwir Julien	12.80	2000
19	Delatte Lionel	12.81	2006
20	Boniver Evan	12.86	2014

JUN 60 m haies (84 cm)

1	Soeiro Moreno Alexandre	9.53	2024
2	Kubiak Joachim	9.58	2024
3	Montilla Dimitri	9.68	2011
4	Diallo Oumar	9.99	2007
5	Vanbelle Thomas	10.38	2023
6	Okeowo Peredjo	10.40	2012



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

7	Gomree Aaron	10.53	2023
8	Potemans Anton	10.68	2009
9	Nicodeme Romain	10.96	2008
10	Lebailly Kevin	10.98	2005
11	Demanet Lounis	11.13	2016
12	Englebert Timothee	11.14	2017
13	De Wilde Julien	11.21	1999
14	Coomans Werner	11.24	1999
15	Nees Ghislain	11.31	2006
16	Lins Sebastien	11.32	2005
17	Taiwo Eniola	11.34	2012
18	Elsen Daan	11.35	2006
19	Ouattara Reda	11.43	2020
20	Beyaert Corentin	11.47	2015

JUN 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Xhonneux Frederic	8.55	2000
4	Potemans Anton	8.60	2013
5	Okeowo Peredjo	8.62	2014
6	Lins Sebastien	8.69	2009
7	Diallo Oumar	8.82	2011
8	Loens Sam	8.83	2014
9	Squiflet Pierre	8.87	1994
10	Coomans Werner	8.89	2003
	Arifi Ilias	8.89	2020
12	Mambo Djeke	8.93	1992
13	De Wilde Julien	8.95	2003
14	Montilla Dimitri	9.01	2013
15	Diallo Mamadou	9.21	2004
16	Hostyn Laurent David	9.22	2004
17	Fabre Xavier	9.27	2002
18	Van De Sype Vincent	9.30	2010
19	Leyman David	9.31	2000
20	Hinne Benoit	9.38	1988

JUN 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Elsen Daan	8.01	2012
3	Segers Daniel	8.14	2020
4	Okeowo Peredjo	8.25	2017
5	Broothaerts Damien	8.40	1999
6	Arifi Ilias	8.42	2023
7	Van de Velde Frank	8.48	1996
8	Vanderhaeghen David	8.53	1991
9	Mambo Kedjeloba	8.62	1990
10	Mambo Djeke	8.68	1993
11	Squiflet Pierre	8.71	1995
12	Lins Sebastien	8.73	2010
13	Guellet Yassin	8.75	1990
14	Nicodeme Romain	8.79	2014
15	Naif Nicolas	8.82	1997
16	Xhonneux Frederic	8.83	1999
17	Pinchart Alain	8.84	1990
18	Vanden Berghen Yves	8.94	1990
19	Rudman David	8.96	1993
20	Loens Sam	8.98	2015

JUN 60 m haies (106 cm)

1	Caty Dylan	8.05	2016
2	Broothaerts Damien	8.11	2001
3	Mambo Kedjeloba	8.13	1993
4	Van de Velde Frank	8.26	1998
5	Asselman Frank	8.40	1991
6	Dotrenghe Sacha	8.43	1989
7	Mambo Djeke	8.49	1994
8	Vanlancker Rudi	8.53	1990
9	Xhonneux Frederic	8.62	2002
10	Vanderhaeghen David	8.66	1993
11	Marloye Roland	8.67	1980
12	Guellet Yassin	8.71	1992



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

13	Steppe Eric	8.74	1990
14	Sanglier Olivier	8.79	1991
15	Letellier Eric	8.83	1985
	Pinchart Alain	8.83	1992
17	Vervloet Gregory	9.21	2002
18	Leyman David	9.82	2003

JUN Hauteur

1	Sandron Dominique	2m03	1988
2	Guellet Yassin	2m01	1992
3	Vanlancker Rudi	1m99	1988
	Xhonneux Frederic	1m99	2002
5	Kalandula Fabiano	1m98	2015
6	Van de Velde Frank	1m95	1996
7	Pinchart Alain	1m90	1990
	Gamuela Ngamunguela Jos	1m90	2017
9	Elsen Daan	1m88	2011
10	Arifi Ilias	1m85	2022
11	Hostyn Laurent David	1m80	2004
12	Nicodeme Romain	1m78	2014
13	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019
15	Coppy Kenneth	1m76	2024
	Gomree Aaron	1m76	2024
17	Beerens Gregory	1m75	1994
	De Wilde Julien	1m75	2003
	Caluwe Arnaud	1m75	2009
	Van De Sype Vincent	1m75	2011
	Beeckman Amaury	1m75	2013

JUN Longueur

1	Vanlancker Rudi	7m60	1990
2	Guellet Yassin	7m46	1993
3	Yuma M'Bayo Eric	7m27	1988
4	Segers Daniel	7m02	2020
5	Marloye Roland	6m98	1980
6	Delporte Luc	6m82	1985
7	Gruson Augustin	6m81	2022
8	Elsen Daan	6m75	2012
9	Diallo Oumar	6m69	2011
10	Vanderhaeghen David	6m63	1990
11	Xhonneux Frederic	6m55	2002
12	Naga Djihed	6m45	2007
	Arifi Ilias	6m45	2023
14	Nicodeme Romain	6m41	2014
15	Hoorens Christopher	6m36	2015
16	Geerts Gregory	6m32	2017
17	Gentile Raphaël	6m29	1992
	Hostyn Laurent David	6m29	2005
19	Pinchart Alain	6m23	1992
	Roefmans Lucas	6m23	2018

JUN Triple saut

1	Guellet Yassin	15m45	1993
2	Mambo Kedjeloba	15m35	1992
3	Vanderhaeghen David	14m95	1993
4	Mambo Djeke	14m88	1994
5	Delporte Luc	14m72	1985
6	Yuma M'Bayo Eric	14m64	1988
7	Xhonneux Frederic	14m26	2000
8	Geerts Gregory	14m03	2017
9	Marloye Roland	13m68	1979
10	Hoorens Christopher	13m42	2014
11	Naga Djihed	13m30	2007
12	Bolsee David	13m28	1985
13	Caluwe Arnaud	13m12	2009
14	Kalandula Fabiano	12m84	2015
15	Adorna François	12m71	1985
16	Naif Jerome	12m64	1999
17	Vanderhaeghen Olivier	12m15	1996
18	Van Den Brempt Mathis	12m12	2024
19	Broothaerts Damien	12m11	1998



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

20 Vervloet Gregory 12m48 2001

JUN Perche

1	Rombaut Wesley	4m70	1996
2	Elsen Daan	4m50	2012
3	Arifi Ilias	4m21	2023
4	Xhonneux Frederic	4m20	2002
5	Jacobs David	4m10	1994
6	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014
8	Grondel Alexandre	3m84	2024
9	Loens Sam	3m80	2014
10	De Tollenaere Tom	3m60	2022
	Van Gulck Birkett Julian	3m60	2024
12	Moens Cyprien	3m52	2018
13	Potemans Anton	3m50	2013
14	Montilla Alexis	3m45	2019
15	Naga Djihed	3m40	2005
	Van De Sype Vincent	3m40	2012
17	Leyman David	3m36	2000
18	Lecompte David	3m25	1991
19	Vanderhaeghen David	3m20	1991
	Guellet Yassin	3m20	1992
	Thys Alain	3m20	1996
	Montilla Dimitri	3m20	2012

JUN Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuyppers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

JUN Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003
18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

JUN Poids (3 kg)

1	Montilla Dimitri	13m94	2011
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m13	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	Mertens Tom	8m99	1998
13	De Tollenaere Tom	8m97	2016
14	Elsen Daan	8m96	2006
15	Hendrickx Wim	8m91	1995
16	Gerard Benjamin	8m80	2000
	Potemans Anton	8m80	2009
18	Van Cutsem Christophe	8m85	1992
19	Browaews David	8m87	1999
20	Cawet Cedric	8m78	1996

JUN Poids (4 kg)

1	Diallo Oumar	14m30	2008
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992
17	Gerard Jeremy	10m24	2001
18	Van De Sype Vincent	10m08	2008
19	Soeiro Moreno Alexandre	10m04	2024
20	Arifi Ilias	9m89	2019

JUN Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Bapa Marcel	12m04	1996
11	Montilla Alexis	11m89	2019
12	Denys Jonathan	11m77	2007
13	Chekem Ramses	11m61	2020
14	Sustelo Antonio	11m52	2004
15	Vanderhaeghen David	11m44	1991
16	Oliveira Da Silva Raphael	11m29	2009
17	Van De Sype Vincent	11m16	2010
18	Loens Sam	11m11	2014
19	Hostyn Laurent David	11m03	2004
20	Leyman David	10m81	2001

JUN Poids (6 kg)

1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1994
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013
7	De Tollenaere Tom	11m88	2022



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

8	Arifi Ilias	11m52	2022
9	Hostyn Laurent David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008
16	Martinez Fernandez Axel	10m74	2018
17	Rombaut Wesley	10m26	1996
18	Vervloet Gregory	9m72	2002
19	Huylebroeck Pascal	9m41	1985
20	Caluwe Arnaud	9m03	2010

JUN Poids (7,26 kg)

1	Jacobs David	10m76	1994
2	Xhonneux Frederic	10m51	2002

JUN Triathlon

1	Arifi Ilias	1738 p	2022
2	De Tollenaere Tom	1667 p	2022

JUN Heptathlon

1	Xhonneux Frederic	5177 p	2002
2	Elsen Daan	5097 p	2012
3	Arifi Ilias	4876 p	2023
4	Guellet Yassin	4835 p	1992
5	Nicodeme Romain	4683 p	2014
6	Hostyn Laurent David	4060 p	2005
7	Vervloet Gregory	3955 p	2002
8	Van De Sype Vincent	3900 p	2012
9	Leyman David	3763 p	2003
10	De Tollenaere Tom	3315 p	2022
11	Moens Cyprien	3136 p	2018
12	Denys Jonathan	3048 p	2008

JUN 4 x 200 m

1	Tshitwenu, Vanhamme, Nijs, Caty	1.30.67	2015
2	Tshitwenu, Vandenhoeke A, Vanhamme, Potemans	1.34.65	2013
3	Monnens, Castermane, Naga, Hermann	1.34.84	2007
4	Vandenhoeke V, Nijs, Vandenhoeke A, Puku Toku	1.35.18	2014
5	Hanrion, Verleyen, Tshanga, Petit	1.35.25	2024
6	Okeowo, Geert, Barghout, Nkiere	1.36.26	2017
7	Hermann, Diallo, Preumont, Naga	1.36.42	2006
8	Fasanya, Monnens, Daoudi, Beurms	1.36.59	2008
9	Che, Paulus, Kabuya, Lins	1.38.37	2009
10	Leyman, Sintichakis, Xhonneux, Broothaerts	1.38.59	2000
11	Smeyers, Xhonneux, Schepens, Broothaerts	1.38.81	1999
12	Yahni, Sibourg, Doudouhi, Mbuyi Bodika	1.40.13	2019
13	Plume, Labruyere, Tshanga Diumba, Mejdoubi	1.40.29	2023
14	Diallo, Beeckman, Petitjean, Elsen	1.40.33	2011
15	Grondel, Labruyere, Verheeke, Lelion	1.42.02	2022
16	Tshitwenu, Montilla, Nijs, Puku Toku	1.45.52	2012
17	Englebert, De Tollenaere, Montilla, Chekem	1.45.99	2018
18	Petitjean, Tephany, Denys, Diallo	1.41.72	2010
19	Gharroudi, Beyaert, Tabbakh, Madoughri	1.47.13	2016
20	Tshanga Diumba, Ouattara, Vilain, De Greef	2.06.92	2020

ESPOIRS HOMMES - U23

ESP 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Schepens Cedric	6.44	1994
	Guillet Lionel	6.44	1995
	Vervloet Gregory	6.44	1996



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

11	Demagnet Lounis	6.45	2015
12	Vaillant Jean Baptiste	6.54	1995
	Naif Jerome	6.54	1996
14	Tshanga Dumba John Ross	6.59	2019
15	Broothaerts Damien	6.64	1995
	Xhonneux Frederic	6.64	1996
17	Monsieur Julien	6.73	2018
18	Carbonez Gilles	6.74	1995
	Cawet Cedric	6.74	1995
	Smeyers Julien	6.74	1994
	Moutha Sebtaoui Naim	6.74	2024

ESP 50 m

1	Guellet Yassin	5.92	1996
2	Malungu Michael	6.33	1996
3	Mambo Kedejloba	6.34	1994
4	Asselman Frank	6.44	1994
5	Ferah Lahcen	6.64	1994
6	Broothaerts Damien	7.04	1998
7	Guillet Lionel	7.14	1997
8	Schepens Cedric	7.24	1997
	Tollenaers David	7.24	1998
10	Vervloet Gregory	7.44	1997
11	Mangold Dimitri	7.64	1996
	Xhonneux Frederic	7.64	1998
13	Naif Jerome	7.74	1996
14	Smeyers Julien	7.84	1995
	Cawet Cedric	7.84	1998
16	De Ruyver Laurent	7.94	1996
	Coomans Werner	7.94	1998
18	Cawet Cedric	8.04	1996
	Baiwir Julien	8.04	1999
20	Foucart François	8.14	1995

ESP 60 m

1	Thomas Sammy	6.76	1993
2	Amery Ronald	6.84	1991
3	Guellet Yassin	6.85	1996
4	Tshitwenu Florian	6.86	2019
5	Kasmi Amine	6.88	2020
6	Mambo Kedjeloba	6.94	1993
	Kalmen Adam	6.94	2018
8	Vanhamme Arno	6.95	2016
9	Broothaerts Damien	6.98	2004
	Gueulette Arnaud	6.98	2017
	Caty Dylan	6.98	2019
	Taiwo Eniola	6.98	2022
13	Ghislain Arnaud	6.99	2009
14	Niesen Charles	7.03	2015
15	Vanlancker Rudi	7.04	1992
	Lins Sebastien	7.04	2013
17	Okeowo Peredjo	7.06	2018
18	Debeir Olivier	7.08	1991
19	Medan Marko	7.09	2022
20	Moral Miguel	7.10	2001
	Diallo Oumar	7.10	2010
	Elsen Daan	7.10	2014

ESP 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000



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14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019
16	Potemans Anton	21.42	2009
17	Lohombo Djongakadje Louis	21.44	2005
18	Iazzag Nathan	21.48	2015
	Gruson Augustin	21.48	2017
20	Naif Jerome	21.52	1996

ESP 200 m

1	Amery Ronald	21.50	1991
2	Kasmi Amine	21.51	2022
3	Broothaerts Damien	21.56	2004
4	Kalmen Adam	21.74	2017
5	Vanhamme Arno	21.78	2016
6	Vanhamme Stephan	21.96	1982
7	Guellet Yassin	21.98	1996
8	Medan Marko	22.09	2022
9	Moral Miguel	22.10	2002
10	Vervloet Gregory	22.16	2005
11	Lins Sebastien	22.21	2014
12	Mazebo Simon	22.22	2022
13	Caty Dylan	22.29	2017
14	Tshitwenu Florian	22.34	2016
15	Thomas Samy	22.45	1991
16	Destatte Arnaud	22.49	2010
17	Asselman Frank	22.55	1993
18	Niesen Charles	22.56	2014
19	Mambo Kedjeloba	22.57	1993
20	Vanlancker Rudi	22.66	1991

ESP 300 m

1	Ghislain Arnaud	34.77	2010
2	Destatte Arnaud	35.01	2010
3	Lins Sebastien	36.08	2010
4	Nijs Gaston	36.45	2014
5	Kabuya Hugues	36.49	2018
6	Nkieré Danfuname Rene	36.75	2017
7	Vanhamme Arno	36.97	2014
8	Castermane Julien	37.19	2006
9	Tshitwenu Florian	37.34	2014
10	Vandenhoeke Arthur	37.50	2013
11	Maingain François	37.89	2010
12	Mbuyi Bodika William	39.02	2020
13	Ilunga Carl	39.39	2014
14	Beyaert Corentin	39.45	2018
15	Montilla Dimitri	39.48	2013
16	Puku Tokou Christian	39.55	2013
17	Hendrick Quentin	39.77	2013
18	Biala Kenny	40.16	2020
19	Freitas Branco Stephane	40.45	2013
20	Labruyere Maxime	40.87	2022

ESP 400 m

1	Ghislain Arnaud	47.92	2009
2	Segers Daniel	47.99	2023
3	Mazebo Simon	48.49	2022
4	Badji Asanti	48.56	2016
5	Vervloet Gregory	48.79	2005
6	Nicodeme Romain	48.90	2017
7	Destatte Arnaud	48.94	2009
8	Lins Sebastien	48.91	2013
9	Asselman Frank	48.95	1994
10	Balhan Pierre Antoine	49.20	2014
11	Nijs Gaston	49.57	2016
12	Vanhamme Stefan	49.63	1980
13	Biala Kenny Felder	50.20	2023
14	Borlee Rayane	50.42	2019
15	Kabuya Hugues	50.43	2019
16	Tourtois Charles	50.54	2022
17	Castermane Julien	50.70	2008
18	Vandenhoeke Arthur	50.84	2017
19	Kabuya Serge	51.16	1998



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20 Broothaerts Damien 51.55 2005

ESP 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naïm	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

ESP 800 m

1	Balhan Pierre Antoine	1.48.92	2013
2	Maingain François	1.53.47	2011
3	Desmedt Frederic	1.54.12	1992
4	Levacq Corentin	1.56.95	1998
5	Aouragh Reda	1.57.74	2024
6	Haymans Thomas	1.57.76	2002
7	Metian Marc	1.58.05	1998
8	Lelion Achille	1.58.21	2023
9	Schroeven Bruno	1.58.54	2001
10	Vandenhoeke Arthur	1.58.71	2014
11	Azaoum Rachid	1.58.87	2004
12	Heremans Nick	1.58.97	1994
13	El Yattouti Younes	1.59.15	2004
14	Bentheim Ronald	1.59.38	2000
15	Kanfouh Mohamed	2.00.28	2017
16	Vanderhaeghen Olivier	2.00.59	1998
17	Benouar Otman	2.00.64	2017
18	Vaillant Thibaud	2.01.00	2005
19	De Mars Steven	2.01.14	1990
20	Tiaz Younes	2.01.33	2004

ESP 1000 m

1	Levacq Corentin	2.32.86	2003
2	Xhonneux Frederic	2.33.57	2005
3	Bentheim Ronald	2.35.90	2000
4	Haymans Thomas	2.38.21	2003
5	Vanderhaeghen Olivier	2.38.54	1998
6	Vandecapelle Mattijs	2.39.28	2011
7	El Yattouti Younes	2.39.78	2003
8	Schroeven Bruno	2.40.64	1997
9	Tourtois Charles	2.41.09	2023
10	Longo Murit Mateo	2.42.49	2024
11	Sassi Mohamed	2.42.58	2013
12	Tiaz Younes	2.44.47	2003
13	Guellet Yassin	2.46.30	1996
14	Nicodeme Romain	2.46.82	2014
15	Arifi Ilias	2.48.69	2022
16	Azaoum Rachid	2.48.85	2003
17	Montilla Dimitri	2.50.10	2018
18	Kebdani Samir	2.52.82	2003
19	Lins Sebastien	2.52.89	2009
20	Chergui Mouhsine	2.53.25	2018

ESP 1500 m

1	Desmedt Frederic	3.45.77	1994
2	Balhan Pierre Antoine	3.59.18	2012
3	Aouragh Reda	4.02.18	2024
4	Petitjean Simon	4.03.61	2015
5	Kebdani Samir	4.10.45	2005
6	Ouamari Aabid	4.12.53	1995
7	Miller Benoit	4.17.91	2004
8	Tiaz Younes	4.18.45	2004
9	El Yattouti Younes	4.20.38	2004
10	Maingain François	4.24.73	2008
11	Massaad Michael	4.26.62	2008
12	Fitterer Chase	4.27.41	2023
13	Demeester Thijs	4.27.45	2005
14	Leyman Jeremy	4.28.50	2004



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15	Azaoum Rachid	4.29.93	2004
16	Govaert Thomas	4.34.02	2012
17	Jamli Tarek	4.34.41	2004
18	Willems Dorian	4.35.79	2019
19	Tabbakh Yassine	4.36.01	2022
20	Errouchi Ayoub	4.43.38	2005

ESP 3000 m

1	Heremans Nick	8.08.53	1992
2	Ben Mohamed Rachid	8.13.74	1992
3	Ouamari Aabid	8.18.00	1998
4	Lejeune Emmanuel	8.24.58	2014
5	Dewitte Sebastien	8.27.90	2006
6	Petitjean Simon	8.36.85	2016
7	Aouragh Reda	8.39.33	2024
8	Kebdani Samir	9.05.91	2006
9	Govaert Thomas	9.37.46	2014
10	Nicodeme Thibault	9.58.85	2014

ESP 40 m haies (76 cm)

1	Broothaerts Damien	8.24	1995
	Smeyers Julien	8.24	1995
3	Guillet Lionel	8.34	1995
	Xhonneux Frederic	8.34	1995
5	Carbonez Gilles	8.84	1995
	Foucart François	8.84	1995
7	Schepens Cedric	8.94	1995
	Vaillant Jean Baptiste	8.94	1995
9	Hendrickx Wim	9.04	1995
10	Colmant Quentin	9.24	1995
11	Baiwir Julien	9.64	1999
12	Degives Jean Baptiste	9.84	1995
	De Waeghe Bruno	9.84	1995
14	Tosti Flavio	10.04	1995
15	Hautot Quentin	10.14	1999
16	Taieb Rayane	10.18	2013
17	Van Noyen Michael	10.34	1998
18	Kubiak Joachim	11.01	2019
19	Maertens Christophe	11.14	1999

ESP 40 m haies (84 cm)

1	Demagnet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
	Huybrechts Xavier	8.44	1998
11	De Wilde Julien	8.54	1998
12	Guillet Lionel	8.64	1994
13	Clais Marc	8.74	1994
14	Ben Mohamed Younes	8.84	1994
15	Guarneri Salvatore	8.94	1996
	Vaessen Fabien	8.94	1996
	Fabre Xavier	8.94	1998
18	Blondiau Fabian	9.04	1994
	Sonon Lionel	9.04	1999
20	Schepens Cedric	9.14	1994

ESP 50 m haies (106 cm)

1	Asselman Franck	7.14	1994
	Mambo Kedjeloba	7.14	1994

ESP 60 m haies (68 cm)

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

ESP 60 m haies (76 cm)



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1	Mertens de Wilmars Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Boubala Eden Guy	11.25	2024
5	Kubiak Joachim	11.34	2022
6	Potemans Anton	11.94	2007
7	Srifi Kanfaoui Reda	12.34	2012
8	Marchal Mathys	12.46	2023
9	Beyaert Corentin	12.48	2012
10	Dogru Ilian	12.55	2024
	Mievis Lionel	12.55	2024
12	Hoorens Anthony	12.58	2008
13	Gonzalez Antoine	12.64	2017
14	Nicodeme Romain	12.70	2006
15	Diallo Oumar	12.72	2005
	Marchal Matthys	12.72	2024
17	Verburgt Tom	12.76	2007
18	Baiwir Julien	12.80	2000
19	Delatte Lionel	12.81	2006
20	Boniver Evan	12.86	2014

ESP 60 m haies (84 cm)

1	Soeiro Moreno Alexandre	9.53	2024
2	Kubiak Joachim	9.58	2024
3	Montilla Dimitri	9.68	2011
4	Diallo Oumar	9.99	2007
5	Vanbelle Thomas	10.38	2023
6	Okeowo Peredjo	10.40	2012
7	Gomree Aaron	10.53	2023
8	Potemans Anton	10.68	2009
9	Nicodeme Romain	10.96	2008
10	Lebailly Kevin	10.98	2005
11	Demagnet Lounis	11.13	2016
12	Englebert Timothee	11.14	2017
13	De Wilde Julien	11.21	1999
14	Coomans Werner	11.24	1999
15	Nees Ghislain	11.31	2006
16	Lins Sebastien	11.32	2005
17	Taiwo Eniola	11.34	2012
18	Elsen Daan	11.35	2006
19	Ouattara Reda	11.43	2020
20	Beyaert Corentin	11.47	2015

ESP 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Xhonneux Frederic	8.55	2000
4	Potemans Anton	8.60	2013
5	Okeowo Peredjo	8.62	2014
6	Lins Sebastien	8.69	2009
7	Diallo Oumar	8.82	2011
8	Loens Sam	8.83	2014
9	Squiflet Pierre	8.87	1994
10	Coomans Werner	8.89	2003
	Arifi Ilias	8.89	2020
12	Mambo Djeke	8.93	1992
13	De Wilde Julien	8.95	2003
14	Montilla Dimitri	9.01	2013
15	Diallo Mamadou	9.21	2004
16	Hostyn Laurent David	9.22	2004
17	Fabre Xavier	9.27	2002
18	Van De Sype Vincent	9.30	2010
19	Leyman David	9.31	2000
20	Hinne Benoit	9.38	1988

ESP 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Elsen Daan	8.01	2012
3	Segers Daniel	8.14	2020
4	Okeowo Peredjo	8.25	2017
5	Broothaerts Damien	8.40	1999
6	Arifi Ilias	8.42	2023



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7	Van de Velde Frank	8.48	1996
8	Vanderhaeghen David	8.53	1991
9	Mambo Kedjeloba	8.62	1990
10	Mambo Djeke	8.68	1993
11	Squiflet Pierre	8.71	1995
12	Lins Sebastien	8.73	2010
13	Guellet Yassin	8.75	1990
14	Nicodeme Romain	8.79	2014
15	Naif Nicolas	8.82	1997
16	Xhonneux Frederic	8.83	1999
17	Pinchart Alain	8.84	1990
18	Vanden Berghen Yves	8.94	1990
19	Rudman David	8.96	1993
20	Loens Sam	8.98	2015

ESP 60 m haies (106 cm)

1	Caty Dylan	7.81	2017
2	Broothaerts Damien	7.83	2003
3	Marloye Roland	8.05	1984
4	Elsen Daan	8.11	2016
5	Mambo Kedjeloba	8.13	1993
6	Asselman Frank	8.14	1993
7	Dotrenghe Sacha	8.25	1992
	Van de Velde Frank	8.25	1999
9	Sanglier Olivier	8.33	1994
10	Guellet Yassin	8.41	1996
	Montilla Dimitri	8.41	2018
12	Okeowo Peredjo	8.48	2020
13	Pinchart Alain	8.49	1993
	Mambo Djeke	8.49	1994
	Xhonneux Frederic	8.49	2005
16	Vanlancker Rudi	8.53	1990
	Guillaume Laurent	8.53	2011
18	Arifi Ilias	8.58	2024
19	Tourtois Charles	8.63	2023
20	Vanderhaeghen David	8.66	1993

ESP Hauteur

1	Sandron Dominique	2m20	1991
2	Kalandula Fabiano	2m15	2016
3	Moreau Guy	2m08	1975
4	Gamuella Ngamunguela Jos	2m06	2019
5	Xhonneux Frederic	2m04	2005
6	Elsen Daan	2m02	2014
7	Guellet Yassin	2m01	1992
8	Vanlancker Rudi	1m99	1988
	Montilla Dimitri	1m99	2018
10	Campener Corentin	1m98	2011
11	Beaumont Christian	1m95	1983
	Van de Velde Frank	1m95	1996
13	Pinchart Alain	1m90	1990
14	Arifi Ilias	1m85	2022
15	Dotrenghe Alexandre	1m83	1992
16	Haerynck Philippe	1m80	1994
	Hostyn Laurent David	1m80	2004
18	Vandecapelle Mattijs	1m78	2011
	Nicodeme Romain	1m78	2014
20	Englebert Timothee	1m77	2019

ESP Longueur

1	Vanlancker Rudi	7m63	1991
2	Campener Corentin	7m56	2011
3	Guellet Yassin	7m53	1996
4	Yuma M'Bayo Eric	7m34	1989
5	Marloye Roland	7m32	1984
6	Elsen Daan	7m18	2014
7	Vanderhaeghen David	7m11	1994
8	Caluwe Arnaud	7m09	2012
9	Segers Daniel	7m05	2021
10	Xhonneux Frederic	6m90	2005
	Naga Djihed	6m90	2009
12	Delporte Luc	6m82	1985



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	Montilla Dimitri	6m82	2019
14	Gruson Augustin	6m81	2022
15	Vandecapelle Mattijs	6m78	2011
16	Diallo Oumar	6m69	2011
17	Herman Eric	6m65	1990
	Bayens Joachim	6m65	1992
19	Arifi Ilias	6m45	2023
20	Nicodeme Romain	6m41	2014

ESP Triple saut

1	Falise Didier	15m96	1983
2	Guellet Yassin	15m45	1993
3	Mambo Kedjeloba	15m35	1992
4	Vanderhaeghen David	15m30	1994
5	Xhonneux Frederic	15m07	2005
6	Delporte Luc	15m01	1987
7	Yuma M'Bayo Eric	14m97	1990
8	Mambo Djeke	14m88	1994
9	Geerts Gregory	14m28	2020
10	Campener Corentin	14m27	2011
11	Bolsee David	14m26	1987
12	Rolland Dominique	13m95	1978
13	Alvarez Guy	13m81	1982
14	Horens Christopher	13m72	2017
15	Marloye Roland	13m68	1979
16	Caluwe Arnaud	13m66	2013
17	Naga Djihed	13m30	2007
18	Bolsee David	13m28	1985
19	Mopide Kissoca Alexandre	13m11	2017
20	Malungu Michael	12m89	1996

ESP Perche

1	Jacques Jean Marc	5m00	1979
2	Biot Olivier	4m90	1994
3	Elsen Daan	4m80	2015
4	Ons Bart	4m70	1993
	Rombaut Wesley	4m70	1996
6	Xhonneux Frederic	4m60	2005
7	Montilla Dimitri	4m50	2018
8	Jacobs David	4m40	1997
9	Arifi Ilias	4m21	2023
10	Vandecapelle Mattijs	4m20	2011
11	Tourtois Charles	3m91	2023
12	Guellet Yassin	3m90	1996
13	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014
15	Grondel Alexandre	3m84	2024
16	Loens Sam	3m80	2014
17	De Tollenaere Tom	3m60	2022
	Van Gulck Birkett Julian	3m60	2024
19	Moens Cyprien	3m52	2018
20	Potemans Anton	3m50	2013

ESP Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuyppers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998



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	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

ESP Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003
18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

ESP Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m13	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	Mertens Tom	8m99	1998
13	De Tollenaere Tom	8m97	2016
14	Elsen Daan	8m96	2006
15	Hendrickx Wim	8m91	1995
16	Gerard Benjamin	8m80	2000
	Potemans Anton	8m80	2009
18	Van Cutsem Christophe	8m85	1992
19	Browaeyts David	8m87	1999
20	Cawet Cedric	8m78	1996

ESP Poids (4 kg)

1	Diallo Oumar	14m30	2008
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992
17	Gerard Jeremy	10m24	2001
18	Van De Sype Vincent	10m08	2008
19	Soeiro Moreno Alexandre	10m04	2024
20	Arifi Ilias	9m89	2019

ESP Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011



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3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Bapa Marcel	12m04	1996
11	Montilla Alexis	11m89	2019
12	Denys Jonathan	11m77	2007
13	Chekem Ramses	11m61	2020
14	Sustelo Antonio	11m52	2004
15	Vanderhaeghen David	11m44	1991
16	Oliveira Da Silva Raphael	11m29	2009
17	Van De Sype Vincent	11m16	2010
18	Loens Sam	11m11	2014
19	Hostyn Laurent David	11m03	2004
20	Leyman David	10m81	2001

ESP Poids (6 kg)

1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1994
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013
7	De Tollenaere Tom	11m88	2022
8	Arifi Ilias	11m52	2022
9	Hostyn Laurent David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008
16	Martinez Fernandez Axel	10m74	2018
17	Rombaut Wesley	10m26	1996
18	Vervloet Gregory	9m72	2002
19	Huylebroeck Pascal	9m41	1985
20	Caluwe Arnaud	9m03	2010

ESP Poids (7,26 kg)

1	Guillaume Jonathan	14m84	2013
2	Montilla Dimitri	13m40	2020
3	Rogers Vincent	13m12	1996
4	Xhonneux Frederic	12m79	2005
5	Tourtois Charles	12m76	2023
6	Guellet Yassin	12m63	1996
7	Elsen Daan	12m31	2014
8	Dotrengre Alexandre	12m14	1992
9	Vandecapelle Mattijs	11m52	2011
10	Montilla Alexis	10m79	2022
11	Jacobs David	10m76	1994
	Hostyn Laurent David	10m76	2007
13	Rombaut Wesley	10m31	1997
14	Boa Michael	10m24	2015
15	Arifi Ilias	9m93	2024

ESP Triathlon

1	Montilla Alexis	1454 p	2022
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ESP Heptathlon

1	Xhonneux Frederic	5540 p	2005
2	Guellet Yassin	5386 p	1996
3	Montilla Dimitri	5315 p	2018
4	Vandecapelle Mattijs	5059 p	2011
5	Tourtois Charles	4644 p	2023

ESP 5000 m marche

1	Leroy Benjamin	22.38.69	1994
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

ESP 4 x 200 m

1	Kalmen, Caty, Badji, Kasmi	1.29.34	2017
2	Tshitwenu, Vanhamme, Nijs, Caty	1.30.67	2015
3	Nkiere Danfuname, Szerman, Borlee, Kasmi	1.31.30	2018
4	Tshitwenu, Vandenhoeke A, Vanhamme, Potemans	1.34.65	2013
5	Monnens, Castermane, Naga, Hermann	1.34.84	2007
6	Vandenhoeke V, Nijs, Vandenhoeke A, Puku Toku	1.35.18	2014
7	Hanrion, Verleyen, Tshanga, Petit	1.35.25	2024
8	Hermann, Diallo, Preumont, Naga	1.36.42	2006
9	Fasanya, Monnens, Daoudi, Beurms	1.36.59	2008
10	Che, Paulus, Kabuya, Lins	1.38.37	2009
11	Leyman, Sintichakis, Xhonneux, Broothaerts	1.38.59	2000
12	Smeyers, Xhonneux, Schepens, Broothaerts	1.38.81	1999
13	Yahni, Sibourg, Doudouhi, Mbuyi Bodika	1.40.13	2019
14	Plume, Labruyere, Tshanga Diumba, Mejdoubi	1.40.29	2023
15	Diallo, Beeckman, Petitjean, Elsen	1.40.33	2011
16	Petitjean, Tephany, Denys, Diallo	1.41.72	2010
17	Grondel, Labruyere, Verheeke, Lelion	1.42.02	2022
18	Tshitwenu, Montilla, Nijs, Puku Toku	1.45.52	2012
19	Gharroudi, Beyaert, Tabbakh, Madoughri	1.47.13	2016
20	Tshanga Diumba, Ouattara, Vilain, De Greef	2.06.92	2020

TOUTES CATEGORIES HOMMES

TC 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Schepens Cedric	6.44	1994
	Guillet Lionel	6.44	1995
	Vervloet Gregory	6.44	1996
11	Demagnet Lounis	6.45	2015
12	Vaillant Jean Baptiste	6.54	1995
	Naif Jerome	6.54	1996
14	Tshanga Diumba John Ross	6.59	2019
15	Broothaerts Damien	6.64	1995
	Xhonneux Frederic	6.64	1996
17	Monsieur Julien	6.73	2018
18	Carbonez Gilles	6.74	1995
	Cawet Cedric	6.74	1995
	Smeyers Julien	6.74	1994
	Moutha Sebtaoui Naim	6.74	2024

TC 50 m

1	Guellet Yassin	5.92	1996
2	Malungu Michael	6.33	1996
3	Debeir Olivier	6.34	1994
	Mambo Kedejeloba	6.34	1994
5	Asselman Frank	6.44	1994
6	Ferah Lahcen	6.64	1994
7	Piette Gaetan	6.97	2024
8	Broothaerts Damien	7.04	1998
9	Guillet Lionel	7.14	1997
10	Schepens Cedric	7.24	1997
	Tollenaers David	7.24	1998
12	Vervloet Gregory	7.44	1997
13	Mangold Dimitri	7.64	1996
	Xhonneux Frederic	7.64	1998
15	Naif Jerome	7.74	1996
16	Smeyers Julien	7.84	1995
	Cawet Cedric	7.84	1998
18	De Ruyver Laurent	7.94	1996
	Coomans Werner	7.94	1998
20	Baiwir Julien	8.04	1999

TC 60 m

1	Desruelles Ronald	6.56	1985
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

2	Ferro Anthony	6.69	2005
3	Sekanyambo Ilunga Olivier	6.73	2002
4	Thomas Samy	6.76	1993
	Broothaerts Damien	6.76	2009
6	Reets Andrew	6.79	1999
7	Niesen Charles	6.83	2018
8	Amery Ronald	6.84	1991
9	Guellet Yassin	6.85	1996
	Kola Biasu Guelord	6.85	2022
11	Tshitwenu Florian	6.86	2019
12	Kabuya Serge	6.87	2001
13	Kasmi Amine	6.88	2020
14	Gillet Antoine	6.90	2015
15	Mambo Kedjeloba	6.94	1993
	Kalmen Adam	6.94	2018
17	Cincinatis Yves	6.95	1984
18	Vanhamme Arno	6.95	2016
	Cural Andy	6.95	2023
20	Gueulette Arnaud	6.98	2017
	Caty Dylan	6.98	2019
	Taiwo Eniola	6.98	2022

TC 150 m

1	Niesen Charles	16.79	2022
2	Sergeef Martin	19.59	2011
3	Diallo Oumar	19.71	2007
4	Montilla Dimitri	19.94	2011
5	Taiwo Eniola	19.99	2012
6	Paulus Gary	20.08	2005
7	Piette Gaetan	20.16	2024
8	Englebert Timothee	20.23	2017
9	Lebailly Kevin	20.32	2005
10	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
12	Medan Marko	20.67	2015
13	Dogan Mervan	20.76	2003
14	Lins Sebastien	20.87	2005
15	Sonon Lionel	20.92	2000
16	Vandenhoeke Arthur	20.99	2009
17	Guellet Shadi	21.38	2019
18	Potemans Anton	21.42	2009
19	Lohombo Djongakadje Louis	21.44	2005
20	Iazzag Nathan	21.48	2015
	Gruson Augustin	21.48	2017

TC 200 m

1	Gillet Antoine	21.14	2015
2	Sissoko Fode	21.31	2024
3	Kasmi Amine	21.47	2024
4	Amery Ronald	21.50	1991
	Ghislain Arnaud	21.50	2016
6	Broothaerts Damien	21.56	2004
7	Niesen Charles	21.66	2018
8	Kalmen Adam	21.74	2017
9	Vanhamme Arno	21.78	2016
10	Sekanyambo Ilunga Olivier	21.90	1999
11	Eyenga Lokilo Jean Claude	21.92	1996
12	Vanhamme Stephan	21.96	1982
13	Guellet Yassin	21.98	1996
	Moral Miguel	21.98	2010
15	Owusu Dylan	21.99	2024
16	Vervloet Gregory	22.05	2007
17	Popovic Alek	22.06	1994
18	Medan Marko	22.09	2022
19	Ammar Khodja Brahim	22.11	2014
20	Reets Andrew	22.13	1997

TC 300 m

1	Gillet Antoine	33.52	2015
2	Ghislain Arnaud	34.38	2014
3	Destatte Arnaud	35.01	2010
4	Vervloet Gregory	35.65	2010



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

5	Lins Sebastien	36.08	2010
6	Nijs Gaston	36.45	2014
7	Kabuya Hugues	36.49	2018
8	Nkiere Danfuname Rene	36.75	2017
9	Vanhamme Arno	36.97	2014
10	Castermane Julien	37.19	2006
11	Tshitwenu Florian	37.34	2014
12	Vandenhoeke Arthur	37.50	2012
13	Maingain François	37.89	2010
14	Balsen Julien	38.44	2017
15	Mbuyi Bodika William	39.02	2020
16	Ilunga Carl	39.39	2014
17	Beyaert Corentin	39.45	2018
18	Montilla Dimitri	39.48	2012
19	Puku Toku Christian	39.55	2012
20	Hendrick Quentin	39.77	2012

TC 400 m

1	Gillet Antoine	46.95	2011
2	Ghislain Arnaud	47.41	2011
3	Segers Daniel	47.53	2024
4	Mabille Florent	47.67	2023
5	Badji Asanti	47.84	2019
6	Lins Sebastien	48.48	2020
7	Mazebo Simon	48.49	2022
8	Vervloet Gregory	48.79	2005
9	Nicodeme Romain	48.90	2017
10	Destatte Arnaud	48.94	2009
11	Asselman Frank	48.95	1994
12	Ammar Khodja Brahim	48.97	2015
13	D'Hondt Jacky	49.15	1990
	Amery Ronald	49.15	1995
15	Balhan Pierre Antoine	49.20	2014
16	Vanhamme Stefan	49.30	1987
17	Nijs Gaston	49.57	2016
18	Destatte Cedric	49.76	2009
19	Strypstein Olivier	49.79	2000
20	De Vrye Yves	49.87	1983

TC 500 m

1	Froidmont Arnaud	64.64	2015
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TC 600 m

1	Schils Thomas	2.13.81	2024
2	Draoui Amine	2.16.01	2023
3	Moutha Sebtaoui Naïm	2.20.14	2024
4	Theyskens Clement	2.20.32	2023
5	Obrijanu Vadim	2.21.01	2022
6	Draoui Amine	2.23.75	2022
7	Mievis Axel	2.35.53	2022
8	De Heug Elliot	2.39.56	2022
9	Cioaca Mario Louis	2.49.43	2022

TC 800 m

1	Balhan Pierre Antoine	1.48.65	2015
2	Ghislain Arnaud	1.50.04	2015
3	Froidmont Arnaud	1.50.86	2015
4	Van Den Broeck Wout	1.52.34	1998
5	Maingain François	1.53.47	2011
6	Desmedt Frederic	1.54.12	1992
7	Balhan Robin	1.56.03	2020
8	Labruyere Jaques	1.56.20	1980
9	Petitjean Simon	1.56.86	2020
10	Levacq Corentin	1.56.95	1998
11	Payen Serge	1.57.65	1999
12	Aouragh Reda	1.57.74	2024
13	Haymans Thomas	1.57.76	2002
14	Schroeven Bruno	1.58.02	2003
15	Metian Marc	1.58.05	1998
16	Lelion Achille	1.58.21	2023
17	Azami Halille	1.58.27	1992
18	Vandenhoeke Arthur	1.58.71	2014



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

19	Azaoum Rachid	1.58.87	2004
20	Heremans Nick	1.58.97	1994

TC 1000 m

1	Hernould Franky	2.30.02	2010
2	Levacq Corentin	2.32.86	2003
3	Schroeven Bruno	2.32.91	2003
4	Xhonneux Frederic	2.33.57	2005
5	Bentheim Ronald	2.35.90	2000
6	Vandamme Bram	2.37.41	2018
7	Haymans Thomas	2.38.21	2003
8	Vanderhaeghen Olivier	2.38.54	1997
9	Vandecapelle Mattijs	2.38.92	2014
10	El Yattouti Younes	2.39.78	2003
11	Tourtois Charles	2.41.09	2023
12	Longo Murit Mateo	2.42.49	2024
13	Sassi Mohamed	2.42.58	2013
14	Tiaz Younes	2.44.47	2002
15	Guellet Yassin	2.46.30	1996
16	Nicodeme Romain	2.46.82	2014
17	Gets Florent	2.47.61	2016
18	Arifi Ilias	2.48.69	2022
19	Azaoum Rachid	2.48.85	2003
20	Montilla Dimitri	2.50.10	2018

TC 1500 m

1	Moukrime Tarik	3.40.73	2018
2	Callahan Wirtz Peter	3.41.08	2020
3	Van Den Broeck Wout	3.43.21	1998
4	Desmedt Frederic	3.45.77	1994
5	Ruell Kim	3.50.25	2013
6	Dewitte Sebastien	3.54.22	2008
7	Larpin Thibault	3.54.60	2023
8	Heremans Nick	3.56.17	1996
9	Chahbi Youness	3.56.37	2011
10	Celis Julien	3.56.69	2023
11	Lauwers Ronald	3.57.70	1984
12	Balhan Pierre Antoine	3.59.18	2012
13	Hernould Franky	4.01.68	2010
14	Aouragh Reda	4.02.18	2024
15	Levacq Corentin	4.02.99	2004
16	Boisco Maxime	4.03.31	2016
17	Petitjean Simon	4.03.61	2015
18	Vanneste Benny	4.07.11	1999
19	Schroeven Bruno	4.08.76	2003
20	Kebdani Samir	4.10.45	2005

TC Mile

1	Callahan Wirtz Peter	3.55.77	2018
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TC 2000 m

1	Piette Gaetan	7.29.85	2024
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TC 3000 m

1	Heymans John	7.41.59	2024
2	Ruell Kim	8.01.58	2013
3	Heremans Nick	8.08.53	1992
4	Desmedt Frederic	8.10.83	1999
5	Ben Mohamed Rachid	8.13.74	1992
6	Dewitte Sebastien	8.14.92	2009
7	Ouamari Aabid	8.18.00	1998
8	Dulieu Christian	8.19.90	1979
9	Lejeune Emmanuel	8.24.58	2014
10	Celis Julien	8.27.28	2024
11	Van Den Boeck Wout	8.31.07	1997
12	Hernould Franky	8.31.13	2009
13	Cowlishaw David	8.33.94	1999
14	Sihamane Abdeljebbar	8.36.40	2011
15	Petitjean Simon	8.36.85	2016
16	Aouragh Reda	8.39.33	2024
17	Levacq Corentin	8.42.45	2008



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

18	Boisco Maxime	8.44.64	2016
19	Chahbi Youness	8.44.91	2011
20	Stroobants Jean Marie	8.52.09	1994

TC 5000 m

1	Heymans John	13.03.46	2024
2	Vandenhoven Vincent	20.27.41	2024

TC 40 m haies (76 cm)

1	Broothaerts Damien	8.24	1995
	Smeyers Julien	8.24	1995
3	Guillet Lionel	8.34	1995
	Xhonneux Frederic	8.34	1995
5	Carbonez Gilles	8.84	1995
	Foucart François	8.84	1995
7	Schepens Cedric	8.94	1995
	Vaillant Jean Baptiste	8.94	1995
9	Hendrickx Wim	9.04	1995
10	Colmant Quentin	9.24	1995
11	Baiwir Julien	9.64	1999
12	Degives Jean Baptiste	9.84	1995
	De Waeghe Bruno	9.84	1995
14	Tosti Flavio	10.04	1995
15	Hautot Quentin	10.14	1999
16	Taieb Rayane	10.18	2013
17	Van Noyen Michael	10.34	1998
18	Kubiak Joachim	11.01	2019
19	Maertens Christophe	11.14	1999

TC 40 m haies (84 cm)

1	Demagnet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
	Huybrechts Xavier	8.44	1998
11	De Wilde Julien	8.54	1998
12	Guillet Lionel	8.64	1994
13	Clais Marc	8.74	1994
14	Ben Mohamed Younes	8.84	1994
15	Guarneri Salvatore	8.94	1996
	Vaessen Fabien	8.94	1996
	Fabre Xavier	8.94	1998
18	Blondiau Fabian	9.04	1994
	Sonon Lionel	9.04	1999
20	Schepens Cedric	9.14	1994

TC 50 m haies (106 cm)

1	Raspe Claude	6.66	1980
2	Asselman Franck	7.14	1994
	Mambo Kedjeloba	7.14	1994

TC 60 m haies (68 cm)

1	Marchal Noam	12.89	2024
2	De Heug Elliot	14.35	2024

TC 60 m haies (76 cm)

1	Mertens de Wilmars Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Boubala Eden Guy	11.25	2024
5	Kubiak Joachim	11.34	2022
6	Potemans Anton	11.94	2007
7	Srifi Kanfaoui Reda	12.34	2012
8	Marchal Mathys	12.46	2023
9	Beyaert Corentin	12.48	2012
10	Dogru Ilian	12.55	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

	Mievis Lionel	12.55	2024
12	Hoorens Anthony	12.58	2008
13	Gonzalez Antoine	12.64	2017
14	Nicodeme Romain	12.70	2006
15	Diallo Oumar	12.72	2005
	Marchal Matthys	12.72	2024
17	Verburgt Tom	12.76	2007
18	Baiwir Julien	12.80	2000
19	Delatte Lionel	12.81	2006
20	Boniver Evan	12.86	2014

TC 60 m haies (84 cm)

1	Soeiro Moreno Alexandre	9.53	2024
2	Kubiak Joachim	9.58	2024
3	Montilla Dimitri	9.68	2011
4	Diallo Oumar	9.99	2007
5	Vanbelle Thomas	10.38	2023
6	Okeowo Peredjo	10.40	2012
7	Gomree Aaron	10.53	2023
8	Potemans Anton	10.68	2009
9	Nicodeme Romain	10.96	2008
10	Lebailly Kevin	10.98	2005
11	Demanet Lounis	11.13	2016
12	Englebert Timothee	11.14	2017
13	De Wilde Julien	11.21	1999
14	Coomans Werner	11.24	1999
15	Nees Ghislain	11.31	2006
16	Lins Sebastien	11.32	2005
17	Taiwo Eniola	11.34	2012
18	Elsen Daan	11.35	2006
19	Ouattara Reda	11.43	2020
20	Beyaert Corentin	11.47	2015

TC 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Xhonneux Frederic	8.55	2000
4	Potemans Anton	8.60	2013
5	Okeowo Peredjo	8.62	2014
6	Lins Sebastien	8.69	2009
7	Diallo Oumar	8.82	2011
8	Loens Sam	8.83	2014
9	Squiflet Pierre	8.87	1994
10	Coomans Werner	8.89	2003
	Arifi Ilias	8.89	2020
12	Mambo Djeke	8.93	1992
13	De Wilde Julien	8.95	2003
14	Montilla Dimitri	9.01	2013
15	Diallo Mamadou	9.21	2004
16	Hostyn Laurent David	9.22	2004
17	Fabre Xavier	9.27	2002
18	Van De Sype Vincent	9.30	2010
19	Leyman David	9.31	2000
20	Hinne Benoit	9.38	1988

TC 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Broothaerts Damien	7.97	2019
3	Elsen Daan	8.01	2012
4	Segers Daniel	8.14	2020
5	Okeowo Peredjo	8.25	2017
6	Arifi Ilias	8.42	2023
7	Van de Velde Frank	8.48	1996
8	Vanderhaeghen David	8.53	1991
9	Mambo Kedjeloba	8.62	1990
10	Mambo Djeke	8.68	1993
11	Squiflet Pierre	8.71	1995
12	Lins Sebastien	8.73	2010
13	Guellet Yassin	8.75	1990
14	Nicodeme Romain	8.79	2014
15	Naif Nicolas	8.82	1997
16	Xhonneux Frederic	8.83	1999



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

17	Pinchart Alain	8.84	1990
18	Vanden Berghen Yves	8.94	1990
19	Rudman David	8.96	1993
20	Loens Sam	8.98	2015

TC 60 m haies (106 cm)

1	Broothaerts Damien	7.68	2015
2	Caty Dylan	7.81	2017
3	Asselman Frank	7.83	1996
4	Ruffacq Quentin	7.84	2015
5	Marloye Roland	8.02	1985
6	Elsen Daan	8.11	2016
7	Mambo Kedjeloba	8.13	1993
8	Dotrenghe Sacha	8.25	1992
	Van de Velde Frank	8.25	1999
10	Da Silva Juan	8.31	1986
11	Sanglier Olivier	8.33	1994
12	Xhonneux Frederic	8.36	2006
13	Guellet Yassin	8.41	1996
	Montilla Dimitri	8.41	2018
15	Vandecapelle Mattijs	8.48	2014
	Okeowo Peredjo	8.48	2020
17	De Landsheere Pierre	8.49	1991
	Pinchart Alain	8.49	1993
	Mambo Djeke	8.49	1994
20	Guillaume Laurent	8.51	2012

TC Hauteur

1	Moreau Guy	2m21	1977
2	Sandron Dominique	2m20	1991
3	Maenhoudt Dimitri	2m18	1992
4	Kalandula Fabiano	2m15	2016
5	Gamuella Ngamunguela Jos	2m10	2024
6	Xhonneux Frederic	2m04	2005
	Elsen Daan	2m02	2014
8	Guellet Yassin	2m01	1992
9	Vanlancker Rudi	1m99	1988
	Montilla Dimitri	1m99	2018
11	Campener Corentin	1m98	2011
12	Nutte Jean Baptiste	1m96	2024
13	Beaumont Christian	1m95	1984
	Borsos Daniel	1m95	1987
	Van de Velde Frank	1m95	1995
	Vaissiere Cyril	1m95	2006
17	Pinchart Alain	1m90	1990
18	Arifi Ilias	1m85	2022
19	Gets Florent	1m84	2020
20	Dotrenghe Alexandre	1m83	1992
	Tourtois Charles	1m83	2024

TC Longueur

1	Campagne Tom	8m00	2024
2	Campener Corentin	7m79	2020
3	Housiaux Philippe	7m70	1971
4	Vanlancker Rudi	7m63	1991
5	Guellet Yassin	7m53	1996
6	Yuma M'Bayo Eric	7m34	1989
7	Marloye Roland	7m32	1984
8	Xhonneux Frederic	7m21	2007
9	Elsen Daan	7m18	2014
10	Caluwe Arnaud	7m14	2019
11	Vanderhaeghen David	7m11	1994
12	Segers Daniel	7m05	2021
13	Vandecapelle Mattijs	6m94	2014
14	Naga Djhed	6m90	2009
15	Nutte Jean Baptiste	6m87	2024
16	Delporte Luc	6m82	1985
	Montilla Dimitri	6m82	2019
18	Gruson Augustin	6m81	2022
19	Costello Denis	6m80	1984
20	Sandron Dominique	6m72	1992



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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TC Triple saut

1	Falise Didier	16m57	1987
2	Guellet Yassin	15m45	1993
3	Mambo Kedjeloba	15m35	1992
4	Vanderhaeghen David	15m30	1994
5	Xhonneux Frederic	15m07	2005
6	Delporte Luc	15m01	1987
7	Yuma M'Bayo Eric	14m97	1990
8	Mambo Djeke	14m88	1994
9	Castello Denis	14m71	1984
10	Geerts Gregory	14m67	2022
11	Campener Corentin	14m27	2011
12	Bolsee David	14m26	1987
13	Henry Paul	14m15	1975
14	Rolland Dominique	13m95	1978
15	Alvarez Guy	13m81	1982
16	Cincinatis Yves	13m76	1997
17	Hoorens Christopher	13m72	2017
18	Marloye Roland	13m68	1979
19	Caluwe Arnaud	13m66	2013
20	Naga Djihed	13m30	2007

TC Perche

1	Jacques Jean Marc	5m10	1982
2	De Water Timo	5m00	2020
3	Biot Olivier	4m90	1994
4	Lanotte Baptiste	4m81	2024
5	Xhonneux Frederic	4m80	2007
	Elsen Daan	4m80	2015
7	Dewil Jef	4m75	1991
8	Stevens Alain	4m70	1983
	Ons Bart	4m70	1993
	Rombaut Wesley	4m70	1996
11	Montilla Dimitri	4m50	2018
12	Jacobs David	4m40	1997
	Vandecapelle Mattijs	4m40	2014
14	Arifi Ilias	4m21	2023
	Nutte Jean Baptiste	4m21	2024
16	Van Den Bedem Miguel	4m00	2014
	Gets Florent	4m00	2015
	Tourtois Charles	4m00	2024
19	Guellet Yassin	3m90	1996
	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014

TC Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Arifi Rayane	8m38	2017
3	Van De Sype Vincent	8m33	2002
4	Baiwir Julien	8m19	1998
5	Montilla Alexis	8m05	2011
6	Cigri Ephrem	8m00	2014
7	Taieb Rayan	7m99	2012
8	Cuypers Florian	7m95	2012
9	Potemans Anton	7m93	2005
10	Wavreil Cedric	7m77	2000
11	Guarneri Renato	7m64	1996
12	Gerard Valery	7m64	2000
13	Beyaert Corentin	7m60	2011
14	Gerard Benjamin	7m54	1997
15	Ben Ahmed Yanis	7m45	2019
16	Huyghe Gauthier	7m41	2016
17	Montilla Dimitri	7m28	2007
18	Douglas Harold	7m27	1998
	Ouattara Reda	7m27	2017
20	Lozet Nathan	7m07	2001

TC Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005



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5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1998
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013
16	Delatte Lionel	8m03	2006
17	Soto Moral Fabian	7m91	2003
18	Gerard Jeremy	7m90	1998
	Van De Sype Vincent	7m90	2004
20	Petitjean Nicolas	7m85	2010

TC Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m13	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	Mertens Tom	8m99	1998
13	De Tollenaere Tom	8m97	2016
14	Elsen Daan	8m96	2006
15	Hendrickx Wim	8m91	1995
16	Gerard Benjamin	8m80	2000
	Potemans Anton	8m80	2009
18	Van Cutsem Christophe	8m85	1992
19	Browaey David	8m87	1999
20	Cawet Cedric	8m78	1996

TC Poids (4 kg)

1	Diallo Oumar	14m30	2008
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992
17	Gerard Jeremy	10m24	2001
18	Van De Sype Vincent	10m08	2008
19	Soeiro Moreno Alexandre	10m04	2024
20	Arifi Ilias	9m89	2019

TC Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Bapa Marcel	12m04	1996



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES TOP 20 ALL TIME INDOOR HOMMES

11	Montilla Alexis	11m89	2019
12	Denys Jonathan	11m77	2007
13	Chekem Ramses	11m61	2020
14	Sustelo Antonio	11m52	2004
15	Vanderhaeghen David	11m44	1991
16	Oliveira Da Silva Raphael	11m29	2009
17	Van De Sype Vincent	11m16	2010
18	Loens Sam	11m11	2014
19	Hostyn Laurent David	11m03	2004
20	Leyman David	10m81	2001

TC Poids (6 kg)

1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1994
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013
7	De Tollenaere Tom	11m88	2022
8	Arifi Ilias	11m52	2022
9	Hostyn Laurent David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008
16	Martinez Fernandez Axel	10m74	2018
17	Rombaut Wesley	10m26	1996
18	Vervloet Gregory	9m72	2002
19	Denys Jacques	9m57	2010
20	Huylebroeck Pascal	9m41	1985

TC Poids (7,26 kg)

1	Guillaume Jonathan	15m96	2024
2	Nutte Jean Baptiste	15m30	2024
3	Hocq Fabrice	14m82	1999
4	Xhonneux Frederic	14m31	2008
5	Gets Florent	13m86	2019
6	Hadj Faraji Ridwan	13m71	2023
7	Chevalier Claude	13m70	1986
8	Montilla Dimitri	13m40	2020
9	Van Vaerenbergh Piet	13m20	1984
10	Rogers Vincent	13m12	1996
11	Guellet Yassin	13m02	2003
12	Vandecapelle Mattijs	12m87	2014
13	Stockmans Franck	12m80	1993
14	Tourtois Charles	12m76	2023
15	Vandenhoven Vincent	12m39	2024
16	Elsen Daan	12m31	2014
17	Dotrenghe Sacha	12m14	1992
18	Hoffman Nils	11m99	2011
19	Lambert John	11m86	2016
20	Metens Armand	11m71	2004

TC Grand poids (15,88 kg)

1	Vandenhoven Vincent	9m38	2024
2	Piette Gaetan	8m09	2024

TC Triathlon

1	Gets Florent	1854 p	2015
2	Montilla Alexis	1454 p	2022

TC Heptathlon

1	Xhonneux Frederic	5720 p	2007
2	Guellet Yassin	5386 p	1996
3	Montilla Dimitri	5315 p	2018
4	Vandecapelle Mattijs	5285 p	2014
5	Nutte Jean Baptiste	5510 p	2024
6	Gets Florent	4856 p	2016
7	Tourtois Charles	4644 p	2023



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES TOP 20 ALL TIME INDOOR HOMMES

TC 3000 m marche

1	Piette Gaetan	20.21.85	2024
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TC 5000 m marche

1	Leroy Benjamin	21.12.54	1997
2	Foulon Didier	28.29.76	2008
3	Piette Gaetan	31.10.07	2024

TC 4 x 200 m

1	Ammar Khodja, Ghislain, Badji, Lins	1.27.16	2016
2	Tshitwenu, Lins, Badji, Kasmi	1.27.17	2020
3	Broothaerts, Ghislain, Ammar Khodja, Lins	1.27.23	2014
4	Kasmi, Lins, Badji, Mabille	1.27.32	2022
5	Ammar Khodja, Vanhamme, Lins, Ghislain	1.27.33	2015
6	Tshitwenu, Lins, Badji, Kasmi	1.27.59	2019
7	Moral, Vervloet, Ghislain, Broothaerts	1.28.14	2008
8	Niesen, Badji, Mabille, Kasmi	1.28.23	2023
9	Mabille, Badji, Owusu, Lins	1.28.31	2024
10	Niesen, Gueulette, Vanhamme, Kasmi	1.28.83	2018
11	Moral, Vervloet, Ammar Khodja, Lins	1.29.32	2012
12	Bayens, Sekanyambo, Asselman, Amery	1.29.33	1995
	Moral, Vervloet, Diallo, Lins	1.29.33	2011
14	Kalmen, Caty, Badji, Kasmi	1.29.34	2017
15	Xhonneux, Vervloet, Diallo, Moral	1.29.40	2006
16	Ghislain, Lins, Diallo, Campener	1.29.41	2013
17	Moral, Vervloet, Xhonneux, Kabuya	1.29.69	2007
18	Moral, Vervloet, Destatte, Ghislain	1.29.98	2010
19	Ghislain, Beurms, Bux, Vervloet	1.30.42	2009
20	Ferro, Vervloet, Lissassi, Moral	1.30.62	2005

TC 4 x 400 m

1	Bouffiuou, Lins, Hadj Faraji, Gets	3.36.10	2016
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MASTERS HOMMES 35

M35 50 m

1	Piette Gaetan	6.97	2024
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M35 60 m

1	Vanderbiest Joel	7.54	2015
2	Lambert John	7.55	2016
3	Sakow Nicolas	7.62	2016
4	Bouziane Abdelhakim	7.89	2007
5	Piette Gaetan	8.14	2024
6	Vandenhoven Vincent	8.25	2024
7	Gilson Benoit	8.87	2011
8	Van Der Perren Marc	8.98	2001

M35 150 m

1	Piette Gaetan	20.16	2024
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M35 200 m

1	Broothaerts Damien	22.13	2019
2	Vanderbiest Joel	24.52	2015
3	Bouziane Abdelhakim	25.26	2007
4	Sakow Nicolas	25.30	2015
5	Van de Velde Frank	25.40	2016
6	Vandenhoven Vincent	27.03	2024
7	Piette Gaetan	27.26	2024

M35 300 m

1	Vanderbiest Joel	39.76	2015
2	Piette Gaetan	43.62	2024

M35 400 m

1	Bouziane Abdelhakim	53.37	2006
2	Vandenhoven Vincent	59.98	2024
3	Piette Gaetan	60.30	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES TOP 20 ALL TIME INDOOR HOMMES

M35 800 m

1	Vandamme Bram	2.05.66	2018
2	Vandenhoven Vincent	2.20.48	2024
3	Piette Gaetan	2.21.92	2024
4	Xhonneux Marc	2.25.75	2020

M35 1000 m

1	Vandamme Bram	2.37.41	2018
2	Vandenhoven Vincent	2.57.52	2024
3	Vanderbiest Joel	3.07.51	2015
4	Piette Gaetan	3.09.57	2024
5	Sakow Nicolas	3.13.10	2016
6	Van Elsuwe Cedric	3.19.03	2012

M35 1500 m

1	Vandamme Bram	4.11.35	2018
2	Ceux Benoit	4.40.36	2015
3	Vandenhoven Vincent	5.00.63	2024
4	Piette Gaetan	5.16.62	2024

M35 2000 m

1	Piette Gaetan	7.29.85	2024
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M35 3000 m

1	Vandenhoven Vincent	11.02.55	2024
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M35 5000 m

1	Vandenhoven Vincent	20.27.41	2024
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M35 60 m haies (99 cm)

1	Broothaerts Damien	7.97	2019
2	Vandenhoven Vincent	9.35	2024
3	Lambert John	9.46	2016
4	Van de Velde Frank	9.76	2015
5	Piette Gaetan	11.16	2024
6	Sakow Nicolas	11.99	2016

M35 60 m haies (106 cm)

1	Vandenhoven Vincent	9.54	2024
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M35 Hauteur

1	Van de Velde Frank	1m84	2016
2	Vandenhoven Vincent	1m67	2024
3	Sakow Nicolas	1m64	2016
4	Van Elsuwe Cedric	1m40	2012
	Vanderbiest Joel	1m40	2015
6	Piette Gaetan	1m33	2024

M35 Longueur

1	Vanderbiest Joel	5m80	2015
2	Vandenhoven Vincent	5m46	2024
3	Sakow Nicolas	4m95	2016
4	Piette Gaetan	4m61	2024
5	Van Elsuwe Cedric	4m22	2012

M35 Triple saut

1	Cincinatis Yves	13m76	1997
2	Vandenhoven Vincent	11m92	2024

M35 Perche

1	Vandenhoven Vincent	3m60	2024
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M35 Poids (7,26 kg)

1	Chevalier Claude	13m70	1986
2	Vandenhoven Vincent	12m39	2024
3	Lambert John	11m86	2016
4	Metens Armand	11m71	2004
5	Piette Gaetan	8m55	2024
6	Sakow Nicolas	7m94	2016
7	Van Der Perren Marc	6m46	2005



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

M35 Grand poids (15,88 kg)

1	Vandenhoven Vincent	9m38	2024
2	Piette Gaetan	8m09	2024

M35 Pentathlon

1	Vandenhoven Vincent	2977 p	2024
2	Sakow Nicolas	2075 p	2016
3	Piette Gaetan	1912 p	2024

M35 Tetradeathlon

1	Vandenhoven Vincent	7206 p	2024
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M35 3000 m marche

1	Piette Gaetan	20.21.85	2024
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M35 5000 m marche

1	Foulon Didier	28.29.76	2008
2	Piette Gaetan	31.10.07	2024

M35 4 x 200 m

1	Vanderbiest, Maniquet, Sakow, Fellemans	1.43.57	2015
2	Lambert, Fellemans, Verriez, Van de Velde	1.45.39	2017

MASTERS HOMMES 40

M40 60 m

1	Fellemans Emmanuel	7.87	2015
2	Verriez Stephane	8.58	2015
3	Pieters Serge	8.67	2013
4	Lemonnier Thierry	9.01	2010

M40 200 m

1	Fellemans Emmanuel	25.44	2017
2	Verriez Stephane	27.96	2017
3	De Groote Jacques	28.14	2005
4	Lemonnier Thierry	29.86	2007

M40 300 m

1	Lemonnier Thierry	50.21	2013
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M40 1000 m

1	Lemonnier Thierry	3.41.67	2013
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M40 1500 m

1	Dahchour Ahmed	4.25.22	2020
2	Njema Imed	4.34.06	2015
3	Lemonnier Thierry	4.57.55	2010

M40 60 m haies (99 cm)

1	Lemonnier Thierry	13.01	2011
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M40 Hauteur

1	Lemonnier Thierry	1m33	2011
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M40 Longueur

1	De Groote Jacques	4m72	2005
2	Lemonnier Thierry	4m36	2010
3	Pieters Serge	4m20	2013
4	Verriez Stephane	3m85	2015

M40 Triple saut

1	Cincinatis Yves	13m75	2000
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M40 Perche

1	Dewil Jef	4m75	1991
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M40 Poids (7,26 kg)

1	Pieters Serge	8m59	2013
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

2 Lemonnier Thierry 7m46 2012

M40 5000 m marche

1 Foulon Didier 29.50.82 2013

MASTERS HOMMES 45

M45 60 m

1 Fellemans Emmanuel 7.87 2016
2 Verriez Stephane 8.47 2015
3 Schoonen Laurent 8.62 2013
4 Louis Philippe 8.69 2015
5 Verheirstraeten Johnny 10.17 2013

M45 200 m

1 Fellemans Emmanuel 26.07 2019
2 Verriez Stephane 27.65 2015

M45 300 m

1 Schoonen Laurent 44.56 2014
2 Lemonnier Thierry 50.63 2014

M45 400 m

1 Verriez Stephane 65.10 2015

M45 1500 m

1 Verriez Stephane 5.51.47 2015

M45 60 m haies (99 cm)

1 Schoonen Laurent 11.89 2015

M45 Hauteur

1 Schoonen Laurent 1m45 2013

M45 Longueur

1 Schoonen Laurent 4m69 2014

M45 Triple saut

1 Schoonen Laurent 8m63 2015

M45 Perche

1 Dewil Jef 4m20 1995

M45 Poids (7,26 kg)

1 Denys Jacques 9m45 2007
2 Schoonen Laurent 6m83 2014

MASTERS HOMMES 50

M50 60 m

1 Louis Philippe 8.54 2017
2 Schoonen Laurent 8.72 2017

M50 200 m

1 Schoonen Laurent 28.22 2016
2 Louis Philippe 29.28 2019

M50 400 m

1 Schoonen Laurent 68.56 2017

M50 800 m

1 Schoonen Laurent 2.47.31 2019

M50 1000 m

1 Schoonen Laurent 3.30.49 2019

M50 1500 m

1 Schoonen Laurent 5.39.94 2019



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME INDOOR HOMMES

M50 60 m haies (91 cm)

1	Schoonen Laurent	11.63	2018
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M50 60 m haies (106 cm)

1	Schoonen Laurent	11.96	2018
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M50 Hauteur

1	Schoonen Laurent	1m46	2016
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M50 Longueur

1	Schoonen Laurent	4m39	2018
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M50 Perche

1	Schoonen Laurent	2m67	2018
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M50 Poids (6 kg)

1	Denys Jacques	9m57	2010
2	Schoonen Laurent	8m12	2016

M50 Poids (7,26 kg)

1	Denys Jacques	8m59	2010
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M50 Pentathlon

1	Schoonen Laurent	2363 p	2016
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MASTERS HOMMES 55

M55 60 m

1	Maniquet Rudi	8.31	2017
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M55 200 m

1	Maniquet Rudi	27.28	2016
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MASTERS HOMMES 60

M60 60 m

1	Maniquet Rudi	8.65	2024
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M60 200 m

1	Maniquet Rudi	27.79	2024
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M60 Hauteur

1	Hastrais Marc	1m15	2017
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M60 Poids (5 kg)

1	Hastrais Marc	6m93	2017
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