



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
OUTDOOR 2022

EQUIPES MIXTES SENIORS

SEN 4 x 400 m	RC : 3.36.74
Mazebo, Tshanga Diomi, Badji, Badji	3.30.10 04-09 dcla

EQUIPES MIXTES MASTERS

MAS 4 x 400 m	RC : -
Chylinski, Ruell, Nkumu Bakuba, Broothaerts	4.05.04 05-06 usta

BENJAMINES FILLES (2014 - 2013)

BEN 60 m	RC : 9.30
1 Dzou Steffy Ann	13 9.38 24-09 cabw
2 Strypstein Solena	13 9.82 30-04 resc
3 Delneufcourt Marion	13 10.52 08-10 rcb
4 Arys Josephine	13 10.72 16-10 ws
5 Vermeir Jade	13 10.73 08-10 rcb
6 Snackaert Laya	13 11.22 18-06 rcb
7 Housiaux Lucie	14 11.48 16-10 ws
8 Lolos Melina	14 11.51 02-04 resc
9 Shehi Enza	13 11.52 16-10 ws
10 Desager Alexandra	13 11.88 16-10 ws
Ghesquiere Sophie	14 11.88 16-10 ws
12 Di Prima Nizet Colette	14 12.16 24-09 rcas
13 Pouansi Louise	14 12.35 02-04 resc

BEN 600 m	RC : 2.00.94
1 Strypstein Solena	13 1.57.65 16-10 ws
2 Dzou Steffy Ann	13 2.13.95 18-06 rcb
3 Vermeir Jade	13 2.22.98 16-10 ws
4 Arys Josephine	13 2.23.67 16-04 smac
5 Housiaux Lucie	14 2.23.68 16-10 ws
6 Delneufcourt Marion	13 2.32.62 18-06 rcb
7 Ghesquiere Sophie	14 2.37.13 16-10 ws
8 Di Prima Nizet Colette	14 2.39.22 16-10 ws
9 Snackaert Laya	13 2.40.69 18-06 rcb
10 Desager Alexandra	13 2.41.19 16-10 ws
11 Lolos Melina	14 2.41.92 02-04 resc
12 Shehi Enza	13 2.42.94 16-10 ws
13 Pouansi Louise	14 3.25.87 02-04 resc

BEN Hauteur	RC : 1m18
1 Strypstein Solena	13 1m21 02-10 csdy
2 Dzou Steffy Ann	13 1m06 04-06 rcas
3 Arys Josephine	13 1m04 28-08 riwa
4 Vermeir Jade	13 1m00 01-07 resc
5 Delneufcourt Marion	13 0m85 01-07 resc
Di Prima Nizet Colette	14 0m85 01-07 resc
7 Housiaux Lucie	14 0m80 01-07 resc
8 Ghesquiere Sophie	14 0m75 01-07 resc
9 Pouansi Louise	14 0m70 01-07 resc

BEN Longueur	RC : 3m88
1 Dzou Steffy Ann	13 3m53 18-06 rcb
2 Strypstein Solena	13 3m46 15-05 csdy
3 Arys Josephine	13 2m95 10-09 lace
4 Vermeir Jade	13 2m69 18-06 rcb
5 Delneufcourt Marion	13 2m65 30-04 resc
6 Housiaux Lucie	14 2m61 16-10 ws
7 Ghesquiere Sophie	14 2m44 16-10 ws
8 Di Prima Nizet Colette	14 2m38 16-10 ws
9 Shehi Enza	13 2m21 16-10 ws
10 Desager Alexandra	13 2m17 16-10 ws

BEN Poids (1 kg)	RC : 8m63
1 Arys Josephine	13 7m58 16-04 smac
2 Strypstein Solena	13 7m06 16-10 ws
3 Dzou Steffy Anne	13 7m02 01-05 ws
4 Vermeir Jade	13 6m68 16-10 ws



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2022

5	Shehi Enza	13	5m95	16-10	ws
6	Desager Alexandra	13	5m02	16-10	ws
7	Housiaux Lucie	14	4m59	16-10	ws
8	Lolos Melina	14	4m41	02-04	resc
9	Ghesquiere Sophie	14	4m40	16-10	ws
10	Di Prima Nizet Colette	14	3m34	16-10	ws
11	Pouansi Louise	14	2m96	02-04	resc

### BEN Balle de hockey

RC : 28m96

1	Strypstein Solena	13	29m60	10-09	lace
2	Arys Josephine	13	22m25	23-10	rcas
3	Vermeir Jade	13	21m12	23-10	rcas
4	Dzou Steffy Ann	13	19m45	10-09	lace
5	Housiaux Lucie	14	17m42	18-06	rcb
6	Delneufcourt Marion	13	12m30	18-06	rcb
7	Ghesquiere Sophie	14	11m42	01-07	resc
8	Pouansi Louise	14	8m44	01-07	resc
9	Di Prima Nizet Colette	14	8m41	01-07	resc
10	Snackaert Laya	13	7m34	18-06	rcb

### BEN Tetrathlon

RC : 1652 p

1	Strypstein Solena	13	1602 p	16-10	ws
2	Dzou Steffy Ann	13	1220 p	18-06	rcb
3	Arys Josephine	13	934 p	16-10	ws
4	Vermeir Jade	13	928 p	16-10	ws
5	Housiaux Lucie	14	758 p	16-10	ws
6	Delneufcourt Marion	13	579 p	18-06	rcb
7	Shehi Enza	13	550 p	16-10	ws
8	Ghesquiere Sophie	14	474 p	16-10	ws
9	Desager Alexandra	13	451 p	16-10	ws
10	Di Prima Nizet Colette	14	398 p	16-10	ws
11	Snackaert Laya	13	309 p	18-06	rcb

### BEN 4 x 60 m

RC : 37.58

Arys, Delneufcourt, Dzou, Strypstein	38.89	08-10	rcb
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### PUPILLES FILLES (2012 - 2011)

#### PUP 60 m

RC : 8.55

1	Popescu Raisa Gabriela	11	8.66	16-10	ws
2	Schroeven Camille	11	8.85	16-10	ws
3	Strypstein Maeva	11	9.09	02-10	csdy
4	Medan Ivana	12	9.22	16-10	ws
5	De Cooman Lea	11	9.29	08-10	rcb
6	D'Hallewin Olivia	12	9.67	16-10	ws
7	Gerard Zoe	12	9.76	16-10	ws
8	Prevost Salome	11	10.07	30-04	resc
9	Zitouni Ilhem	12	10.28	02-04	resc
10	Paques Rose	12	10.52	16-10	ws
11	El Youssofi Asmae	12	10.63	20-08	ws
12	Shehi Serena	11	10.86	16-10	ws
13	Ndeze Giulia	12	10.94	16-10	ws
14	Kanyarwanda Thalia Marthe	12	11.07	02-04	resc
15	Saddiqe Aya	12	11.11	30-04	resc
16	Neili Alya	12	11.17	02-04	resc
17	El Hmam Nour	11	12.44	30-04	resc

#### PUP 1000 m

RC : 3.26.31

1	Popescu Raisa Gabriela	11	3.25.71	01-05	ws
2	Schroeven Camille	11	3.37.42	02-07	ws
3	De Cooman Lea	11	3.44.12	01-05	ws
4	Strypstein Maeva	11	3.48.33	15-05	csdy
5	Paques Rose	12	4.01.43	16-10	ws
6	Medan Ivana	12	4.05.37	16-10	ws
7	D'Hallewin Olivia	12	4.06.77	16-10	ws
8	Gerard Zoe	12	4.08.37	08-10	rcb
9	Ndeze Giulia	12	4.44.67	16-10	ws
10	El Hmam Nour	11	5.06.74	02-04	resc



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2022

PUP 60 m haies (68 cm) RC : 10.35

1	Schroeven Camille	11	10.98	24-09	cabw
2	Strypstein Maeva	11	10.99	24-09	cabw
3	Popescu Raisa Gabriela	11	11.24	30-04	resc
4	De Cooman Lea	11	11.46	14-05	vs

PUP Hauteur RC : 1m31

1	Popescu Raisa Gabriela	11	1m37	02-04	resc
2	Strypstein Maeva	11	1m34	02-04	resc
3	Schroeven Camille	11	1m28	15-08	vs
4	De Cooman Lea	11	1m27	01-07	resc
5	El Youssoufi Asmae	12	1m14	20-08	ws
6	Gerard Zoe	12	1m07	01-07	resc
7	Zitouni Ilhem	12	1m06	02-04	resc
8	Paques Rose	12	0m87	01-07	resc

PUP Longueur RC : 4m48

1	Popescu Raisa Gabriela	11	4m57	16-10	ws
2	De Cooman Lea	11	4m02	28-08	vac
3	Medan Ivana	12	3m82	08-10	rcb
4	Schroeven Camille	11	3m80	08-10	rcb
5	Strypstein Maeva	11	3m65	16-10	ws
6	D'Hallewin Olivia	12	3m31	16-10	ws
7	Gerard Zoe	12	3m18	16-10	ws
8	Ndeze Giulia	12	2m77	16-10	ws
9	Paques Rose	12	2m74	16-10	ws
10	Shehi Serena	11	2m53	16-10	ws

PUP Poids (2 kg) RC : 9m75

1	Popescu Raisa Gabriela	11	9m67	31-07	vita
2	De Cooman Lea	11	8m35	28-08	vac
3	Strypstein Maeva	11	7m30	10-09	lace
4	Schroeven Camille	11	6m53	10-09	lace
5	Gerard Zoe	12	4m70	10-09	lace

PUP Disque (600 gr) RC : 24m96

1	Popescu Raisa Gabriela	11	26m15	08-10	rcb
2	De Cooman Lea	11	23m71	08-10	rcb
3	Strypstein Maeva	11	18m26	08-10	rcb
4	Medan Ivana	12	16m34	28-08	rcg
5	Schroeven Camille	11	15m90	30-04	resc
6	Gerard Zoe	12	11m75	08-10	rcb
7	El Hmam Nour	11	9m94	30-04	resc
8	D'Hallewin Olivia	12	8m02	08-10	rcb
9	Neili Alya	12	8m01	30-04	resc

PUP Balle de hockey RC : 41m50

1	Popescu Raisa Gabriela	11	32m06	17-09	herv
2	De Cooman Lea	11	32m04	31-07	vita
3	Strypstein Maeva	11	27m39	15-05	csdy
4	Schroeven Camille	11	24m65	21-08	vita
5	Gerard Zoe	12	21m70	16-10	ws
6	Paques Rose	12	20m47	16-10	ws
7	Ndeze Giulia	12	20m04	16-10	ws
8	Medan Ivana	12	19m86	16-10	ws
9	D'Hallewin Olivia	12	15m15	16-10	ws
10	Neili Alya	12	14m90	01-07	resc
11	Shehi Serena	11	12m70	16-10	ws

PUP Tetrathlon RC : 2077 p

1	Popescu Raisa Gabriela	11	2127 p	10-09	lace
2	Schroeven Camille	11	1813 p	16-10	ws
3	Strypstein Maeva	11	1609 p	10-09	lace
4	De Cooman Lea	11	1419 p	10-09	lace
5	Medan Ivana	12	1405 p	16-10	ws
6	Gerard Zoe	12	1140 p	16-10	ws
7	D'Hallewin Olivia	12	1133 p	16-10	ws
8	Paques Rose	12	952 p	16-10	ws
9	Ndeze Giulia	12	632 p	16-10	ws



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PUP 1000 m marche		RC : 6.20.58			
1	Gerard Zoe	12	6.50.97	04-06	rcas
2	Schroeven Camille	11	6.55.37	04-06	rcas
3	Strypstein Maeva	11	7.02.31	04-06	rcas

PUP 4 x 60 m		RC : 33.97			
Schroeven, Strypstein, Medan, Popescu		34.54	08-10	rcb	

**MINIMES FILLES (2010 - 2009)**

MIN 50 m		RC : 7.30			
1	Squiflet Emelynn	10	7.20	09-10	FRA

MIN 80 m		RC : 10.64			
1	Squiflet Emelynn	10	10.68	15-05	csdy
2	Radermacher Sarah	09	11.40	10-09	lace
3	Dzou Lesly Kayla	10	11.61	18-06	rcb
4	Sibourg Celya	09	11.78	16-04	smac
5	Biasino Laureline	09	12.36	01-05	ws
	Mayuma Maeva	10	12.36	16-10	ws
7	Zouaoui Inaya	10	12.73	16-10	ws
8	Desager Eleanor	10	13.07	16-10	ws
9	Di Prima Maggie	09	13.34	30-04	resc
10	Saddiqe Fatima Zohra	10	14.53	30-04	resc

MIN 150 m		RC : 20.13			
1	Squiflet Emelynn	10	20.08	04-06	rcas
2	Dzou Lesly Kayla	10	21.10	04-06	rcas
3	Radermacher Sarah	09	22.23	02-04	resc
4	Sibourg Celya	09	22.81	02-04	resc
5	Biasino Laureline	09	23.86	02-04	resc
6	Olemans Maia	10	27.02	02-04	resc

MIN 1000 m		RC : 3.14.33			
1	Squiflet Emelynn	10	3.46.53	15-05	csdy
2	Mayuma Maeva	10	3.49.77	16-10	ws
3	Radermacher Sarah	09	3.53.21	10-09	lace
4	Zouaoui Inaya	10	4.12.95	16-10	ws
5	Desager Eleanor	10	4.19.83	16-10	ws
6	Dzou Lesly Kayla	10	4.23.88	10-09	lace

MIN 50 m haies (68 cm)		RC : 8.04			
1	Squiflet Emelynn	10	8.33	09-10	FRA
2	Dzou Lesly Kayla	10	8.92	09-10	FRA

MIN 60 m haies (68 cm)		RC : 10.35			
1	Squiflet Emelynn	10	10.22	03-04	ws
2	Dzou Lesly Kayla	10	10.60	30-04	resc
3	Radermacher Sarah	09	11.05	31-07	vita
4	Sibourg Celya	09	11.23	30-04	resc

150 m haies (68 cm)		RC : -			
1	Squiflet Emelynn	10	21.91	01-05	ws
2	Radermacher Sarah	09	22.51	01-05	ws
3	Sibourg Celya	09	23.92	01-05	ws

MIN Hauteur		RC : 1m57			
1	Radermacher Sarah	09	1m35	10-09	lace
2	Sibourg Celya	09	1m27	30-04	resc
3	Dzou Lesly Kayla	10	1m26	04-06	rcas
4	Mayuma Maeva	10	1m25	16-10	ws
	Squiflet Emelynn	10	1m25	09-06	cabw
6	Desager Eleanor	10	1m10	16-10	ws
	Zouaoui Inaya	10	1m10	16-10	ws

MIN Longueur		RC : 5m00			
1	Squiflet Emelynn	10	4m76	01-07	resc
2	Radermacher Sarah	09	4m64	01-07	resc
3	Dzou Lesly Kayla	10	4m18	01-07	resc
4	Sibourg Celya	09	3m96	01-07	resc



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5	Di Prima Maggie	09	3m57	01-07	resc
6	Mayuma Maeva	10	3m54	01-05	ws
7	Desager Eleanor	10	3m12	16-10	ws
8	Zouaoui Inaya	10	3m07	16-10	ws

MIN Poids (2 kg)

RC : 13m12

1	Dzou Lesly Kayla	10	10m38	24-09	cabw
2	Squiflet Emelynn	10	10m06	15-05	csdy
3	Radermacher Sarah	09	9m69	01-07	resc
4	Sibourg Celya	09	7m96	31-07	vita
5	Mayuma Maeva	10	7m85	16-10	ws
6	Zouaoui Inaya	10	5m89	16-10	ws
7	Desager Eleanor	10	5m88	16-10	ws
8	Di Prima Maggie	09	4m25	01-07	resc

MIN Disque (750 gr)

RC : 27m29

1	Radermacher Sarah	09	24m93	23-10	rcas
2	Squiflet Emelynn	10	22m91	15-05	csdy
3	Mayuma Maeva	10	18m14	23-10	rcas
4	Dzou Lesly Kayla	10	18m05	18-06	rcb

MIN Javelot (400 gr)

RC : 34m63

1	Radermacher Sarah	09	30m78	31-07	vita
2	Dzou Lesly Kayla	10	20m35	04-06	rcas
3	Squiflet Emelynn	10	20m21	01-05	ws
4	Sibourg Celya	09	15m51	31-07	vita
5	Biasino Laureline	09	12m31	02-04	resc
6	Mayuma Maeva	10	11m77	23-10	rcas

MIN Pentathlon

RC : 3021 p

1	Squiflet Emelynn	10	2693 p	15-05	csdy
2	Radermacher Sarah	09	2453 p	10-09	lace
3	Dzou Lesly Kayla	10	2051 p	10-09	lace
4	Mayuma Maeva	10	2003 p	16-10	ws
5	Zouaoui Inaya	10	1415 p	16-10	ws
6	Desager Eleanor	10	1325 p	16-10	ws

MIN 4 x 80 m

RC : 41.33

Dzou, Radermacher, Sibourg, Squiflet	44.04	31-07	vita
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**CADETTES FILLES (2008 - 2007)**

CAD 80 m

RC : 10.44

1	Sanchez Elisa	07	11.02	09-10	FRA
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CAD 100 m

RC : 12.64

1	Sanchez Elisa	07	13.22	30-04	resc
2	Cornali Nora	08	13.60	30-04	resc
3	Palalic Lena	08	14.01	30-04	resc
4	Barry Diariou	08	14.12	15-05	csf
5	Gerard Emma	08	14.25	04-06	rcas
6	Sivis Mulongo Juliana	07	14.61	15-05	csf
7	Khrauph Aaya	08	14.76	02-04	resc
8	Wanyu Diane Kylie	08	15.51	30-04	resc
9	Sandron Elise	08	16.10	02-04	resc
10	Bouadi Nour	08	19.27	02-04	resc

CAD 120 m

RC : -

1	Sanchez Elisa	07	16.41	09-10	FRA
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CAD 200 m

RC : 26.14

1	Sanchez Elisa	07	27.44	18-04	rcb
2	Cornali Nora	08	29.02	30-04	resc
3	Barry Diariou	08	29.24	18-04	rcb
4	Palalic Lena	08	29.42	30-04	resc
5	Khrauph Aaya	08	29.78	18-04	rcb
6	Gerard Emma	08	30.79	02-10	csf

CAD 300 m

RC : 42.36

1	Gerard Emma	08	49.23	16-10	ws
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CAD 400 m		RC : 57.61			
1	Lopez Gonzalez Chrystal	08	65.54	28-05	rcb
2	Sivis Mulongo Juliana	07	69.55	18-04	rcb
3	Sanchez Elisa	07	70.04	02-04	resc
4	Agacseven Lina	08	71.70	02-04	resc
CAD 800 m		RC : 2.21.88			
1	Inconstant Elisa	07	2.23.09	28-05	rcb
2	Agacseven Lina	08	2.52.39	22-05	rcas
CAD 1000 m		RC : 3.01.95			
1	Inconstant Elisa	07	3.09.04	09-10	FRA
CAD 1500 m		RC : 4.53.37			
1	Inconstant Elisa	07	5.17.63	28-05	rcb
CAD 80 m haies (76 cm)		RC : 11.88			
1	Sivis Mulongo Juliana	07	15.62	21-05	rcas
2	Agacseven Lina	08	16.54	21-05	rcas
CAD 300 m haies (76 cm)		RC : 45.51			
1	Gerard Emma	08	54.44	13-07	riem
2	Agacseven Lina	08	58.81	17-07	avt
CAD Hauteur		RC : 1m68			
1	Cornali Nora	08	1m35	28-05	rcb
2	Sivis Mulongo Juliana	07	1m27	18-04	rcb
3	Agacseven Lina	08	1m20	21-05	rcas
	Wanyu Diane Kylie	08	1m20	18-04	rcb
CAD Longueur		RC : 5m74			
1	Mjahed Maya	07	4m42	30-04	resc
2	Palalic Lena	08	4m35	18-04	rcb
3	Khrauph Aya	08	4m29	15-05	csf
4	Gerard Emma	08	4m09	18-04	rcb
5	Sivis Mulongo Juliana	07	3m85	22-05	rcas
6	Wanyu Diane Kylie	08	3m83	30-04	resc
7	Agacseven Lina	08	3m44	22-05	rcas
CAD Poids (3 kg)		RC : 13m85			
1	Mjahed Maya	07	10m86	07-09	vita
2	Mayuma Marie	08	10m07	23-10	rcas
3	Wanyu Diane	08	8m14	02-07	moha
4	Mubarik Inaya	08	8m12	03-04	ws
5	Agacseven Lina	08	5m19	21-05	rcas
6	Sivis Mulongo Juliana	07	4m58	21-05	rcas
CAD Disque (1 kg)		RC : 37m60			
1	Mjahed Maya	07	27m72	30-04	resc
2	Mayuma Marie	08	27m25	21-08	csf
3	Mubarik Inaya	08	24m01	27-08	rfcl
4	Gerard Emma	08	17m74	10-07	dacm
5	Frifra Kheira	07	16m50	18-04	rcb
CAD Javelot (500 gr)		RC : 41m46			
1	Mayuma Marie	08	32m39	09-10	FRA
2	Mjahed Maya	07	27m55	23-10	rcas
3	Mubarik Inaya	08	19m94	02-04	resc
4	Gerard Emma	08	16m49	10-07	dacm
5	Wanyu Diane Kylie	08	15m89	02-04	resc
6	Agacseven Lina	08	14m05	22-05	rcas
7	Frifra Kheira	07	13m50	11-05	looi
8	Sivis Mulongo Juliana	07	10m79	02-04	resc
CAD Hexathlon		RC : 3901 p			
1	Agacseven Lina	08	1711 p	22-05	rcas
2	Sivis Mulongo Juliana	07	1386 p	22-05	rcas
CAD 4 x 100 m		RC : 50.59			
Khrauph, Cornali, Gerard, Sanchez			53.66	21-05	rcas



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SCOLAIRES FEMMES (2006 - 2005)

SCO 100 m		RC : 12.33			
1	Leonard Elise	05	12.61	30-04	resc
2	Bahaid Salma	05	13.24	28-05	rcb
3	Cole Almond Hadasha	06	14.04	03-07	bbs
4	Kubiak Joanna	06	14.16	18-04	rcb
5	Biala Judikaelle	06	14.39	18-04	rcb
6	Kallouch Bouchra	05	15.57	02-04	resc
7	El Hasnaoui Amel	06	16.50	02-10	csf
SCO 200 m		RC : 25.34			
1	Bahaid Salma	05	27.63	06-05	grim
2	Kubiak Joanna	06	29.84	28-05	rcb
3	Van Der Essen Ines	05	31.82	02-07	ws
SCO 400 m		RC : 56.03			
1	Bahaid Salma	05	64.74	28-05	rcb
2	Vanneste Blum	06	73.46	30-04	resc
SCO 800 m		RC : 2.14.88			
1	Kagu Gerta	05	2.27.98	02-07	ws
SCO 1500 m		RC : 4.41.18			
1	Kagu Gerta	05	5.45.30	28-05	rcb
SCO 3000 m		RC : 10.41.31			
1	Van Der Essen Ines	05	13.32.96	28-05	rcb
SCO 400 m haies (76 cm)		RC : 62.36			
1	Degrez Lisa	06	96.10	28-05	rcb
SCO Hauteur		RC : 1m68			
1	Sandron Charline	05	1m25	28-05	rcb
SCO Longueur		RC : 6m08			
1	Aguza Vieira Olivia	06	4m76	28-05	rcb
SCO Poids (3 kg)		RC : 14m06			
1	Mathieu Julia	05	14m76	03-06	FRA
2	Cole Almond Hadasha	06	8m13	15-05	csf
SCO Poids (4 kg)		RC : 12m19			
1	Mathieu Julia	05	12m84	25-09	FRA
SCO Javelot (500 gr)		RC : 41m95			
1	Cole Almond Hadasha	06	13m92	28-05	rcb
2	Van Der Essen Ines	05	13m47	18-04	rcb
SCO 4 x 100 m		RC : 48.97			
Bahaid, Cole, Kubiak, Leonard			52.56	18-04	rcb

JUNIORS FEMMES (2004 - 2003)

JUN 100 m		RC : 12.03			
1	Tshanga Diomi Roline	04	12.94	30-04	resc
2	Lucas Clara	04	13.23	30-04	resc
3	Ngindu Imani Marianne	03	13.41	30-04	resc
4	Martins Junior Magaly	04	13.53	30-04	resc
5	Cole Anne Ramon	04	13.59	21-08	csf
6	Suroçaj Loreta	04	15.08	30-04	resc
JUN 200 m		RC : 24.65			
1	Tshanga Diomi Roline	04	26.08	16-07	vita
2	Martins Junior Magaly	04	27.53	18-06	cabw
3	Cole Anne Ramon	04	28.21	06-08	dcla
4	Ngindu Imani Marianne	03	29.05	30-04	resc



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JUN 400 m			RC : 56.03		
1	Tshanga Diomi Roline	04	58.07	23-07	oeh
JUN Longueur			RC : 6m08		
1	Lucas Clara	04	5m29	14-05	ws
JUN Triple saut			RC : 12m28		
1	Lucas Clara	04	11m23	14-05	ws
2	Suroçaj Loreta	04	9m08	30-04	resc
JUN Javelot (600 gr)			RC : 41m95		
1	Van Ex Colemont Alexia	04	17m13	18-04	rcb

**ESPOIRS FEMMES (2002 - 2001 - 2000)**

ESP 100 m			RC : 11.42		
1	Nkansa Delphine	01	11.26	09-07	FRA
2	Oulare Maryam	02	11.56	31-07	LUX
3	Ombeni Rachel	01	12.60	26-08	NOR
ESP 200 m			RC : 24.59		
1	Nkansa Delphine	01	23.03	10-07	FRA
2	Oulare Mariam	02	23.35	10-07	FRA
3	Vereecke Hanna	00	26.31	30-04	resc
ESP 400 m			RC : 53.51		
1	Vereecke Hanna	00	56.85	28-05	ea
2	Joblin Marine	02	58.45	18-05	cabw
ESP 800 m			RC : 2.03.72		
1	Joblin Marine	02	2.11.71	14-05	ws
2	Kurza Claudia	02	2.36.96	03-04	ws
ESP 1500 m			RC : 4.12.35		
1	Van Lent Jana	01	4.34.73	08-07	NDL
ESP 3000 m			RC : 9.36.90		
1	Van Lent Jana	01	9.59.86	03-07	bbs
2	Goethals Lutgard	02	10.33.50	12-06	usbw
ESP 5000 m			RC : 17.08.23		
1	Van Lent Jana	01	16.38.87	21-05	DEU
ESP 10 000 m			RC : 35.29.05		
1	Van Lent Jana	01	34.54.07	30-04	malm
ESP Semi marathon			RC : -		
1	Goethals Lutgard	02	1h20.34	24-04	AUT
ESP Hauteur			RC : 1m88		
1	Thiebot Oceane	01	1m65	21-05	FRA
ESP Longueur			RC : 6m08		
1	Ombeni Rachel	01	5m70	27-08	NOR
2	Kizito Prisca	01	5m34	14-05	ws
ESP Triple saut			RC : 12m92		
1	Ombeni Rachel	01	13m00	04-06	NOR
ESP Poids (4 kg)			RC : 13m12		
1	Iven Kayla	02	10m78	14-05	ws
ESP Javelot (600 gr)			RC : 44m36		
1	Iven Kayla	02	45m14	14-05	ws





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SENIORS FEMMES (2002 - 1988)

SEN 100 m		RC : 11.42			
1	Nkansa Delphine	01	11.26	09-07	FRA
2	Oulare Maryam	02	11.56	31-07	LUX
3	Zagre Anne	90	11.77	10-08	CHE
4	Badji Jalika	96	12.25	04-06	vs
5	Ombeni Rachel	01	12.60	26-08	NOR
SEN 200 m		RC : 23.46			
1	Nkansa Delphine	01	23.03	10-07	FRA
2	Oulare Mariam	02	23.35	10-07	FRA
3	Badji Jalika	96	24.59	04-06	vs
4	Vereecke Hanna	00	26.31	30-04	resc
SEN 300 m		RC : 38.04			
1	Badji Jalika	96	39.65	06-08	dcla
SEN 400 m		RC : 53.51			
1	Badji Jalika	96	55.95	02-07	ws
2	Vereecke Hanna	00	56.85	28-05	ea
3	Joblin Marine	02	58.45	18-05	cabw
4	Simons Lina	96	64.29	30-04	resc
SEN 800 m		RC : 2.03.72			
1	Muls Camille	99	2.09.53	30-04	resc
2	Joblin Marine	02	2.11.71	14-05	ws
3	Pinter Eline	96	2.12.09	28-05	ea
4	Kurza Claudia	02	2.36.96	03-04	ws
SEN 1500 m		RC : 4.12.35			
1	Muls Camille	99	4.12.35	02-07	avt
2	Pinter Eline	96	4.30.18	03-07	olse
3	Van Lent Jana	01	4.34.73	08-07	NDL
SEN Mile		RC : 4.44.36			
1	Pinter Eline	96	4.58.17	11-02	USA
SEN 3000 m		RC : 8.49.85			
1	Van Lent Jana	01	9.59.86	03-07	bbs
2	Goethals Lutgard	02	10.33.50	12-06	usbw
SEN 5000 m		RC : 15.41.24			
1	Van Lent Jana	01	16.38.87	21-05	DEU
SEN 10 000 m		RC : 32.23.39			
1	Van Lent Jana	01	34.54.07	30-04	malm
SEN Semi marathon		RC : 1h43.29			
1	Goethals Lutgard	02	1h20.34	24-04	AUT
SEN 100 m haies (84 cm)		RC : 12.71			
1	Zagre Anne	90	12.95	03-07	CHE
SEN 400 m haies (76 cm)		RC : 55.20			
1	Badji Jalika	96	59.53	26-06	rcg
SEN Hauteur		RC : 1m95			
1	Thiebot Oceane	01	1m65	21-05	FRA
SEN Longueur		RC : 6m28			
1	Guisse Saliyya	96	6m09	18-06	cabw
2	Ombeni Rachel	01	5m70	27-08	NOR
3	Kizito Prisca	01	5m34	14-05	ws
SEN Triple saut		RC : 13m38			
1	Ombeni Rachel	01	13m00	04-06	NOR
2	Guisse Saliyya	96	12m95	26-06	rcg
3	Kana Sephora	98	9m99	30-04	resc



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2022

SEN Perche		RC : 4m30			
1	Van De Sype Chloe	97	3m00	04-06	rcas
SEN Poids (4 kg)		RC : 14m84			
1	Iven Kayla	02	10m78	14-05	ws
SEN Disque (1 kg)		RC : 47m99			
1	Pheulpin Anne	99	48m52	04-06	FRA
2	Van De Sype Chloe	97	30m50	30-04	resc
SEN Javelot (600 gr)		RC : 46m23			
1	Smal Pauline	98	49m58	12-06	usbw
2	Iven Kayla	02	45m14	14-05	ws
SEN Marteau (4 kg)		RC : 56m30			
1	Pheulpin Anne	99	41m67	07-05	damp
SEN 4 x 100 m		RC : 46.60			
Leonard, Oulare, Badji, Zagre		48.08		07-05	damp
SEN 4 x 400 m		RC : 3.48.08			
Vereecke, Muls, Tshanga, Badji		3.53.93		07-05	damp
SEN Ekiden		RC : 2h46.15			
Lins, Van Lent, Joblin, Goethals, Chylinski, Muls		2h41.43		22-10	resc

### MASTERS FEMMES 35

W35 800 m		RC : 2.14.21			
1	Chylinski Marta Alexandra	86	2.12.37	20-08	vmol
W35 1000 m		RC : 2.55.49			
1	Chylinski Marta Alexandra	86	2.51.21	28-08	abes
W35 1500 m		RC : 4.36.30			
1	Chylinski Marta Alexandra	86	4.50.08	07-05	damp
W35 Mile		RC : 6.56.75			
1	Chylinski Marta Alexandra	86	4.57.75	11-09	dalo
W35 2000 m		RC : 7.32.72			
1	Chylinski Marta Alexandra	86	6.22.26	07-09	vita
W35 3000 m		RC : 9.29.60			
1	Chylinski Marta Alexandra	86	9.44.78	13-08	riem
W35 Marathon		RC : 3h43.02			
1	Norris Josephine	83	3h42.16	24-04	AUT
2	Nizet Adrienne	84	3h55.46	02-10	bxl
W35 Perche		RC : 1m59			
1	Henry Chloe	87	3m80	07-05	damp

### MASTERS FEMMES 40

W40 100 m		RC : 13.54			
1	Dewitte Valerie	80	14.11	22-05	CHE
W40 200 m		RC : 27.41			
1	Dewitte Valerie	80	28.04	09-07	CHE
W40 300 m		RC : 43.89			
1	Dewitte Valerie	80	44.76	22-05	CHE
W40 400 m		RC : 60.23			
1	Dewitte Valerie	80	63.28	11-06	CHE



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2022

W40 Semi marathon		RC : 1h54.40			
1	Gillis Caroline	78	2h06.24	02-10	bxl
W40 Hauteur		RC : 1m36			
1	Reynaerts Stephanie	80	1m20	05-06	usta
W40 Longueur		RC : 4m96			
1	Nkumu Bakuba Nancy	77	3m97	05-06	usta
W40 Poids (4 kg)		RC : 11m07			
1	Adam Benedicte	78	11m20	18-04	riwa
2	Reynaerts Stephanie	80	8m89	23-10	rcas
W40 Disque (1 kg)		RC : 32m12			
1	Adam Benedicte	78	30m90	11-06	ob
2	Reynaerts Stephanie	80	29m57	18-04	rcb
W40 Javelot (600 gr)		RC : 26m68			
1	Reynaerts Stephanie	80	24m92	17-07	acw
W40 Marteau (4 kg)		RC : 12m85			
1	Reynaerts Stephanie	80	26m43	17-07	acw
W40 Grand poids (9,08 kg)		RC : -			
1	Reynaerts Stephanie	80	8m64	17-07	acw
W40 Pentathlon de lancers		RC : -			
1	Reynaerts Stephanie	80	2249 p	17-07	acw

### MASTERS FEMMES 45

W45 Marathon		RC : 3h20.03			
1	Lion Annick	74	4h30.05	02-10	bxl
W45 Poids (4 kg)		RC : 8m36			
1	Cardenas Ojito Janet	73	6m97	30-04	resc
2	De Buyst Nadia	73	6m56	10-07	dacm
W45 Disque (1 kg)		RC : 27m03			
1	De Buyst Nadia	73	23m30	30-04	resc
2	Cardenas Ojito Janet	73	16m38	18-04	rcb
W45 Javelot (600 gr)		RC : 23m46			
1	Cardenas Ojito Janet	73	17m50	18-04	rcb

### MASTERS FEMMES 55

W55 100 m		RC : 14.53			
1	Boonaert Caroline	64	14.54	14-06	ob
W55 200 m		RC : 31.76			
1	Boonaert Caroline	64	31.85	05-06	usta

### BENJAMINS GARÇONS (2014 - 2013)

BEN 60 m		RC : 9.17			
1	Obrijianu Vadim	13	9.75	08-10	rcb
2	Cioaca Mario Louis	13	10.40	02-07	ws
3	De Maeyer Ky-Mani	14	10.41	30-04	resc
4	Ndeze Anthony	14	10.52	16-10	ws
5	Draoui Amine	14	10.75	18-06	rcb
6	Marchal Noam	13	10.96	18-06	rcb
7	Vanderschelden Teo	14	11.23	10-09	lace
8	De Heug Elliot	13	11.41	10-09	lace
9	Hendrichs Arthur	13	11.42	16-10	ws
10	Kurel Pars	14	11.69	02-04	resc
11	Sulon Mathieu	14	12.11	08-10	rcb
12	Mievis Axel	13	12.18	25-09	rcas
13	Naif Chevalier Hugo	14	12.30	10-09	lace



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14	Mjihdi Wassim	14	12.42	30-04	resc
15	Laroussi Fares	14	13.67	30-04	resc

BEN 600 m RC : 1.57.80

1	Obrijianu Vadim	13	2.04.83	18-06	rcb
2	Ndeze Anthony	14	2.14.00	16-10	ws
3	Draoui Amine	14	2.15.54	12-06	usbw
4	De Maeyer Ky-Mani	14	2.18.31	18-06	rcb
5	Hendrichs Arthur	13	2.19.00	16-10	ws
6	Vanderschelden Teo	14	2.20.27	10-09	lace
7	Naif Chevalier Hugo	14	2.23.62	10-09	lace
8	Mievis Axel	13	2.26.44	16-10	ws
9	Marchal Noam	13	2.27.98	08-10	rcb
10	Cioaca Mario Louis	13	2.29.12	15-05	csdy
11	De Heug Elliot	13	2.30.74	10-09	lace
12	Sulon Mathieu	14	2.51.82	02-04	resc

BEN Hauteur RC : 1m25

1	Marchal Noam	13	0m96	08-10	rcb
2	Cioaca Mario Louis	13	0m90	01-07	resc
	De Maeyer Ky-Mani	14	0m90	01-07	resc
4	Mievis Axel	13	0m85	01-07	resc
5	De Heug Elliot	13	0m80	01-07	resc
	Naif Chevalier Hugo	14	0m80	01-07	resc
	Sulon Mathieu	14	0m80	01-07	resc

BEN Longueur RC : 4m19

1	Obrijianu Vadim	13	3m26	18-06	rcb
2	Draoui Amine	14	3m00	18-06	rcb
3	Ndeze Anthony	14	2m97	16-10	ws
4	Cioaca Mario Louis	13	2m77	15-05	csdy
5	Hendrichs Arthur	13	2m71	16-10	ws
6	De Heug Elliot	13	2m69	10-09	lace
7	Marchal Noam	13	2m64	25-09	rcas
8	De Maeyer Ky-Mani	14	2m63	01-05	ws
9	Kurel Pars	14	2m59	30-04	resc
10	Vanderschelden Teo	14	2m54	10-09	lace
11	Naif Chevalier Hugo	14	2m30	10-09	lace
12	Mievis Axel	13	2m27	25-09	rcas
13	Sulon Mathieu	14	2m09	10-09	lace
14	Laroussi Fares	14	2m05	30-04	resc
15	Mjihdi Wassim	14	1m68	30-04	resc

BEN Poids (1 kg) RC : 11m68

1	Hendrichs Arthur	13	8m21	23-10	rcas
2	Ndeze Anthony	14	7m14	16-10	ws
3	Obrijianu Vadim	13	6m75	02-04	resc
4	Marchal Noam	13	6m17	25-09	rcas
5	Kurel Pars	14	6m04	02-04	resc
6	Draoui Amine	14	5m56	18-06	rcb
7	De Maeyer Ky-Mani	14	5m48	18-06	rcb
8	De Heug Elliot	13	5m33	01-05	ws
9	Mievis Axel	13	4m72	16-10	ws
10	Cioaca Mario Louis	13	3m80	15-05	csdy
11	Sulon Mathieu	14	3m36	02-04	resc

BEN Balle de hockey RC : 40m13

1	Hendrichs Arthur	13	24m92	23-10	rcas
2	De Heug Elliot	13	22m79	01-07	resc
3	Obrijianu Vadim	13	17m86	10-09	lace
4	Marchal Noam	13	17m46	10-09	lace
5	Naif Chevalier Hugo	14	14m19	01-07	resc
6	De Maeyer Ky-Mani	14	13m79	01-07	resc
7	Vanderschelden Teo	14	13m76	10-09	lace
8	Mievis Axel	13	13m24	01-07	resc
9	Sulon Mathieu	14	11m27	10-09	lace
10	Cioaca Mario Louis	13	9m86	01-07	resc

BEN Tetrathlon RC : 2099 p

1	Obrijianu Vadim	13	1472 p	18-06	rcb
2	Ndeze Anthony	14	1182 p	16-10	ws



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3	Draoui Amine	14	946 p	18-06	rcb
4	De Maeyer Ky-Mani	14	929 p	18-06	rcb
5	Hendrichs Arthur	13	904 p	16-10	ws
6	Marchal Noam	13	810 p	25-09	rcas
7	Cioaca Mario Louis	13	760 p	15-05	csdy
8	Vanderschelden Teo	14	633 p	10-09	lace
9	De Heug Elliot	13	585 p	10-09	lace
10	Mievis Axel	13	497 p	25-09	rcas
11	Naif Chevalier Hugo	14	411 p	10-09	lace
12	Sulon Mathieu	14	119 p	10-09	lace

PUPILLES GARÇONS (2012 - 2011)

PUP 60 m		RC : 8.42			
1	Chekem Amon Re	11	9.15	14-05	vs
2	Dogru Ilian	12	9.24	01-05	ws
3	Bouzekraoui Walid	12	9.30	01-05	ws
4	Mievis Lionel	11	9.70	16-10	ws
5	Ghesquiere Alexandre	11	9.77	20-08	ws
6	Juvyns Benjamin	11	9.82	10-09	lace
7	Marchal Mathys	11	10.03	18-06	rcb
8	Neerscholten Amos	12	10.16	02-04	resc
9	Housiaux Julien	12	10.21	02-04	resc
10	Ruhangira Nathan	12	10.22	10-09	lace
11	Bellaari Nawfel	11	10.34	16-10	ws
12	Philips Raphael	11	10.35	10-09	lace
13	Gysen Romain	12	10.51	16-10	ws
14	Rozzi Arthur	11	11.04	01-05	ws

PUP 1000 m		RC : 3.14.18			
1	Chekem Amon Re	11	3.29.90	14-05	vs
2	Housiaux Julien	12	3.32.29	16-10	ws
3	Abouabdallah Yassir	12	3.39.46	01-05	ws
4	Dogru Ilian	12	3.41.53	16-10	ws
5	Mievis Lionel	11	3.41.68	25-09	rcas
6	Ghesquiere Alexandre	11	3.43.29	16-10	ws
7	Gysen Romain	12	3.50.57	16-10	ws
8	Philips Raphael	11	3.51.80	10-09	lace
9	Juvyns Benjamin	11	3.54.04	08-10	rcb
10	Neerscholten Amos	12	4.00.07	16-10	ws
11	Bouzekraoui Walid	12	4.03.73	16-10	ws
12	Ruhangira Nathan	12	4.03.80	10-09	lace
13	Bellaari Nawfel	11	4.06.29	16-10	ws
14	Marchal Mathys	11	4.06.60	25-09	rcas

PUP 60 m haies (68 cm)		RC : 13.29			
1	Mievis Lionel	12	13.33	30-04	resc
2	Housiaux Julien	12	13.75	30-04	resc
3	Philips Raphael	11	13.78	30-04	resc
5	Marchal Mathys	11	13.83	30-04	resc
6	Neerscholten Amos	12	14.11	30-04	resc
7	Bellaari Nawfel	11	14.20	30-04	resc

PUP Hauteur		RC : 1m49			
1	Silva Valdebenito Matheo	11	1m23	01-05	ws
2	Marchal Mathys	11	1m17	25-09	rcas
3	Mievis Lionel	11	1m11	02-04	resc
	Philips Raphael	11	1m11	08-10	rcb
5	Neerscholten Amos	12	1m07	25-09	rcas
6	Chekem Amon Re	11	1m06	08-10	rcb
7	Dogru Ilian	12	1m01	02-04	resc
	Housiaux Julien	12	1m01	01-05	ws

PUP Longueur		RC : 4m75			
1	Ghesquiere Alexandre	11	3m81	20-08	ws
2	Ruhangira Nathan	12	3m69	01-07	resc
3	Juvyns Benjamin	11	3m58	01-07	resc
4	Dogru Ilian	12	3m54	16-10	ws
5	Neerscholten Amos	12	3m50	01-07	resc
6	Housiaux Julien	12	3m47	16-10	ws
7	Chekem Amon Re	11	3m45	10-09	lace



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8	Mievis Lionel	11	3m42	01-07	resc
9	Marchal Mathys	11	3m38	01-07	resc
10	Bellaari Nawfel	11	3m30	01-07	resc
	Philips Raphael	11	3m30	10-09	lace
12	Gysen Romain	12	3m17	16-10	ws
13	Bouzekraoui Walid	12	2m91	16-10	ws

PUP Poids (2 kg)

RC : 11m71

1	Chekem Amon Re	11	7m22	10-09	lace
2	Philips Raphael	11	7m04	10-09	lace
3	Mievis Lionel	11	6m70	10-09	lace
4	Marchal Mathys	11	6m62	18-06	rcb
5	Housiaux Julien	12	6m60	18-06	rcb
6	Dogru Ilan	12	6m43	01-07	resc
7	Juvyns Benjamin	11	6m14	01-07	resc
8	Neerscholten Amos	12	5m49	25-09	rcas
9	Ruhangira Nathan	12	4m98	10-09	lace

PUP Disque (600 gr)

RC : 31m14

1	Chekem Amon Re	11	19m40	08-10	rcb
2	Philips Raphael	11	14m94	08-10	rcb
3	Bellaari Nawfel	11	14m24	30-04	resc
4	Housiaux Julien	12	14m13	30-04	resc
5	Marchal Mathys	11	13m99	30-04	resc
6	Ghesquiere Alexandre	11	11m73	30-04	resc
7	Neerscholten Amos	12	11m55	30-04	resc
8	Rozzi Arthur	11	11m44	30-04	resc
9	Mievis Lionel	11	11m38	08-10	rcb
10	Bouzekraoui Walid	12	9m48	30-04	resc

PUP Balle de hockey

RC : 46m50

1	Housiaux Julien	12	35m65	16-10	ws
2	Dogru Ilan	12	28m82	16-10	ws
3	Mievis Lionel	11	26m18	16-10	ws
4	Gysen Romain	12	26m09	16-10	ws
5	Bellaari Nawfel	11	25m50	16-10	ws
6	Bouzekraoui Walid	12	24m97	16-10	ws
7	Neerscholten Amos	12	21m76	16-10	ws
8	Ghesquiere Alexandre	11	21m36	16-10	ws

PUP Tetrathlon

RC : 2516 p

1	Chekem Amon Re	11	1667 p	10-09	lace
2	Housiaux Julien	12	1544 p	18-06	rcb
3	Mievis Lionel	11	1516 p	25-09	rcas
4	Dogru Ilan	12	1459 p	16-10	ws
5	Marchal Mathys	11	1389 p	25-09	rcas
6	Philips Raphael	11	1350 p	10-09	lace
7	Juvyns Benjamin	11	1305 p	10-09	lace
8	Ghesquiere Alexandre	11	1292 p	16-10	ws
9	Gysen Romain	12	1180 p	16-10	ws
10	Neerscholten Amos	12	1171 p	25-09	rcas
11	Ruhangira Nathan	12	1123 p	10-09	lace
12	Bellaari Nawfel	11	1052 p	16-10	ws
13	Bouzekraoui Walid	12	1036 p	16-10	ws

PUP 4 x 60 m

RC : 33.25

Chekem, Mievis, Marchal, Juvyns	37.16	08-10	rcb
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MINIMES GARÇONS (2010 – 2009)

MIN 80 m

RC : 9.66

1	Ben Ahmed Yanis	10	11.38	01-05	ws
2	Kubiak Joachim	09	11.47	01-05	ws
3	Delneufcourt Noah	09	11.56	18-06	rcb
4	Delneufcourt Hugo	09	11.59	18-06	rcb
5	Philips Bastien	09	12.06	30-04	resc
6	Theyskens Alexis	10	12.51	16-10	ws
7	El Youssofi Sami	09	12.61	20-08	ws
8	Lacroix Arthur	10	12.67	10-09	lace
9	Hendrichs Hadrien	10	12.99	16-10	ws
10	Benachou Samy	09	13.07	01-05	ws



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11	Xhonneux Raphael	10	13.15	16-10	ws
12	Neili Fares	10	13.37	30-04	resc
13	Arys Luca	10	13.41	16-10	ws
14	Hendrichs Victor	10	15.08	16-10	ws

MIN 150 m		RC : 18.43			
1	Kubiak Joachim	09	21.51	02-04	resc
2	Philips Bastien	09	22.01	08-10	rcb
3	Abouabdallah Anass	10	23.02	02-04	resc
4	Theyskens Alexis	10	23.21	08-10	rcb
5	Ouattara Noham	10	23.26	02-04	resc
6	Charles Timon	09	24.19	02-04	resc
7	Haub Tobias Frederik	09	24.27	02-04	resc
8	Arys Luca	10	24.91	08-10	rcb
9	Neili Fares	10	26.07	02-04	resc
10	Xhonneux Raphael	10	26.15	04-06	rcas

MIN 300 m		RC : 40.86			
1	Delneufcourt Hugo	09	49.40	08-10	rcb
2	Theyskens Alexis	10	52.57	08-10	rcb
3	Arys Luca	10	57.12	08-10	rcb

MIN 1000 m		RC : 3.01.77			
1	Delneufcourt Noah	09	3.25.01	18-06	rcb
2	Delneufcourt Hugo	09	3.28.71	18-06	rcb
3	Haub Tobias Frederik	09	3.32.52	02-04	resc
4	Theyskens Alexis	10	3.34.94	16-10	ws
5	Arys Luca	10	3.39.64	16-10	ws
6	Hendrichs Hadrien	10	3.42.83	16-10	ws
7	Sanchez Diego	10	3.44.18	02-04	resc
8	Abouabdallah Anass	10	3.49.01	02-04	resc
9	Soeiro Moreno Alexandre	09	3.52.93	25-09	rcas
10	Lacroix Arthur	10	3.53.76	10-09	lace
11	Ouattara Noham	10	3.55.80	02-04	resc
12	Charles Timon	09	4.01.93	02-04	resc
13	Philips Bastien	09	4.02.42	10-09	lace
14	Hendrichs Victor	10	4.15.98	16-10	ws
15	Xhonneux Raphael	10	4.17.18	10-09	lace

MIN 80 m haies (76 cm)		RC : -			
1	Soeiro Moreno Alexandre	09	15.64	25-09	rcas
2	Haub Tobias Frederik	09	16.11	30-04	resc
3	Theyskens Alexis	10	16.58	25-09	rcas
4	Arys Luca	10	17.57	25-09	rcas

MIN 150 m haies (76 cm)		RC : 20.54			
1	Ben Ahmed Yanis	10	22.51	01-05	ws
2	Kubiak Joachim	09	24.19	01-05	ws

MIN Hauteur		RC : 1m73			
1	Soeiro Moreno Alexandre	09	1m27	25-09	rcas
2	Delneufcourt Hugo	09	1m26	08-10	rcb
	Kubiak Joachim	09	1m26	21-08	csf
4	Delneufcourt Noah	09	1m25	18-06	rcb
	Lacroix Arthur	10	1m25	10-09	lace
6	Arys Luca	10	1m20	28-08	riwa
	Hendrichs Hadrien	10	1m20	18-06	rcb
8	Hendrichs Victor	10	1m15	16-10	ws
	Philips Bastien	09	1m15	10-09	lace
	Theyskens Alexis	10	1m15	16-10	ws
	Xhonneux Raphael	10	1m15	16-10	ws

MIN Longueur		RC : 5m73			
1	Kubiak Joachim	09	4m45	01-07	resc
2	Delneufcourt Noah	09	4m33	01-07	resc
3	Delneufcourt Hugo	09	4m08	01-07	resc
4	Philips Bastien	09	4m00	30-04	resc
5	Theyskens Alexis	10	3m92	16-10	ws
6	Arys Luca	10	3m73	01-07	resc
7	Lacroix Arthur	10	3m61	01-07	resc
8	Hendrichs Hadrien	10	3m57	16-10	ws



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9	Haub Tobias Frederik	09	3m54	30-04	resc
10	Xhonneux Raphael	10	3m50	01-07	resc
11	Neili Fares	10	3m37	01-07	resc
12	Oumokhtar Aymane	10	2m70	30-04	resc
13	Hendrichs Victor	10	2m69	16-10	ws

MIN Perche		RC : 3m21			
1	El Youssoufi Sami	09	1m60	20-08	ws

MIN Poids (3 kg)		RC : 14m71			
1	Soeiro Moreno Alexandre	09	8m20	25-09	rcas
2	Neili Fares	10	7m95	01-07	resc
3	Delneufcourt Noah	09	7m45	18-06	rcb
4	Delneufcourt Hugo	09	7m21	18-06	rcb
5	Philips Bastien	09	6m86	10-09	lace
6	Kubiak Joachim	09	6m60	01-07	resc
7	Arys Luca	10	6m32	01-07	resc
8	Lacroix Arthur	10	6m00	10-09	lace
9	Theyskens Alexis	10	5m90	16-10	ws
10	Hendrichs Hadrien	10	5m67	10-09	lace
11	Xhonneux Raphael	10	5m06	16-10	ws
12	Hendrichs Victor	10	4m81	23-10	rcas
13	El Youssoufi Sami	09	4m57	01-07	resc

MIN Disque (750 gr)		RC : 45m01			
1	Philips Bastien	09	25m89	08-10	rcb
2	Delneufcourt Noah	09	24m15	10-09	lace
3	Delneufcourt Hugo	09	21m09	10-09	lace
4	Arys Luca	10	21m00	28-08	riwa
5	Soeiro Moreno Alexandre	09	20m32	25-09	rcas
6	Theyskens Alexis	10	16m19	08-10	rcb
7	Hendrichs Hadrien	10	15m97	23-10	rcas
8	Lacroix Arthur	10	14m42	10-09	lace
9	Xhonneux Raphael	10	10m50	10-09	lace
10	Hendrichs Victor	10	9m62	18-06	rcb

MIN Disque (1 kg)		RC : 41m07			
1	Delneufcourt Noah	09	19m31	09-10	FRA

MIN Javelot (400 gr)		RC : 45m91			
1	Delneufcourt Hugo	09	24m69	01-05	ws
2	Delneufcourt Noah	09	23m33	01-05	ws
3	Arys Luca	10	18m93	02-04	resc
4	Hendrichs Hadrien	10	17m95	23-10	rcas
5	Kubiak Joachim	09	16m85	02-04	resc
6	Hendrichs Victor	10	13m48	23-10	rcas
7	Theyskens Alexis	10	13m26	02-04	resc
8	Neili Fares	10	12m59	02-04	resc
9	Haub Tobias Frederik	09	11m26	02-04	resc
10	Charles Timon	09	10m02	02-04	resc

MIN Pentathlon		RC : 4135 p			
1	Delneufcourt Noah	09	2367 p	18-06	rcb
2	Delneufcourt Hugo	09	2207 p	18-06	rcb
3	Soeiro Moreno Alexandre	09	2106 p	25-09	rcas
4	Theyskens Alexis	10	1959 p	16-10	ws
5	Philips Bastien	09	1822 p	10-09	lace
6	Hendrichs Hadrien	10	1737 p	16-10	ws
7	Lacroix Arthur	10	1732 p	10-09	lace
8	Arys Luca	10	1710 p	25-09	rcas
9	Xhonneux Raphael	10	1284 p	16-10	ws
10	Hendrichs Victor	10	979 p	16-10	ws

MIN 1000 m marche		RC : -			
1	Arys Luca	10	7.06.82	04-06	rcas
2	Xhonneux Raphael	10	8.27.44	04-06	rcas





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CADETS GARÇONS (2008 - 2007)

CAD 100 m		RC : 11.31			
1	Hanrion Gaspar	07	12.45	02-10	csf
2	Tshanga Diumba John Ross	07	12.71	06-05	grim
3	Mertens de Wilmars Raphael	07	12.90	28-05	rcb
4	Verleyen Jacob	08	13.18	02-07	ws
5	Ouattara Reda	08	13.32	02-04	resc
6	Vanbelle Thomas	08	13.51	21-05	vac
7	El Banoudi Rayane	07	13.59	30-04	resc
	Soudon Jules	08	13.59	28-05	rcb
9	Mvulu Kimana Steve	07	13.61	02-04	resc
10	Monsieur Julien	07	13.74	07-07	oeh
11	Paques Jean	08	14.02	30-04	resc
12	Aliji Alban	07	14.14	30-04	resc
13	Van Gulck Birkett Julian	08	14.50	30-04	resc
14	Vandenbussche Elias	08	14.93	02-04	resc

  

CAD 200 m		RC : 23.14			
1	Hanrion Gaspar	07	24.86	25-09	usbw
2	De Wolf Thomas	08	25.28	28-05	rcb
3	Tshanga Diumba John Ross	07	25.82	06-05	grim
4	El Banoudi Rayane	07	27.31	30-04	resc
5	Van Gulck Birkett Julian	08	28.77	02-10	csf

  

CAD 400 m		RC : 52.24			
1	Verleyen Jakob	08	57.24	02-07	ws
2	Tshanga Diumba John Ross	07	58.58	28-05	rcb
3	Van Mossevelde Sami	07	58.82	02-04	resc
4	De Wolf Thomas	08	62.39	18-04	rcb
5	Soudon Jules	08	62.91	18-04	rcb
6	Chqiffa Sami	07	64.49	02-04	resc
7	Charlier Lucas	07	66.78	02-04	resc
8	Pagnard Amaury	08	83.38	02-04	resc

  

CAD 800 m		RC : 1.59.30			
1	Verleyen Jakob	08	2.15.02	28-05	rcb
2	Charlier Luca	07	2.30.98	02-10	csf

  

CAD 1500 m		RC : 4.10.90			
1	Charlier Luca	07	5.15.95	28-05	rcb

  

CAD 100 m haies (84 cm)		RC : 16.64			
1	Van Mossevelde Sami	07	15.97	18-04	rcb

  

CAD 300 m haies (76 cm)		RC : 40.07			
1	Van Mossevelde Sami	07	44.74	28-05	rcb

  

CAD Hauteur		RC : 1m91			
1	Van Den Brempt Mathis	07	1m62	30-04	resc
2	Vanbelle Thomas	08	1m40	21-05	vac
3	Mvulu Kimana Steve	07	1m30	02-04	resc

  

CAD Longueur		RC : 6m70			
1	Van Den Brempt Mathis	07	5m03	30-04	resc
2	Soudon Jules	08	4m87	18-04	rcb

  

CAD Perche		RC : 3m76			
1	De Greef Guillaume	07	2m31	02-04	resc
2	Soudon Jules	08	2m27	02-10	csf
3	Van Mossevelde Sami	07	2m26	02-04	resc
4	Van Gulck Birkett Julian	08	2m17	02-10	csf
5	Aliji Alban	07	2m10	18-04	rcb
6	Vandenbussche Elias	08	2m00	04-06	rcas
7	Vilain Nicolas	07	1m70	18-04	rcb

  

CAD Poids (4 kg)		RC : 14m42			
1	Mertens de Wilmars Raphael	07	10m46	28-05	rcb
2	Huyghe Gauthier	07	7m46	02-04	resc



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CAD Disque (1 kg)			RC : 48m77		
1	Van Mossevelde Sami	07	30m67	21-08	lebb
2	Coppy Kenneth	08	28m42	07-09	vita
3	Huyghe Gauthier	07	26m50	28-05	rcb

CAD Javelot (600 gr)			RC : 44m54		
1	Van Mossevelde Sami	07	38m75	18-04	rcb
2	Huyghe Gauthier	07	32m06	15-05	csf

**SCOLAIRES HOMMES (2006 - 2005)**

SCO 100 m			RC : 10.83		
1	Niesen Gabriel	05	11.50	27-08	rfcl
2	Biala Kenny Felder	05	11.51	10-08	vita
3	Plume Andrew	05	12.04	02-10	csf
4	Labruyere Maxime	06	12.33	02-10	csf
5	Grondel Alexandre	05	12.42	18-04	rcb
6	Verheeke Amory	06	12.45	30-04	resc
7	Mejdoubi Alae Eddine	05	12.51	15-05	csf
8	Taieb Hilel	06	12.66	21-08	csf
9	Soeiro Moreno Joaquim	06	12.75	21-05	rcas

SCO 200 m			RC : 21.97		
1	Biala Kenny Felder	05	22.98	16-07	vita
2	Plume Andrew	05	24.27	25-09	usbw
3	Grondel Alexandre	05	24.99	30-04	resc
4	Verheeke Amaury	06	25.13	18-04	rcb
5	Labruyere Maxime	06	25.15	02-10	csf
7	Taieb Hilel	06	25.82	02-10	csf
8	Mejdoubi Alae Eddine	05	25.88	02-10	csf

SCO 400 m			RC : 49.48		
1	Biala Kenny Felder	05	49.89	11-09	lebb
2	Lelion Achille	05	52.24	18-05	cabw
3	Plume Andrew	05	57.50	02-04	resc
4	Labruyere Maxime	06	57.73	27-08	rfcl
5	Mensah Brice	05	58.84	18-05	cabw
6	Verheeke Amaury	06	61.80	02-04	resc

SCO 800 m			RC : 1.55.41		
1	Lelion Achille	05	1.57.13	18-06	cabw
2	Aouragh Reda	06	1.57.64	04-06	duff
3	Fitterer Chase	06	2.09.44	02-07	ws
4	Mensah Brice	05	2.16.65	03-04	ws
5	Le Roy Gabriel	06	2.39.89	30-04	resc

SCO 1000 m			RC : 2.32.80		
1	Lelion Achille	05	2.33.61	02-09	resc

SCO 1500 m			RC : 4.00.79		
1	Aouragh Reda	06	3.53.17	03-07	olse
2	Lelion Achille	05	4.24.96	18-04	rcb
3	Fitterer Chase	06	4.25.66	28-05	rcb
4	Mensah Brice	05	4.44.25	20-08	ws

SCO Mile			RC : 4.39.15		
1	Mensah Brice	05	5.08.67	02-07	ws

SCO 3000 m			RC : 8.33.14		
1	Aouragh Reda	06	8.48.61	18-06	cabw

SCO 400 m haies (84 cm)			RC : 56.13		
1	Nehme Ziad	05	63.50	28-05	rcb

SCO 2000 m steeple (84 cm)			RC : -		
1	Aouragh Reda	06	6.11.58	20-05	add

SCO Hauteur			RC : 2m05		
1	Suetens Loic	05	1m77	30-04	resc
2	Soeiro Moreno Joaquim	06	1m50	21-05	rcas



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SCO Longueur			RC : 7m59		
1	Soeiro Moreno Joaquim	06	5m05	21-05	rcas
2	Geerts Thibaut	05	4m81	30-04	resc
SCO Perche			RC : 4m36		
1	Grondel Alexandre	05	3m50	27-08	rfcl
SCO Poids (5 kg)			RC : 14m35		
1	Grondel Alexandre	05	9m56	28-05	rcb
2	Soeiro Moreno Joaquim	06	7m75	21-05	rcas
SCO Javelot (700 gr)			RC : 52m73		
1	Grondel Alexandre	05	26m37	18-04	rcb
SCO 4 x 100 m			RC : 42.91		
Niesen, Grondel, Verheecke, Biala			45.85	21-05	rcas

**JUNIORS HOMMES (2004 - 2003)**

JUN 100 m			RC : 10.71		
1	Medan Marko	03	10.95	30-04	resc
2	Domine Guillaume	04	11.44	18-04	rcb
3	Gruson Augustin	04	11.83	03-07	bbs
4	De Tollenaere Tom	03	12.09	30-04	resc
5	Chekem Ramses	03	12.44	18-04	rcb
JUN 200 m			RC : 21.24		
1	Medan Marko	03	22.38	11-09	dalo
2	Arifi Ilias	04	24.55	13-08	smac
JUN 400 m			RC : 47.92		
1	Arifi Ilias	04	53.02	20-08	avmo
2	De Tollenaere Tom	03	53.93	30-04	resc
JUN 1500 m			RC : 3.48.90		
1	Arifi Ilias	04	4.43.47	21-08	avmo
2	De Tollenaere Tom	03	5.03.00	22-05	rcas
JUN 110 m haies (99 cm)			RC : 13.63		
1	Arifi Ilias	04	15.91	21-08	avmo
2	De Tollenaere Tom	03	18.56	22-05	rcas
JUN Hauteur			RC : 2m14		
1	Arifi Ilias	04	1m76	13-08	smac
2	De Tollenaere Tom	03	1m70	21-05	rcas
JUN Longueur			RC : 7m89		
1	Gruson Augustin	04	6m50	22-05	FRA
2	Chekem Ramses	03	6m05	30-04	resc
3	Arifi Ilias	04	5m97	20-08	avmo
4	De Tollenaere Tom	03	5m71	21-05	rcas
5	Domine Guillaume	04	5m44	20-08	ws
JUN Triple saut			RC : 15m79		
1	Domine Guillaume	04	11m91	18-04	rcb
JUN Perche			RC : 5m00		
1	Arifi Ilias	04	3m80	21-08	avmo
2	De Tollenaere Tom	03	3m60	22-05	rcas
JUN Poids (6 kg)			RC : 15m79		
1	De Tollenaere Tom	03	12m30	21-05	rcas
2	Arifi Ilias	04	10m78	20-08	avmo
JUN Disque (1,75 kg)			RC :		
1	De Tollenaere Tom	03	35m87	22-05	rcas
2	Arifi Ilias	04	24m36	21-08	avmo



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JUN Javelot (800 gr)		RC : 53m14			
1	De Tollenaere Tom	03	45m08	22-05	rcas
2	Arifi Ilias	04	41m96	21-08	avmo

JUN Decathlon		RC : 7196 p			
1	Arifi Ilias	04	5825 p	21-08	avmo
2	De Tollenaere Tom	03	5572 p	22-05	rcas

**ESPOIRS HOMMES (2002 - 2001 - 2000)**

ESP 100 m		RC : 10.53			
1	Kasmi Amine	00	10.57	09-07	FRA
2	Mazebo Simon	00	11.35	21-08	csf
3	Tourtois Charles	01	11.56	18-04	rcb
4	Beyaert Corentin	02	12.39	30-04	resc

ESP 200 m		RC : 21.11			
1	Kasmi Amine	00	21.21	28-05	ea
2	Mazebo Simon	00	21.97	04-06	vs

ESP 300 m		RC : 33.30			
1	Segers Daniel	01	34.12	07-09	vita

ESP 400 m		RC : 46.28			
1	Mazebo Simon	00	48.48	24-06	rcg
2	Tourtois Charles	01	49.51	03-07	FRA
3	Beyaert Corentin	02	54.73	21-05	vac
4	Ringoet Romain	01	55.36	18-04	rcb

ESP 800 m		RC : 1.46.60			
1	Tabbakh Yassine	00	2.11.00	02-10	csf

ESP 1500 m		RC : 3.42.78			
1	Tourtois Charles	01	4.32.64	03-07	FRA

ESP 3000 m		RC : 8.07.66			
1	Delarge Mathieu	00	9.20.80	03-04	ws

ESP 5000 m		RC : 13.56.92			
1	Delarge Mathieu	00	16.32.73	03-07	bbs

ESP 110 m haies (106 cm)		RC : 13.66			
1	Tourtois Charles	01	15.57	06-06	NLD

ESP 400 m haies (91 cm)		RC : 50.29			
1	Mazebo Simon	00	54.27	08-05	lyra
2	Beyaert Corentin	02	60.28	21-08	csf

ESP Hauteur		RC : 2m21			
1	Tourtois Charles	01	1m81	18-04	rcb

ESP Longueur		RC : 7m89			
1	Segers Daniel	01	7m52	08-05	lyra
2	Kasmi Amine	00	6m12	10-08	vita
3	Tourtois Charles	01	5m89	14-05	FRA

ESP Perche		RC : 5m11			
1	Tourtois Charles	01	3m85	15-05	FRA

ESP Poids (7,26 kg)		RC :			
1	Tourtois Charles	01	11m93	14-05	FRA
2	Segers Daniel	01	11m17	30-04	FRA
3	Montilla Alexis	02	11m02	30-04	resc

ESP Disque (2 kg)		RC : 44m06			
1	Tourtois Charles	01	35m68	03-07	FRA
2	Montilla Alexis	02	34m83	10-07	dacm



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ESP Javelot (800 gr)

RC : 58m05

1	Montilla Alexis	02	47m07	20-03	herv
2	Tourtois Charles	01	42m19	03-07	FRA

ESP Decathlon

RC : 7902 p

1	Tourtois Charles	01	6319 p	03-07	FRA
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**SENIORS HOMMES (2002 - 1988)**

SEN 100 m

RC : 10.02

1	Kasmi Amine	00	10.57	09-07	FRA
2	Tshitwenu Florian	97	10.66	12-06	usbw
3	Niesen Charles	94	10.71	04-06	vs
4	Kola Biasu Guelord	93	10.97	14-05	ws
5	Atitso Dalvin	97	11.04	30-04	resc
6	Badji Asamti	95	11.16	27-07	volh
	Lins Sebastien	92	11.16	20-08	herv
8	Okeowo Peredjo	99	11.23	01-05	smac
	Vanhamme Arno	97	11.23	26-06	lier
10	Ilunga Carl	93	11.26	16-07	vita
11	Mazebo Simon	00	11.35	21-08	csf
12	Caluwe Arnaud	91	11.36	07-08	ser
13	Montilla Dimitri	98	11.31	16-07	FRA
14	Tourtois Charles	01	11.56	18-04	rcb
15	Caty Dylan	97	11.59	29-05	FRA
16	Agyemang Melchizedek	99	11.76	30-04	resc
17	Fassil Aboubaker	91	11.90	21-08	csf
18	Gets Florent	91	12.14	20-08	avmo
19	Beyaert Corentin	02	12.39	30-04	resc

SEN 200 m

RC : 20.66

1	Kasmi Amine	00	21.21	28-05	ea
2	Lins Sebastien	92	21.53	10-08	vita
3	Mabille Florent	96	21.63	10-08	vita
4	Niesen Charles	94	21.68	30-04	resc
5	Badji Asamti	95	21.73	27-07	volh
6	Mazebo Simon	00	21.97	04-06	vs
7	Atitso Dalvin	97	22.36	30-04	resc
8	Ilunga Carl	93	23.13	16-07	vita
9	Agyemang Melchizedek	99	24.19	18-04	rcb
10	Fassil Aboubaker	91	24.81	21-08	csf

SEN 300 m

RC : 33.10

1	Badji Asamti	95	33.74	20-08	ws
2	Segers Daniel	01	34.12	07-09	vita

SEN 400 m

RC : 45.98

1	Mabille Florent	96	46.64	03-07	CH
2	Badji Asamti	95	46.78	23-07	oeh
3	Lins Sebastien	92	47.21	29-06	rfcl
4	Mazebo Simon	00	48.48	24-06	rcg
5	Tourtois Charles	01	49.51	03-07	FRA
6	Kabuya Hugues	97	49.97	26-08	dcla
7	Ilunga Carl	93	50.96	18-06	cabw
8	Montilla Dimitri	98	51.37	16-07	FRA
9	Balhan Robin	94	52.18	02-07	spa
10	Gets Florent	91	52.94	02-07	macw
11	Beyaert Corentin	02	54.73	21-05	vac
12	Ringoet Romain	01	55.36	18-04	rcb

SEN 800 m

RC : 1.46.60

1	Balhan Pierre Antoine	92	1.48.49	16-07	vita
2	Petitjean Simon	96	1.53.18	01-05	achl
3	Balhan Robin	94	1.54.40	18-06	cabw
4	Lins Sebastien	92	2.04.74	20-08	herv
5	Tabbakh Yassine	00	2.11.00	02-10	csf
6	Vereertbrugghen Nicolas	92	2.18.60	03-04	ws

SEN 1500 m

RC : 3.37.11

1	Petitjean Simon	96	3.46.27	02-07	avt
2	Balhan Pierre Antoine	92	3.49.92	02-07	spa



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3	Tourtois Charles	01	4.32.64	03-07	FRA
4	Gets Florent	91	4.47.63	03-07	macw
5	Montilla Dimitri	98	4.50.73	17-07	FRA

SEN 3000 m RC : 7.51.46

1	Bouchikhi Lahsene	93	8.16.36	08-05	lyra
2	Delarge Mathieu	00	9.20.80	03-04	ws

SEN 5000 m RC : 13.22.81

1	Naert Koen	89	14.33.62	08-05	lyra
2	Delarge Mathieu	00	16.32.73	03-07	bbs
3	Jazaeri Amir	99	16.45.99	15-05	csf

SEN 10 000 m RC : 28.24.95

1	Bouchikhi Lahsene	93	29.09.96	30-04	malm
2	Jazaeri Amir	99	36.01.74	02-07	ws

SEN Semi marathon RC : 1h01.38

1	Naert Koen	89	1h03.41	13-03	rcg
2	Bouchikhi Lahsene	93	1h04.50	15-05	LAT
3	Verhaegen Arnout	94	1h28.03	02-10	bxl

SEN Marathon RC : 2h07.39

1	Naert Koen	89	2h08.40	05-12	ESP
2	Bouchiki Lahsene	93	2h10.22	20-02	ESP
3	Balhan Robin	94	2h24.39	28-11	FRA

SEN 110 m haies (106 cm) RC : 13.48

1	Caty Dylan	97	14.91	12-06	usbw
2	Montilla Dimitri	98	15.23	17-07	FRA
3	Tourtois Charles	01	15.57	06-06	NLD
4	Gets Florent	91	19.02	03-07	macw

SEN 400 m haies (91 cm) RC : 48.91

1	Mazebo Simon	00	54.27	08-05	lyra
2	Beyaert Corentin	02	60.28	21-08	csf

SEN 3000 m steeple (91 cm) RC : 8.24.90

1	Bouissane Youssef	94	9.31.44	08-05	lyra
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SEN Hauteur RC : 2m21

1	Gamuella Ngamunguela Jos	98	2m09	14-05	ws
2	Montilla Dimitri	98	1m94	16-04	FRA
3	Tourtois Charles	01	1m81	18-04	rcb
4	Gets Florent	91	1m78	20-08	avmo

SEN Longueur RC : 7m98

1	Segers Daniel	01	7m52	08-05	lyra
2	Caluwe Arnaud	91	7m01	19-06	acw
3	Montilla Dimitri	98	6m91	04-04	FRA
4	Geerts Gregory	99	6m81	22-05	FRA
5	Campener Corentin	90	6m47	30-04	resc
6	Caty Dylan	97	6m22	29-05	FRA
7	Kasmi Amine	00	6m12	10-08	vita
8	Gets Florent	91	6m02	20-08	avmo
9	Tourtois Charles	01	5m89	14-05	FRA
10	Hadj Faraji Ridwan	98	5m46	07-07	oeh

SEN Triple saut RC : 16m86

1	Geerts Gregory	99	14m79	03-07	bbs
2	Gamuella Ngamunguela Jos	98	13m15	21-08	csf

SEN Perche RC : 5m25

1	Montilla Dimitri	98	4m50	17-07	FRA
2	Tourtois Charles	01	3m85	15-05	FRA
3	Gets Florent	91	3m60	03-07	macw



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2022

SEN Poids (7,26 kg)		RC : 15m64			
1	Guillaume Jonathan	92	14m99	14-05	ws
2	Nutte Jean Baptiste	98	14m95	14-05	ws
3	Montilla Dimitri	98	13m45	16-07	FRA
4	Hadj Faraji Ridwan	98	12m97	14-05	ws
5	Gets Florent	91	12m41	02-07	macw
6	Tourtois Charles	01	11m93	14-05	FRA
7	Segers Daniel	01	11m17	30-04	FRA
8	Montilla Alexis	02	11m02	30-04	resc

SEN Disque (2 kg)		RC : 56m67			
1	Slavaggio Claudio	92	45m92	30-04	resc
2	Gets Florent	91	41m81	03-07	macw
3	Montilla Dimitri	98	41m29	17-07	FRA
4	Guillaume Jonathan	92	40m13	14-05	ws
5	Tourtois Charles	01	35m68	03-07	FRA
6	Montilla Alexis	02	34m83	10-07	dacm
7	Nutte Jean Baptiste	98	33m04	21-08	csdy
8	Hadj Faraji Ridwan	98	31m77	30-04	resc

SEN Javelot (800 gr)		RC : 70m78			
1	Gets Florent	91	59m17	14-05	damp
2	Montilla Alexis	02	47m07	20-03	herv
3	Tourtois Charles	01	42m19	03-07	FRA
4	Montilla Dimitri	98	41m15	17-07	FRA
5	Boistel Julien	98	35m17	18-04	rcb

SEN Marteau (7,26 kg)		RC : 61m82			
1	Salvaggio Claudio	92	61m98	01-05	achl
2	Guillaume Jonathan	92	32m18	10-07	dacm

SEN Decathlon		RC : 8142 p			
1	Montilla Dimitri	98	7047 p	17-07	FRA
2	Tourtois Charles	01	6319 p	03-07	FRA
3	Gets Florent	91	6003 p	03-07	macw

SEN 4 x 100 m		RC : 40.60			
Medan, Lins, Kasmi, Tshitwenu			41.41	04-09	dcla

SEN 4 x 400 m		RC : 3.10.20			
Mabille, Lins, Segers, Badji			3.11.76	04-09	dcla

SEN 4 x 1500 m		RC : 15.34.88			
Aouragh, Petitjean, Ruell, Balhan			16.14.26	04-09	dcla

SEN Ekiden		RC : 2h10.48			
Ruell, Naert, Petitjean, Bouchikhi, Bouissane, Balhan			2h11.45	22-10	resc

### MASTERS HOMMES 35

M35 100 m		RC : 11.07			
1	Broothaerts Damien	83	11.89	05-06	usta

M35 200 m		RC : 22.55			
1	Broothaerts Damien	83	23.84	05-06	usta

M35 1500 m		RC : 3.54.39			
1	Ruell Kim	87	3.59.07	06-08	dcla

M35 2000 m		RC : 6.06.54			
1	Ruell Kim	87	5.33.14	29-06	rcg

M35 5000 m		RC : 14.48.24			
1	Ruell Kim	87	14.52.55	13-07	oeh

M35 Marathon		RC : 2h21.10			
1	Vervloet Gregory	83	4h03.08	09-10	POR



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2022

M35 Hauteur		RC : 1m90			
1	Xhonneux Frederic	83	1m69	05-06	usta
M35 Longueur		RC : 6m65			
1	Vervloet Gregory	83	5m00	05-06	usta
M35 Poids (7,26 kg)		RC : 12m86			
1	Dekker Stephan	87	11m39	05-06	usta
M35 Disque (2 kg)		RC : 45m72			
1	Dekker Stephan	87	53m18	04-06	duff
M35 Javelot (800 gr)		RC : 62m75			
1	Xhonneux Frederic	83	44m41	05-06	usta

### MASTERS HOMMES 40

M40 800 m		RC : 2.01.50			
1	Xhonneux Marc	80	2.26.13	05-06	usta
M40 3000 m		RC : 9.02.48			
1	Boland Patrick	78	9.57.81	05-06	usta
M40 Semi marathon		RC : -			
1	Varela Anthony	81	1h38.38	02-10	bxl
M40 Marathon		RC : 2m37.29			
1	Boland Patrick	78	2h35.15	25-09	DEU
2	Xhonneux Marc	80	3h27.10	09-10	NED

### MASTERS HOMMES 45

M45 Semi marathon		RC : 1h26.11			
1	Lemaire Ivan	73	1h30.31	02-10	bxl
M45 Marathon		RC : 2h41.07			
1	Delneufcourt Olivier	76	3h05.21	02-10	GER

### MASTERS HOMMES 50

M50 Semi marathon		RC : 1h41.34			
1	Kamara Arafan	69	1h50.00	02-10	bxl
M50 Marathon		RC : 2h32.05			
1	Debrabandere Amaury	69	2h56.40	02-10	GER

### MASTERS HOMMES 55

M55 200 m		RC : 27.13			
1	Schoonen Laurent	65	30.16	25-09	rcas
M55 1500 m		RC : 2.43.05			
1	Schoonen Laurent	65	7.14.97	25-09	rcas
M55 Longueur		RC : 4m15			
1	Schoonen Laurent	65	3m91	25-09	rcas
M55 Poids (6 kg)		RC : 7m37			
1	Schoonen Laurent	65	7m56	23-10	rcas
M55 Disque (1,5 kg)		RC : 43m45			
1	Schoonen Laurent	65	20m62	23-10	rcas
M55 Javelot (700 gr)		RC : 24m51			
1	Schoonen Laurent	65	25m28	23-10	rcas
M55 Pentathlon		RC : -			
1	Schoonen Laurent	65	1776 p	25-09	rcas





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PARA MASTERS HOMMES 60

M60 100 m				RC : 34.76		
1	Denys Jacques	59	29.37	03-04	ws	
M60 Poids (5 kg)				RC : 6m65		
1	Denys Jacques	59	6m02	12-06	ob	
M60 Poids (6 kg)				RC : -		
1	Denys Jacques	59	5m56	20-08	ws	
M60 Disque (1 kg)				RC : 20m61		
1	Denys Jacques	59	19m93	12-06	ob	
M60 Disque (1,5 kg)				RC : 15m05		
1	Denys Jacques	59	15m90	10-07	dacm	
M60 Disque (2 kg)				RC : 15m81		
1	Denys Jacques	59	13m82	21-05	vac	
M60 Javelot (600 gr)				RC : 12m34		
1	Denys Jacques	59	11m89	18-04	rcb	
M60 Javelot (800 gr)				RC : 13m05		
1	Denys Jacques	59	10m82	23-10	rcas	

MASTERS HOMMES 60

M60 200 m				RC : 28.26		
1	Maniquet Rudi	61	28.32	18-06	cabw	
M60 400 m				RC : -		
1	Maniquet Rudi	61	65.04	11-06	ob	
M60 Triple saut				RC : 9m09		
1	Maniquet Rudi	61	9m12	11-06	ob	
M60 Marathon				RC : -		
1	Bodart Serge	58	3h28.10	02-10	bxl	