



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2021

BENJAMINES FILLES (2013 - 2012)

BEN 60 m		RC : 9.30			
1	Medan Ivana	12	9.54	21-08	smac
2	Strypstein Solena	13	9.94	17-10	ws
3	Zitouni Ilhem	12	10.01	09-10	rcb
4	Dzou Steffy Ann	13	10.23	17-10	ws
5	Gerard Zoe	12	10.24	09-10	rcb
6	D'Hallewin Olivia	12	10.86	22-08	ws
7	Delneufcourt Marion	13	11.11	22-08	ws
8	Paques Rose	12	11.21	02-10	rcb
9	El Youssefi Asmae	12	11.32	16-05	resc
10	Arys Josephine	13	11.38	25-09	rcas
11	Ettetuani Janna	12	11.41	16-05	resc
12	Van Wynendaele Joy	13	11.58	16-05	resc
13	Neili Alya	12	12.64	16-05	resc
14	Segers Lea	13	14.08	16-05	resc

BEN 600 m		RC : 2.00.94			
1	Strypstein Solena	13	2.03.24	17-10	ws
2	Dzou Steffy Ann	13	2.19.30	17-10	ws
3	Medan Ivana	12	2.22.57	16-05	resc
4	Paques Rose	12	2.29.71	02-10	rcb
5	Gerard Zoe	12	2.30.20	02-10	rcb
6	Arys Josephine	13	2.32.07	02-10	rcb
7	El Youssefi Asmae	12	2.34.91	16-05	resc
8	Ettetuani Janna	12	2.44.55	16-05	resc
9	Van Wynendaele Joy	13	2.52.57	16-05	resc
10	Neili Alya	12	3.18.59	16-05	resc
11	Segers Lea	13	3.32.91	16-05	resc

BEN Hauteur		RC : 1m18			
1	Strypstein Solena	13	1m10	16-05	resc
2	Dzou Steffy Ann	13	0m96	18-09	csf
3	Arys Josephine	13	0m90	16-05	resc
	El Youssefi Asmae	12	0m90	16-05	resc
5	Neili Alya	12	0m80	16-05	resc
	Van Wynendaele Joy	13	0m80	16-05	resc
7	Ettetuani Janna	12	0m75	16-05	resc

BEN Longueur		RC : 3m88			
1	Strypstein Solena	13	3m26	18-06	resc
2	Medan Ivana	12	3m08	21-08	smac
3	Dzou Steffy Ann	13	2m92	17-10	ws
4	Gerard Zoe	12	2m90	02-10	rcb
5	El Youssefi Asmae	12	2m59	18-06	resc
6	Arys Josephine	13	2m53	02-10	rcb
7	Van Wynendaele Joy	13	2m30	18-06	resc
8	Paques Rose	12	2m25	02-10	rcb
9	Segers Lea	13	1m81	18-06	resc
10	Neili Alya	12	1m69	18-06	resc

BEN Poids (1 kg)		RC : 8m63			
1	Strypstein Solena	13	6m87	09-10	rcb
2	Dzou Steffy Ann	13	6m86	17-10	ws
3	Gerard Zoe	12	5m81	24-10	ws
4	Arys Josephine	13	5m62	09-10	rcb
5	D'Hallewin Olivia	12	5m10	24-10	rcas
6	Artunoff Mara	12	4m73	09-10	rcb

BEN Balle de hockey		RC : 28m96			
1	Strypstein Solena	13	24m73	18-09	csf
2	Arys Josephine	13	15m80	25-09	rcas
3	Dzou Steffy Ann	13	15m68	16-10	rcb
4	Gerard Zoe	12	14m55	24-10	rcas
5	D'Hallewin Olivia	12	12m43	24-10	rcas
6	Neili Alya	12	11m68	18-06	resc
7	Delneufcourt Marion	13	11m13	22-08	ws
8	Segers Lea	13	8m39	18-06	resc
9	El Youssefi Asmae	12	6m00	18-06	resc



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BEN Tetrathlon		RC : 1652 p			
1	Strypstein Solena	13	1460 p	17-10	ws
2	Dzou Steffy Ann	13	1150 p	17-10	ws
3	Gerard Zoe	12	662 p	25-09	rcas
4	Arys Josephine	13	452 p	25-09	rcas

BEN 4 x 60 m		RC : 37.58			
Dzou, Gerard, Paques, Strypstein		41.10		02-10	rcb

PUPILLES FILLES (2011 - 2010)

PUP 60 m		RC : 8.55			
1	Squiflet Emelynn	10	8.61	17-10	ws
2	Dzou Lesly Kayla	10	8.90	17-10	ws
3	Popescu Raisa Gabriela	11	9.25	17-10	ws
4	Schroeven Camille	11	9.33	17-10	ws
5	Strypstein Maeva	11	9.41	16-05	resc
6	De Cooman Lea	11	9.64	16-05	resc
7	Ngandeu Tchambia Alexandra	10	9.85	16-05	resc
8	El Hajouti Yasmine	10	10.06	16-05	resc
9	Varela Gonzalez Carla	10	10.09	17-10	ws
10	Wanyu Naomie Belle	10	10.11	29-08	vita
11	Desager Eleanor	10	10.22	16-05	resc
12	Restrepo Clara	11	10.80	16-05	resc

PUP 1000 m		RC : 3.26.31			
1	Popescu Raisa Gabriela	11	3.37.36	09-10	rcb
2	Schroeven Camille	11	3.40.95	25-09	rcas
3	Strypstein Maeva	11	3.45.45	09-10	rcb
4	El Hajouti Yasmine	10	3.53.24	16-05	resc
5	Squiflet Emelynn	10	3.55.35	17-10	ws
6	Wanyu Naomie Belle	10	3.58.28	17-10	ws
7	Varela Gonzalez Carla	10	4.01.76	17-10	ws
8	Ngandeu Tchambia Alexandra	10	4.13.41	16-05	resc
9	Dzou Lesly Kayla	10	4.20.33	17-10	ws
10	De Cooman Lea	11	4.22.58	25-09	rcas
11	Desager Eleanor	10	4.25.62	16-05	resc
12	Restrepo Clara	11	4.31.54	16-05	resc

PUP 60 m haies (68 cm)		RC : 11.49			
1	Squiflet Emelynn	10	10.35	29-08	vita
2	Dzou Lesly Kayla	10	11.13	01-08	vita
3	Strypstein Maeva	11	11.91	01-08	vita
4	Schroeven Camille	11	13.01	29-08	vita

PUP Hauteur		RC : 1m31			
1	Popescu Raisa Gabriela	11	1m26	09-10	rcb
	Squiflet Emelynn	10	1m26	18-09	csf
3	Dzou Lesly Kayla	10	1m22	16-10	rcb
4	Strypstein Maeva	11	1m21	18-09	csf
5	De Cooman Lea	11	1m20	18-06	resc
6	Schroeven Camille	11	1m16	18-09	csf
7	Ngandeu Tchambia Alexandra	10	1m15	18-06	resc
8	Louis Ines	10	1m00	18-06	resc

PUP Longueur		RC : 4m48			
1	Squiflet Emelynn	10	4m18	17-10	ws
2	Popescu Raisa Gabriela	11	3m72	02-10	rcb
3	Dzou Lesly Kayla	10	3m70	17-10	ws
4	Strypstein Maeva	11	3m67	25-09	rcas
5	De Cooman Lea	11	3m56	25-09	rcas
6	Schroeven Camille	11	3m47	25-09	rcas
7	Wanyu Naomie Belle	10	3m20	17-10	ws
8	Varela Gonzalez Carla	10	3m17	17-10	ws
9	Ngandeu Tchambia Alex.	10	3m02	16-05	resc
10	Restrepo Clara	11	2m79	16-05	resc
11	El Hajouti Yasmine	10	2m57	16-05	resc



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PUP Poids (2 kg)		RC : 9m75			
1	Dzou Lesly Kayla	10	8m28	16-10	rcb
2	Squiflet Emelynn	10	8m18	18-06	resc
3	Wanyu Naomie Belle	10	7m87	24-10	rcas
4	De Cooman Lea	11	7m25	24-10	rcas
5	Popescu Raisa Gabriela	11	6m43	18-06	resc
6	Strypstein Maeva	11	6m42	01-08	vita
7	Besri Medyouni Shems	10	6m40	18-06	resc
8	Ngandeu Tchambia Alex.	10	6m22	18-06	resc
9	Schroeven Camille	11	5m78	24-10	rcas
10	Louis Ines	10	5m10	18-06	resc

PUP Disque (600 gr)		RC : 23m00			
1	Squiflet Emelynn	10	24m96	02-10	rcb
2	Dzou Lesly Kayla	10	18m15	10-07	aca
3	De Cooman Lea	11	17m02	24-10	rcas
4	Schroeven Camille	11	13m09	24-10	rcas
5	Strypstein Maeva	11	12m54	25-09	rcas
6	Wanyu Naomie Belle	10	11m20	24-10	rcas
7	Popescu Raisa Gabriela	11	7m62	25-09	rcas

PUP Balle de hockey		RC : 41m50			
1	Squiflet Emelynn	10	35m24	17-10	ws
2	Dzou Lesly Kayla	10	34m75	18-09	csf
3	De Cooman Lea	11	30m19	24-10	rcas
4	Strypstein Maeva	11	27m81	17-10	ws
5	Schroeven Camille	11	23m01	17-10	ws
6	Popescu Raisa Gabriela	11	20m33	17-10	ws
7	Wanyu Naomie Belle	10	20m21	17-10	ws
8	Varela Gonzalez Carla	10	18m95	17-10	ws

PUP Tetrathlon		RC : 2077 p			
1	Squiflet Emelynn	10	1941 p	17-10	ws
2	Popescu Raisa Gabriela	11	1571 p	17-10	ws
3	Strypstein Maeva	11	1483 p	17-10	ws
4	Dzou Lesly Kayla	10	1481 p	17-10	ws
5	Schroeven Camille	11	1420 p	25-09	rcas
6	Wanyu Naomie Belle	10	1111 p	17-10	ws
7	Varela Gonzalez Carla	10	1093 p	17-10	ws
8	De Cooman Lea	11	1029 p	25-09	rcas

PUP 4 x 60 m		RC : 33.97			
Squiflet, Schroeven, Strypstein, Dzou		35.76	02-10	rcb	

MINIMES FILLES (2009 - 2008)

MIN 80 m		RC : 10.64			
1	Radermacher Sarah	09	11.52	17-10	ws
2	Khrauph Aya	08	11.59	16-05	resc
3	Barry Diariou	08	11.61	09-10	rcb
4	Sibourg Celya	09	11.80	17-10	caf
5	Mayuma Marie	08	12.01	09-10	rcb
6	Palalic Lena	08	12.14	16-05	resc
7	Wanyu Diane Kylie	08	12.37	16-05	resc
8	Agacseven Lina	08	12.44	17-10	ws
9	Gerard Emma	08	12.46	25-09	rcas
10	Picula Petra	09	12.91	16-05	resc
11	Mubarik Inaya	08	13.03	16-05	resc
12	Sandron Elise	08	13.49	16-05	resc

MIN 150 m		RC : 20.13			
1	Cornali Nora	08	21.18	09-10	rcb
2	Sibourg Celya	09	22.50	02-10	rcb
3	Mayuma Marie	08	22.82	09-10	rcb
4	Agacseven Lina	08	23.50	09-10	rcb

MIN 1000 m		RC : 3.14.33			
1	Agacseven Lina	08	3.35.93	16-05	resc
2	Gerard Emma	08	3.38.57	12-06	resc
3	Radermacher Sarah	09	3.45.00	25-09	rcas
4	Wanyu Diane Kylie	08	3.50.94	12-06	resc



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5	Khrauph Aya	08	4.04.20	25-09	rcas
6	Mayuma Marie	08	4.07.74	17-10	ws
7	Hunt Anna Emilie	08	4.13.80	16-05	resc
8	Sibourg Celya	09	4.16.41	25-09	rcas
9	Palalic Lena	08	4.27.31	17-10	ws
10	Sandron Elise	08	4.37.51	16-05	resc
11	Mubarik Inaya	08	5.11.50	16-05	resc

MIN 60 m haies (68 cm)

RC : 11.49

1	Sibourg Celya	09	12.58	05-09	ea
2	Wanyu Diane Kylie	08	13.87	29-08	vita

MIN Hauteur

RC : 1m57

1	Radermacher Sarah	09	1m37	17-10	ws
2	Agacseven Lina	08	1m28	17-10	ws
3	Sibourg Celya	09	1m26	09-10	rcb
4	Mayuma Marie	08	1m25	17-10	ws
5	Wanyu Diane Kylie	08	1m22	17-10	ws
6	Palalic Lena	08	1m19	17-10	ws
7	Cornali Nora	08	1m11	09-10	rcb

MIN Longueur

RC : 5m00

1	Radermacher Sarah	09	4m14	18-06	resc
2	Palalic Lena	08	4m13	18-06	resc
3	Khrauph Aya	08	4m00	25-09	rcas
4	Gerard Emma	08	3m99	25-09	rcas
5	Wanyu Diane Kylie	08	3m92	16-05	resc
6	Sibourg Celya	09	3m86	16-05	resc
7	Mayuma Marie	08	3m82	17-10	ws
8	Minne Charline	09	3m67	18-06	resc
9	Agacseven Lina	08	3m52	16-05	resc
10	Sandron Elise	08	3m22	16-05	resc
11	Hunt Anna Emilie	08	2m93	18-06	resc
12	Picula Petra	09	2m87	16-05	resc
13	Mubarik Inaya	08	2m59	16-05	resc

MIN Poids (2 kg)

RC : 13m12

1	Mayuma Marie	08	10m62	17-10	ws
2	Wanyu Diane Kylie	08	9m81	24-10	rcas
3	Radermacher Sarah	09	9m75	17-10	ws
4	Sibourg Celya	09	6m92	18-06	resc
5	Minne Charline	09	6m91	18-06	resc
6	Gerard Emma	08	6m67	24-10	rcas
7	Agacseven Lina	08	6m65	17-10	ws
8	Palalic Lena	08	6m23	17-10	ws
9	Hunt Anna Emilie	08	5m45	18-06	resc
10	Picula Petra	09	4m91	18-06	resc

MIN Disque (750 gr)

RC : 27m29

1	Mayuma Marie	08	26m13	24-10	rcas
2	Radermacher Sarah	09	22m48	24-10	rcas
3	Gerard Emma	08	18m13	24-10	rcas
4	Sibourg Celya	09	16m88	02-10	rcb
5	Wanyu Diane Kylie	08	16m34	25-09	rcas
6	Agacseven Lina	08	14m32	25-09	rcas
7	Khrauph Aya	08	14m19	25-09	rcas

MIN Javelot (400 gr)

RC : 34m63

1	Radermacher Sarah	09	26m91	24-10	rcas
2	Mayuma Marie	08	24m77	09-10	rcb
3	Wanyu Diane Kylie	08	18m89	09-10	rcb
4	Sibourg Celya	09	16m52	25-09	rcas
5	Khrauph Aya	08	15m46	25-09	rcas
6	Gerard Emma	08	14m06	25-09	rcas
7	Agacseven Lina	08	10m15	25-09	rcas

MIN Pentathlon

RC : 3021 p

1	Radermacher Sarah	09	2506 p	17-10	ws
2	Mayuma Marie	08	2193 p	17-10	ws
3	Agacseven Lina	08	2022 p	17-10	ws
4	Wanyu Diane Kylie	08	1984 p	17-10	ws



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5 Palaic Lena 08 1752 p 17-10 ws

CADETTES FILLES (2007 - 2006)

CAD 100 m		RC : 12.64			
1	Kubiak Joanna	06	13.65	16-05	resc
2	Aguza Viera Olivia	06	13.75	16-05	resc
3	Sanchez Elisa	07	13.84	19-09	hf
4	Biala Judikaelle	06	14.19	20-06	csf
5	Mjahed Maya	07	14.22	18-07	fcha
6	Ngandeu Tchambia Brenda	07	14.79	16-05	resc
7	Vanneste Blum	06	15.20	16-05	resc
8	Bajjadi Lina	06	16.06	16-05	resc
9	Bilivogui Dina	06	16.42	10-10	csf
10	Verleyen Marthe	06	16.60	19-09	hf
11	Rousseau Amina	06	18.78	16-05	resc

CAD 200 m		RC : 26.14			
1	Kubiak Joanna	06	29.32	16-05	resc
2	Aguza Viera Olivia	06	29.66	19-09	hf
3	Biala Judikaelle	06	31.28	20-06	csf
4	Bajjadi Lina	06	34.40	16-05	resc

CAD 300 m		RC : 42.36			
1	Biala Judikaelle	06	52.96	16-05	resc

CAD 400 m		RC : 57.61			
1	Sanchez Elisa	07	67.42	19-09	hf

CAD 800 m		RC : 2.21.88			
1	Mjahed Maya	07	2.58.02	01-08	bbs
2	Sivis Mulongo Juliana	07	3.11.88	26-09	rcas
3	Vanneste Blum	06	3.15.52	19-09	hf

CAD 1500 m		RC : 4.53.37			
1	Degrez Lisa	06	7.03.68	19-09	hf

CAD 80 m haies (76 cm)		RC : 11.88			
1	Ngandeu Tchambia Brenda	07	15.75	19-09	hf
2	Mjahed Maya	07	15.96	31-07	bbs
3	Sivis Mulongo Juliana	07	18.12	25-09	rcas

CAD 300 m haies (76 cm)		RC : 45.51			
1	Ngandeu Tchambia Brenda	07	54.89	19-09	hf

CAD Hauteur		RC : 1m68			
1	Mjahed Maya	07	1m25	31-07	bbs
	Ngandeu Tchambia Brenda	07	1m25	16-05	resc
	Sivis Mulongo Juliana	07	1m25	25-09	rcas
4	Vanneste Blum	06	1m15	19-09	hf

CAD Longueur		RC : 5m74			
1	Aguza Viera Olivia	06	4m88	16-05	resc
2	Mjahed Maya	07	4m45	18-07	fcha
3	Ngandeu Tchambia Brenda	07	3m36	16-05	resc
	Sivis Mulongo Juliana	07	3m36	26-09	rcas
5	Delforge Pauline	06	3m24	16-05	resc

CAD Perche		RC : 3m26			
1	Biala Judikaelle	06	1m80	19-09	hf
2	Delforge Pauline	06	1m40	16-05	resc

CAD Poids (3 kg)		RC : 13m85			
1	Mjahed Maya	07	10m58	31-07	bbs
2	Ngandeu Tchambia Brenda	07	8m67	22-08	ws
3	Sivis Mulongo Juliana	07	6m10	25-09	rcas

CAD Disque (1 kg)		RC : 37m60			
1	Mjahed Maya	07	26m11	19-09	hf



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CAD Javelot (500 gr)			RC : 41m46		
1	Mjahed Maya	07	24m91	01-08	bbs
2	Ngandeu Tchambia Brenda	07	18m87	22-08	ws

CAD Hexathlon			RC : 3901 p		
1	Mjahed Maya	07	2512 p	01-08	bbs
2	Sivis Mulongo Juliana	07	1319 p	26-09	rcas

CAD 4 x 100 m			RC : 50.59		
Aguza Vieira, Biala, Mjahed, Sanchez			54.50	19-09	hf

SCOLAIRES FEMMES (2005 - 2004)

SCO 100 m			RC : 12.33		
1	Leonard Elise	05	12.82	03-07	moha
2	Tshanga Diomi Roline	04	13.06	16-05	resc
3	Van Ex Coelmont Alexia	04	13.49	16-05	resc
4	Martins Junior Magaly	04	13.50	16-05	resc
5	Bahaid Salma	05	13.71	16-05	resc
6	Hasnaoui Saloua	04	13.73	16-05	resc
7	Cole Anne Ramon	04	13.82	10-10	csf
8	De Gendt Oriane	05	14.06	16-05	resc
9	Surocaj Loreta	04	14.94	16-05	resc
10	Kallouch Bouchra	05	15.69	16-05	resc

SCO 200 m			RC : 25.34		
1	Tshanga Diomi Roline	04	26.85	16-05	resc
2	Bahaid Salma	05	27.36	12-06	resc
3	Leonard Elise	05	27.65	31-07	bbs
4	Hasnaoui Saloua	04	28.39	16-05	resc
5	Martins Junior Magaly	04	28.51	16-05	resc
6	Dennison Chrystal	05	28.81	31-07	bbs
7	Surocaj Loreta	04	31.40	16-05	resc

SCO 300 m			RC : 39.65		
1	Kagu Gerta	05	47.25	16-05	resc
2	Kallouch Bouchra	05	51.75	16-05	resc

SCO 400 m			RC : 56.03		
1	Tshanga Diomi Roline	04	62.51	19-09	hf

SCO 800 m			RC : 2.14.88		
1	Kagu Gerta	05	2.35.69	16-05	resc
2	Dennison Chrystal	05	2.53.65	01-08	bbs
3	Kallouch Bouchra	05	3.02.07	19-09	hf
4	Leonard Elise	05	3.04.60	01-08	bbs

SCO 1500 m			RC : 4.41.18		
1	Kagu Gerta	05	5.45.12	19-09	hf

SCO 3000 m			RC : 10.41.31		
1	Andouh lhssane	04	13.59.15	19-09	hf

SCO 100 m haies (76 cm)			RC : 13.92		
1	Lucas Clara	04	16.26	16-05	resc
2	Leonard Elise	05	16.92	31-07	bbs
3	Dennison Chrystal	05	18.35	31-07	bbs

SCO 400 m haies (76 cm)			RC : 62.36		
1	Surocaj Loreta	04	81.21	19-09	hf

SCO 2000 m steeple (76 cm)			RC : 8.05.35		
1	Kagu Gerta	05	8.48.32	19-09	hf

SCO Hauteur			RC : 1m68		
1	Dennison Chrystal	05	1m35	31-07	bbs



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SCO Longueur		RC : 6m08			
1	Lucas Clara	04	5m23	16-05	resc
2	Leonard Elise	05	4m69	18-07	fcha
3	De Gendt Oriane	05	4m44	16-05	resc
4	Surocaj Loreta	04	4m37	16-05	resc
5	Van Ex Coelmont Alexia	04	4m34	16-05	resc

SCO Triple saut		RC : 12m15			
1	Lucas Clara	04	10m20	16-10	rcb
2	Surocaj Loreta	04	9m06	19-09	hf

SCO Perche		RC : 3m36			
1	Cole Anne Ramon	04	2m20	19-09	hf

SCO Poids (3 kg)		RC : 13m85			
1	Mathieu Julia	05	14m06	11-07	FRA
2	Dennison Chrystal	05	9m46	31-07	bbs
3	Leonard Elise	05	7m70	31-07	bbs
4	Frifra Kheira	07	7m56	24-10	rcas
5	Martins Junior Magaly	04	7m29	19-09	hf

SCO Disque (1 kg)		RC : 47m99			
1	Mathieu Julia	05	30m63	11-09	lyra
2	Lucas Clara	04	18m11	24-10	rcas
3	Frifra Kheira	07	13m35	24-10	rcas
	Martins Junior Magaly	04	13m35	19-09	hf

SCO Javelot (500 gr)		RC : 41m95			
1	Dennison Chrystal	05	31m22	28-08	cabw
2	Leonard Elise	05	19m71	01-08	bbs
3	Frifra Kheira	07	13m83	24-10	rcas

SCO Heptathlon		RC : 4701 p			
1	Dennison Chrystal	05	3135 p	01-08	bbs
2	Leonard Elise	05	2669 p	01-08	bbs

SCO 4 x 100 m		RC : 48.97			
Bahaid, Tshanga Diomi, Martins Junior, Leonard		51.22	05-09	smac	

JUNIORS FEMMES (2003 - 2002)

JUN 100 m		RC : 12.03			
1	Demets Olivia	03	16.53	16-05	resc

JUN 200 m		RC : 24.65			
1	Demets Olivia	03	33.72	16-05	resc

JUN 400 m		RC : 56.03			
1	Joblin Marine	02	59.87	14-08	oeh

JUN 800 m		RC : 2.05.49			
1	Joblin Marine	02	2.13.80	26-06	resc
2	Nachtergal Marine	02	2.27.15	12-06	resc
3	Kurza Klaudia	02	2.36.09	16-05	resc

JUN Javelot (600 gr)		RC : 41m58			
1	Iven Kayla	02	42m80	06-06	FRA

ESPOIRS FEMMES (2001 - 2000 - 1999)

ESP 100 m		RC : 11.42			
1	Ombeni Rachel	01	12.70	30-05	NOR

ESP 200 m		RC : 24.59			
1	Verheecke Hanna	00	25.73	07-07	vita

ESP 300 m		RC : 38.04			
1	Verheecke Hanna	00	40.41	11-07	avlo



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ESP 400 m		RC : 53.51			
1	Verheecke Hanna	00	56.85	12-06	resc
ESP 800 m		RC : 2.03.72			
1	Muls Camille	99	2.04.70	14-08	olse
ESP 1500 m		RC : 4.16.33			
1	Muls Camille	99	4.12.35	03-07	avt
ESP 5000 m		RC : 18.09.70			
1	Van Lent Jana	01	17.08.23	29-05	NLD
ESP 10 000 m		RC : -			
1	Van Lent Jana	01	35.29.05	15-05	LUX
ESP Hauteur		RC : 1m88			
1	Thiebot Oceane	01	1m60	16-05	resc
ESP Longueur		RC : 6m08			
1	Kizito Prisca	01	5m58	26-06	resc
ESP Triple saut		RC : 12m92			
1	Ombeni Rachel	01	12m64	12-09	NOR

SENIORS FEMMES (2001 - 1987)

SEN 100 m		RC : 11.42			
1	Morency Poilvache Alizee	98	11.71	27-06	resc
2	Zagre Anne	90	11.73	03-07	avt
3	Badji Jalika	96	12.47	16-05	resc
4	Ombeni Rachel	01	12.70	30-05	NOR
5	Cok Evelyn	91	13.81	16-05	resc
6	Simons Lina	96	14.06	20-06	csf
SEN 200 m		RC : 23.46			
1	Morency Poilvache Alizee	98	24.13	26-06	resc
2	Badji Jalika	96	25.50	24-07	lyra
3	Verheecke Hanna	00	25.73	07-07	vita
4	Simons Lina	96	28.57	07-08	dcla
5	Cok Evelyn	91	29.30	16-05	resc
SEN 300 m		RC : 38.04			
1	Morency Poilvache Alizee	98	39.10	11-07	avlo
2	Badji Jalika	96	40.13	16-05	resc
3	Verheecke Hanna	00	40.41	11-07	avlo
4	Simons Lina	96	45.38	16-05	resc
SEN 400 m		RC : 56.51			
1	Badji Jalika	96	56.79	12-06	resc
2	Verheecke Hanna	00	56.85	12-06	resc
3	Simons Lina	96	64.10	24-07	lyra
SEN 800 m		RC : 2.03.72			
1	Muls Camille	99	2.04.70	14-08	olse
2	Chylinski Marta Alexandra	86	2.13.19	01-08	NLD
3	Pinter Eline	96	2.21.70	27-03	USA
4	Archambeau Aline	90	2.28.92	12-06	resc
SEN 1500 m		RC : 4.12.85			
1	Muls Camille	99	4.12.35	03-07	avt
2	Chylinski Marta Alexandra	86	4.29.37	01-09	FRA
3	Pinter Eline	96	4.43.70	23-04	USA
SEN 3000 m		RC : 8.49.85			
1	Chylinski Marta Alexandra	86	9.50.60	04-09	dein
SEN 5000 m		RC : 15.41.24			
1	Van Lent Jana	01	17.08.23	29-05	NLD



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SEN 10 000 m			RC : 32.23.39		
1	Van Lent Jana	01	35.29.05	15-05	LUX
2	Chylinski Marta Alexandra	86	36.38.48	12-06	rcg
SEN 100 m haies (84 cm)			RC : 12.71		
1	Zagre Anne	90	12.78	01-08	JPN
SEN 400 m haies (76 cm)			RC :		
1	Badji Jalika	96	60.63	27-06	resc
SEN Hauteur			RC : 1m95		
1	Thiebot Oceane	01	1m60	16-05	resc
SEN Longueur			RC : 6m28		
1	Kizito Prisca	01	5m58	26-06	resc
SEN Triple saut			RC : 13m3		
1	Ombeni Rachel	01	12m64	12-09	NOR
SEN Perche			RC : 4m20		
1	Henry Chloe	87	4m30	12-06	CHE
SEN Poids (4 kg)			RC : 14m84		
1	Van De Sype Chloe	97	9m49	22-08	csdy
2	Guisse Saliyya	96	8m48	24-10	rcas
SEN Disque (1 kg)			RC : 47m99		
1	Van De Sype Chloe	97	27m24	22-08	csdy
2	Guisse Saliyya	96	19m54	24-10	rcas
SEN Javelot (600 gr)			RC : 44m36		
1	Smal Pauline	98	46m23	27-06	resc
2	Guisse Saliyya	96	21m45	24-10	rcas
SEN 4 x 400 m			RC : 3.48.08		
Badji, Muls, Tshanga Diomi, Vereecke			3.51.26	05-09	smac
SEN Ekiden			RC : 3h10.19		
Chylinski, Goethals, Laurent, Imbo, Joblin, Muls			2h46.15	16-10	resc

MASTERS FEMMES 40

W40 100 m			RC : 13.54		
1	Dewitte Valerie	80	13.62	12-06	CHE
W40 150 m			RC : -		
1	Dewitte Valerie	80	20.85	08-05	CHE
W40 200 m			RC : 27.41		
1	Dewitte Valerie	80	28.59	22-05	CHE
W40 300 m			RC : 43.89		
1	Dewitte Valerie	80	44.10	08-05	CHE
W40 400 m			RC : 60.23		
1	Dewitte Valerie	80	63.81	12-06	CHE
W40 Poids (4 kg)			RC : 11m07		
1	Adam Benedicte	78	10m80	19-09	vita
2	Bee Delphine	78	9m79	16-10	rcb
3	Reynaerts Stephanie	80	8m88	16-10	rcb
W40 Disque (1 kg)			RC : 32m12		
1	Adam Benedicte	78	31m31	19-09	vita
W40 Javelot (600 gr)			RC : 26m68		
1	Adam Benedicte	78	25m23	24-10	rcas



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MASTERS FEMMES 45

W45 Poids (4 kg)		RC : 8m36			
1	De Buyst Nadia	73	6m28	16-10	rcb

MASTERS FEMMES 55

W55 100 m		RC : 14.91			
1	Boonaert Caroline	64	14.53	19-09	vita

W55 200 m		RC : 33.11			
1	Boonaert Caroline	64	31.76	19-09	vita

BENJAMINS GARÇONS (2013 - 2012)

BEN 60 m		RC : 9.17			
1	Dogru Ilian	12	10.04	17-10	ws
2	Housiaux Julien	12	10.14	09-10	rcb
3	Neerscholten Amos	12	10.43	26-09	rcas
4	Gysen Romain	12	10.86	09-10	rcb
5	Ruhangira Nathan	12	10.91	16-05	resc
6	Djiemo Tchankoue Florian	12	11.26	16-05	resc
7	Marchal Noam	13	11.36	17-10	ws
8	Touiger Yanis	12	12.22	16-05	resc
9	Mievis Axel	13	12.85	17-10	ws

BEN 600 m		RC : 1.57.80			
1	Housiaux Julien	12	2.03.57	17-10	ws
2	Dogru Ilian	12	2.10.60	17-10	ws
3	Neerscholten Amos	12	2.12.03	26-09	rcas
4	Gysen Romain	12	2.27.10	16-05	resc
5	Ruhangira Nathan	12	2.31.05	16-05	resc
6	Mievis Axel	13	2.34.63	17-10	ws
7	Marchal Noam	13	2.37.21	17-10	ws
8	Djiemo Tchankoue Florian	12	2.50.92	16-05	resc
9	Touiger Yanis	12	2.54.55	16-05	resc

BEN Hauteur		RC : 1m25			
1	Housiaux Julien	12	1m06	02-10	rcb
2	Dogru Ilian	12	1m05	16-05	resc
3	Djiemo Tchankoue Florian	12	1m00	16-05	resc
4	Ruhangira Nathan	12	0m95	16-05	resc
5	Gysen Romain	12	0m90	16-05	resc
6	Marchal Noam	13	0m85	16-05	resc
	Touiger Yanis	12	0m85	16-05	resc
8	Mievis Axel	13	0m80	16-05	resc

BEN Longueur		RC : 4m19			
1	Neerscholten Amos	12	3m43	18-06	resc
2	Housiaux Julien	12	3m38	18-06	resc
3	Dogru Ilian	12	3m22	09-10	rcb
4	Ruhangira Nathan	12	2m90	18-06	resc
5	Touiger Yanis	12	2m61	18-06	resc
6	Hendrichs Arthur	13	2m55	18-06	resc
7	Marchal Noam	13	2m44	18-06	resc
8	Mievis Axel	13	2m19	17-10	ws

BEN Poids (1 kg)		RC : 11m68			
1	Dogru Ilian	12	7m62	17-10	ws
2	Housiaux Julien	12	7m52	17-10	ws
3	Neerscholten Amos	12	6m69	09-10	rcb
4	Hendrichs Arthur	13	5m74	24-10	rcas
5	Marchal Noam	13	5m59	17-10	ws
6	Mievis Axel	13	3m96	17-10	ws

BEN Balle de hockey		RC : 40m13			
1	Housiaux Julien	12	29m00	18-06	resc
2	Neerscholten Amos	12	21m97	26-09	rcas
3	Ruhangira Nathan	12	19m72	18-06	resc
4	Hendrichs Arthur	13	18m68	24-10	rcas



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5	Marchal Noam	13	12m89	18-06	resc
6	Mievis Axel	13	11m63	24-10	rcas
7	Touiger Yanis	12	10m75	18-06	resc

BEN Tetrathlon

RC : 2099 p

1	Housiaux Julien	12	1440 p	17-10	ws
2	Dogru Ilian	12	1398 p	17-10	ws
3	Neerscholten Amos	12	1040 p	26-09	rcas
4	Marchal Noam	13	639 p	17-10	ws
5	Mievis Axel	13	349 p	17-10	ws

PUPILLES GARÇONS (2011 - 2010)

PUP 60 m

RC : 8.42

1	Ben Ahmed Yanis	10	9.35	16-05	resc
2	Guellet Elijah	10	9.77	16-05	resc
3	Theyskens Alexis	10	9.84	17-10	ws
4	Xhonneux Raphael	10	10.16	16-05	resc
5	Marchal Mathys	11	10.19	02-10	rcb
6	Mievis Lionel	11	10.34	16-05	resc
7	Detre Antonin	11	10.39	16-05	resc
8	Neili Fares	10	10.59	16-05	resc
9	Ghesquiere Alexandre	11	10.60	16-05	resc
10	Leyman Logan	11	10.65	16-05	resc
11	Arys Luca	10	10.81	04-09	kape
12	Ven Wynendaele Lenny	11	10.84	16-05	resc
13	Bellaari Nawfel	11	10.89	16-05	resc
14	Coppy Yannic	11	11.25	16-05	resc
15	Rozzi Arthur	11	11.48	02-10	rcb

PUP 1000 m

RC : 3.14.18

1	Ben Ahmed Yanis	10	3.18.53	09-10	rcb
2	Theyskens Alexis	10	3.36.11	09-10	rcb
3	Mievis Lionel	11	3.46.18	17-10	ws
4	Marchal Mathys	11	3.53.46	02-10	rcb
5	Arys Luca	10	3.58.07	26-09	rcas
6	Van Wynendaele Lenny	11	4.05.76	16-05	resc
7	Xhonneux Raphael	10	4.07.86	17-10	ws
8	Ghesquiere Alexandre	11	4.10.11	16-05	resc
9	Bellaari Nawfel	11	4.10.36	16-05	resc
10	Guellet Elijah	10	4.16.29	16-05	resc
11	Detre Antonin	11	4.32.72	16-05	resc
12	Rozzi Arthur	11	4.39.48	17-10	ws
13	Neili Fares	10	4.50.57	16-05	resc

PUP 60 m haies (68 cm)

RC : 14.05

1	Arys Luca	10	13.29	04-09	kape
2	Xhonneux Raphael	10	15.15	04-09	kape

PUP Hauteur

RC : 1m49

1	Aztout Haron	10	1m25	18-06	resc
2	Hendrichs Hadrien	10	1m20	18-06	resc
3	Xhonneux Raphael	10	1m16	02-10	rcb
4	Demoen Raphael	11	1m15	18-06	resc
	Michels Antoine	10	1m15	18-06	resc
	Ouattara Noham	10	1m15	18-06	resc
7	Arys Luca	10	1m14	26-09	rcas
8	Hendrichs Victor	10	1m10	18-06	resc
9	Theyskens Alexis	10	1m08	26-09	rcas
10	Ghesquiere Alexandre	11	1m05	18-06	resc
	Marchal Mathys	11	1m05	18-06	resc
	Sielinou Fomo Samory	10	1m05	18-06	resc
	Thonon Gaston	10	1m05	18-06	resc
14	Neili Fares	10	1m00	18-06	resc
	Philips Raphael	11	1m00	18-06	resc
	Verbandert Cesar	10	1m00	18-06	resc

PUP Longueur

RC : 4m75

1	Theyskens Alexis	10	3m65	17-10	ws
2	Guellet Elijah	10	3m52	16-05	resc
3	Ben Ahmed Yanis	10	3m52	16-05	resc



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4	Detre Antonin	11	3m33	16-05	resc
5	Marchal Mathys	11	3m27	17-10	ws
6	Mievis Lionel	11	3m26	17-10	ws
7	Chekem Amon Re	11	3m20	16-10	rcb
8	Xhonneux Raphael	10	3m14	17-10	ws
9	Eugeni Giosue	11	3m02	16-05	resc
10	Ghesquiere Alexandre	11	2m91	16-05	resc
11	Coppy Yannic	11	2m84	16-05	resc
12	Rozzi Arthur	11	2m75	17-10	ws
13	Van Wynendaele Lenny	11	2m73	16-05	resc
14	Leyman Logan	11	2m68	16-05	resc
15	Neili Fares	10	2m68	16-05	resc

PUP Poids (2 kg)

RC : 11m71

1	Neili Fares	10	7m73	18-06	resc
2	Ouattara Noham	10	6m75	18-06	resc
3	Michels Antoine	10	6m72	18-06	resc
4	Arys Luca	10	6m48	26-09	rcas
5	Phillips Raphael	11	6m26	18-06	resc
6	Aztout Haron	10	6m11	18-06	resc
7	Theyskens Alexis	10	6m03	26-09	rcas
8	Hendrichs Hadrien	10	5m84	18-06	resc
9	Chekem Amon Re	11	5m66	16-10	rcb
10	Marchal Mathys	11	5m56	18-06	resc
11	Xhonneux Raphael	10	5m42	29-08	riwa
12	Hendrichs Victor	10	5m13	18-06	resc
	Mievis Lionel	11	5m13	24-10	rcas
14	Thonon Gaston	10	5m09	18-06	resc
15	Verbandert Cesar	10	4m66	18-06	resc
16	Demoen Raphael	11	4m56	18-06	resc
17	Bellaari Nawfel	11	4m32	18-06	resc
18	Ghesquiere Alexandre	11	3m90	18-06	resc

PUP Disque (600 gr)

RC : 31m14

1	Arys Luca	10	15m52	04-09	kape
2	Theyskens Alexis	10	12m11	02-10	rcb
3	Mievis Lionel	11	11m92	24-10	rcas
4	Xhonneux Raphael	10	11m90	02-10	rcb

PUP Balle de hockey

RC : 46m50

1	Ben Ahmed Yanis	10	39m29	09-10	rcb
2	Arys Luca	10	28m80	09-10	rcb
3	Chekem Amon Re	11	27m69	16-10	rcb
4	Theyskens Alexis	10	26m91	17-10	ws
5	Lacroix Arthur	10	25m52	09-10	rcb
6	Mievis Lionel	11	23m10	17-10	ws
7	Marchal Mathys	11	19m33	17-10	ws
8	Rozzi Arthur	11	18m05	17-10	ws
9	Xhonneux Raphael	10	13m39	17-10	ws

PUP Tetrathlon

RC : 2516 p

1	Theyskens Alexis	10	1488 p	17-10	ws
2	Arys Luca	10	1264 p	26-09	rcas
3	Mievis Lionel	11	1226 p	17-10	ws
4	Marchal Mathys	11	1123 p	17-10	ws
5	Xhonneux Raphael	10	915 p	17-10	ws
6	Rozzi Arthur	11	527 p	17-10	ws

PUP 4 x 60 m

RC : 33.25

Arys, Xhonneux, Rozzi, Theyskens	40.96	02-10	rcb
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MINIMES GARÇONS (2009- 2008)

MIN 80 m

RC : 9.66

1	Ouattara Reda	08	10.74	09-10	rcb
2	Kubiak Joachim	09	11.06	16-05	resc
3	Verleyen Jakob	08	11.09	09-10	rcb
4	Soudon Jules	08	11.33	17-10	ws
5	Bouchfira Camille	08	11.60	16-05	resc
6	Coppy Kenneth	08	11.64	16-05	resc
7	Elengesa Leopold	08	11.66	16-05	resc



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8	Delneufcourt Hugo	09	12.34	22-08	ws
9	Delneufcourt Noah	09	12.43	22-08	ws
10	El Yousseoufi Sami	09	13.13	16-05	resc

MIN 150 m		RC : 18.43			
1	Kubiak Joachim	09	21.48	02-10	rcb

MIN 300 m		RC : 40.86			
1	Verleyen Jakob	08	43.37	02-10	rcb

MIN 1000 m		RC : 3.01.77			
1	Verleyen Jakob	08	3.03.45	12-09	avlo
2	Soudon Jules	08	3.22.52	17-10	ws
3	Bouchfira Camille	08	3.28.31	16-05	resc
4	El Yousseoufi Sami	09	3.52.63	16-05	resc
5	Kubiak Joachim	09	3.57.47	16-05	resc

MIN 150 m haies (76 cm)		RC : 20.54			
1	Kubiak Joachim	09	22.98	09-10	rcb
2	Delneufcourt Noah	09	24.15	09-10	rcb
3	Soudon Jules	08	25.83	09-10	rcb

MIN Hauteur		RC : 1m73			
1	Verleyen Jakob	08	1m37	17-10	ws
2	Soudon Jules	08	1m34	17-10	ws
3	Kubiak Joachim	09	1m31	02-10	rcb

MIN Longueur		RC : 5m73			
1	Ouattara Reda	08	4m74	09-10	rcb
2	Soudon Jules	08	4m63	17-10	ws
3	Verleyen Jakob	08	4m49	17-10	ws
4	Coppy Kenneth	08	4m27	16-05	resc
5	Kubiak Joachim	09	4m17	16-05	resc
6	Delneufcourt Noah	09	4m14	18-06	resc
7	Bouchfira Camille	08	4m07	16-05	resc
8	Delneufcourt Hugo	09	3m70	18-06	resc
9	Philips Bastien	09	3m56	18-06	resc
10	Elengesa Leopold	08	3m26	16-05	resc
11	El Yousseoufi Sami	09	3m11	16-05	resc
12	Sielinou Bamou Neto	09	1m61	18-06	resc

MIN Poids (3 kg)		RC : 14m71			
1	Soudon Jules	08	8m50	17-10	ws
2	Verleyen Jakob	08	8m26	17-10	ws
3	Ouattara Reda	08	7m40	18-06	resc
4	Philips Bastien	09	7m08	18-06	resc
5	Delneufcourt Noah	09	6m82	18-06	resc
6	Kubiak Joachim	09	6m31	18-06	resc
7	Soeiro Moreno Alexandre	09	5m89	18-06	resc
8	Delneufcourt Hugo	09	5m64	18-06	resc
9	El Yousseoufi Sami	09	4m72	18-06	resc
10	Sielinou Bamou Neto	09	3m45	18-06	resc

MIN Disque (750 gr)		RC : 45m01			
1	Coppy Kenneth	08	21m78	09-10	rcb
2	Philips Bastien	09	19m49	09-10	rcb
3	Kubiak Joachim	09	16m78	02-10	rcb
4	Delneufcourt Hugo	09	15m04	09-10	rcb

MIN Javelot (400 gr)		RC : 45m91			
1	Delneufcourt Noah	09	21m92	22-08	ws
2	Delneufcourt Hugo	09	19m95	22-08	ws
3	Kubiak Joachim	09	17m46	22-08	ws

MIN Pentathlon		RC : 4135 p			
1	Verleyen Jakob	08	3017 p	17-10	ws
2	Soudon Jules	08	2841 p	17-10	ws



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CADETS GARÇONS (2007 - 2006)

CAD 100 m		RC : 11.31			
1	Verheeke Amory	06	12.75	19-09	hf
2	Mertens Raphael	07	12.76	16-05	resc
3	Soeiro Moreno Joaquim	06	12.87	16-05	resc
4	Guellet Shadi	07	13.03	16-05	resc
5	Desmecht Isaiah	06	13.47	10-10	csf
6	Labruyere Maxime	06	13.50	16-05	resc
7	Mvulu Kimana Steve	07	13.69	02-10	rcb
8	Kemlo Zyad	07	13.91	16-05	resc
9	Fadoul Barry	06	14.90	16-05	resc

CAD 200 m		RC : 23.14			
1	Verheeke Amory	06	26.36	19-09	hf
2	Guellet Shadi	07	27.12	16-05	resc
3	Labruyere Maxime	06	27.37	16-05	resc
4	Kemlo Zyad	07	29.03	16-05	resc
	Mvulu Kimana Steve	07	29.03	22-08	ws
6	Fadoul Barry	06	33.42	16-05	resc

CAD 400 m		RC : 52.24			
1	Labruyere Maxime	06	59.41	19-09	hf

CAD 800 m		RC : 1.59.30			
1	Van Mossevelde Sami	07	2.32.18	22-08	ws
2	Charlier Luca	07	2.54.62	19-09	hf

CAD 1500 m		RC : 4.10.90			
1	Chaara Naim	06	5.07.60	19-09	hf
2	El Banoudi Rayane	07	5.28.98	02-10	rcb

CAD 100 m haies (91 cm)		RC : 14.02			
1	Fadoul Barry	06	21.07	19-09	hf

CAD 300 m haies (76 cm)		RC : 40.07			
1	Fadoul Barry	06	53.69	19-09	hf

CAD Hauteur		RC : 1m91			
1	Van Mossevelde Sami	07	1m20	16-05	resc
2	Labruyere Maxime	06	1m20	19-09	hf

CAD Longueur		RC : 6m70			
1	Guellet Shadi	07	5m18	16-05	resc
2	Mertens Raphael	07	4m92	16-05	resc
3	De Greef Guillaume	07	4m35	19-09	hf
4	Van Mossevelde Sami	07	3m81	16-05	resc

CAD Perche		RC : 3m76			
1	Van Mossevelde Sami	07	2m00	19-09	hf

CAD Poids (4 kg)		RC : 14m42			
1	Mertens de Willmars Raphael	07	9m67	19-09	hf
2	Van Mossevelde Sami	07	7m10	22-08	ws

CAD Disque (1 kg)		RC : 48m77			
1	Mertens de Willmars Raphael	07	22m28	19-09	hf

CAD Javelot (600 gr)		RC : 44m54			
1	Van Mossevelde Sami	07	26m18	28-08	cabw

CAD 4 x 100 m		RC : 44.36			
	El Banoudi, Labruyere, Tshanga Diumba, Verheecke		51.76	19-09	hf



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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SCOLAIRES HOMMES (2005 - 2004)

SCO 100 m		RC : 10.83			
1	Gruson Augustin	04	11.49	16-05	resc
2	Biala Kenny Felder	05	11.63	07-07	vita
3	Arifi Ilias	04	11.86	21-08	herv
	Domine Guillaume	04	11.86	10-10	csf
5	Guillaume Clement	04	12.08	16-05	resc
6	Ivens Filip	04	12.52	16-05	resc
7	Manzano Enzo	05	12.54	16-05	resc
8	Elengesa Gaspard	04	13.00	16-05	resc
9	Geerts Thibaut	05	13.13	16-05	resc

SCO 200 m		RC : 21.97			
1	Biala Kenny Felder	05	23.43	24-07	lyra
2	Gruson Augustin	04	23.55	19-09	hf
3	Guillaume Clement	04	24.34	16-05	resc
4	Elengesa Gaspard	04	27.01	02-07	ws

SCO 300 m		RC : 35.70			
1	Biala Kenny Felder	05	36.20	11-07	avlo
2	Manzano Enzo	05	41.57	16-05	resc

SCO 400 m		RC : 49.48			
1	Biala Kenny Felder	05	50.85	28-08	cabw
2	Arifi Ilias	04	52.24	21-08	herv
3	Nehme Ziad	05	57.09	22-08	ws

SCO 800 m		RC : 1.55.41			
1	Nehme Ziad	05	2.23.87	10-10	csf
2	Manzano Enzo	05	2.32.00	19-09	hf

SCO 1500 m		RC : 4.00.79			
1	Arifi Ilias	04	4.34.69	01-08	bbs
2	Nehme Ziad	05	5.14.19	19-09	hf

SCO 3000 m		RC : 8.33.14			
1	Guillaume Clement	04	11.51.46	19-09	hf

SCO 110 m haies (91 cm)		RC : 13.65			
1	Arifi Ilias	04	14.69	03-07	moha

SCO 400 m haies (84 cm)		RC : 56.13			
1	Arifi Ilias	04	58.65	11-09	lyra
2	Manzano Enzo	05	66.04	19-09	hf

SCO 2000 m steeple (91 cm)		RC : 6.10.20			
1	Nehme Ziad	05	7.25.79	19-09	hf

SCO Hauteur		RC : 2m05			
1	Arifi Ilias	04	1m87	25-09	rcas
2	Suetens Loic	05	1m68	19-09	hf

SCO Longueur		RC : 7m59			
1	Gruson Augustin	04	7m03	27-06	resc
2	Arifi Ilias	04	6m04	12-06	resc
3	Domine Guillaume	04	5m49	19-09	hf
4	Manzano Enzo	05	4m81	16-05	resc

SCO Triple saut		RC : 15m64			
1	Domine Guillaume	04	10m86	19-09	hf
2	Geerts Thibaut	05	10m20	16-05	resc

SCO Perche		RC : 4m36			
1	Arifi Ilias	04	4m10	16-07	rcas

SCO Poids (5 kg)		RC : 14m35			
1	Arifi Ilias	04	11m16	25-09	rcas
2	Corneli Keziah	05	8m81	19-09	hf



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2021

SCO Disque (1,5 kg)		RC : 44m44			
1	Arifi Ilias	04	30m85	22-08	herv
2	Ivens Filip	04	28m41	19-09	hf
SCO Javelot (700 gr)		RC : 52m73			
1	Ivens Filip	04	35m09	19-09	hf
2	Arifi Ilias	04	32m57	20-06	csf
SCO Decathlon		RC : 5708 p			
1	Arifi Ilias	04	5847 p	21-08	herv
SCO 4 x 100 m		RC : 42.91			
Clement, Biala, Arifi, Gruson		44.73	19-09	hf	

JUNIORS HOMMES (2003 - 2002)

JUN 100 m		RC : 10.71			
1	Medan Marko	03	11.06	18-09	herv
2	De Tollenaere Tom	03	11.92	16-05	resc
3	Montilla Alexis	02	12.11	21-08	herv
4	Chekem Ramses	03	12.15	16-05	resc
5	Dobrzynski Damian	03	14.49	16-05	resc
JUN 200 m		RC : 21.24			
1	Medan Marko	03	22.43	18-09	herv
2	Dobrzynski Damian	03	30.53	16-05	resc
JUN 400 m		RC : 47.92			
1	Latinne Mathys	03	50.26	04-07	damp
2	Montilla Alexis	02	56.28	31-07	bbs
JUN 800 m		RC : 1.52.66			
1	Latinne Mathys	03	1.54.12	03-07	avt
JUN 1500 m		RC : 3.48.90			
1	Montilla Alexis	02	5.03.16	22-08	herv
JUN 110 m haies (99 cm)		RC : 13.63			
1	Montilla Alexis	02	19.02	01-08	bbs
JUN Hauteur		RC : 2m14			
1	Montilla Alexis	02	1m70	21-08	herv
JUN Longueur		RC : 7m89			
1	Montilla Alexis	02	5m76	16-05	resc
JUN Perche		RC : 5m00			
1	Montilla Alexis	02	3m40	01-08	bbs
2	De Tollenaere Tom	03	3m00	16-05	resc
JUN Poids (6 kg)		RC : 15m79			
1	Montilla Alexis	02	11m71	31-07	bbs
JUN Disque (1,75 kg)		RC : 43m08			
1	Montilla Alexis	02	33m17	22-08	herv
JUN Javelot (800 gr)		RC : 53m14			
1	Montilla Alexis	02	46m12	15-05	jsmc
JUN Decathlon		RC : 7196 p			
1	Montilla Alexis	02	5193 p	22-08	herv

ESPOIRS HOMMES (2001 - 2000 - 1999)

ESP 100 m		RC : 10.53			
1	Segers Daniel	01	10.90	03-08	asvo
2	Kasmi Amine	00	10.98	11-08	vita
3	Taiwo Eniola	00	11.14	12-06	resc
4	Tourtois Charles	01	11.40	16-05	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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5 Geerts Gregory 99 11.49 14-08 oeh

ESP 200 m RC : 21.14

1 Kasmi Amine 00 21.11 27-06 resc
2 Mazebo Simon 00 22.32 29-08 vs

ESP 300 m RC : 33.30

1 Segers Daniel 01 33.84 03-08 asvo
2 Mazebo Simon 00 35.17 08-09 vita

ESP 400 m RC : 46.28

1 Segers Daniel 01 47.76 29-08 lebb
2 Mazebo Simon 00 49.66 29-08 lebb
3 Tourtois Charles 01 51.34 21-08 herv
4 Ringoet Romain 01 56.18 02-07 ws

ESP 1500 m RC : 3.42.78

1 Tourtois Charles 01 4.24.29 22-08 herv

ESP 5000 m RC : 13.56.92

1 Jazaeri Amir 99 17.00.74 02-10 rcb

ESP 110 m haies (106 cm) RC : 13.66

1 Tourtois Charles 01 16.21 22-08 herv

ESP 400 m haies (91 cm) RC : 50.29

1 Mazebo Simon 00 53.06 18-09 herv

ESP Hauteur RC : 2m21

1 Tourtois Charles 01 1m78 21-08 herv

ESP Longueur RC : 7m89

1 Segers Daniel 01 7m15 31-7 acw
2 Geerts Gregory 99 6m71 14-08 olse
3 Tourtois Charles 01 6m06 21-08 herv

ESP Triple saut RC : 16m01

1 Geerts Gregory 99 14m72 24-05 NLD

ESP Perche RC : 5m11

1 Tourtois Charles 01 3m70 16-05 resc

ESP Poids (7,26 kg) RC : 14m58

1 Tourtois Charles 01 11m50 21-08 herv

ESP Disque (2 kg) RC : 44m06

1 Tourtois Charles 01 31m42 22-08 herv

ESP Javelot (800 gr) RC : 58m05

1 Tourtois Charles 01 38m41 22-08 herv

ESP Decathlon RC : 7902 p

1 Tourtois Charles 01 6196 p 22-08 herv

SENIORS HOMMES (2001 - 1987)

SEN 100 m RC : 10.02

1 Tshitwenu Florian 97 10.69 19-06 cabw
2 Niesen Charles 94 10.81 26-09 usbw
3 Segers Daniel 01 10.90 03-08 asvo
4 Kalmen Adam 98 10.93 26-09 usbw
5 Kasmi Amine 00 10.98 11-08 vita
6 Badji Asamti 95 11.13 11-08 vita
7 Taiwo Eniola 00 11.14 12-06 resc
8 Caluwe Arnaud 91 11.22 31-07 acw
9 Montilla Dimitri 98 11.36 29-05 FRA
10 Tourtois Charles 01 11.40 16-05 resc
11 Caty Dylan 97 11.43 30-05 FRA
12 Geerts Gregory 99 11.49 14-08 oeh



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2021

13	Ilunga Carl	93	11.57	03-07	moha
14	Ghislain Arnaud	88	11.62	20-06	csf
15	Fassil Aboubaker	91	12.02	20-06	csf

SEN 200 m RC : 20.66

1	Kasmi Amine	00	21.11	27-06	resc
2	Niesen Charles	94	21.72	18-09	looi
3	Nicodeme Romain	95	21.98	21-07	riem
4	Badji Asamti	95	22.08	07-08	dcla
5	Kalmen Adam	98	22.46	16-05	resc
6	Mazebo Simon	00	22.32	29-08	vs
7	Caty Dylan	97	22.89	06-06	FRA
8	Ghislain Arnaud	88	22.94	20-06	csf
9	Caluwe Arnaud	91	23.09	04-08	achl
10	Ilunga Carl	93	23.59	07-08	dcla
11	Fassil Aboubaker	91	24.70	12-06	resc

SEN 300 m RC : 33.10

1	Segers Daniel	01	33.84	03-08	asvo
2	Badji Asamti	95	34.06	11-07	avlo
3	Niesen Charles	94	34.60	08-09	vita
4	Mazebo Simon	00	35.17	08-09	vita
5	Ilunga Carl	93	37.55	11-07	avlo

SEN 400 m RC : 45.98

1	Badji Asamti	95	47.26	24-07	lyra
2	Segers Daniel	01	47.76	29-08	lebb
3	Mabille Florent	96	47.83	14-08	olse
4	Nicodeme Romain	95	48.29	12-06	resc
5	Lins Sebastien	92	48.95	12-06	resc
6	Mazebo Simon	00	49.66	29-08	lebb
7	Ghislain Arnaud	88	51.08	21-08	FRA
8	Montilla Dimitri	98	51.21	29-05	FRA
9	Tourtois Charles	01	51.34	21-08	herv
10	Ilunga Carl	93	51.52	14-08	oeh
11	Marin Sanchez Sergio	98	54.92	22-08	ws
12	Ringoet Romain	01	56.18	02-07	ws

SEN 800 m RC : 1.46.60

1	Callahan Wirtz Peter	91	1.47.92	17-07	vita
2	Balhan Robin	94	1.51.02	19-06	cabw
3	Ghislain Arnaud	88	2.02.49	21-08	FRA
4	Petitjean Simon	96	2.03.64	16-05	resc
5	Marin Sanchez Sergio	98	2.07.97	02-07	ws

SEN 1500 m RC : 3.37.11

1	Callahan Wirtz Peter	91	3.38.41	15-05	USA
2	Balhan Pierre Antoine	92	3.42.58	12-06	resc
3	Petitjean Simon	96	3.54.56	12-06	resc
4	Bouissane Youssef	94	3.56.62	19-06	cabw
5	Balhan Robin	94	4.01.31	16-05	resc
6	Tourtois Charles	01	4.24.29	22-08	herv
7	Petitjean Simon	96	4.35.96	15-05	jsmc
8	Ghislain Arnaud	88	4.53.32	22-08	FRA
9	Montilla Dimitri	98	4.55.06	30-05	FRA
10	Vereertbrugghen Nicolas	92	4.56.20	16-05	resc

SEN Mile RC : 4.01.10

1	Callahan Wirtz Peter	91	3.57.49	20-08	USA
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SEN 3000 m RC : 7.51.46

1	Ghislain Arnaud	88	10.50.14	22-08	FRA
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SEN 5000 m RC : 13.22.81

1	Bouckikhi Lahsene	93	13.49.08	03-07	avt
2	Ruell Kim	87	15.03.37	12-06	resc
3	Bouissane Youssef	94	15.09.23	12-06	resc
4	Jazaeri Amir	99	17.00.74	02-10	rcb
5	Ghislain Arnaud	88	18.40.43	21-08	FRA



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2021

SEN 10 000 m		RC : 28.24.95			
1	Bouchikhi Lahsene	93	28.45.30	05-06	GBR
2	Ghislain Arnaud	88	40.57.16	22-08	FRA
SEN Semi marathon		RC : 1h01.42			
1	Naert Koen	89	1h01.38	21-03	DEU
SEN Marathon		RC : 2h07.39			
1	Naert Koen	89	2h12.13	08-08	JPN
2	Bouissane Youssef	94	2h22.23	19-09	rfcl
SEN 110 m haies (106 cm)		RC : 13.48			
1	Caty Dylan	97	14.35	20-06	FRA
2	Montilla Dimitri	98	14.70	30-05	FRA
3	Tourtois Charles	01	16.21	22-08	herv
4	Ghislain Arnaud	88	16.28	11-07	flac
SEN 200 m haies (76 cm)		RC : 24.74			
1	Ghislain Arnaud	88	25.01	21-08	FRA
SEN 400 m haies (91 cm)		RC : 48.91			
1	Mazebo Simon	00	53.06	18-09	herv
2	Ghislain Arnaud	88	57.42	22-08	FRA
SEN 3000 steeple (91 cm)		RC : 8.24.90			
1	Bouissane Youssef	94	9.21.20	27-06	resc
2	Ghislain Arnaud	88	11.30.70	21-08	FRA
SEN Hauteur		RC : 2m21			
1	Gamuala Ngamunguela Jos	98	2m00	16-05	resc
2	Montilla Dimitri	98	1m98	29-05	FRA
3	Tourtois Charles	01	1m78	21-08	herv
4	Ghislain Arnaud	88	1m62	21-08	FRA
SEN Longueur		RC : 7m98			
1	Caluwe Arnaud	91	7m28	22-08	csdy
2	Segers Daniel	01	7m15	31-7	acw
3	Campener Corentin	90	7m04	27-06	resc
4	Montilla Dimitri	98	6m94	16-05	resc
5	Geerts Gregroy	99	6m71	14-08	olse
6	Ghislain Arnaud	88	6m21	11-07	flac
7	Tourtois Charles	01	6m06	21-08	herv
SEN Triple saut		RC : 16m86			
1	Geerts Gregroy	99	14m72	24-05	NED
2	Ghislain Arnaud	88	11m88	20-06	csf
SEN Perche		RC : 5m25			
1	Montilla Dimitri	98	4m75	30-05	FRA
2	Tourtois Charles	01	3m70	16-05	resc
3	Ghislain Arnaud	88	2m50	22-08	FRA
SEN Poids (7,26 kg)		RC : 15m64			
1	Guillaume Jonathan	92	15m57	30-05	FRA
2	Hadj Faraji Ridwan	98	12m86	21-08	csf
3	Montilla Dimitri	98	12m61	31-07	bbs
4	Dekker Stephan	87	12m79	10-07	zwat
5	Tourtois Charles	01	11m50	21-08	herv
6	Ghislain Arnaud	88	10m37	21-08	FRA
SEN Disque (2 kg)		RC : 56m67			
1	Dekker Stephan	87	55m48	12-06	NLD
2	Salvaggio Claudio	92	44m36	12-06	resc
3	Montilla Dimitri	98	43m41	30-05	FRA
4	Guillaume Jonathan	92	41m37	27-06	resc
5	Gets Florent	91	40m18	15-05	jsmc
6	Hadj Faraji Ridwan	98	32m34	02-10	rcb
7	Tourtois Charles	01	31m42	22-08	herv
8	Ghislain Arnaud	88	27m70	11-07	flac



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2021

SEN Javelot (800 gr)		RC : 70m78			
1	Gets Florent	91	55m28	27-06	resc
2	Montilla Dimitri	98	44m63	30-05	FRA
3	Tourtois Charles	01	38m41	22-08	herv
4	Ghislain Arnaud	88	32m82	22-08	FRA
SEN Marteau (7,26 kg)		RC : 61m66			
1	Salvaggio Claudio	92	61m82	27-06	ITA
2	Ghislain Arnaud	88	28m33	21-08	FRA
SEN Decathlon		RC : 8142 p			
1	Montilla Dimitri	98	7287 p	30-05	FRA
2	Tourtois Charles	01	6196 p	22-08	herv
3	Ghislain Arnaud	88	5313 p	22-08	FRA
SEN Icosathlon		RC : 14 285 p			
1	Ghislain Arnaud	88	11 342 p	22-08	FRA
SEN 4 x 100 m		RC : 40.60			
Kalmen, Niesen, Kasmi, Tshitwenu		40.79	05-09	smac	
SEN 4 x 200 m		RC : 1.24.15			
Segers, Tshitwenu, Badji, Medan		1.26.10	05-09	smac	
SEN 4 x 400 m		RC : 3.10.20			
Mazebo, Lins, Nicodeme, Badji		3.14.58	05-09	smac	
SEN Ekiden		RC : 2h10.48			
Boland, Minne, Lemaire, Delneufcourt, Ruell, Jazaeri		2h30.33	16-10	resc	

MASTERS HOMMES 35

M35 200 m		RC : 22.55			
1	Balsen Julien	86	24.02	11-08	vita
M35 300 m		RC : 37.95			
1	Balsen Julien	86	37.38	11-07	avlo
M35 400 m		RC : 52.31			
1	Balsen Julien	86	52.91	07-08	dcla

MASTERS HOMMES 40

M40 Marathon		RC : 2h47.19			
1	Boland Patrick	78	2h37.29	26-09	DEU

MASTERS HOMMES 45

M45 Marathon		RC : 2h41.07			
1	Delneufcourt Olivier	76	3h18.15	26-09	DEU

MASTERS HOMMES 55

M55 100 m		RC : 13.19			
1	Schoonen Laurent	65	14.78	25-09	rcas
M55 400 m		RC : 78.01			
1	Schoonen Laurent	65	73.88	22-08	ws
M55 1500 m		RC : 5.20.00			
1	Schoonen Laurent	65	7.08.11	21-08	csf
M55 100 m haies (91 cm)		RC : 19.19			
1	Schoonen Laurent	65	23.06	26-09	rcas
M55 Hauteur		RC : 1m45			
1	Schoonen Laurent	65	1m35	25-09	rcas



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M55 Longueur			RC : 4m15		
1	Schoonen Laurent	65	3m87	25-09	rcas
M55 Perche			RC : 1m90		
1	Schoonen Laurent	65	2m32	26-09	rcas
M55 Poids (6 kg)			RC : 7m37		
1	Schoonen Laurent	65	6m98	21-08	csf
M55 Poids (7,26 kg)			RC : 11m42		
1	Schoonen Laurent	65	7m45	25-09	rcas
M55 Disque (1,5 kg)			RC : 43m45		
1	Schoonen Laurent	65	22m85	26-09	rcas
M55 Disque (2 kg)			RC : 45m49		
1	Schoonen Laurent	65	17m19	24-10	rcas
M55 Javelot (700 gr)			RC : 24m51		
1	Schoonen Laurent	65	22m09	02-10	volh
M55 Javelot (800 gr)			RC : -		
1	Schoonen Laurent	65	24m41	21-08	csf
M55 Marteau (6 kg)			RC : 19m67		
1	Schoonen Laurent	65	19m88	02-10	volh
M55 Grand poids (11,34 kg)			RC : -		
1	Schoonen Laurent	65	8m21	02-10	volh
M55 Pentathlon de lancers			RC : -		
1	Schoonen Laurent	65	1689 p	02-10	volh
M55 Decathlon			RC : 2735 p		
1	Schoonen Laurent	65	3592 p	26-09	rcas

PARA MASTERS HOMMES 60

M60 Disque (1,5 kg)			RC : -		
1	Denys Jacques	59	15m05	27-06	resc
M60 Disque (2 kg)			RC : 15m81		
1	Denys Jacques	59	11m72	24-10	rcas
M60 Javelot (800 gr)			RC : 13m05		
1	Denys Jacques	59	11m61	27-06	resc

MASTERS HOMMES 60

M60 100 m			RC : -		
1	Maniquet Rudi	61	13.61	20-06	csf
M60 200 m			RC : -		
1	Maniquet Rudi	61	28.26	16-05	resc
M60 Triple saut			RC : -		
1	Maniquet Rudi	61	9m09	19-09	vita