



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
OUTDOOR 2020

**BENJAMINES FILLES (2012 - 2011)**

BEN 60 m		RC : 9.30			
1	Schroeven Camille	11	9.71	03-10	rcb
2	Popescu Raisa	11	9.91	10-10	csf
3	Medan Ivana	12	9.94	10-10	csf
4	De Cooman Lea	11	10.15	19-09	csf
5	Gerard Zoe	12	10.65	17-10	ws

  

BEN 600 m		RC : 2.00.94			
1	Popescu Raisa	11	2.10.56	17-10	ws
2	Schroeven Camille	11	2.10.70	17-10	ws
3	Gerard Zoe	12	2.36.18	17-10	ws
4	De Cooman Lea	11	2.41.59	26-09	rcas

  

BEN Hauteur		RC : 1m18			
1	Schroeven Camille	11	1m07	19-09	csf

  

BEN Longueur		RC : 3m88			
1	Medan Ivana	12	3m28	10-10	csf
2	De Cooman Lea	11	3m09	10-10	csf
4	Popescu Raisa	11	3m06	17-10	ws
3	Schroeven Camille	11	3m05	17-10	ws
5	Gerard Zoe	12	2m61	13-09	vita

  

BEN Poids (1 kg)		RC : 8m63			
1	Schroeven Camille	11	6m71	17-10	ws
2	De Cooman Lea	11	6m48	10-10	csf
3	Popescu Raisa	11	5m97	17-10	ws
4	Medan Ivana	12	4m43	10-10	csf
5	Gerard Zoe	12	4m21	17-10	ws

  

BEN Balle de hockey		RC : 28m96			
1	De Cooman Lea	11	20m03	26-09	rcas
2	Schroeven Camille	11	15m88	26-09	rcas
3	Popescu Raisa	11	13m19	26-09	rcas
4	Gerard Zoe	12	8m44	26-09	rcas

  

BEN Tetrathlon		RC : 1652 p			
1	Schroeven Camille	11	1335 p	17-10	ws
2	Popescu Raisa	11	1287 p	17-10	ws
3	Gerard Zoe	12	672 p	17-10	ws
4	De Cooman Lea	11	629 p	26-09	rcas

**PUPILLES FILLES (2010 - 2009)**

PUP 60 m		RC : 8.55			
1	Squiflet Emelynn	10	8.90	26-09	rcas
2	Radermacher Sarah	09	9.26	17-10	ws
3	Dzou Lesly Kayla	10	9.37	19-09	csf
4	Sibourg Celya	09	9.44	18-10	caf
5	Wanyu Naomie Belle	10	10.24	26-09	rcas
6	Ngandeu Tchambia Alexandra	10	10.25	17-10	ws
7	Rombout Alicia	09	10.31	26-09	rcas
8	El Hajouti Yasmine	10	10.51	03-10	rcb
9	Frifra Louisa	09	11.71	10-10	csf

  

PUP 1000 m		RC : 3.26.31			
1	Minne Charline	09	3.48.77	10-10	csf
2	Rombout Alicia	09	3.52.00	10-10	csf
3	Sibourg Celya	09	3.53.98	10-10	csf
4	Radermacher Sarah	09	3.57.99	17-10	ws
5	Squiflet Emelynn	10	4.09.39	26-09	rcas
6	Ngandeu Tchambia Alexandra	10	4.14.39	17-10	ws
7	Dzou Lesly Kayla	10	4.26.66	17-10	ws
8	El Hajouti Yasmine	10	4.28.60	03-10	rcb
9	Frifra Louisa	09	4.59.68	17-10	ws

  

PUP 60 m haies (68 cm)		RC : -			
1	Squiflet Emelynn	10	11.49	30-08	csf



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PUP Hauteur		RC : 1m31			
1	Radermacher Sarah	09	1m30	19-09	csf
2	Dorren Mathilda	09	1m23	10-10	csf
3	Squiflet Emelynn	10	1m21	19-09	csf
4	Dzou Lesly Kayla	10	1m06	19-09	csf

PUP Longueur		RC : 4m48			
1	Radermacher Sarah	09	4m05	26-09	rcas
2	Squiflet Emelynn	10	3m81	26-09	rcas
3	Dzou Lesly Kayla	10	3m56	17-10	ws
4	Sibourg Celya	09	3m40	26-09	rcas
5	Rombout Alicia	09	3m07	26-09	rcas
6	Wanyu Naomie Belle	10	2m89	26-09	rcas
7	Ngandeu Tchambia Alexandra	10	2m83	26-09	rcas
8	El Hajouti Yasmine	10	2m47	26-09	rcas
9	Frifra Louisa	09	2m32	26-09	rcas

PUP Poids (2 kg)		RC : 9m75			
1	Radermacher Sarah	09	7m39	24-10	rcas
2	Sibourg Celya	09	6m42	24-10	rcas
3	Dzou Lesly Kayla	10	6m38	24-10	rcas
4	Frifra Louisa	09	5m00	24-10	rcas

PUP Disque (600 gr)		RC : 23m00			
1	Radermacher Sarah	09	19m07	26-09	rcas
2	Squiflet Emelynn	10	18m22	10-10	csf
3	Dzou Lesly Kayla	10	15m95	24-10	rcas
4	Sibourg Celya	09	15m27	24-10	rcas
5	Wanyu Naomie Belle	10	13m37	26-09	rcas
6	Frifra Louisa	09	12m30	24-10	rcas
7	Ngandeu Tchambia Alexandra	10	12m03	26-09	rcas
8	Rombout Alicia	09	9m56	26-09	rcas
9	El Hajouti Yasmine	10	2m90	26-09	rcas

PUP Balle de hockey		RC : 41m50			
1	Radermacher Sarah	09	27m79	17-10	ws
2	Squiflet Emelynn	10	24m75	03-10	rcb
3	Dzou Lesly Kayla	10	23m85	03-10	rcb
4	Sibourg Celya	09	22m80	24-10	rcas
5	Ngandeu Tchambia Alexandra	10	15m98	17-10	ws
6	Frifra Louisa	09	15m55	17-10	ws

PUP Tetrathlon		RC : 2077 p			
1	Radermacher Sarah	09	1590 p	26-09	rcas
2	Squiflet Emelynn	10	1540 p	26-09	rcas
3	Sibourg Celya	09	1288 p	26-09	rcas
4	Dzou Lesly Kayla	10	1222 p	17-10	ws
5	Rombout Alicia	09	989 p	26-09	rcas
6	Ngandeu Tchambia Alexandra	10	774 p	17-10	ws
7	Wanyu Naomie Belle	10	659 p	26-09	rcas
8	El Hajouti Yasmine	10	541 p	26-09	rcas
9	Frifra Louisa	09	337 p	17-10	ws

**MINIMES FILLES (2008 - 2007)**

MIN 80 m		RC : 10.64			
1	Khrauph Aya	08	11.41	17-10	ws
2	Ngandeu Tchambia Brenda	07	11.62	17-10	ws
3	Mjahed Maya	07	11.72	26-09	rcas
4	Sanchez Elisa	07	11.85	26-09	rcas
5	Halgand Lucie	07	12.13	26-09	rcas
6	Barry Diariou	08	12.27	17-10	ws
7	Sivis Mulongo Juliana	07	12.44	17-10	ws
8	Gerard Emma	08	12.45	17-10	ws
9	Wanyu Diane Kylie	08	12.60	26-09	rcas
10	Mubarik Inaya	08	12.79	17-10	ws
11	Mayuma Marie	08	12.82	17-10	ws
12	Agacseven Lina	08	12.86	26-09	rcas
13	Frifra Kheira	07	13.97	17-10	ws
14	Sandron Elise	08	14.20	26-09	rcas



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MIN 150 m			RC : 20.13		
1	Ngandeu Tchambia Brenda	07	21.30	10-10	csf
2	Sanchez Elisa	07	22.12	10-10	csf
3	Gerard Emma	08	23.47	10-10	csf

  

MIN 1000 m			RC : 3.14.33		
1	Barry Diariou	08	3.38.46	17-10	ws
2	Gerard Emma	08	3.39.79	17-10	ws
3	Wanyu Diane Kylie	08	3.47.28	26-09	rcas
4	Mjahed Maya	07	3.47.74	26-09	rcas
5	Agacseven Lina	08	3.48.42	17-10	ws
6	Halgand Lucie	07	3.49.07	26-09	rcas
7	Khrauph Aya	08	3.51.13	17-10	ws
8	Sivis Mulongo Juliana	07	3.53.34	17-10	ws
9	Sanchez Elisa	07	3.54.28	26-09	rcas
10	Ngandeu Tchambia Brenda	07	4.04.34	26-09	rcas
11	Mayuma Marie	08	4.23.95	17-10	ws
12	Sandron Elise	08	4.33.14	26-09	rcas
13	Mubarik Inaya	08	4.35.38	17-10	ws
14	Frifra Kheira	07	4.49.33	17-10	ws

  

MIN Hauteur			RC : 1m57		
1	Gerard Emma	08	1m16	19-09	csf

  

MIN Longueur			RC : 5m00		
1	Mjahed Maya	07	4m03	26-09	rcas
2	Khrauph Aya	08	4m00	10-10	csf
3	Wanyu Diane Kylie	08	3m74	10-10	csf
4	Sivis Mulongo Juliana	07	3m66	17-10	ws
5	Sanchez Elisa	07	3m61	26-09	rcas
6	Barry Diariou	08	3m48	26-09	rcas
7	Ngandeu Tchambia Brenda	07	3m44	17-10	ws
8	Gerard Emma	08	3m43	26-09	rcas
9	Agacseven Lina	08	3m39	26-09	rcas
10	Mayuma Marie	08	3m18	17-10	ws
11	Halgand Lucie	07	3m08	26-09	rcas
12	Frifra Kheira	07	2m94	26-09	rcas
13	Sandron Elise	08	2m93	26-09	rcas
14	Mubarik Inaya	08	2m67	26-09	rcas

  

MIN Poids (2 kg)			RC : 13m12		
1	Mjahed Maya	07	9m94	24-10	rcas
2	Ngandeu Tchambia Brenda	07	8m59	17-10	ws
3	Wanyu Diane Kylie	08	7m74	17-10	ws
4	Sivis Mulongo Juliana	07	7m37	17-10	ws
5	Mubarik Inaya	08	6m99	24-10	rcas
6	Mayuma Marie	08	6m89	17-10	ws
7	Barry Diariou	08	6m76	17-10	ws
8	Khrauph Aya	08	6m59	24-10	rcas
9	Frifra Kheira	07	6m43	24-10	rcas
10	Agacseven Lina	08	5m40	17-10	ws
11	Gerard Emma	08	5m33	17-10	ws
12	Sandron Elise	08	4m65	24-10	rcas

  

MIN Disque (750 gr)			RC : 27m29		
1	Mjahed Maya	07	24m00	26-09	rcas
2	Ngandeu Tchambia Brenda	07	18m10	26-09	rcas
3	Frifra Kheira	07	15m19	26-09	rcas
4	Mubarik Inaya	08	14m79	26-09	rcas
5	Khrauph Aya	08	13m11	26-09	rcas
6	Gerard Emma	08	12m98	26-09	rcas
7	Wanyu Diane Kylie	08	12m86	26-09	rcas
8	Sanchez Elisa	07	12m03	26-09	rcas
9	Halgand Lucie	07	11m13	26-09	rcas
10	Sandron Elise	08	10m73	26-09	rcas
11	Agacseven Lina	08	10m03	26-09	rcas
12	Barry Diariou	08	9m31	26-09	rcas

  

MIN Javelot (400 gr)			RC : 34m63		
1	Mjahed Maya	07	28m12	10-10	csf
2	Ngandeu Tchambia Brenda	07	22m51	17-10	ws



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3	Frifra Kheira	07	15m68	10-10	csf
4	Wanyu Diane Kylie	08	15m24	17-10	ws
5	Khrauph Aya	08	14m60	24-10	rcas
6	Barry Diariou	08	14m44	17-10	ws
7	Sanchez Elisa	07	14m42	26-09	rcas
8	Mayuma Marie	08	13m12	17-10	ws
9	Sivis Mulongo Juliana	07	12m58	17-10	ws
10	Mubarik Inaya	08	11m40	26-09	rcas
11	Halgand Lucie	07	11m18	26-09	rcas
12	Sandron Elise	08	10m45	17-10	ws
13	Gerard Emma	08	9m55	17-10	ws
14	Agacseven Lina	08	8m80	17-10	ws

MIN Pentathlon

RC : 3021 p

1	Mjahed Maya	07	2162 p	26-09	rcas
2	Ngandeu Tchambia Brenda	07	1961 p	17-10	ws
3	Khrauph Aya	08	1840 p	17-10	ws
4	Barry Diariou	08	1785 p	17-10	ws
5	Sivis Mulongo Juliana	07	1703 p	17-10	ws
6	Sanchez Elisa	07	1574 p	26-09	rcas
7	Wanyu Diane Kylie	08	1528 p	26-09	rcas
8	Gerard Emma	08	1507 p	17-10	ws
9	Agacseven Lina	08	1387 p	17-10	ws
10	Halgand Lucie	07	1381 p	26-09	rcas
11	Mayuma Marie	08	1289 p	17-10	ws
12	Mubarik Inaya	08	1063 p	17-10	ws
13	Frifra Kheira	07	955 p	17-10	ws
14	Sandron Elise	08	762 p	17-10	ws

CADETTES FILLES (2006 - 2005)

CAD 100 m

RC : 12.64

1	Leonard Elise	05	13.11	12-09	cabw
2	Kubiak Joanna	06	13.92	08-08	resc
3	Bahaid Salma	05	14.11	08-08	resc
4	Dennison Chrystal	05	14.45	08-08	resc
5	Aguzza Vieira Olivia	06	14.54	12-09	cabw

CAD 200 m

RC : 26.14

1	Kubiak Joanna	06	29.11	12-09	cabw
2	Bahaid Salma	05	29.50	03-10	rcb
3	Dennison Chrystal	05	29.52	08-08	resc
4	Leonard Elise	05	30.07	08-08	resc
5	Vanneste Blum	06	32.89	03-10	rcb

CAD 300 m

RC : 42.36

1	Bahaid Salma	05	47.74	17-10	ws
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CAD Longueur

RC : 5m74

1	Leonard Elise	05	4m73	22-08	herv
2	De Gendt Oriane	05	4m35	09-08	csf
3	Aguzza Vieira Olivia	06	4m12	12-09	cabw
4	Vanneste Blum	06	3m79	03-10	rcb

CAD Poids (3 kg)

RC : 13m85

1	Mathieu Julia	05	13m82	11-10	FRA
2	Leonard Elise	05	6m30	05-09	csf
3	Aguzza Vieira Olivia	06	5m11	05-09	csf
4	De Gendt Oriane	05	4m99	05-09	csf

CAD Javelot (500 gr)

RC : 41m46

1	Leonard Elise	05	16m90	05-09	csf
2	De Gendt Oriane	05	13m34	05-09	csf
3	Aguzza Vieira Olivia	06	12m57	05-09	csf

CAD 4 x 100 m

RC : 50.59

Aguzza Vieira, Dennison, Kubiak, Leonard			54.16	19-09	jsmc
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**SCOLAIRES FEMMES (2004 - 2003)**

SCO 100 m		RC : 12.33			
1	Sielinou Lisa	03	13.39	08-08	resc
2	Van Ex Alexia	04	13.79	08-08	resc
3	Martins Junior Magaly	04	13.87	08-08	resc
SCO 200 m		RC : 25.34			
1	Sielinou Lisa	03	27.35	08-08	resc
2	Martins Junior Magaly	04	28.86	12-09	cabw
SCO 300 m		RC : 39.65			
1	Mpinga Mulowayi Alexia	04	46.06	29-08	oeh
SCO 400 m		RC : 56.03			
1	Haouari Farrah	03	65.56	30-08	resc
SCO 800 m		RC : 2.14.88			
1	Haouari Farrah	03	2.26.15	08-08	resc
SCO 1000 m		RC : 3.01.01			
1	Haouari Farrah	03	3.08.82	17-10	ws
SCO 1500 m		RC : 4.41.18			
1	Haouari Farrah	03	5.02.17	03-10	rcb
SCO Hauteur		RC : 1m68			
1	Viaene Luna	03	1m59	12-09	cabw
SCO Longueur		RC : 6m08			
1	Lucas Clara	04	5m02	19-10	csf
2	Van Ex Alexia	04	4m16	08-08	resc
SCO Triple saut		RC : 12m15			
1	Dossey Jennifer Stefania	04	11m50	14-08	ROM
SCO Poids (3 kg)		RC : 13m85			
1	Van Ex Alexia	04	6m59	05-09	csf
SCO Javelot (500 gr)		RC : 41m95			
1	Van Ex Alexia	04	21m66	05-09	csf
2	Perez Montero Ariadna	03	13m50	03-10	rcb
SCO 4 x 100 m		RC : 48.98			
Hasnaoui, Martins Junior, Lucas, Surocaj			53.97	19-09	jsmc

**JUNIORS FEMMES (2002 - 2001)**

JUN 400 m		RC : 56.03			
1	Joblin Marine	02	59.70	30-08	vac
JUN 800 m		RC : 2.05.49			
1	Joblin Marine	02	2.14.23	08-08	resc
2	Nachtergal Marine	02	2.34.37	08-08	resc
3	Kurza Klaudia	02	2.37.16	08-08	resc
JUN 1500 m		RC : 4.29.50			
1	Kurza Klaudia	02	5.27.48	30-08	csf
JUN Hauteur		RC : 1m81			
1	Thiebot Oceane	01	1m63	08-08	resc
JUN Triple saut		RC : 12m15			
1	Ombeni Rachel	01	12m28	20-09	NOR
JUN Javelot (600 gr)		RC : 39m06			
1	Iven Kayla	02	41m58	08-07	FRA



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**ESPOIRS FEMMES (2000 - 1999 - 1998)**

ESP 100 m		RC : 11.42			
1	Morency Poilvache Alizee	98	12.16	16-08	resc
ESP 200 m		RC : 24.59			
1	Morency Poilvache Alizee	98	24.79	08-08	resc
ESP 300 m		RC : 38.04			
1	Vereecke Hanna	00	40.96	29-08	oeh
ESP 400 m		RC : 53.51			
1	Vereecke Hanna	00	57.59	15-08	resc
2	Morency Poilvache Alizee	98	58.20	30-08	csf
ESP 800 m		RC : 2.03.72			
1	Muls Camille	99	2.06.96	16-08	resc
ESP Disque (1 kg)		RC : 47m99			
1	Montilla Morgane	98	25m89	08-08	resc
ESP Javelot (600 gr)		RC : 39m06			
1	Smal Pauline	98	44m36	02-08	usbw
2	Montilla Morgane	98	34m97	08-08	resc

**SENIORS FEMMES (2000 - 1986)**

SEN 100 m		RC : 11.42			
1	Zagre Anne	90	11.74	16-08	resc
2	Morency Poilvache Alizee	98	12.16	16-08	resc
3	Badji Jalika	96	12.89	08-08	resc
4	Simons Lina	96	14.20	09-08	resc
SEN 200 m		RC : 23.46			
1	Morency Poilvache Alizee	98	24.79	08-08	resc
2	Badji Jalika	96	25.53	08-08	resc
3	Simons Lina	96	28.85	09-08	resc
SEN 300 m		RC : 38.04			
1	Vereecke Hanna	00	40.96	29-08	oeh
SEN 400 m		RC : 53.51			
1	Badji Jalika	96	57.37	30-08	csf
2	Vereecke Hanna	00	57.59	15-08	resc
3	Morency Poilvache Alizee	98	58.20	30-08	csf
4	Simons Lina	96	65.23	08-08	resc
SEN 800 m		RC : 2.03.72			
1	Muls Camille	99	2.06.96	16-08	resc
2	Chylinski Marta Alexandra	86	2.17.92	06-09	avt
SEN 1500 m		RC : 4.12.85			
1	Chylinski Marta Alexandra	86	4.36.01	12-09	acw
SEN 3000 m		RC : 8.49.85			
1	Chylinski Marta Alexandra	86	9.58.89	30-08	vac
SEN 5000 m		RC : 15.41.24			
1	Chylinski Marta Alexandra	86	17.12.99	17-09	NLD
SEN 10 000 m		RC : 32.23.39			
1	Chylinski Marta Alexandra	86	36.35.14	27-09	usbw
SEN 100 m haies (84 cm)		RC : 12.71			
1	Zagre Anne	90	13.11	19-08	POL
SEN 400 m haies (76 cm)		RC : 55.20			
1	Badji Jalika	96	60.37	16-08	resc



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SEN Longueur			RC : 6m28		
1	Guisse Saliyya	96	6m01	18-07	FRA

SEN Triple saut			RC : 13m38		
1	Guisse Saliyya	96	13m07	26-08	FRA
2	Ombeni Rachel	01	12m28	20-09	NOR

SEN Perche			RC : 4m20		
1	Van De Sype Chloe	97	3m40	16-08	resc

SEN Disque (1 kg)			RC : 47m99		
1	Montilla Morgane	98	25m89	08-08	resc

SEN Javelot (600 gr)			RC : 39m06		
1	Smal Pauline	98	44m36	02-08	usbw
2	Montilla Morgane	98	34m97	08-08	resc

**MASTERS FEMMES 40**

W40 poids (4 kg)			RC : 11m07		
1	Adam Benedicte	78	10m67	02-08	usbw

W40 Disque (1 kg)			RC : 27m92		
1	Adam Benedicte	78	32m12	19-09	ea
2	Bee Delphine	78	24m48	08-08	resc

**MASTERS FEMMES 55**

W55 100 m			RC : -		
1	Boonaert Caroline	64	14.91	19-09	ea

W55 200 m			RC : -		
1	Boonaert Caroline	64	33.11	19-09	ea

**BENJAMINS GARÇONS (2012 - 2011)**

BEN 60 m			RC : 9.17		
1	Eugeni Giosue	11	9.87	10-10	csf
2	Chekem Amon Re	11	10.01	17-10	ws
3	Mievis Lionel	11	10.59	27-09	rcas
4	Ghesquiere Alexandre	11	10.79	10-10	csf
5	Neerscholten Amos	12	11.19	27-09	rcas
6	Rozzi Arthur	11	11.87	19-09	csf

BEN 600 m			RC : 1.57.80		
1	Chekem Amon Re	11	2.04.25	17-10	ws
2	Mievis Lionel	11	2.19.23	27-09	rcas
3	Neerscholten Amos	12	2.33.94	27-09	rcas
4	Rozzi Arthur	11	2.38.52	03-10	rcb

BEN Longueur			RC : 4m19		
1	Chekem Amon Re	11	3m12	10-10	csf
2	Mievis Lionel	11	3m06	19-09	csf
3	Coppy Yannic	11	2m98	10-10	csf
4	Neerscholten Amos	12	2m48	27-09	rcas
	Rozzi Arthur	11	2m48	19-09	csf

BEN Poids (1 kg)			RC : 11m68		
1	Chekem Amon Re	11	8m04	10-10	csf
2	Coppy Yannic	11	6m97	10-10	csf
3	Philips Bastien	11	6m54	10-10	csf
4	Rozzi Arthur	11	4m85	03-10	rcb

BEN Balle de hockey			RC : 40m13		
1	Mievis Lionel	11	20m28	27-09	rcas
2	Neerscholten Amos	12	18m26	27-09	rcas
3	Rozzi Arthur	11	16m75	27-09	rcas



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BEN Tetrathlon		RC : 2099 p			
1	Chekem Amon Re	11	1479 p	17-10	ws
2	Mievis Lionel	11	826 p	27-09	rcas
3	Neerscholten Amos	12	552 p	27-09	rcas
4	Rozzi Arthur	11	330 p	27-09	rcas

**PUPILLES GARÇONS (2010 - 2009)**

PUP 60 m		RC : 8.42			
1	Kubiak Joachim	09	8.91	19-09	csf
2	Delneufcourt Noah	09	9.39	19-09	csf
3	Delneufcourt Hugo	09	9.64	19-09	csf
4	Ouattara Noham	10	9.75	10-10	csf
5	Sanchez Diego	10	9.82	17-10	ws
6	Theyskens Alexis	10	9.85	27-09	rcas
7	Xhonneux Raphael	10	10.24	27-09	rcas
8	Hendrichs Hadrien	10	10.71	17-10	ws
9	Arys Luca	10	10.87	17-10	ws
10	Hendrichs Victor	10	12.43	17-10	ws

PUP 1000 m		RC : 3.14.18			
1	Delneufcourt Noah	09	3.35.88	10-10	csf
2	Delneufcourt Hugo	09	3.42.05	10-10	csf
3	Sanchez Diego	10	3.45.80	10-10	csf
4	Theyskens Alexis	10	3.51.92	27-09	rcas
5	Arys Lucas	10	3.53.50	17-10	ws
6	Hendrichs Hadrien	10	3.55.36	17-10	ws
7	Xhonneux Raphael	10	4.04.18	17-10	ws
8	Hendrichs Victor	10	4.11.96	17-10	ws

PUP 60 m haies (68 cm)		RC : -			
1	Arys Lucas	10	14.05	30-08	csf

PUP Hauteur		RC : 1m49			
1	Kubiak Joachim	09	1m20	10-10	csf
2	Delneufcourt Hugo	09	1m14	10-10	csf
3	Xhonneux Raphael	10	0m96	19-09	csf

PUP Longueur		RC : 4m75			
1	Kubiak Joachim	09	4m13	19-09	csf
2	Theyskens Alexis	10	3m36	27-09	rcas
3	Sanchez Diego	10	3m30	17-10	ws
	Xhonneux Raphael	10	3m30	19-09	csf
5	Arys Luca	10	2m95	19-09	csf
6	Hendrichs Hadrien	10	2m85	17-10	ws
7	Hendrichs Victor	10	2m43	17-10	ws

PUP Poids (2 kg)		RC : 11m71			
1	Arys Luca	10	7m87	27-09	rcas
2	Delneufcourt Noah	09	6m72	24-10	rcas
3	Delneufcourt Hugo	09	6m47	24-10	rcas
4	Theyskens Alexis	10	5m52	27-09	rcas
5	Xhonneux Raphael	10	4m71	27-09	rcas

PUP Disque (600 gr)		RC : 31m14			
1	Philips Bastien	09	23m32	10-10	csf
2	Delneufcourt Noah	09	17m66	10-10	csf
3	Delneufcourt Hugo	09	17m09	24-10	rcas
4	Arys Luca	10	13m22	10-10	csf

PUP Balle de hockey		RC : 46m50			
1	Delneufcourt Hugo	09	30m62	24-10	rcas
2	Arys Luca	10	30m10	17-10	ws
3	Delneufcourt Noah	09	26m66	24-10	rcas
4	Hendrichs Hadrien	10	24m24	17-10	ws
5	Sanchez Diego	10	22m40	17-10	ws
6	Theyskens Alexis	10	21m27	17-10	ws
7	Xhonneux Raphael	10	16m67	03-10	rcb
8	Hendrichs Victor	10	14m49	17-10	ws





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PUP Tetrathlon		RC : 2516 p			
1	Theyskens Alexis	10	1365 p	27-09	rcas
2	Arys Luca	10	1190 p	27-09	rcas
3	Xhonneux Raphael	10	1073 p	27-09	rcas
4	Hendrichs Hadrien	10	1027 p	17-10	ws
5	Hendrichs Victor	10	494 p	17-10	ws

**MINIMES GARÇONS (2008- 2007)**

MIN 80 m		RC : 9.66			
1	Ouattara Reda	08	11.08	10-10	csf
2	Mvulu Kimana Steve	07	11.16	10-10	csf
3	Elangesa Leopold	08	11.77	10-10	csf
4	Vilain Nicolas	07	12.35	03-10	rcb

MIN 150 m		RC : 18.43			
1	Tshanga Diumba John Ross		21.41	10-10	csf

MIN 1000 m		RC : 3.01.77			
1	Mertens de Wilmars Raphael	07	3.27.37	27-09	rcas
2	Van Mossevelde Sami	07	3.31.52	03-10	rcb
3	Van Den Brempt Mathis	07	3.36.05	27-09	rcas
4	Mvulu Kimana Steve	07	4.17.55	17-10	ws

MIN 80 m haies (76 cm)		RC : -			
1	Mertens de Wilmars Raphael	07	13.81	27-09	rcas
2	Van Den Brempt Mathis	07	15.19	27-09	rcas

MIN Hauteur		RC : 1m73			
1	Mertens de Wilmars Raphael	07	1m48	27-09	rcas
2	Van Den Brempt Mathis	07	1m31	10-10	csf
3	Mvulu Kimana Steve	07	1m16	10-10	csf

MIN Longueur		RC : 5m73			
1	Mvulu Kimana Steve	07	4m11	17-10	ws
2	Van Mossevelde Sami	07	3m79	03-10	rcb

MIN Poids (3 kg)		RC : 14m71			
1	Mertens de Wilmars Raphael	07	10m36	27-09	rcas
2	Van Den Brempt Mathis	07	6m72	27-09	rcas
3	Mvulu Kimana Steve	07	6m40	17-10	ws

MIN Disque (750 gr)		RC : 45m01			
1	Mertens de Wilmars Raphael	07	20m51	27-09	rcas
2	Van Den Brempt Mathis	07	16m01	27-09	rcas

MIN Javelot (400 gr)		RC : 45m91			
1	Van Mossevelde Sami	07	27m77	03-10	rcb
2	Vilain Nicolas	07	21m91	24-10	rcas
3	Coppy Kenneth	08	20m38	10-10	csf
4	Mvulu Kimana Steve	07	13m44	17-10	ws

MIN Pentathlon		RC : 4135 p			
1	Mertens de Wilmars Raphael	07	2817 p	27-09	rcas
2	Van Den Brempt Mathis	07	2207 p	27-09	rcas
3	Mvulu Kimana Steve	07	1806 p	17-10	ws

**CADETS GARÇONS (2006 - 2005)**

CAD 100 m		RC : 11.31			
1	Biala Kenny Felder	05	12.17	08-08	resc
2	Mbuyi Tshinyongolo Tresor	06	12.76	08-08	resc
3	Soeiro Moreno Joaquim	06	13.62	03-10	rcb
4	Labruyere Maxime	06	13.81	03-10	rcb
5	Verheeke Amory	06	14.06	08-08	resc
6	Lair Adrien	06	14.21	26-09	rcas



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CAD 200 m		RC : 23.14			
1	Biala Kenny Felder	05	24.88	12-09	cabw
2	Mbuyi Tshinyongolo Tresor	06	25.91	08-08	resc
3	Labruyere Maxime	06	28.29	03-10	rcb
4	Soeiro Moreno Joaquim	06	28.31	03-10	rcb
5	Verheeke Amory	06	29.84	12-09	cabw
6	Lair Adrien	06	30.69	08-08	resc

CAD 100 m haies (84 cm)		RC : 16.64			
1	Lair Adrien	06	21.13	27-09	rcas

CAD Longueur		RC : 6m70			
1	Manzano Enzo	05	4m04	19-10	csf
2	Lair Adrien	06	3m70	08-08	resc

CAD Poids (4 kg)		RC : 14m42			
1	Lair Adrien	06	6m27	26-09	rcas

CAD Javelot (600 gr)		RC : 44m54			
1	Ivens Filip	04	34m70	03-10	rcb
2	Manzano Enzo	05	25m12	19-10	csf

CAD 4 x 100 m		RC : 44m36			
Verheeke, Cornali, Labruyere, Biala			50.07	19-09	jsmc

**SCOLAIRES HOMMES (2004 - 2003)**

SCO 100 m		RC : 10.83			
1	Medan Marko	03	11.47	12-09	cabw
2	Sibourg Valentin	04	11.81	18-10	caf
3	Arifi Ilias	04	11.97	26-09	dein
4	De Tollenaere Tom	03	12.18	26-09	dein
5	Guillaume Clement	04	12.20	12-09	cabw
6	Mbuyi Bodika William	04	12.31	08-08	resc
7	Botte Yanis	04	12.77	30-08	vac
8	Ivens Filip	04	12.85	08-08	resc
9	Van Elsuwe Alexis	04	13.20	26-09	rcas
10	Elengesa Gaspard	04	13.22	30-08	vac
11	Dobrzynski Damian	03	13.88	08-08	resc

SCO 200 m		RC : 21.97			
1	Sibourg Valentin	04	24.24	03-10	rcb
2	Guillaume Clement	04	24.50	08-08	resc
3	Mbuyi Bodika William	04	25.04	08-08	resc
4	Dobrzynski Damian	03	29.20	08-08	resc

SCO 400 m		RC : 49.48			
1	Arifi Ilias	04	53.87	26-09	dein
2	De Tollenaere Tom	03	56.16	26-09	dein
3	Van Elsuwe Alexis	04	61.28	26-09	rcas

SCO 1500 m		RC : 4.00.79			
1	Arifi Ilias	04	4.50.90	27-09	dein
2	Van Elsuwe Alexis	04	5.31.10	27-09	rcas

SCO 110 m haies (91 cm)		RC : 14.02			
1	Arifi Ilias	04	15.21	12-09	cabw
2	Van Elsuwe Alexis	04	21.78	27-09	rcas

SCO 400 m haies (84 cm)		RC : 56.13			
1	Arifi Ilias	04	61.88	12-09	cabw

SCO Hauteur		RC : 2m05			
1	Arifi Ilias	04	1m70	30-08	csf
	De Tollenaere Tom	03	1m70	22-08	herv
3	Van Elsuwe Alexis	04	1m39	26-09	rcas



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SCO Longueur		RC : 7m59			
1	Gruson Augustin	04	6m31	12-09	cabw
2	De Tollenaere Tom	03	6m12	08-08	resc
3	Arifi Ilias	04	5m92	08-08	resc
4	Ivens Filip	04	5m82	08-08	resc
5	Sibourg Valentin	04	5m46	18-10	caf
6	Chekem Ramses	03	5m36	12-09	cabw
7	Van Elsuwe Alexis	04	5m03	26-09	rcas

SCO Triple saut		RC : 15m64			
1	Van Elsuwe Alexis	04	11m37	12-09	cabw

SCO Perche		RC : 4m36			
1	De Tollenaere Tom	03	3m60	22-08	herv
2	Arifi Ilias	04	3m20	22-08	herv
3	Van Elsuwe Alexis	04	3m06	08-08	resc

SCO Poids (5 kg)		RC : 14m35			
1	De Tollenaere Tom	03	12m85	05-09	csf
2	Ivens Filip	04	8m82	05-09	csf
3	Sibourg Valentin	04	8m74	05-09	csf
4	Van Elsuwe Alexis	04	8m73	26-09	rcas
5	Arifi Ilias	04	7m42	26-09	rcas

SCO Disque (1,5 kg)		RC : 44m44			
1	De Tollenaere Tom	03	32m23	27-09	dein
2	Sibourg Valentin	04	19m04	12-09	cabw
3	Van Elsuwe Alexis	04	15m76	27-09	rcas

SCO Javelot (700 gr)		RC : 52m73			
1	De Tollenaere Tom	03	43m56	27-09	dein
2	Ivens Filip	04	34m70	03-10	rbc
3	Arifi Ilias	04	28m22	05-09	csf
4	Van Elsuwe Alexis	04	21m26	27-09	rcas

SCO Decathlon		RC : 5708 p			
1	De Tollenaere Tom	03	5300 p	27-09	dein
2	Arifi Ilias	04	4812 p	27-09	dein
3	Van Elsuwe Alexis	04	3258 p	27-09	rcas

4 x 100 m		RC : 42.91			
Guillaume, Arifi, Sibourg, Medan			45.00	19-09	jsmc

**JUNIORS HOMMES (2002 - 2001)**

JUN 100 m		RC : 10.71			
1	Montilla Alexis	02	12.44	30-08	csf

JUN 800 m		RC : 1.52.66			
1	Dakir Adnan	02	2.11.75	08-08	resc

JUN Hauteur		RC : 2m14			
1	Montilla Alexis	02	1m65	30-08	csf

JUN Longueur		RC : 7m86			
1	Segers Daniel	01	7m89	16-08	resc

JUN Perche		RC : 5m00			
1	Segers Daniel	01	4m06	29-08	dcla
2	Montilla Alexis	02	3m40	22-08	herv

JUN Javelot (800 gr)		RC : 53m14			
1	Montilla Alexis	02	51m45	08-08	resc



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**ESPOIRS HOMMES (2000 - 1999 - 1998)**

ESP 100 m		RC : 10.53			
1	Kasmi Amine	00	10.83	08-08	resc
2	Kalmen Adam	98	10.98	08-08	resc
3	Okeowo Peredjo	99	11.33	09-08	resc
4	Montilla Dimitri	98	11.61	15-08	resc
ESP 200 m		RC : 21.14			
1	Kasmi Amine	00	21.94	08-08	resc
2	Kalmen Adam	98	22.02	08-08	resc
3	Borlee Rayane	99	22.49	08-08	resc
ESP 400 m		RC : 46.28			
1	Mazebo Simon	00	49.63	02-08	usbw
2	Borlee Rayane	99	51.02	09-08	resc
3	Montilla Dimitri	98	51.04	15-08	resc
ESP 1500 m		RC : 3.42.78			
1	Montilla Dimitri	98	4.40.89	16-08	resc
ESP 110 m haies (106 cm)		RC : 13.66			
1	Montilla Dimitri	98	14.81	08-08	resc
ESP 400 m haies (91 cm)		RC : 50.29			
1	Mazebo Simon	00	52.65	16-08	resc
ESP Hauteur		RC : 2m21			
1	Gamuella Nganmunguela Jos	98	1m92	08-08	resc
2	Montilla Dimitri	98	1m87	15-08	resc
3	Hadj Faraji Ridwan	98	1m70	30-08	csf
ESP Longueur		RC : 7m89			
1	Montilla Dimitri	98	6m67	15-08	resc
2	Hadj Faraji Ridwan	98	5m98	22-08	herv
ESP Triple saut		RC : 16m01			
1	Geerts Gregory	99	14m64	09-08	resc
ESP Perche		RC : 5m11			
1	Montilla Dimitri	98	4m50	16-08	resc
ESP Poids (7,26 kg)		RC : 14m58			
1	Montilla Dimitri	98	13m30	15-08	resc
2	Hadj Faraji Ridwan	00	12m08	05-09	csf
ESP Disque (2 kg)		RC : 44m06			
1	Montilla Dimitri	98	41m08	08-08	resc
ESP Javelot (800 gr)		RC : 58m05			
1	Montilla Dimitri	98	43m35	16-08	resc
2	Hadj Faraji Ridwan	98	35m45	05-09	csf
ESP Decathlon		RC : 7902 p			
1	Montilla Dimitri	98	7013 p	16-08	resc

**SENIORS HOMMES (2000 - 1986)**

SEN 100 m		RC : 10.02			
1	Niesen Charles	94	10.79	08-08	resc
2	Kasmi Amine	00	10.83	08-08	resc
3	Tshitwenu Florian	97	10.90	16-08	resc
4	Kalmen Adam	98	10.98	08-08	resc
5	Atitso Dalvin	97	11.27	08-08	resc
6	Badji Asanti	95	11.31	30-08	resc
7	Okeowo Peredjo	99	11.33	09-08	resc
8	Montilla Dimitri	98	11.61	15-08	resc
9	Fassil Aboubaker	91	12.09	08-08	resc
10	Amoikon Ponchelet Alex	96	12.31	08-08	resc



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SEN 200 m		RC : 20.66			
1	Niesen Charles	94	21.80	13-09	rcg
2	Kasmi Amine	00	21.94	08-08	resc
3	Kalmen Adam	98	22.02	08-08	resc
4	Borlee Rayane	99	22.49	08-08	resc
5	Badji Asamti	95	22.57	30-08	csf
6	Balsen Julien	86	24.17	08-08	resc
7	Ilunga Carl	93	24.42	08-08	resc
SEN 400 m		RC : 45.98			
1	Lins Sebastien	92	47.65	16-08	resc
2	Mazebo Simon	00	49.63	02-08	usbw
3	Borlee Rayane	99	51.02	09-08	resc
4	Montilla Dimitri	98	51.04	15-08	resc
5	Ilunga Carl	93	55.73	30-08	csf
SEN 800 m		RC : 1.46.60			
1	Petitjean Simon	96	1.51.33	22-08	LUX
SEN 1500 m		RC : 3.37.11			
1	Balhan Pierre Antoine	92	3.45.17	03-10	rcb
2	Montilla Dimitri	98	4.40.89	16-08	resc
SEN 5000 m		RC : 13.22.81			
1	Bouchikhi Lahsene	93	13.57.30	06-09	avt
2	Van Vracem Arnaud	90	15.39.87	09-09	usbw
3	Valet Maxime	89	16.14.40	09-09	usbw
SEN 10 000 m		RC : 28.24.95			
1	Valet Maxime	89	34.23.91	16-09	riwa
SEN Semi marathon		RC : 1h01.42			
1	Naert Koen	89	1h03.44	17-10	POL
SEN Marathon		RC : 2h07.39			
1	Naert Koen	89	2h15.51	01-12	JPN
SEN 110 m haies (106 cm)		RC : 13.48			
1	Montilla Dimitri	98	14.81	08-08	resc
2	Caty Dylan	97	15.10	15-08	resc
SEN 400 m haies (91 cm)		RC : 48.91			
1	Mazebo Simon	00	52.65	16-08	resc
SEN Hauteur		RC : 2m21			
1	Gamuela Nganmunguela Jos	98	1m92	08-08	resc
2	Montilla Dimitri	98	1m87	15-08	resc
3	Hadj Faraji Ridwan	98	1m70	30-08	csf
SEN Longueur		RC : 7m98			
1	Campener Corentin	90	7m53	08-08	resc
2	Caluwe Arnaud	91	7m12	09-08	resc
3	Montilla Dimitri	98	6m67	15-08	resc
4	Hadj Faraji Ridwan	98	5m98	22-08	herv
SEN Triple saut		RC : 16m86			
1	Geerts Gregory	99	14m64	09-08	resc
SEN Perche		RC : 5m25			
1	Montilla Dimitri	98	4m50	16-08	resc
SEN Poids (7,26 kg)		RC : 15m64			
1	Guillaume Jonathan	92	15m36	30-08	vac
2	Montilla Dimitri	98	13m30	15-08	resc
3	Hadj Faraji Ridwan	00	12m08	05-09	csf



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SEN Disque (2 kg) RC : 51m56

1	Dekker Stephan	87	56m67	11-07	NLD
2	Salvaggio Claudio	92	44m50	22-08	ITA
3	Gets Florent	91	41m92	08-08	resc
4	Montilla Dimitri	98	41m08	08-08	resc
5	Guillaume Jonathan	92	40m18	01-08	bbs

SEN Javelot (800 gr) RC : 70m78

1	Boa Michael	95	61m70	08-08	resc
2	Gets Florent	91	58m23	16-08	resc
3	Montilla Dimitri	98	43m35	16-08	resc
4	Hadj Faraji Ridwan	98	35m45	05-09	csf
5	Van Vracem Arnaud	90	15m57	02-08	usbw

SEN Marteau (7,26 kg) RC : 61m66

1	Salvaggio Claudio	92	61m09	11-10	moha
2	Bernard Tom	93	48m76	16-08	dcla

SEN Decathlon RC : 8142 p

1	Montilla Dimitri	98	7013 p	16-08	resc
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**MASTERS HOMMES 35**

M35 100 m RC : 11.07

1	Vervloet Gregory	83	12.54	12-09	FRA
2	Xhonneux Frederic	83	13.07	12-09	FRA

M35 200 m RC : 22.55

1	Xhonneux Frederic	83	26.22	13-09	FRA
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M35 400 m RC : 52.31

1	Xhonneux Frederic	83	58.17	12-09	FRA
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M35 800 m RC : 1.59.63

1	Xhonneux Frederic	83	2.19.88	12-09	FRA
2	Vervloet Gregory	83	2.54.09	12-09	FRA

M35 1500 m RC : 3.54.39

1	Xhonneux Frederic	83	4.50.84	13-09	FRA
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M35 3000 m RC : 9.14.30

1	Xhonneux Frederic	83	10.29.62	13-09	FRA
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M35 5000 m RC : 14.48.24

1	Xhonneux Frederic	83	18.42.90	12-09	FRA
2	Vervloet Gregory	83	24.22.54	12-09	FRA

M35 10 000 m RC : 31.25.40

1	Xhonneux Frederic	83	41.49.00	13-09	FRA
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M35 110 m haies (99 cm) RC : 13.89

1	Xhonneux Frederic	83	17.05	13-09	FRA
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M35 200 m haies (76 cm) RC : -

1	Xhonneux Frederic	83	27.83	12-09	FRA
2	Vervloet Gregory	83	31.57	12-09	FRA

M35 400 m haies (91 cm) RC : -

1	Xhonneux Frederic	83	62.29	13-09	FRA
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M35 3000 m steeple (91 cm) RC : 10.57.00

1	Xhonneux Frederic	83	12.34.23	12-09	FRA
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M35 Hauteur RC : 1m90

1	Xhonneux Frederic	83	1m81	12-09	FRA
2	Vervloet Gregory	83	1m45	12-09	FRA



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
OUTDOOR 2020

M35 Longueur		RC : 6m65			
1	Xhonneux Frederic	83	6m04	12-09	FRA
2	Vervloet Gregory	83	5m22	12-09	FRA
M35 Triple saut		RC : 14m26			
1	Xhonneux Frederic	83	13m42	13-09	FRA
M35 Perche		RC : 4m00			
1	Xhonneux Frederic	83	3m80	13-09	FRA
M35 Poids (7,26 kg)		RC : 12m86			
1	Xhonneux Frederic	83	11m75	12-09	FRA
2	Vervloet Gregory	83	9m94	12-09	FRA
M35 Disque (2 kg)		RC : 45m72			
1	Xhonneux Frederic	83	30m58	13-09	FRA
M35 Javelot (800 gr)		RC : 62m75			
1	Xhonneux Frederic	83	46m53	13-09	FRA
M35 Marteau (7,26 kg)		RC : 52m93			
1	Xhonneux Frederic	83	32m27	12-09	FRA
M35 Pentathlon		RC : 2122 p			
1	Xhonneux Frederic	83	2880 p	12-09	FRA
M35 Decathlon		RC : -			
1	Xhonneux Frederic	83	5777 p	13-09	FRA
M35 Icosathlon		RC : -			
1	Xhonneux Frederic	83	11.587 p	13-09	FRA
<b>MASTERS HOMMES 40</b>					
M40 5000 m		RC : 15.26.80			
1	Boland Patrick	78	16.52.72	19-10	csf
<b>MASTERS HOMMES 55</b>					
M55 100 m		RC : 13.19			
1	Schoonen Laurent	65	14.95	12-09	FRA
M55 200 m		RC : 27.13			
1	Schoonen Laurent	65	36.73	13-09	FRA
M55 400 m		RC : -			
1	Schoonen Laurent	65	78.01	12-09	FRA
M55 800 m		RC : 2.43.05			
1	Schoonen Laurent	65	3.15.69	12-09	FRA
M55 1500 m		RC : 5.20.00			
1	Schoonen Laurent	65	7.10.79	27-09	rcas
M55 3000 m		RC : 10.30.60			
1	Schoonen Laurent	65	16.52.85	13-09	FRA
M55 5000 m		RC : 18.45.27			
1	Schoonen Laurent	65	26.50.14	12-09	FRA
M55 10 000 m		RC : -			
1	Schoonen Laurent	65	1h07.43	13-09	FRA
M55 100 m haies (91 cm)		RC : -			
1	Schoonen Laurent	65	25.79	27-09	rcas
M55 200 m haies (76 cm)		RC : -			
1	Schoonen Laurent	65	40.14	12-09	FRA



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OUTDOOR 2020

M55 400 m haies (84 cm)				RC : -		
1	Schoonen Laurent	65	105.38	13-09	FRA	
M55 3000 m steeple (91 cm)				RC : -		
1	Schoonen Laurent	65	15.48.78	19-09	ea	
M55 Hauteur				RC : 1m45		
1	Schoonen Laurent	65	1m36	12-09	FRA	
M55 Longueur				RC : 3m49		
1	Schoonen Laurent	65	4m15	12-09	FRA	
M55 Triple saut				RC : -		
1	Schoonen Laurent	65	7m05	13-09	FRA	
M55 Perche				RC : -		
1	Schoonen Laurent	65	1m90	13-09	FRA	
M55 Poids (6 kg)				RC : -		
1	Schoonen Laurent	65	7m37	12-09	FRA	
M55 Disque (1,5 kg)				RC : 43m45		
1	Schoonen Laurent	65	22m37	27-09	rcas	
M55 Javelot (700 gr)				RC : -		
1	Schoonen Laurent	65	24m51	13-09	FRA	
M55 Marteau (6 kg)				RC : -		
1	Schoonen Laurent	65	19m67	12-09	FRA	
M55 Decathlon				RC : -		
1	Schoonen Laurent	65	2735 p	27-09	rcas	
M55 Icosathlon				RC : -		
1	Schoonen Laurent	65	5560 p	13-09	FRA	

**PARA MASTERS HOMMES 60**

M60 Disque (2 kg)				RC : 15m81		
1	Denys Jacques	59	14m70	16-08	resc	
M60 Javelot (600 gr)				RC : 11m22		
1	Denys Jacques	59	12m34	19-10	csf	
M60 Javelot (800 gr)				RC : -		
1	Denys Jacques	59	13m05	16-08	resc	