



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2018

EQUIPES MIXTES SENIORS

SEN 4 x 400 m	RC : 3.40.79
Lins S, Muls C, Schauwers M, Vandenhoeke A	3.36.74 05-05 rcas

BENJAMINES FILLES (2010 - 2009)

BEN 60 m	RC : 9.30
1 Dzou Lesly Kayla	10 9.78 13-10 ws
2 Squiflet Emelynn	10 9.87 13-10 ws
3 Boone Maya	09 9.88 29-07 dac
4 Radermacher Sarah	09 10.13 20-10 csf
5 Sibourg Celya	09 10.58 11-08 vs
6 Ngandeu Tchambia Alexandra	10 10.68 20-10 csf
7 Wanyu Naomie	10 11.03 20-05 csf
8 Beghin Joyce	10 11.38 29-04 resc
9 Kabamba Ebondo Julia	10 11.56 01-04 ws
10 Varela Gonzalez Carla	10 11.91 01-04 ws

BEN 600 m	RC : 2.00.94
1 Radermacher Sarah	09 2.11.96 29-09 rcas
2 Sibourg Celya	09 2.16.68 24-06 csf
3 Boone Maya	09 2.21.15 29-07 dac
4 Squiflet Emelynn	10 2.24.33 13-10 ws
5 Beghin Joyce	10 2.24.65 29-04 resc
6 Wanyu Naomie	10 2.35.19 29-07 dac
7 Dzou Lesly Kayla	10 2.38.69 20-05 csf
8 Varela Gonzalez Carla	10 2.50.65 29-04 resc
9 Kabamba Ebondo Julia	10 3.44.55 29-04 resc

BEN Hauteur	RC : 1m18
1 Dzou Lesly Kayla	10 1m05 08-06 resc
Radermacher Sarah	09 1m05 02-06 wrc
3 Beghin Joyce	10 1m00 08-06 resc
4 Sibourg Celya	09 0m95 13-04 csf
5 Kabamba Ebondo Joyce	10 0m90 08-06 resc
6 Wanyu Naomie	10 0m85 08-06 resc
7 Ngandeu Tchambia Alexandra	10 0m80 13-04 csf

BEN Longueur	RC : 3m88
1 Radermacher Sarah	09 3m42 13-10 ws
2 Dzou Lesly Kayla	10 3m16 13-10 ws
3 Squiflet Emelynn	10 3m12 13-10 ws
4 Sibourg Celya	09 3m08 18-08 cabw
5 Ngandeu Tchambia Alexandra	10 3m07 15-07 vita
6 Boone Maya	09 3m01 29-07 dac
7 Wanyu Naomie	10 2m55 15-07 vita
8 Beghin Joyce	10 2m20 29-04 resc
9 Olemans Maia	10 2m15 20-10 csf
10 Kabamba Ebondo Julia	10 2m12 01-04 ws
11 Varela Gonzalez Carla	10 1m70 29-04 resc

BEN Poids (1 kg)	RC : 8m63
1 Squiflet Emelynn	10 7m22 29-09 rcas
2 Radermacher Sarah	09 7m20 13-10 ws
3 Sibourg Celya	09 6m63 15-07 vita
4 Dzou Lesly Kayla	10 6m45 13-10 ws
5 Wanyu Naomie	10 5m45 15-07 vita
6 Boone Maya	09 5m28 29-07 dac
7 Ngandeu Tchambia Alexandra	10 5m21 15-07 vita

BEN Balle de hockey	RC : 28m96
1 Sibourg Celya	09 22m35 11-08 vs
2 Squiflet Emelynn	10 20m97 28-10 rcas
3 Radermacher Sarah	09 19m47 08-06 resc
4 Beghin Joyce	10 17m40 08-06 resc
5 Kabamba Ebondo Joyce	10 17m22 08-06 resc
6 Dzou Lesly Kayla	10 13m17 08-06 resc
7 Ngandeu Tchambia Alexandra	10 11m19 15-07 vita
8 Wanyu Naomie	10 10m09 15-07 vita



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9 Varela Gonzalez Carla 10 8m32 08-06 resc

BEN Tetrathlon

RC : 1601 p

1	Radermacher Sarah	09	1337 p	13-10	ws
2	Squiflet Emelynn	10	1171 p	13-10	ws
3	Boone Maya	09	1116 p	29-07	dac
4	Dzou Lesley Kayla	10	1057 p	13-10	ws
5	Sibourg Celya	09	915 p	24-06	csf
6	Wanyu Naomie	10	548 p	29-07	dac

PUPILLES FILLES (2008 - 2007)

PUP 60 m

RC : 8.55

1	Ngandeu Tchambia Brenda	07	9.17	01-05	rsca
2	Inconstant Elisa	07	9.48	29-04	resc
3	Sanchez Elisa	07	9.53	01-05	rsca
4	Khrauph Aya	08	10.03	29-04	resc
5	Wanyu Diane	08	10.05	20-05	csf
6	Gerard Emma	08	10.06	13-10	ws
7	Lucas Rachel	08	10.27	02-06	wrc
8	Mjahed Maya	08	10.46	25-08	spvi
9	Dessaer Noa	08	10.52	29-04	resc
10	Tollenaire Tia	08	10.58	13-10	ws
11	Sandron Elise	08	10.85	10-05	csf
12	Agacseven Lina	08	10.95	29-04	resc
13	Bersis Maissa	08	11.74	20-05	csf
14	Dessaer Loane	08	12.39	29-04	resc

PUP 1000 m

RC : 3.26.31

1	Inconstant Elisa	07	3.42.63	01-05	rsca
2	Lucas Rachel	08	3.47.69	01-05	rsca
3	Ngandeu Tchambia Brenda	07	3.55.80	29-09	rcas
4	Agacseven Lina	08	4.02.94	29-04	resc
5	Wanyu Diane	08	4.05.21	13-10	ws
6	Gerard Emma	08	4.10.13	20-10	csf
7	Tollenaire Tia	08	4.11.66	29-04	resc
8	Khrauph Aya	08	4.38.17	29-04	resc
9	Sandron Elise	08	4.52.19	29-04	resc

PUP 60 m haies (76 cm)

RC : 10.74

1	Ngandeu Tchambia Brenda	07	12.90	20-05	csf
2	Lucas Rachel	08	13.61	20-05	csf

PUP Hauteur

RC : 1m31

1	Lucas Rachel	08	1m11	23-06	rcb
2	Ngandeu Tchambia Brenda	07	1m10	20-05	csf
	Sanchez Elisa	07	1m10	20-05	csf
4	Agacseven Lina	08	1m06	29-04	resc
	Dessaer Noa	08	1m06	29-04	resc
6	Sandron Elise	08	1m00	25-08	spvi
7	Wanyu Diane	08	0m99	29-07	dac
8	Khrauph Aya	08	0m85	01-04	ws

PUP Longueur

RC : 4m48

1	Inconstant Elisa	07	3m44	25-08	spvi
2	Ngandeu Tchambia Brenda	07	3m28	20-10	csf
3	Gerard Emma	08	3m05	24-06	csf
4	Wanyu Diane	08	3m01	13-10	ws
5	Lucas Rachel	08	2m96	14-10	rsca
6	Mjahed Maya	07	2m76	25-08	spvi
7	Tollenaire Tia	08	2m59	25-08	spvi

PUP Poids (2 kg)

RC : 9m75

1	Inconstant Elisa	07	7m65	08-09	vac
	Mjahed Maya	07	7m65	23-09	csf
3	Ngandeu Tchambia Brenda	07	6m91	29-09	rcas
4	Wanyu Diane	08	5m91	20-05	csf
5	Lucas Rachel	08	5m16	02-06	wrc
6	Purusi Emma	07	5m07	08-06	resc
7	Sandron Elise	08	4m51	08-06	resc
8	Tollenaire Tia	08	4m48	08-06	resc



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9	Gerard Emma	08	4m17	20-05	csf
10	Vanderhaeghen Lily	07	3m81	08-06	resc
11	Bersis Maissa	08	3m15	20-05	csf

PUP Disque (600 gr)

RC : 23m00

1	Mjahed Maya	07	15m55	23-09	csf
2	Wanyu Diane	08	12m96	01-05	rsca
3	Scuccimarri Celine	07	12m94	01-05	rsca
4	Lucas Rachel	08	11m17	01-05	rsca

PUP Balle de hockey

RC : 41m50

1	Wanyu Diane	08	18m88	06-10	rcb
2	Ngandeu Tchambia Brenda	07	18m38	08-06	resc
3	Mjahed Maya	07	16m89	08-06	resc
4	Purusi Emma	07	16m21	08-06	resc
5	Lucas Rachel	08	14m43	08-06	resc
7	Tollenaire Tia	08	14m09	13-10	ws
6	Gerard Emma	08	13m96	08-06	resc
8	Sandron Elise	08	10m95	08-06	resc
9	Vanderhaeghen Lily	07	10m12	08-06	resc

PUP Tetrathlon

RC : 2077 p

1	Ngandeu Tchambia Brenda	07	1442 p	29-09	rcas
2	Lucas Rachel	08	1141 p	29-07	dac
3	Wanyu Diane	08	1083 p	29-07	dac
4	Gerard Emma	08	857 p	24-06	csf
5	Tollenaire Tia	08	744 p	13-10	ws

MINIMES FILLES (2006 - 2005)

MIN 80 m

RC : 10.64

1	Leonard Elise	05	10.86	29-09	vita
2	Kubiak Joanna	06	12.07	20-10	csf
3	Dennison Chrystal	05	12.20	20-05	csf
4	Sandron Charline	05	12.79	20-05	csf
5	Chraibi Sara	06	12.84	20-05	csf
	De Gendt Oriane	05	12.84	01-04	ws
7	Van Ex Elvira	06	12.89	08-09	vac
8	Baud'huin Gaia	06	13.56	29-04	resc
9	Verleyen Marthe	06	14.32	13-10	ws

MIN 150 m

RC : 20.13

1	Leonard Elise	05	21.39	11-08	vs
2	Dennison Chrystal	05	21.89	02-06	wrc

MIN 300 m

RC : 43.85

1	Dennison Chrystal	05	50.02	15-08	resc
2	Kubiak Joanna	06	51.74	15-08	resc

MIN 1000 m

RC : 3.14.33

1	Chraibi Sara	06	3.49.47	20-05	csf
2	Dennison Chrystal	05	3.50.27	29-04	resc
3	Chraibi Sofia	06	4.05.01	20-05	csf
4	Lafnachi Nora	05	4.08.66	29-04	resc
5	Verleyen Marthe	06	4.28.94	13-10	ws

MIN 60 m haies (76 cm)

RC : 9.96

1	Kubiak Joanna	06	13.57	29-04	resc
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MIN 150 m haies (76 cm)

RC : 21.56

1	Mayot Coiffard Hermine	05	23.91	01-05	rsca
2	Chraibi Sara	06	27.34	01-05	rsca
3	Kubiak Joanna	06	29.37	01-05	rsca

MIN Hauteur

RC : 1m57

1	Dennison Chrystal	05	1m30	15-08	resc
	Leonard Elise	05	1m30	27-06	fcha
3	Sandron Charline	05	1m15	20-05	csf
4	Kubiak Joanna	06	1m10	15-08	resc
5	Verleyen Marthe	06	1m06	13-10	ws



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MIN Longueur			RC : 5m00		
1	Leonard Elise	05	4m36	08-06	resc
2	Mayot Coiffard Hermine	05	4m20	08-06	resc
3	Dennison Chrystal	05	4m02	02-06	wrc
4	Kubiak Joanna	06	3m96	08-06	resc
5	Demagnet Solea	06	3m58	08-06	resc
6	Van Ex Elvira	06	3m39	08-06	resc
7	Sandron Charline	05	3m32	25-08	spvi
8	Verleyen Marthe	06	2m99	13-10	ws

MIN Poids (2 kg)			RC : 13m12		
1	Dennison Chrystal	05	8m90	20-05	csf
2	Mayot Coiffard Hermine	05	7m90	23-09	csf
3	Leonard Elise	05	6m27	01-04	ws
4	Kubiak Joanna	06	6m15	23-09	csf
5	Sandron Charline	05	6m12	08-06	resc
6	Van Ex Elvira	06	6m03	08-06	resc
7	Demagnet Solea	06	5m06	08-06	resc
8	Verleyen Marthe	06	3m38	13-10	ws

MIN Disque (750 gr)			RC : 27m29		
1	Van Ex Elvira	06	11m79	08-09	vac
2	Kubiak Joanna	06	11m05	23-06	csf

MIN Javelot (400 gr)			RC : 34m63		
1	Dennison Chrystal	05	16m99	01-05	rsca
2	Mayot Coiffard Hermine	05	14m66	23-09	csf
3	Kubiak Joanna	06	9m51	29-04	resc
4	Sandron Charline	05	8m79	29-04	resc
5	Van Ex Elvira	06	8m16	29-04	resc

MIN Pentathlon			RC : 3021 p		
1	Verleyen Marthe	06	879 p	13-10	ws

CADETTES FILLES (2004 - 2003)

CAD 100 m			RC : 12.64		
1	Sielinou Lisa	03	12.78	26-05	cabw
2	Mpinga Mulowayi Alexia	04	12.84	21-04	csf
3	Camps Naomie	03	13.29	21-04	csf
4	Pontara Lisa	03	13.48	29-04	resc
5	Tshanga Diomi Roline	04	13.55	21-04	csf
6	Lucas Clara	04	13.81	20-05	csf
7	Kela Fay Van Angela	04	14.01	29-04	resc
8	Biese Helena	04	14.21	15-08	resc
9	Van Ex Alexia	04	14.26	20-05	csf
10	Viaene Luna	03	14.30	29-04	resc
11	Vanden Avont Camille	04	14.34	15-08	resc
12	Martins Junior Magaly	04	14.42	26-05	cabw
13	Huygens Cloe	03	14.64	30-06	resc
14	Cherkaoui Zineb	04	14.68	21-04	csf
15	Hasnaoui Saloua	04	14.73	29-04	resc
16	Sleewaegen Eline	04	15.67	29-08	vita
17	De Backer Alexandra	03	15.92	21-04	csf

CAD 200 m			RC : 26.14		
1	Sielinou Lisa	03	27.08	26-05	cabw
2	Camps Naomie	03	28.30	21-04	csf
	Mpinga Mulowayi Alexia	04	28.30	21-04	csf
4	Tshanga Diomi Roline	04	28.45	21-04	csf
5	Lucas Clara	04	28.53	14-10	rsca
6	Merino Nohemi	04	29.32	18-08	lebb
7	Pontara Lisa	03	29.38	29-04	resc
8	Biese Helena	04	29.82	02-09	rfcl
9	Huygens Cloe	03	29.85	16-06	usbw
10	Cherkaoui Zineb	04	30.83	21-04	csf
11	De Backer Alexandra	03	92.93	29-04	resc



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CAD 400 m		RC : 57.61			
1	Merino Nohemi	04	64.30	26-05	cabw
2	Haouari Farrah	03	67.96	23-09	riwa
3	Lucas Clara	04	70.33	02-06	wrc
4	Huygens Cloe	03	72.06	13-10	ws
5	Van Ex Alexia	04	73.33	21-04	csf
CAD 800 m		RC : 2.21.88			
1	Haouari Farrah	03	2.35.77	15-08	resc
2	Merino Nohemi	04	2.36.22	29-04	resc
3	Lucas Clara	04	2.44.87	05-05	rcas
4	Huygens Cloe	03	2.47.26	28-04	arch
5	Kebdani Nadia	03	2.57.80	29-04	resc
CAD 1000 m		RC : 3.01.95			
1	Sleewaegen Eline	04	3.54.83	29-08	vita
CAD 1500 m		RC : 4.53.37			
1	Huygens Cloe	03	6.17.51	06-10	olse
2	Lucas Clara	04	6.25.81	26-05	cabw
CAD 80 m haies (76 cm)		RC : 11.88			
1	Lucas Clara	04	13.77	26-05	cabw
2	Huygens Cloe	03	15.07	03-06	hf
3	Martins Junior Magaly	04	15.70	15-08	resc
4	Merino Nohemi	04	16.49	28-07	dac
CAD 300 m haies (76 cm)		RC : 45.51			
1	Martins Junior Magaly	04	54.33	26-05	cabw
2	Huygens Cloe	03	57.33	03-06	hf
CAD Hauteur		RC : 1m68			
1	Viaene Luna	03	1m53	26-05	cabw
2	Merino Nohemi	04	1m50	02-09	rfcl
3	Lucas Clara	04	1m41	28-07	dac
4	Huygens Cloe	03	1m20	28-04	arch
CAD Longueur		RC : 5m74			
1	Lucas Clara	04	4m88	30-09	rcas
2	Pontara Lisa	03	4m85	02-09	rfcl
3	Kela Fay Van Angela	04	4m61	23-08	vs
4	Huygens Cloe	03	4m41	03-06	hf
5	Merino Nohemi	04	4m33	30-09	rcas
6	De Backer Alexandra	03	3m91	29-04	resc
7	Van Ex Alexia	04	3m90	21-04	csf
8	Khader Firdaous	03	3m63	29-04	resc
CAD Triple saut		RC : 11m71			
1	Pontara Lisa	03	9m88	02-09	rfcl
CAD Perche		RC : 3m26			
1	Vanden Avont Camille	04	1m80	26-05	cabw
CAD Poids (3 kg)		RC : 12m10			
1	Merino Nohemi	04	9m13	29-09	rcas
2	Huygens Cloe	03	8m69	14-10	moha
3	Lucas Clara	04	7m16	29-09	rcas
4	Vanden Avont Camille	04	7m06	15-08	resc
5	Van Ex Alexia	04	6m07	20-05	csf
6	Sleewaegen Eline	04	5m10	29-08	vita
CAD Disque (1 kg)		RC : 37m60			
1	Huygens Cloe	03	25m19	02-09	rfcl
2	Merino Nohemi	04	23m91	26-05	cabw
CAD Javelot (500 gr)		RC : 41m46			
1	Huygens Cloe	03	28m50	14-10	moha
2	Merino Nohemi	04	23m92	30-09	rcas
3	Lucas Clara	04	17m59	29-07	dac
4	Van Ex Alexia	04	13m95	21-04	csf



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5 Biese Helena 04 8m66 26-05 cabw

CAD Marteau (3 kg) RC : 32m60

1 Huygens Cloe 03 34m60 10-05 acw

CAD Hexathlon RC : 3901 p

1 Merino Nohemi 04 2643 p 30-09 rcas
2 Lucas Clara 04 2626 p 30-09 rcas
3 Huygens Cloe 03 2430 p 29-07 dac

CAD 3000 m marche RC : 21.19.14

1 Biese Helena 04 24.09.94 26-05 cabw

CAD 4 x 100 m RC : 50.59

Camps, Sielinou, Tshanga Diomi, Mpinga Mulowayi 51.46 21-04 csf

SCOLAIRES FEMMES (2002 - 2001)

SCO 100 m RC : 12.33

1 Yech Chou Safia 01 13.42 26-05 cabw
2 Tshanga Diumba Robiane 01 13.77 29-04 resc
3 Martinez Fernandez Cloe 02 13.98 21-04 csf
4 Derdari Yasmine 01 14.48 29-04 resc
5 Van Noppen Madeleine 01 14.60 20-05 csf
6 Serghini Yousra 02 15.23 15-08 resc
7 Benacha Sana 02 19.77 15-08 resc

SCO 200 m RC : 25.34

1 Tshanga Diumba Robiane 01 28.65 26-05 cabw
2 Derdari Yasmine 01 29.76 21-04 csf

SCO 400 m RC : 56.03

1 Derdari Yasmine 01 65.87 15-08 resc

SCO 800 m RC : 2.14.88

1 Kizito Prisca 01 2.31.93 06-05 rcas
2 Nachtergal Marine 02 2.33.23 02-06 wrc
3 Verriez Laura 01 2.35.60 26-05 cabw

SCO 1500 m RC : 4.41.18

1 Nachtergal Marine 02 5.32.72 26-05 cabw

SCO 3000 m RC : 10.41.31

1 Goethals Lutgard 02 12.22.54 21-04 csf
2 Derdari Yasmine 01 13.26.34 26-05 cabw

SCO 100 m haies (76 cm) RC : 13.92

1 Kizito Prisca 01 15.89 05-05 rcas
2 Martinez Fernandez Cloe 02 18.67 21-04 csf

SCO 400 m haies (76 cm) RC : 62.36

1 Skenderi Jessica 02 83.60 20-05 cabw

SCO Hauteur RC : 1m68

1 Golfa Sambay Clara 02 1m65 26-05 cabw
2 Kizito Prisca 01 1m55 05-05 rcas

SCO Longueur RC : 6m08

1 Kizito Prisca 01 5m39 02-09 rfcl
2 Yech Chou Safia 01 4m96 02-09 rfcl
3 Cuvelier Maela 02 3m49 21-04 csf

SCO Triple saut RC : 12m15

1 Golfa Sambay Clara 02 10m71 21-04 csf
2 Boulaich Kawtar 01 8m25 21-04 csf

SCO Perche RC : 3m36

1 Boulaich Kawtar 01 2m00 26-05 cabw



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SCO Poids (3 kg)		RC : 12m64			
1	Iven Kayla	02	11m49	22-09	cabw
2	Kizito Prisca	01	10m88	13-07	asvo
SCO Disque (1 kg)		RC : 47m99			
1	Iven Kayla	02	30m50	02-09	rfcl
SCO Javelot (500 gr)		RC : 41m46			
1	Iven Kayla	02	40m25	08-09	dcla
2	Kizito Prisca	01	21m09	06-05	rcas
SCO Heptathlon		RC : 4701 p			
1	Kizito Prisca	01	4069 p	06-05	rcas
SCO 3000 m marche		RC : 20.08.91			
1	Boulaich Kawtar	01	24.32.64	26-05	cabw
SCO 4 x 100 m		RC : 48.97			
Kizito, Martinez, Tshanga, Golfa Sambay			52.29	21-04	csf

JUNIORS FEMMES (2000 - 1999)

JUN 200 m		RC : 24.65			
1	Schauwers Manon	99	26.40	05-08	ser
2	Beyaert Amelie	00	31.22	22-04	csf
JUN 300 m		RC : 39.65			
1	Schauwers Manon	99	41.54	30-09	huy
JUN 400 m		RC : 56.03			
1	Muls Camille	99	57.81	07-04	uac
2	Schauwers Manon	99	58.30	18-07	resc
JUN 800 m		RC :			
1	Muls Camille	99	2.05.49	26-05	vs
2	Schauwers Manon	99	2.13.16	07-07	resc
JUN 1500 m		RC : 4.30.09			
1	Muls Camille	99	4.29.50	12-05	damp
JUN 100 m haies (84 cm)		RC : 13.99			
1	Schauwers Manon	99	16.54	12-05	damp
JUN 400 m haies (76 cm)		RC : 62.36			
1	Schauwers Manon	99	62.13	01-07	olse
JUN Longueur		RC : 6m08			
1	Schauwers Manon	99	5m30	15-09	hf
2	Beyaert Amelie	00	3m59	29-04	resc
JUN Triple saut		RC : 12m15			
1	Vanden Bergh Joy	00	10m17	01-08	looi
JUN Poids (4 kg)		RC : 13m12			
1	Beyaert Amelie	00	7m87	22-04	csf
JUN Javelot (600 gr)		RC : 38m45			
1	Beyaert Amelie	00	14m48	22-04	csf

ESPOIRS FEMMES (1998 - 1997 - 1996)

ESP 100 m		RC : 11.42			
1	Guisse Saliyya	96	12.44	06-05	FRA
2	Badji Jalika	96	12.52	26-05	vs
3	Morency Poilvache Alizee	98	12.63	23-06	cabw
	Van Der Veken Cindy	97	12.63	19-05	rfcl
5	Klai Anissa	96	12.70	09-06	oeh
6	Simons Lina	96	13.78	24-06	avlo
7	Joblin Odile	97	13.79	01-05	rfcl



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2018

8 De Bruecker Lisaline 98 14.50 16-06 usbw

ESP 200 m RC : 24.59

1	Badji Jalika	96	24.99	26-05	vs
2	Klai Anissa	96	25.71	07-07	resc
3	Morency Poilvache Alizee	98	26.23	18-08	lyra
4	Simons Lina	96	28.12	24-06	avlo

ESP 400 m RC : 53.51

1	Badji Jalika	96	55.77	14-07	kks
2	Simons Lina	96	63.12	30-06	resc

ESP 3000 m RC : 9.36.90

1	Imbo Kristel	96	11.30.13	12-05	damp
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ESP 400 m haies (76 cm) RC : 62.36

1	Badji Jalika	96	59.80	08-07	resc
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ESP Longueur RC : 6m08

1	Guisse Saliyya	96	5m74	18-07	rfcl
2	Van Der Veken Cindy	97	5m32	30-06	resc
3	Joblin Odile	97	5m04	01-05	rfcl
4	De Bruecker Lisaline	98	4m40	22-04	csf

ESP Triple saut RC : 12m52

1	Guisse Saliyya	96	12m92	06-05	FRA
2	De Bruecker Lisaline	98	10m00	22-04	csf

ESP Perche RC : 4m05

1	Van De Sype Chloe	97	3m30	18-08	damp
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ESP Disque (1 kg) RC : 47m99

1	Montilla Morgane	98	22m68	23-09	csf
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ESP Javelot (600 gr) RC : 38m45

1	Montilla Morgane	98	37m01	16-06	usbw
2	Guisse Saliyya	96	18m79	30-09	usbw

SENIORS FEMMES (1998 - 1984)

SEN 100 m RC : 11.42

1	Zagre Anne	90	12.18	12-05	damp
2	Guisse Saliyya	96	12.44	06-05	FRA
3	Badji Jalika	96	12.52	26-05	vs
4	Morency Poilvache Alizee	98	12.63	23-06	cabw
	Van Der Veken Cindy	97	12.63	19-05	rfcl
6	Klai Anissa	96	12.70	09-06	oeh
7	Cok Evelyn	91	13.07	27-06	csdy
8	Simons Lina	96	13.78	24-06	avlo
9	Joblin Odile	97	13.79	01-05	rfcl
10	De Bruecker Lisaline	98	14.50	16-06	usbw

SEN 200 m RC : 23.56

1	Claes Hanne	91	23.46	23-08	vs
2	Badji Jalika	96	24.99	26-05	vs
3	Klai Anissa	96	25.71	07-07	resc
4	Morency Poilvache Alizee	98	26.23	18-08	lyra
5	Gillet Delphine	86	26.91	14-10	rsca
6	Cok Evelyn	91	27.15	30-06	resc
7	Simons Lina	96	28.12	24-06	avlo

SEN 300 m RC : 38.04

1	Cok Evelyn	91	43.78	05-08	abes
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SEN 400 m RC : 53.51

1	Badji Jalika	96	55.77	14-07	kks
2	Gillet Delphine	86	56.49	26-05	vs
3	Simons Lina	96	63.12	30-06	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2018

SEN 800 m		RC : 2.05.85			
1	Gillet Delphine	86	2.15.12	12-05	damp
SEN 3000 m		RC : 8.49.85			
1	Imbo Kristel	96	11.30.13	12-05	damp
SEN 100 m haies (84 cm)		RC : 12.71			
1	Zagre Anne	90	13.15	08-07	resc
SEN 400 m haies (76 cm)		RC : 57.86			
1	Claes Hanne	91	55.20	08-07	resc
2	Badji Jalika	96	59.80	08-07	resc
SEN Longueur		RC : 6m28			
1	Guisse Saliyya	96	5m74	18-07	rfcl
2	Van Der Veken Cindy	97	5m32	30-06	resc
3	Joblin Odile	97	5m04	01-05	rfcl
4	De Bruecker Lisaline	98	4m40	22-04	csf
SEN Triple saut		RC : 12m66			
1	Guisse Saliyya	96	12m92	06-05	FRA
2	De Bruecker Lisaline	98	10m00	22-04	csf
SEN Perche		RC : 4m07			
1	Henry Chloe	87	4m20	08-07	resc
2	Van De Sype Chloe	97	3m30	18-08	damp
SEN Poids (4 kg)		RC : 13m12			
1	Boumkwo Jolien	93	14m84	12-05	damp
2	Zagre Anne	90	10m54	06-05	FRA
SEN Disque (1 kg)		RC : 47m99			
1	Montilla Morgane	98	22m68	23-09	csf
SEN Javelot (600 gr)		RC : 38m45			
1	Montilla Morgane	98	37m01	16-06	usbw
2	Guisse Saliyya	96	18m79	30-09	usbw
SEN Marteau (4 kg)		RC : 56m30			
1	Boumkwo Jolien	93	55m39	12-05	damp
SEN 4 x 100 m		RC : 46.60			
Badji, Guisse, Van Der Veken, Zagre			47.54	12-05	damp
SEN 4 x 400 m		RC : 3.52.74			
Schauwers, Gillet, Claes, Badji			3.48.08	12-05	damp

MASTERS FEMMES 35

W35 Hauteur		RC : 1m42			
1	Reynaerts Stephanie	80	1m30	10-06	hf
W35 Poids (4 kg)		RC : 11m09			
1	Adam Benedicte	78	10m92	16-06	vita
2	Reynaerts Stephanie	80	9m93	16-06	vita
W35 Disque (1 kg)		RC : 34m32			
1	Reynaerts Stephanie	80	32m92	19-05	rfcl
2	Adam Benedicte	78	30m14	18-08	cabw
W35 Javelot (600 gr)		RC : 29m63			
1	Reynaerts Stephanie	80	29m39	30-06	acw
2	Adam Benedicte	78	23m75	22-04	csf
W35 Marteau (4 kg)		RC : 32m34			
1	Reynaerts Stephanie	80	33m35	19-05	rfcl
W35 Grand poids (9,08 kg)		RC : 9m43			
1	Reynaerts Stephanie	80	9m51	30-06	acw



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W35 Pentathlon de lancers		RC : 2223 p			
1	Reynaerts Stephanie	80	2304 p	30-06	acw

W35 4 x 100 m		RC : 52.98			
Boonaert, Reynaerts, Debaillie, Nkumu Bakuba		58.68		10-06	hf

MASTERS FEMMES 40

W40 100 m		RC : 14.09			
1	Nkumu Bakuba Nancy	77	13.54	15-07	fcha
2	Gillis Caroline	78	18.84	10-06	hf

W40 200 m		RC : 28.93			
1	Nkumu Bakuba Nancy	77	27.41	22-07	rcg
2	Cardenas Ojito Janet	73	32.23	22-04	csf

W40 300 m		RC : 46.10			
1	Nkumu Bakuba Nancy	77	43.89	05-08	abes

W40 400 m		RC : 62.05			
1	Nkumu Bakuba Nancy	77	60.23	04-08	dcla
2	Gillis Caroline	78	83.30	10-06	hf

W40 800 m		RC : 2.24.29			
1	Lion Annick	74	3.23.92	10-06	hf

W40 3000 m		RC : 10.34.47			
1	Carion Nathalie	76	12.04.24	10-06	hf
2	Debaillie Isabelle	74	13.57.41	22-04	csf

W40 Semi marathon		RC : -			
1	Lion Annick	74	1h54.40	28-10	bxl

W40 Marathon		RC : 3h39.25			
1	Carion Nathalie	76	3h11.44	29-04	GER
2	Gillis Caroline	78	3h59.39	21-10	ob
3	Debaillie Isabelle	74	4h17.13	21-10	ob

W40 Hauteur		RC : 1m36			
1	Cardenas Ojito Janet	73	1m15	22-04	csf

W40 Longueur		RC : 4m96			
1	Nkumu Bakuba Nancy	77	4m31	10-06	hf

W40 Poids (4 kg)		RC : 7m53			
1	Adam Benedicte	78	10m39	28-10	rcas
2	Cardenas Ojito Janet	73	7m13	22-04	csf
	Debaillie Isabelle	74	7m13	22-04	csf
4	De Buyst Nadia	73	6m93	22-04	csf

W40 Disque (1 kg)		RC : 26m81			
1	De Buyst Nadia	73	24m50	22-04	csf

W40 Javelot (600 gr)		RC : 22m33			
1	Cardenas Ojito Janet	73	17m68	22-04	csf
2	De Buyst Nadia	73	16m40	10-06	hf
3	Debaillie Isabelle	74	16m18	22-04	csf

MASTERS FEMMES 45

W45 200 m		RC : 29.93			
1	Cardenas Ojito Janet	73	30.91	16-06	vita

W45 Semi marathon		RC : 2h39.49			
1	Nkandali Nkazabwa Marie	72	2h13.52	28-10	bxl



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MASTERS FEMMES 50

W50 100 m		RC : 14.01			
1	Boonaert Caroline	64	14.33	29-09	GER
W50 200 m		RC : 29.60			
1	Boonaert Caroline	64	30.91	16-06	vita
W50 400 m		RC : -			
1	Boonaert Caroline	64	77.88	29-09	GER
W50 800 m		RC : -			
1	Covens Benedicte	67	3.28.73	10-06	hf
W50 3000 m		RC : 13.12.38			
1	Cardoso Da Rocha Maria Joao	64	15.37.07	10-06	hf
W50 Semi marathon		RC : -			
1	Covens Benedicte	67	1h43.29	28-10	bxl
2	Cardoso Da Rocha Maria Joao	64	2h30.16	28-10	bxl
W50 Marathon		RC : 4h30.05			
1	Covens Benedicte	67	3h37.16	21-10	ob
W50 Poids (4 kg)		RC : 8m08			
1	Cardoso Da Rocha Maria Joao	64	4m52	10-06	hf

BENJAMINS GARÇONS (2010 - 2009)

BEN 60 m		RC : 9.17			
1	Guerron Sebastian	09	9.73	13-10	ws
2	Kubiak Joachim	09	9.89	20-10	csf
3	Mbuyi Kalonda Benjamin	10	10.11	01-05	rsca
4	Philips Bastien	09	10.19	13-04	csf
5	Delneufcourt Noah	09	10.49	20-10	csf
	Haub Tobias	09	10.49	30-09	rcas
7	Delneufcourt Hugo	09	10.55	20-10	csf
8	Ouattara Noham	10	10.58	20-10	csf
9	Olisa Alexander	10	10.65	29-04	resc
10	Theyskens Alexis	10	10.84	13-10	ws
11	Sanchez Diego	10	10.89	20-05	csf
12	Xhonneux Raphael	10	11.34	13-10	ws
13	Arys Luca	10	11.43	13-10	ws
14	Hendrichs Hadrien	10	12.65	14-04	dcla
15	Kamara Noa	10	12.81	20-05	csf
16	Hendrichs Victor	10	15.06	14-04	dcla
BEN 600 m		RC : 1.57.80			
1	Delneufcourt Hugo	09	2.06.80	20-10	csf
2	Haub Tobias	09	2.11.26	30-09	rcas
3	Delneufcourt Noah	09	2.14.25	20-10	csf
4	Theyskens Alexis	10	2.16.03	13-10	ws
5	Kubiak Joachim	09	2.20.66	29-04	resc
6	Philips Bastien	09	2.23.40	13-04	csf
7	Guerron Sebastian	09	2.23.79	13-10	ws
8	Ouattara Noham	10	2.25.62	13-04	csf
9	Arys Luca	10	2.31.11	02-06	wrc
10	Xhonneux Raphael	10	2.37.54	20-05	csf
BEN Hauteur		RC : 1m25			
1	Kubiak Joachim	09	1m05	08-06	resc
2	Haub Tobias	09	1m00	08-06	resc
	Philips Bastien	09	1m00	25-08	spvi
4	Delneufcourt Hugo	09	0m95	23-09	csf
5	Delneufcourt Noah	09	0m90	08-06	resc
6	Ouattara Noham	10	0m85	08-06	resc
7	Elgotni Ilyas	09	0m80	08-06	resc
	Hendrichs Hadrien	10	0m80	08-06	resc
	Hendrichs Victor	10	0m80	08-06	resc



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BEN Longueur		RC : 4m19			
1	Haub Tobias	09	3m13	30-09	rcas
2	Kubiak Joachim	09	3m08	29-04	resc
3	Philips Bastien	09	2m97	01-05	rsca
4	Guerron Sebastian	09	2m93	13-10	ws
5	Xhonneux Raphael	10	2m79	13-10	ws
6	Theyskens Alexis	10	2m77	13-10	ws
7	Arys Luca	10	2m62	11-08	vs
8	Ouattara Noham	10	2m49	01-05	rsca
9	Delneufcourt Hugo	09	2m48	29-04	resc
10	Sanchez Diego	10	2m34	20-05	csf
11	Hendrichs Hadrien	10	2m30	14-04	dcla
12	Hendrichs Victor	10	2m02	14-04	dcla
13	Kamara Noa	10	2m01	20-05	csf

BEN Poids (1 kg)		RC : 11m68			
1	Delneufcourt Noah	09	6m60	25-08	spvi
2	Kubiak Joachim	09	6m46	01-05	rsca
3	Philips Bastien	09	6m38	25-08	spvi
4	Arys Luca	10	5m92	13-10	ws
5	Hendrichs Hadrien	10	5m27	14-04	dcla
6	Guerron Sebastian	09	5m17	13-10	ws
7	Hendrichs Victor	10	4m97	23-09	csf
8	Theyskens Alexis	10	4m95	13-10	ws
9	Xhonneux Raphael	10	4m18	23-09	csf
10	Delneufcourt Hugo	09	3m88	01-05	rsca

BEN Balle de hockey		RC : 40m13			
1	Guerron Sebastian	09	25m33	08-06	resc
2	Arys Luca	10	21m04	23-09	csf
3	Kubiak Joachim	09	20m88	23-09	csf
4	Haub Tobias	09	19m70	30-09	rcas
5	Delneufcourt Noah	09	17m92	08-06	resc
6	Ouattara Noham	10	17m38	08-06	resc
7	Delneufcourt Hugo	09	16m98	08-06	resc
8	Philips Bastien	09	15m70	13-04	csf
9	Hendrichs Hadrien	10	15m46	23-09	csf
10	Xhonneux Raphael	10	15m04	20-05	csf
11	Hendrichs Victor	10	14m84	23-09	csf
12	Sanchez Diego	10	14m75	20-05	csf
13	Kamara Noa	10	11m89	20-05	csf
14	Elgotni Ilyas	09	8m57	08-06	resc

BEN Tetrathlon		RC : 2099 p			
1	Guerron Sebastian	09	1101 p	13-10	ws
2	Haub Tobias	09	1045 p	30-09	rcas
3	Theyskens Alexis	10	920 p	13-10	ws
4	Arys Lucas	10	671 p	13-10	ws
5	Xhonneux Raphael	10	548 p	13-10	ws

BEN 4 x 60 m		RC : 37.27			
Delneufcourt, Delneufcourt, Ouattara, Kubiak		41.22	20-10	csf	

PUPILLES GARÇONS (2008 - 2007)

PUP 60 m		RC : 8.42			
1	Ouattara Reda	08	8.82	20-10	csf
2	Tshanga Diumba John Ross	07	9.35	14-04	dcla
3	Monsieur Julien	07	9.40	01-05	rsca
4	Poortman Matheo	07	9.41	13-10	ws
5	Van Den Bremp Mathis	07	9.42	29-04	resc
6	Arifi Rayane	08	9.65	13-10	ws
7	Huyghe Gauthier	07	9.66	02-06	wrc
8	Oulhaj Hugo	08	9.91	20-10	csf
9	De Greef Guillaume	07	9.98	29-04	resc
10	De Gendt Lucien	08	10.01	13-10	ws
11	Ezzeddine Adam	07	10.07	25-08	spvi
12	Arifi Sohaib	08	10.08	29-04	resc
13	Coppy Kenneth	08	10.23	02-04	avka
	Maaroufi Zakaria	08	10.23	01-05	rsca
15	Verleyen Jacob	08	10.79	13-10	ws



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16 Pottier Maxime 08 12.17 29-04 resc

PUP 1000 m RC : 3.14.18

1	Poortman Matheo	07	3.22.34	13-10	ws
2	Kenaiti Yanis	08	3.26.91	30-06	resc
3	Van Den Brempt Mathis	07	3.39.34	29-04	resc
4	Arifi Rayane	08	3.43.72	30-09	rcas
5	Maaroufi Zakaria	08	3.47.00	29-04	resc
6	Huyghe Gauthier	07	3.47.81	02-06	wrc
7	Arifi Sohaib	08	3.56.58	29-04	resc
8	Oulhaj Hugo	08	3.58.70	20-05	csf
9	Verleyen Jacob	08	4.06.22	13-10	ws
10	De Greef Guillaume	07	4.13.60	29-04	resc
11	Bouchfira Camille	08	4.14.59	20-10	csf
12	De Gendt Lucien	08	4.26.28	20-05	csf
13	Coppy Kenneth	08	4.38.33	01-05	rsca

PUP 60 m haies (76 cm) RC : 10.24

1	Ouattara Reda	08	12.41	13-04	csf
2	Monsieur Julien	07	12.82	29-04	resc
3	Arifi Rayane	08	13.60	23-06	rcb
4	Poortman Matheo	07	13.62	29-04	resc

PUP Hauteur RC : 1m49

1	Poortman Matheo	07	1m28	25-08	spvi
2	Huyghe Gauthier	07	1m17	29-07	dac
3	Ouattara Reda	08	1m15	01-05	rsca
4	Arifi Rayane	08	1m00	01-05	rsca

PUP Longueur RC : 4m75

1	Ouattara Reda	08	4m21	08-06	resc
2	Poortman Matheo	07	3m87	08-06	resc
3	Ezzeddine Adam	07	3m65	08-06	resc
4	Van Den Brempt Mathis	07	3m64	13-10	ws
5	De Gendt Lucien	08	3m63	20-05	csf
6	De Greef Guillaume	07	3m60	08-06	resc
7	Monsieur Julien	07	3m52	14-04	dcla
8	Arifi Rayane	08	3m51	08-06	resc
9	Arifi Sohaib	08	3m50	08-06	resc
10	Huyghe Gauthier	07	3m50	08-06	resc
11	Kenaiti Yanis	08	3m48	30-06	resc
12	Tshanga Dumba John Ross	07	3m46	14-04	dcla
13	Vilain Nicolas	07	3m45	08-06	resc
14	Coppy Kenneth	08	3m14	08-06	resc
15	Verleyen Jacob	08	2m70	13-10	ws
16	Pottier Maxime	08	2m32	25-08	spvi

PUP Poids (2 kg) RC : 11m71

1	Monsieur Julien	07	8m32	14-04	dcla
2	Huyghe Gauthier	07	7m84	08-06	resc
3	Poortman Matheo	07	7m32	10-05	csdy
4	Arifi Rayane	08	7m09	29-04	resc
5	Tshanga Dumba John Ross	07	6m31	14-04	dcla
6	Ouattara Reda	08	5m64	08-06	resc
7	Arifi Sohaib	08	5m08	08-06	resc
8	De Greef Guillaume	07	4m56	08-06	resc
9	Vilain Nicolas	07	4m52	08-06	resc
10	Pottier Maxime	08	3m94	29-04	resc
11	Coppy Kenneth	08	3m90	08-06	resc
12	Ezzeddine Adam	07	2m83	08-06	resc

PUP Disque (600 gr) RC : 31m14

1	Monsieur Julien	07	22m77	01-04	ws
2	Huyghe Gauthier	07	19m80	23-09	csf
3	Coppy Kenneth	08	12m97	01-04	ws
4	Arifi Rayane	08	11m80	01-04	ws
5	De Greef Guillaume	07	9m98	01-04	ws

PUP Balle de hockey RC : 46m50

1	Ouattara Reda	08	37m72	13-04	csf
2	Huyghe Gauthier	07	36m60	01-04	ws



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3	Poortman Matheo	07	32m12	20-05	csf
4	Arifi Rayane	08	29m42	30-09	rcas
5	Kenaiti Yanis	08	24m94	30-06	resc
6	De Gendt Lucien	08	24m62	13-10	ws
7	De Greef Guillaume	07	24m28	30-06	resc
8	Verleyen Jacob	08	23m97	13-10	ws
9	Van Den Brempt Mathis	07	22m81	13-10	ws

PUP Tetrathlon

RC : 2516 p

1	Poortman Matheo	07	1868 p	10-05	csdy
2	Huyghe Gauthier	07	1540 p	29-07	dac
3	Van Den Brempt Mathis	07	1514 p	13-10	ws
4	Arifi Rayane	08	1506 p	30-09	rcas
5	De Gendt Lucien	08	1077 p	13-10	ws
6	Verleyen Jacob	08	908 p	13-10	ws
7	Kenaiti Yanis	08	819 p	13-10	ws

MINIMES GARÇONS (2006 - 2005)

MIN 80 m

RC : 9.66

1	Taieb Hilel	06	11.61	01-05	rsca
2	Maaroufi Ayoub	05	11.92	29-04	resc
3	Camps Sebastien	06	12.06	29-04	resc
4	Arifi Reda	05	12.10	29-04	resc
5	Lair Adrien	06	12.19	20-05	csf
6	Gonzalez Antoine	06	12.31	29-04	resc
7	Verriez Ludovic	06	12.63	01-05	rsca
8	Poortman Lucas	05	12.76	25-08	spvi
9	Benaissa Nabil	06	12.95	20-05	csf
10	Aslyah Zakaria	05	13.14	10-05	csdy
11	Nollet Felicien	05	13.29	29-04	resc
12	Puletto Alessio	05	13.39	10-05	csdy

MIN 1000 m

RC : 3.01.77

1	Arifi Reda	05	3.16.04	29-04	resc
2	Maaroufi Ayoub	05	3.24.21	29-04	resc
3	Mohsine Anass	05	3.29.82	29-04	resc
4	Verriez Ludovic	06	3.31.48	13-10	ws
5	Camps Sebastien	06	3.32.19	29-04	resc
6	Poortman Lucas	05	3.43.24	29-04	resc
7	Gonzalez Antoine	06	3.46.12	30-06	resc
8	Aslyah Zakaria	05	4.04.47	13-10	ws
9	Puletto Alessio	05	4.06.17	13-10	ws

MIN 80 m haies (84 cm)

RC : 12.00

1	Maaroufi Ayoub	05	16.21	29-04	resc
2	Camps Sebastien	06	17.03	29-04	resc

MIN 150 m haies (76 cm)

RC : 20.54

1	Maaroufi Ayoub	05	24.05	01-05	rsca
2	Camps Sebastien	06	24.68	01-05	rsca
3	Gonzalez Antoine	06	27.02	01-05	rsca

MIN Hauteur

RC : 1m73

1	Poortman Lucas	05	1m27	13-10	ws
2	Gonzalez Antoine	06	1m16	30-06	resc
3	Aslyah Zakaria	05	1m15	13-10	ws
4	Verriez Ludovic	06	1m12	13-10	ws
5	Puletto Alessio	05	1m00	10-05	csdy

MIN Longueur

RC : 5m73

1	Maaroufi Ayoub	05	4m10	01-05	rsca
2	Arifi Reda	05	4m04	08-06	resc
3	Gonzalez Antoine	06	3m98	08-06	resc
4	Poortman Lucas	05	3m92	08-06	resc
5	Lair Adrien	06	3m87	01-05	rsca
6	Camps Sebastien	06	3m81	08-06	resc
7	Theys Norick	06	3m77	08-06	resc
8	Lair Adrien	06	3m71	08-06	resc
8	Mohsine Anass	05	3m51	08-06	resc
10	Aslyah Zakaria	05	3m26	13-10	ws



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11	Verriez Ludovic	06	3m24	13-10	ws
12	Puletto Alessio	05	2m98	13-10	ws

MIN Poids (3 kg)

RC : 14m71

1	Arifi Reda	05	6m90	08-06	resc
2	Poortman Lucas	05	6m74	25-08	spvi
3	Theys Norick	06	6m35	08-06	resc
4	Aslyah Zakaria	05	6m04	25-08	spvi
5	Gonzalez Antoine	06	5m68	30-06	resc
6	Camps Sebastien	06	5m59	08-06	resc
7	Mohsine Anass	05	5m37	08-06	resc
8	Puletto Alessio	05	5m10	13-10	ws
9	Lair Adrien	06	5m05	28-10	rcas
10	Verriez Ludovic	06	4m00	08-06	resc

MIN Disque (750 gr)

RC : 45m01

1	Poortman Lucas	05	16m74	25-08	spvi
2	Aslyah Zakaria	05	15m13	25-08	spvi
3	Verriez Ludovic	06	11m49	24-06	csf
4	Puletto Alessio	05	10m17	10-05	csdy

MIN Javelot (400 gr)

RC : 45m91

1	Maaroufi Ayoub	05	26m30	01-05	rsca
2	Poortman Lucas	05	21m03	23-09	csf
3	Mohsine Anass	05	18m05	20-05	csf
4	Gonzalez Antoine	06	16m83	29-04	resc
5	Puletto Alessio	05	15m30	23-09	csf
6	Aslyah Zakaria	05	15m10	23-09	csf
7	Verriez Ludovic	06	14m62	01-05	rsca
8	Lair Adrien	06	14m58	01-05	rsca
9	Camps Sebastien	06	9m85	20-05	csf

MIN Pentathlon

RC : 4135 p

1	Poortman Lucas	05	1826 p	13-10	ws
2	Verriez Ludovic	06	1620 p	13-10	ws
3	Gonzalez Antoine	06	1582 p	20-05	csf
4	Aslyah Zakaria	05	1332 p	13-10	ws
5	Puletto Alessio	05	1027 p	10-05	csdy

CADETS GARÇONS (2004 - 2003)

CAD 100 m

RC : 11.31

1	Medan Marko	03	11.82	15-08	resc
2	Mbuyi Bodika William	04	12.30	26-05	cabw
3	Englebert Timothee	04	12.36	28-07	dac
4	Sibourg Valentin	04	12.59	20-10	csf
5	Gruson Augustin	04	12.63	29-09	rcas
6	Chekem Ramses	03	12.70	05-05	rcas
7	Ivens Filip	04	13.10	29-09	rcas
8	Arifi Ilias	04	13.22	29-09	rcas
9	De Tollenaere Tom	03	13.27	05-05	rcas
10	Derome Julien	04	14.11	20-05	csf
11	Van Elsuwe Alexis	04	14.12	29-09	rcas
12	Desmecht Mattia	03	14.85	20-05	csf
13	Kamara Sanael	04	15.03	20-05	csf
14	Poortman Romain	03	15.20	20-05	csf

CAD 200 m

RC : 23.14

1	Medan Marko	03	24.03	24-06	lier
2	Mbuyi Bodika William	04	25.23	29-04	resc
3	Englebert Timothee	04	25.27	30-06	resc
4	Van Elsuwe Alexis	04	29.83	29-04	resc

CAD 400 m

RC : 52.24

1	Arifi Ilias	04	57.36	13-10	ws
2	Englebert Timothee	04	57.73	29-04	resc
3	Kamara Sanael	04	68.76	29-04	resc



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CAD 800 m		RC : 1.59.30			
1	Arifi Ilias	04	2.25.49	21-04	csf
2	Van Elsuwe Alexis	04	2.30.49	21-04	csf
3	Sibourg Valentin	04	2.34.59	26-05	cabw
4	Medard Romain	03	2.40.31	29-04	resc

CAD 1000 m		RC : 2.43.18			
1	Arifi Ilias	04	3.00.70	30-09	rcas
2	Gruson Augustin	04	3.01.40	30-09	rcas
3	Chekem Ramses	03	3.02.90	29-07	dac
4	Englebert Timothee	04	3.03.40	29-07	dac
5	Van Elsuwe Alexis	04	3.13.44	30-09	rcas
6	Sibourg Valentin	04	3.27.40	30-09	rcas
7	Ivens Filip	04	3.27.66	30-09	rcas

CAD 1500 m		RC : 4.10.90			
1	Poortman Romain	03	5.21.96	20-05	csf
2	Van Elsuwe Alexis	04	5.25.98	26-05	cabw
3	Sebbah Zayd	04	6.51.00	30-06	resc

CAD 100 m haies (91 cm)		RC : 14.02			
1	Demagnet Lounis	03	15.64	26-05	cabw
2	Sibourg Valentin	04	17.19	30-09	rcas
3	Chekem Ramses	03	18.30	30-09	rcas
4	Englebert Timothee	03	18.34	30-09	rcas
5	Gruson Augustin	04	18.78	30-09	rcas
6	Ivens Filip	04	19.19	30-09	rcas
7	Arifi Ilias	04	20.07	30-09	rcas
8	Van Elsuwe Alexis	04	20.88	30-09	rcas

CAD 300 m haies (76 cm)		RC : 40.07			
1	Demagnet Lounis	03	44.42	26-05	cabw
2	Arifi Ilias	04	46.91	02-09	rfcl
3	Sibourg Valentin	04	47.63	23-09	csf

CAD Hauteur		RC : 1m91			
1	Englebert Timothee	04	1m80	30-06	resc
2	Chekem Ramses	03	1m53	28-07	dac
3	De Tollenaere Tom	03	1m50	15-08	resc
4	Gruson Augustin	04	1m46	30-09	rcas
5	Arifi Ilias	04	1m45	15-08	resc
	Sibourg Valentin	04	1m45	15-08	resc
7	Ivens Filip	04	1m40	06-05	rcas
8	Van Elsuwe Alexis	04	1m30	15-08	resc

CAD Longueur		RC : 6m70			
1	Chekem Ramses	03	6m04	02-09	rfcl
2	Medan Marko	03	5m66	26-05	cabw
3	Englebert Timothee	04	5m62	29-09	rcas
4	Gruson Augustin	04	5m26	29-09	rcas
5	De Tollenaere Tom	03	5m16	29-04	resc
6	Ivens Filip	04	5m06	21-04	csf
7	Sibourg Valentin	04	4m99	22-09	cabw
8	Arifi Ilias	04	4m65	20-05	csf
9	Van Elsuwe Alexis	04	4m48	29-09	rcas
10	Derome Julien	04	4m32	20-05	csf
11	Poortman Romain	03	4m30	20-05	csf
12	Desmecht Mattia	03	4m05	20-05	csf
13	Kamara Sanael	04	3m96	20-05	csf

CAD Triple saut		RC : 13m52			
1	Englebert Timothee	04	11m32	21-04	csf
2	Chekem Ramses	03	11m29	26-05	cabw
3	Van Elsuwe Alexis	04	8m91	21-04	csf

CAD Perche		RC : 3m76			
1	Englebert Timothee	04	3m10	29-09	rcas
2	Chekem Ramses	03	2m70	29-09	rcas
3	Arifi Ilias	04	2m50	29-09	rcas
	Van Elsuwe Alexis	04	2m50	29-09	rcas
5	Ivens Filip	04	2m20	05-05	rcas



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6 Gruson Augustin 04 2m00 29-09 rcas

CAD Poids (4 kg) RC : 14m42

1	Englebert Timothee	04	12m39	29-09	rcas
2	Chekem Ramses	03	11m15	28-07	dac
3	Gruson Augustin	04	9m32	29-09	rcas
4	Arifi Ilias	04	8m46	05-05	rcas
5	Van Elsuwe Alexis	04	7m19	29-09	rcas
6	Sibourg Valentin	04	7m72	01-07	jsmc
7	Ivens Filip	04	7m68	29-09	rcas

CAD Disque (1 kg) RC : 48m77

1	De Tollenaere Tom	03	28m08	07-04	crac
2	Ivens Filip	04	27m96	02-09	rfcl
3	Arifi Ilias	04	25m10	05-08	moha
4	Sibourg Valentin	04	20m54	15-04	rfcl

CAD Javelot (600 gr) RC : 44m54

1	De Tollenaere Tom	03	38m00	02-09	rfcl
2	Englebert Timothee	04	33m95	30-09	rcas
3	Chekem Ramses	03	29m72	21-04	csf
4	Ivens Filip	04	28m15	20-05	csf
5	Demanet Lounis	03	24m45	21-04	csf
6	Sibourg Valentin	04	24m32	15-08	resc
7	Arifi Ilias	04	22m07	30-09	rcas
8	Gruson Augustin	04	21m88	30-09	rcas
9	Van Elsuwe Alexis	04	20m76	30-09	rcas

CAD Marteau (4 kg) RC : 46m37

1	Chekem Ramses	03	27m44	26-05	cabw
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CAD Octathlon RC : 5037 p

1	Englebert Timothee	04	4007 p	30-09	rcas
2	Chekem Ramses	03	3512 p	29-07	dac
3	Gruson Augustin	04	3129 p	30-09	rcas
4	Arifi Ilias	04	2885 p	30-09	rcas
5	Ivens Filip	04	2635 p	30-09	rcas
6	Sibourg Valentin	04	2628 p	30-09	rcas
7	Van Elsuwe Alexis	04	2365 p	30-09	rcas

CAD 3000 m marche RC : 20.11.17

1	Poortman Romain	03	19.16.13	26-05	cabw
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CAD 4 x 100 m RC : 44.36

Medan, Mbuyi Bodika, Chekem, Englebert	46.97	26-05	cabw
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SCOLAIRES HOMMES (2002 - 2001)

SCO 100 m RC : 10.83

1	Doudouhi Reda	02	11.70	21-04	csf
2	Yoma Gedeon	01	11.87	21-04	csf
3	Roefmans Lucas	01	11.90	05-05	rcas
4	Yahni Sayat	02	12.00	02-09	rfcl
5	Beyaert Corentin	02	12.30	05-05	rcas
6	Couturier Timothee	02	12.59	29-04	resc
7	Gharroudi Soulaymane	01	12.72	26-05	cabw
8	Montilla Alexis	02	12.94	05-05	rcas
9	Huyghe Xavier	01	13.04	20-05	csf
10	Balcaen Max	02	13.69	20-05	csf

SCO 200 m RC : 21.97

1	Yoma Gedeon	01	23.96	21-04	csf
2	Doudouhi Reda	02	24.00	21-04	csf
3	Yahni Sayat	02	24.31	02-09	rfcl
4	Beyaert Corentin	02	24.87	22-09	cabw



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SCO 400 m		RC : 49.48			
1	Madoughri Sabri	01	52.23	26-05	cabw
2	Beyaert Corentin	02	53.90	18-08	herv
3	Huyghe Xavier	01	57.29	15-08	resc
4	Roefmans Lucas	01	57.70	28-07	dac
5	Gharroudi Soulaymane	01	59.20	15-08	resc
6	Montilla Alexis	02	61.21	05-05	rcas

SCO 800 m		RC : 1.55.41			
1	Karraz Loqmane	01	2.05.20	01-05	achl
2	Huyghe Xavier	01	2.09.60	21-04	csf
3	Beyaert Corentin	02	2.10.59	30-06	resc
4	Gharroudi Soulaymane	01	2.11.20	21-04	csf
5	Willems Dorian	02	2.13.64	21-04	csf
6	Mullender Sebastien	02	2.21.33	26-05	cabw

SCO 1500 m		RC : 4.00.79			
1	Karraz Loqmane	01	4.16.43	29-04	resc
2	Lafnachi Reda	02	4.34.78	29-04	resc
3	Beyaert Corentin	02	4.41.59	30-09	rcas
4	Montilla Alexis	02	5.03.20	06-05	rcas
5	Roefmans Lucas	01	5.28.58	06-05	rcas

SCO 3000 m		RC : 8.33.14			
1	Lafnachi Reda	02	10.37.64	26-05	cabw

SCO 110 m haies (91 cm)		RC : 13.65			
1	Beyaert Corentin	02	16.45	21-04	csf
2	Roefmans Lucas	01	16.58	26-05	cabw
3	Montilla Alexis	02	20.01	30-09	rcas

SCO 400 m haies (84 cm)		RC : 56.13			
1	Beyaert Corentin	02	58.22	02-09	rfcl

SCO 2000 m steeple (91 cm)		RC : 6.10.20			
1	Beyaert Corentin	02	7.07.53	26-05	cabw

SCO Hauteur		RC : 2m05			
1	Badji Toumane	01	1m80	26-05	cabw
2	Roefmans Lucas	01	1m73	05-05	rcas
3	Beyaert Corentin	02	1m55	05-05	rcas
4	Montilla Alexis	02	1m54	29-09	rcas

SCO Longueur		RC : 7m59			
1	Roefmans Lucas	01	6m24	02-09	rfcl
2	Beyaert Corentin	02	5m25	29-09	rcas
3	Montilla Alexis	02	5m23	05-05	rcas
4	Yoma Gedeon	01	5m18	21-04	csf
5	Balcaen Max	02	4m53	20-05	csf
6	Huyghe Xavier	01	4m32	20-05	csf

SCO Triple saut		RC : 15m64			
1	Badji Toumane	01	12m86	26-05	cabw

SCO Perche		RC : 4m36			
1	Montilla Alexis	02	3m45	30-06	resc
2	Beyaert Corentin	02	3m20	06-05	rcas
3	Roefmans Lucas	01	3m10	30-09	rcas
4	Sleewaegen Jerome	01	2m80	26-05	cabw

SCO Poids (5 kg)		RC : 14m35			
1	Montilla Alexis	02	12m08	12-08	ea
2	Roefmans Lucas	01	10m47	28-07	dac
3	Beyaert Corentin	02	10m18	29-09	rcas

SCO Disque (1,5 kg)		RC : 44m44			
1	Montilla Alexis	02	31m17	22-09	cabw
2	Beyaert Corentin	02	25m17	19-08	herv
3	Roefmans Lucas	01	25m47	30-09	rcas
4	Huyghe Xavier	01	21m40	26-05	cabw



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SCO Javelot (700 gr)		RC : 52m73			
1	Montilla Alexis	02	47m91	15-08	resc
2	Roefmans Lucas	01	40m25	30-09	rcas
3	Huyghe Xavier	01	29m25	20-05	csf
4	Beyaert Corentin	02	29m01	30-09	rcas
SCO Marteau (5 kg)		RC : 53m41			
1	Gharroudi Soulaymane	01	25m00	26-05	cabw
SCO Decathlon		RC : 5708 p			
1	Beyaert Corentin	02	4779 p	30-09	rcas
2	Roefmans Lucas	01	4730 p	29-07	dac
3	Montilla Alexis	02	4467 p	30-09	rcas
SCO 3000 m marche		RC : 19.16.13			
1	Mullender Sebastien	02	20.57.23	26-05	cabw
SCO 4 x 100 m		RC : 42.91			
Yahni, Roefmans, Yoma, Madoughri			45.90	26-05	cabw

JUNIORS HOMMES (2000 - 1999)

JUN 100 m		RC : 10.71			
1	Kasmi Amine	00	10.81	29-04	resc
2	Okeowo Peredjo	99	10.95	07-07	resc
3	Geerts Gregory	99	11.52	16-06	usbw
4	Nkiere Danfuname Rene	99	11.67	21-04	cabw
5	Salverius Mehdi	00	11.78	29-04	resc
6	Barghout Azze Eddine	99	11.79	14-10	rsca
7	Hannard Eliot	00	12.02	22-04	csf
8	Salverius Mehdi	00	12.04	22-04	csf
9	Moens Cyprien	00	12.33	05-05	rcas
10	Vijiitu Horia	00	12.29	22-04	csf
11	Temsamani Ilias	99	12.75	29-04	resc
JUN 200 m		RC : 21.24			
1	Kasmi Amine	00	21.43	29-04	resc
2	Borlee Rayane	99	22.58	19-05	rfcl
3	Nkiere Danfuname Rene	99	23.60	30-06	resc
4	Salverius Mehdi	00	24.11	29-04	resc
5	Hannard Eliot	00	24.20	22-04	csf
6	Cornelis Morgan	00	24.37	22-04	csf
7	Vijiitu Horia	00	24.59	22-04	csf
8	Ramiandrisoa Raphael	99	24.91	02-06	wrc
JUN 300 m		RC : 34.67			
1	Nkiere Danfuname Rene	99	36.76	18-07	dac
JUN 400 m		RC : 47.92			
1	Borlee Rayane	99	48.86	07-07	resc
2	Barghout Azze Eddine	99	50.28	26-05	vs
3	Moens Cyprien	00	61.38	05-05	rcas
JUN 800 m		RC : 1.52.66			
1	Chergui Mouhsine	99	2.14.07	22-04	csf
JUN 110 m haies (99 cm)		RC : 13.63			
1	Okeowo Peredjo	99	14.41	10-05	acw
JUN Hauteur		RC : 2m14			
1	Moens Cyprien	00	1m55	05-05	rcas
JUN Longueur		RC : 7m86			
1	Geerts Gregory	99	6m10	16-06	usbw
2	Moens Cyprien	00	5m46	05-05	rcas
JUN Triple saut		RC : 15m79			
1	Geerts Gregory	99	14m68	08-07	resc



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JUN Perche		RC : 5m00			
1	Moens Cyprien	00	3m42	29-04	resc
JUN Poids (6 kg)		RC : 15m79			
1	Martinez Fernandez Axel	99	10m51	19-05	rfcl
2	Moens Cyprien	00	8m30	05-05	rcas
JUN Disque (1,75 kg)		RC : 43m08			
1	Martinez Fernandez Axel	99	30m81	10-05	acw
2	Moens Cyprien	00	16m01	05-05	rcas
JUN Javelot (800 gr)		RC : 53m14			
1	Moens Cyprien	00	28m58	05-05	rcas
JUN Decathlon		RC : 7196 p			
1	Moens Cyprien	00	3121 p	06-05	rcas
JUN 4 x 100 m		RC : 42.37			
Salverius, Okeowo, Nkiere Danfuname, Kasmi		42.66	09-09	dcla	

ESPOIRS HOMMES (1998 - 1997 - 1996)

ESP 100 m		RC : 10.53			
1	Tshitwenu Florian	97	10.71	09-06	oeh
2	Kalmen Adam	98	11.11	20-05	FRA
3	Szerman Melvin	97	11.23	23-06	cabw
4	Atitso Dalvin	97	11.26	22-04	csf
5	Caty Dylan	97	11.50	22-04	csf
	Nijs Gaston	96	11.50	29-04	resc
	Montilla Dimitri	98	11.50	22-07	rcg
8	Kalandula Fabiano	96	11.59	22-04	csf
ESP 200 m		RC : 21.14			
1	Tshitwenu Florian	97	21.98	29-04	resc
2	Kalmen Adam	98	22.63	06-05	FRA
3	Szerman Melvin	97	22.68	20-05	FRA
4	Nijs Gaston	96	22.77	29-04	resc
5	Atitso Dalvin	97	22.86	22-04	csf
6	Kabuya Hugues	97	22.90	22-04	csf
ESP 400 m		RC : 46.28			
1	Nijs Gaston	96	49.13	19-05	rfcl
2	Kabuya Hugues	97	49.60	09-06	oeh
3	Montilla Dimitri	98	52.04	28-07	dac
ESP 800 m		RC : 1.46.60			
1	Petitjean Simon	96	1.54.30	28-07	vita
2	Vandenhoeke Arthur	96	1.58.62	29-04	resc
3	Dede Newan Guy	98	2.02.84	22-04	csf
4	Kanfouh Mohamed	98	2.03.37	22-04	csf
ESP 1500 m		RC : 3.42.78			
1	Petitjean Simon	96	3.54.39	04-08	dcla
2	Kortleven Xavier	98	4.13.21	04-08	dcla
ESP 3000 m		RC : 8.07.66			
1	Petitjean Simon	96	8.10.63	01-05	achl
2	Kortleven Xavier	98	8.51.78	21-05	FRA
ESP 110 m haies (106 cm)		RC : 13.66			
1	Caty Dylan	97	13.81	15-07	FRA
2	Montilla Dimitri	98	14.98	07-07	resc
ESP 400 m haies (91 cm)		RC : 50.29			
1	Kabuya Hugues	97	56.59	29-04	resc
ESP 3000 m steeple (91 cm)		RC : 8.57.98			
1	Petitjean Simon	96	9.12.63	13-05	rcg



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ESP Hauteur			RC : 2m21		
1	Gamuella Ngamungela Jos	98	2m01	08-07	resc
2	Kalandula Fabiano	96	1m98	13-05	rcg
3	Montilla Dimitri	98	1m94	28-07	dac
ESP Longueur			RC : 7m86		
1	Montilla Dimitri	98	6m84	28-07	dac
2	Caty Dylan	97	6m58	20-05	FRA
3	Hoorens Christopher	97	6m53	19-05	rfcl
ESP Triple saut			RC : 16m01		
1	Mopide Kissoca Alexandre	97	12m46	22-04	csf
ESP Perche			RC : 5m11		
1	Montilla Dimitri	98	4m40	27-05	UK
ESP Poids (7,26kg)			RC : 14m58		
1	Montilla Dimitri	98	11m66	28-07	dac
ESP Disque (2 kg)			RC : 44m06		
1	Montilla Dimitri	98	38m76	13-07	asvo
ESP Javelot (800 gr)			RC : 58m05		
1	Montilla Dimitri	98	40m20	10-05	csdy
ESP 4 x 100 m			RC : 42.37		
Kasmi, Okeowo, Tshitwenu, Kalmen			41.71	13-05	rcg

SENIORS HOMMES (1998 - 1984)

SEN 100 m			RC : 10.02		
1	Tshitwenu Florian	97	10.71	09-06	oeh
2	Niesen Charles	94	10.85	10-05	acw
3	Badji Asamti	95	11.00	03-08	vita
4	Kalmen Adam	98	11.11	20-05	FRA
5	Szerman Melvin	97	11.23	23-06	cabw
6	Atitso Dalvin	97	11.26	22-04	csf
7	Caty Dylan	97	11.50	22-04	csf
	Nijs Gaston	96	11.50	29-04	resc
	Montilla Dimitri	98	11.50	22-07	rcg
10	Kalandula Fabiano	96	11.59	22-04	csf
11	Ouchen Anass	92	11.64	29-04	resc
12	Balsen Julien	86	11.96	13-07	asvo
13	Bernard Tom	93	12.91	30-06	resc
14	Guillaume Jonathan	92	13.03	30-06	resc
15	Heremans Bruno	94	13.64	22-04	csf
SEN 200 m			RC : 20.66		
1	Badji Asamti	95	21.71	03-08	vita
2	Lins Sebastien	92	21.93	23-08	vs
3	Tshitwenu Florian	97	21.98	29-04	resc
4	Campener Corentin	90	22.40	20-05	FRA
5	Kalmen Adam	98	22.63	06-05	FRA
6	Szerman Melvin	97	22.68	20-05	FRA
7	Nijs Gaston	96	22.77	29-04	resc
8	Atitso Dalvin	97	22.86	22-04	csf
9	Kabuya Hugues	97	22.90	22-04	csf
10	Balsen Julien	86	24.26	13-07	asvo
11	Heremans Bruno	94	28.27	30-06	resc
SEN 300 m			RC : 33.10		
1	Badji Asamti	95	34.02	18-07	dac
2	Lins Sebastien	92	34.36	29-08	vita
SEN 400 m			RC : 45.98		
1	Badji Asamti	95	46.94	08-07	resc
2	Lins Sebastien	92	48.12	07-07	resc
3	Nijs Gaston	96	49.13	19-05	rfcl
4	Balhan Pierre Antoine	92	49.45	09-06	rfcl
5	Kabuya Hugues	97	49.60	09-06	oeh



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6	Montilla Dimitri	98	52.04	28-07	dac
7	Balsen Julien	86	54.81	30-06	resc

SEN 800 m RC : 1.46.60

1	Moukrime Tarik	92	1.48.38	20-05	FRA
2	Callahan Wirtz Peter	91	1.48.76	29-07	LUX
3	Balhan Pierre Antoine	92	1.49.06	18-07	rfcl
4	Petitjean Simon	96	1.54.30	28-07	vita
5	Vandenhoeke Arthur	96	1.58.62	29-04	resc
6	Dede Newan Guy	98	2.02.84	22-04	csf
7	Kanfouh Mohamed	98	2.03.37	22-04	csf
8	Campener Corentin	90	2.21.04	14-10	rsca

SEN 1500 m RC : 3.37.57

1	Callahan Wirtz Peter	91	3.37.11	20-04	USA
2	Moukrime Tarik	92	3.38.29	26-05	vs
3	Balhan Pierre Antoine	92	3.47.30	21-07	avt
4	Petitjean Simon	96	3.54.39	04-08	dcla
5	Ruell Kim	87	3.58.07	12-08	kape
6	Kortleven Xavier	98	4.13.21	04-08	dcla
7	Vereertbrugghen Nicolas	92	4.29.20	30-06	resc
8	Huberland François	93	4.31.09	20-05	csf

SEN 3000 m RC : 7.51.46

1	Petitjean Simon	96	8.10.63	01-05	achl
2	Ruell Kim	87	8.12.03	27-06	fcha
3	Kortleven Xavier	98	8.51.78	21-05	FRA

SEN 5000 m RC : 13.22.81

1	Ruell Kim	87	14.23.11	08-07	resc
2	Hendrikk Jeroen	86	14.27.97	13-05	rcg
3	Naert Koen	89	14.30.21	27-05	UK

SEN Semi marathon RC : 1h06.09

1	Naert Koen	89	1h01.42	24-03	SPA
2	Hendrikk Jeroen	86	1h06.40	25-03	NED

SEN Marathon RC : 2h10.15

1	Naert Koen	89	2h09.51	12-08	GER
2	Hendrikk Jeroen	86	2h20.45	29-04	GER

SEN 110 m haies (106 cm) RC : 13.48

1	Caty Dylan	97	13.81	15-07	FRA
2	Ruffacq Quentin	89	14.28	07-07	resc
3	Montilla Dimitri	98	14.98	07-07	resc

SEN 400 m haies (91 cm) RC : 48.91

1	Nicodeme Romain	95	51.39	20-05	FRA
2	Kabuya Hugues	97	56.59	29-04	resc
3	Lins Sebastien	92	62.55	26-05	UK

SEN 3000 m steeple (91 cm) RC : 8.24.90

1	Petitjean Simon	96	9.12.63	13-05	rcg
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SEN Hauteur RC : 2m21

1	Gamuela Ngamungela Jos	98	2m01	08-07	resc
2	Kalandula Fabiano	96	1m98	13-05	rcg
3	Montilla Dimitri	98	1m94	28-07	dac

SEN Longueur RC : 7m94

1	Campener Corentin	90	7m98	25-07	FRA
2	Caluwe Arnaud	91	7m37	23-08	vs
3	Montilla Dimitri	98	6m84	28-07	dac
4	Caty Dylan	97	6m58	20-05	FRA
5	Hoorens Christopher	97	6m53	19-05	rfcl

SEN Triple saut RC : 16m86

1	Mopide Kissoca Alexandre	97	12m46	22-04	csf
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SEN Perche		RC : 5m25			
1	Montilla Dimitri	98	4m40	27-05	UK
SEN Poids (7,26kg)		RC : 15m08			
1	Guillaume Jonathan	92	15m28	19-05	rfcl
2	Gets Florent	91	13m41	22-04	csf
3	Montilla Dimitri	98	11m66	28-07	dac
SEN Disque (2 kg)		RC : 51m56			
1	Gets Florent	91	45m27	26-05	UK
2	Salvaggio Claudio	92	43m85	30-06	resc
3	Guillaume Jonathan	92	39m11	07-10	bbs
4	Montilla Dimitri	98	38m76	13-07	asvo
5	Lins Sebastien	92	22m45	28-10	rcas
SEN Javelot (800 gr)		RC : 70m78			
1	Gets Florent	91	60m09	29-04	resc
2	Bernard Tom	93	50m80	28-04	damp
3	Montilla Dimitri	98	40m20	10-05	csdy
SEN Marteau (7,26 kg)		RC : 61m66			
1	Salvaggio Claudio	92	61m30	09-06	LUX
2	Bernard Tom	93	54m81	19-05	rfcl
SEN 4 x 100 m		RC : 40.60			
Kasmi, Okeowo, Tshitwenu, Kalmen		41.71	13-05	rcg	
SEN 4 x 200 m		RC : 1.24.15			
Kalmen, Lins, Tshitwenu, Szerman		1.29.16	16-09	ocan	
SEN 4 x 400 m		RC : 3.10.20			
Badji, Nijs, Montilla, Balhan		3.15.85	27-05	UK	
SEN 4 x 1500 m		RC : 15.34.88			
Kortleven, Ruell, Petitjean, Balhan		16.29.52	16-09	ocan	
MASTERS HOMMES 35					
M35 800 m		RC : 1.59.64			
1	Xhonneux Frederic	83	1.59.63	02-06	wrc
M35 1500 m		RC : 3.54.39			
1	Vandamme Bram	80	4.07.47	16-06	vita
M35 Mile		RC : 4.52.89			
1	Xhonneux Frederic	83	4.59.41	01-08	looi
M35 5000 m		RC : 14.48.24			
1	Xhonneux Frederic	83	17.10.14	20-05	csf
M35 Marathon		RC : 2h21.10			
1	Xhonneux Marc	80	3h12.53	28-10	GER
2	Caufriez Olivier	83	3h16.20	28-10	bxl
M35 110 m haies (99 cm)		RC : 21.13			
1	Broothaerts Damien	83	13.89	14-09	SPA
M35 110 m haies (106 cm)		RC : 16.64			
1	Broothaerts Damien	83	14.12	06-05	FRA
M35 Hauteur		RC : 1m86			
1	Xhonneux Frederic	83	1m90	16-06	hf
2	Van de Velde Frank	79	1m63	10-06	hf
M35 Triple saut		RC : 14m26			
1	Xhonneux Frederic	83	14m00	01-08	looi
M35 Poids (7,26 kg)		RC : 12m86			
1	Van de Velde Frank	79	8m91	10-06	hf



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M35 4 x 400 m	RC : 4.01.44
Maniquet, Vandamme, Poortman, Fellemans	3.59.32 10-06 hf

MASTERS HOMMES 40

M40 3000 m	RC : 9.02.48
1 Poortman Yvan	73 9.49.43 10-06 hf

MASTERS HOMMES 45

M45 100 m	RC : 11.64
1 Fellemans Emmanuel	70 12.41 30-06 resc
2 Verriez Stephane	70 13.60 20-10 csf

M45 200 m	RC : 23.84
1 Fellemans Emmanuel	70 25.42 02-06 vs
2 Verriez Stephane	70 27.79 17-06 vita

M45 400 m	RC : 56.82
1 Fellemans Emmanuel	70 61.95 10-06 hf

M45 Semi marathon	RC : -
1 Lemaire Ivan	73 1h26.11 28-10 bxl

M45 Marathon	RC : 2h41.07
1 Debrabandere Amaury	69 3h01.11 16-09 GER

MASTERS HOMMES 50

M50 100 m	RC : 12.84
1 Schoonen Laurent	65 13.98 27-05 rsca

M50 200 m	RC : 25.79
1 Schoonen Laurent	65 28.40 14-10 rsca

M50 400 m	RC : 58.63
1 Schoonen Laurent	65 66.21 29-09 rcas

M50 800 m	RC : 2.27.26
1 Muls Xavier	67 2.29.62 10-06 hf
2 Schoonen Laurent	65 2.58.01 25-08 NL

M50 1500 m	RC : 4.58.80
1 Schoonen Laurent	65 6.36.15 26-08 NL

M50 3000 m	RC : 9.41.58
1 Muls Xavier	67 11.35.75 22-04 csf
2 Schoonen Laurent	65 14.33.09 26-08 NL

M50 5000 m	RC : 16.30.87
1 Schoonen Laurent	65 23.35.41 25-08 NL

M50 10 000m	RC : 33.46.10
1 Schoonen Laurent	65 56.24.12 26-08 NL

M50 Semi marathon	RC : -
1 Muls Xavier	67 1h41.34 28-10 bxl
2 Kamara Arafan	69 1h45.12 28-10 bxl

M50 Marathon	RC : 2h32.05
1 Englebert Patrick	66 3h27.46 28-10 bxl
2 Iazzag Tahar	65 4h17.14 21-10 ob

M50 100 m haies (91 cm)	RC : 20.06
1 Schoonen Laurent	65 20.83 30-09 rcas

M50 110 m haies (106 cm)	RC : 22.50
1 Schoonen Laurent	65 23.84 22-04 csf



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M50 200 m haies (76 cm)		RC : 37.75			
1	Schoonen Laurent	65	37.81	25-08	NL
M50 400 m haies (91 cm)		RC : -			
1	Schoonen Laurent	65	80.19	22-04	csf
M50 3000 m steeple (91 cm)		RC : 14.38.67			
1	Schoonen Laurent	65	14.43.25	17-06	vita
M50 Hauteur		RC : 1m60			
1	Schoonen Laurent	65	1m47	29-09	rcas
M50 Longueur		RC : 5m11			
1	Schoonen Laurent	65	4m59	27-05	rsca
M50 Triple saut		RC : 10m99			
1	Schoonen Laurent	65	7m75	26-08	NL
M50 Perche		RC : 2m42			
1	Schoonen Laurent	65	2m55	22-04	csf
M50 Poids (6 kg)		RC : 12m01			
1	Schoonen Laurent	65	7m75	20-10	acw
M50 Poids (7,26 kg)		RC : 13m44			
1	Schoonen Laurent	65	7m52	27-05	rsca
M50 Disque (1,5 kg)		RC : 50m86			
1	Schoonen Laurent	65	25m01	30-09	rcas
M50 Disque (2 kg)		RC : 47m69			
1	Segers Philippe	65	14m70	10-06	hf
M50 Javelot (700 gr)		RC : 37m29			
1	Schoonen Laurent	65	28m32	20-10	acw
M50 Javelot (800 gr)		RC : 28m67			
1	Segers Philippe	65	22m04	10-06	hf
M50 Marteau (6 kg)		RC : 23m65			
1	Schoonen Laurent	65	22m61	20-10	acw
M50 Grand poids (11,34 kg)		RC : 9m45			
1	Schoonen Laurent	65	9m72	06-10	rct
M50 Pentathlon de lancers		RC : 1715 p			
1	Schoonen Laurent	65	1841 p	20-10	acw
M50 Decathlon		RC : 4332 p			
1	Schoonen Laurent	65	3967 p	30-09	rcas
M50 Icosathlon		RC : 7701 p			
1	Schoonen Laurent	65	6592 p	26-08	NL
PARA-MASTERS HOMMES 55					
M55 Disque (1,5 kg)		RC : 17m80			
1	Denys Jacques	59	14m60	22-04	csf
M55 Javelot (700 gr)		RC : 11m20			
1	Denys Jacques	59	11m41	22-04	csf
MASTERS HOMMES 55					
M55 200 m		RC : 27.70			
1	Maniquet Rudi	61	27.13	10-06	hf



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MASTERS HOMMES 60

M60 Semi marathon			RC :-		
1	Bodart Serge	58	1h28.33	28-10	bxl

M60 Marathon			RC :-		
1	Bodart Serge	58	3h03.30	16-09	GER