



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2017

EQUIPES MIXTES SENIORS

SEN 4 x 400 m	RC : -
Lins S, Klai A, Badji A, Badji J	3.40.19 30-08 vac

BENJAMINES FILLES (2009 - 2008)

BEN 60 m	RC : 9.30
1 Khrauph Aya	08 10.37 01-05 rcb
2 Boone Maya	09 10.43 01-05 rcb
3 Sibourg Celya	09 10.51 03-09 caf
4 Tollenaire Tia	08 10.52 09-09 vac
Wanyu Diane	08 10.52 30-09 rcas
5 Dessaer Noa	08 10.59 12-08 resc
6 Gerard Emma	08 10.90 30-09 rcas
7 Agacseven Lina	08 11.20 15-04 resc
8 Sandron Elise	08 11.29 20-08 ws
10 Karraz Ibtihel	09 11.61 15-04 resc
11 Dessaer Loane	08 12.47 12-08 resc

BEN 600 m	RC : 2.00.94
1 Wanyu Diane	08 2.18.01 14-10 ws
2 Agacseven Lina	08 2.19.70 15-04 resc
3 Sibourg Celya	09 2.20.57 21-05 dacm
4 Gerard Emma	08 2.25.65 23-09 csf
5 Tollenaire Tia	08 2.26.24 12-08 resc
6 Boone Maya	09 2.28.13 15-04 resc
7 Dessaer Noa	08 2.29.71 12-08 resc
8 Khrauph Aya	08 2.30.22 01-05 rcb
9 Karraz Ibtihel	09 2.37.98 15-04 resc
10 Sandron Elise	08 2.41.75 21-05 dacm
11 Dessaer Loane	08 2.41.86 12-08 resc

BEN Hauteur	RC : 1m18
1 Agacseven Lina	08 0m95 01-05 rcb
Gerard Emma	08 0m95 23-09 csf
3 Sibourg Celya	09 0m80 01-05 rcb

BEN Longueur	RC : 3m88
1 Tollenaire Tia	08 2m96 09-09 vac
2 Sibourg Celya	09 2m92 10-09 vita
3 Sandron Elise	08 2m75 09-09 vac
4 Gerard Emma	08 2m71 30-09 rcas
5 Wanyu Diane	08 2m62 05-06 vita
6 Agacseven Lina	08 2m58 07-05 resc

BEN Poids (1 kg)	RC : 8m63
1 Wanyu Diane	08 6m86 14-10 ws
2 Sibourg Celya	09 5m43 22-10 rcas
3 Gerard Emma	08 5m28 30-09 rcas
4 Tollenaire Tia	08 5m22 21-05 dacm
5 Agacseven Lina	08 4m89 15-04 resc
6 Khrauph Aya	08 4m48 15-04 resc
7 Boone Maya	09 4m23 15-04 resc
8 Sandron Elise	08 3m76 21-05 dacm
9 Karraz Ibtihel	09 3m60 15-04 resc

BEN Balle de hockey	RC : 28m96
1 Sibourg Celya	09 17m84 03-09 caf
2 Wanyu Diane	08 14m37 05-06 vita
3 Gerard Emma	08 13m77 12-08 resc
4 Tollenaire Tia	08 12m97 12-08 resc

BEN Tetrathlon	RC : 1601 p
1 Wanyu Diane	08 1048 p 14-10 ws
2 Sibourg Celya	09 950 p 14-10 ws
3 Gerard Emma	08 767 p 30-09 rcas
4 Tollenaire Tia	08 642 p 21-05 dacm
5 Sandron Elise	08 448 p 21-05 dacm



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PUPILLES FILLES (2007 - 2006)

PUP 60 m		RC : 8.55			
1	Ngandeu Tchambia Brenda	07	9.49	23-09	csf
2	Inconstant Elisa	07	9.57	30-09	rcas
3	Kubiak Joanna	06	9.61	01-05	rcb
4	Zola Kanangila Nicole	07	9.82	12-08	resc
5	Demanet Solea	06	9.98	01-05	rcb
	Van Ex Elvira	06	9.98	07-05	resc
7	Sanchez Elisa	07	10.05	01-05	rcb
8	Noblesse Pauline	07	10.16	07-05	resc
9	Mjahed Maya	07	10.64	07-05	resc

PUP 1000 m		RC : 31.14			
1	Inconstant Elisa	07	3.34.76	12-08	resc
2	Chraibi Sara	06	3.43.21	09-07	bxl
3	Kubiak Joanna	06	4.11.59	15-04	resc
4	Van Ex Elvira	06	4.12.50	15-04	resc
5	Zola Kanangila Nicole	07	4.20.48	12-08	resc

PUP 60 m haies (76 cm)		RC : 10.74			
1	Noblesse Pauline	07	14.44	09-09	vac
2	Ngandeu Tchambia Brenda	07	17.44	17-06	csf

PUP Hauteur		RC : 1m31			
1	Van Ex Elvira	06	1m10	09-09	vac
2	Kubiak Joanna	06	1m05	23-09	csf

PUP Longueur		RC : 4m48			
1	Inconstant Elisa	07	3m37	30-09	rcas
2	Demanet Solea	06	3m31	01-05	rcb
	Kubiak Joanna	06	3m31	08-10	rcb
4	Van Ex Elvira	06	3m15	08-10	rcb
5	Mjahed Maya	07	2m72	08-10	rcb

PUP Poids (2 kg)		RC : 9m75			
1	Inconstant Elisa	07	7m14	30-09	rcas
2	Van Ex Elvira	06	5m94	09-09	vac
3	Demanet Solea	06	5m04	01-05	rcb
4	Mjahed Maya	07	4m33	07-05	resc
5	Kubiak Joanna	06	3m99	01-05	rcb

PUP Balle de hockey		RC : 41m50			
1	Inconstant Elisa	07	27m70	14-10	ws
2	Ngandeu Tchambia Brenda	07	19m21	12-08	resc
3	Kubiak Joanna	06	17m99	12-08	resc
4	Van Ex Elvira	06	16m82	08-10	rcb
5	Mjahed Maya	07	10m46	15-04	resc

PUP Tetrathlon		RC : 2077 p			
1	Inconstant Elisa	07	1585 p	30-09	rcas

MINIMES FILLES (2005 - 2004)

MIN 80 m		RC : 10.64			
1	Mpinga Mulowayi Alexia	04	10.64	15-04	resc
2	Lambert Kylie	04	10.86	03-06	aclo
3	Merino Nohemi	04	10.98	22-04	csf
4	Leonard Elise	05	11.12	08-10	FRA
5	Tshanga Diumba Roline	04	11.36	15-04	resc
6	Lucas Clara	04	11.48	14-10	ws
7	Van Ex Alexia	04	11.83	23-09	csf
8	Mayot Coiffard Hermine	05	12.20	14-10	ws
9	Vanden Avont Camille	04	12.23	15-04	resc
10	Hasnaoui Saloua	04	12.30	30-07	vita
11	Dennison Chrystal	05	12.55	15-04	resc
12	Sleewaegen Eline	04	12.96	30-07	dac
13	Sandron Charline	05	13.20	05-06	vita
14	De Gendt Oriane	05	13.32	09-09	vac
15	Dufraigne Elsa	05	13.33	21-05	dacm



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16	laione Neliana	05	13.41	09-09	vac
17	Lafnachi Nora	05	14.01	15-04	resc

MIN 150 m RC : 20.13

1	Mpinga Mulowayi Alexia	04	20.15	15-10	rsca
2	Lambert Kylie	04	20.31	27-05	dein
3	Merino Nohemi	04	20.84	05-06	vita
4	Leonard Elise	05	21.23	20-08	vita
5	Lucas Clara	04	21.61	15-10	rsca
6	Tshanga Diumba Roline	04	21.68	01-05	rcb

MIN 300 m RC : 44.36

1	Lambert Kylie	04	43.85	03-09	volh
2	Merino Nohemi	04	45.50	07-04	csf
3	Lucas Clara	04	47.58	08-10	rcb
4	Mpinga Mulowayi Alexia	04	47.64	07-04	csf
5	Van Ex Alexia	04	50.39	08-10	rcb
6	Dennison Chrystal	05	55.74	08-10	rcb

MIN 1000 m RC : 3.14.33

1	Lambert Kylie	04	3.17.03	16-09	hf
2	Merino Nohemi	04	3.24.29	16-09	hf
3	Lucas Clara	04	3.34.88	15-10	rsca
4	Mayot Coiffard Hermine	05	3.35.31	08-10	FRA
5	Leonard Elise	05	3.56.70	15-10	rsca
6	Dennison Chrystal	05	3.58.36	15-04	resc
7	Mpinga Mulowayi Alexia	04	4.01.62	16-07	oeh
8	Sleewaegen Eline	04	4.01.98	30-07	dac
9	Van Ex Alexia	04	4.04.40	07-05	resc
10	De Gendt Oriane	05	4.10.90	15-04	resc
11	Chraibi Sofia	05	4.13.33	09-07	bxl
12	Lafnachi Nora	05	4.17.15	15-04	resc
13	Dufraigne Elsa	05	4.26.20	24-06	rcb
14	Sandron Charline	05	4.59.87	21-05	dacm

MIN 50 m haies (65 cm) RC : 8.47

1	Lambert Kylie	04	8.04	01-04	FRA
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MIN 60 m haies (76 cm) RC : 10.05

1	Lambert Kylie	04	9.96	23-09	cabw
2	Lucas Clara	04	12.47	07-05	resc
3	Mayot Coiffard Hermine	05	12.86	07-05	resc
4	Dufraigne Elsa	05	13.94	24-06	rcb

MIN 150 m haies (76 cm) RC : 22.49

1	Lambert Kylie	04	21.56	15-04	resc
2	Merino Nohemi	04	23.45	15-04	resc
3	Sleewaegen Eline	04	26.87	19-08	cabw

MIN Hauteur RC : 1m57

1	Lambert Kylie	04	1m43	10-06	FRA
	Merino Nohemi	04	1m43	26-08	spvi
3	Lucas Clara	04	1m30	21-05	dacm
4	Mayot Coiffard Hermine	05	1m17	14-10	ws
5	Dennison Chrystal	05	1m15	15-04	resc
	Sandron Charline	05	1m15	05-06	vita
	Sleewaegen Eline	04	1m15	30-07	dac
	Vanden Avont Camille	04	1m15	15-04	resc
	Van Ex Alexia	04	1m15	15-04	resc

MIN Longueur RC : 5m00

1	Merino Nohemi	04	4m57	27-04	rcb
2	Lambert Kylie	04	4m44	01-04	FRA
3	Mpinga Mulowayi Alexia	04	4m14	16-07	oeh
4	Leonard Elise	05	3m76	26-08	spvi
5	Lucas Clara	04	3m70	14-10	ws
6	Van Ex Alexia	04	3m65	08-10	rcb
7	Mayot Coiffard Hermine	05	3m32	14-10	ws
8	Dennison Chrystal	05	3m30	08-10	rcb
9	Sleewaegen Eline	04	3m11	21-07	vs



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MIN Poids (2 kg)			RC : 13m12		
1	Merino Nohemi	04	9m14	14-10	ws
2	Dennison Chrystal	05	8m81	12-08	resc
3	Lambert Kylie	04	8m38	01-04	FRA
4	Lucas Clara	04	8m04	30-07	dac
5	Mpinga Mulowayi Alexia	04	7m34	01-04	ws
6	Sleewaegen Eline	04	6m84	21-07	vs
7	Dufraigne Elsa	05	5m42	24-06	rbc
8	Sandron Charline	05	4m01	21-05	dacm

MIN Disque (750 gr)			RC : 27m29		
1	Merino Nohemi	04	24m54	23-09	cabw
2	Mpinga Mulowayi Alexia	04	19m40	16-07	oeh
3	Lucas Clara	04	16m71	01-05	rbc
4	Dennison Chrystal	05	16m50	08-10	rbc
5	Van Ex Alexia	04	14m42	09-09	vac
6	Vanden Avont Camille	04	10m18	09-09	vac

MIN Javelot (400 gr)			RC : 34m63		
1	Merino Nohemi	04	21m86	16-09	hf
2	Lambert Kylie	04	19m76	07-05	resc
3	Lucas Clara	04	17m59	23-09	csf
4	Van Ex Alexia	04	15m72	07-05	resc
5	Mpinga Mulowayi Alexia	04	14m16	14-07	aca
6	Sleewaegen Eline	04	8m63	30-07	dac
7	Sandron Charline	05	7m54	21-05	dacm
8	Dufraigne Elsa	05	6m86	21-05	dacm

MIN Pentathlon			RC : 3021 p		
1	Merino Nohemi	04	2673 p	14-10	ws
2	Lambert Kylie	04	2662 p	16-09	hf
3	Lucas Clara	04	2336 p	14-10	ws
4	Sleewaegen Eline	04	1452 p	21-07	vs
5	Sandron Charline	05	810 p	21-05	dacm
6	Dufraigne Elsa	05	593 p	21-05	dacm

MIN 4 x 80 m			RC : 42.22		
Leonard, Merino, Mpinga Mulowayi, Lambert			41.33	23-09	cabw

CADETTES FILLES (2003 - 2002)

CAD 100 m			RC : 12.64		
1	Pontara Lisa	03	13.37	04-06	usbw
2	Sielinou Lisa	03	13.46	07-05	resc
3	Iven Kayla	03	13.77	15-08	dacm
4	Nijs Juliette	03	13.91	23-04	ws
5	Huygens Cloe	03	14.54	17-05	vac
6	R'Ghioui Rania	02	15.85	23-04	ws
7	Cuvelier Maela	02	16.91	23-04	ws

CAD 200 m			RC : 26.14		
1	Sielinou Lisa	03	27.61	07-05	resc
2	Pontara Lisa	03	28.11	07-05	resc
3	Nijs Juliette	03	28.92	20-08	ws
4	Iven Kayla	03	28.94	16-07	oeh
5	Huygens Cloe	03	30.69	20-08	lebb

CAD 300 m			RC : 42.36		
1	Huygens Cloe	03	49.79	15-07	aca

CAD 400 m			RC : 57.61		
1	Iven Kayla	03	63.89	23-04	ws
2	Nijs Juliette	03	68.46	30-04	cabw
3	Huygens Cloe	03	70.42	09-06	add
4	Nachtergal Marine	02	72.54	16-09	avt
5	Bah Mariame	02	76.25	23-04	ws



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CAD 800 m		RC : 2.21.88			
1	Iven Kayla	03	2.30.05	15-04	resc
2	Nachtergal Marine	02	2.45.45	15-04	resc
3	Van Den Bossche Mira	02	2.45.51	15-04	resc
4	Huygens Cloe	03	2.46.08	30-07	dac
CAD 1000 m		RC : 3.01.95			
1	Huygens Cloe	03	3.38.82	09-09	lebb
CAD 1500 m		RC : 4.53.37			
1	Nachtergal Marine	02	5.43.91	30-04	cabw
CAD 80 m haies (76 cm)		RC : 11.88			
1	Huygens Cloe	03	15.47	29-07	dac
CAD 300 m haies (76 cm)		RC : 45.51			
1	Badji Aniandine	03	58.58	23-04	ws
2	Huygens Cloe	03	58.74	25-08	dcla
3	Mugerin Elisabeth	02	58.98	23-04	ws
CAD 1500 m steeple (76 cm)		RC : 6.17.24			
1	Huygens Cloe	03	6.31.12	19-08	herv
CAD Hauteur		RC : 1m68			
1	Golfa Sambay Clara	02	1m63	13-05	avlo
2	Huygens Cloe	03	1m20	27-05	csf
CAD Longueur		RC : 5m74			
1	Iven Kayla	03	4m68	24-06	rcb
2	Sielinou Lisa	03	4m55	07-05	resc
3	Pontara Lisa	03	4m51	07-05	resc
4	Huygens Cloe	03	4m34	30-07	dac
5	Bah Mariame	02	3m71	15-04	resc
CAD Triple saut		RC : 11m71			
1	Golfa Sambay Clara	02	9m48	30-04	cabw
2	Mugerin Elisabeth	02	8m58	23-04	ws
3	R'Ghioui Rania	02	8m57	23-09	csf
CAD Perche		RC : 3m26			
1	Nachtergal Marine	02	2m00	30-04	cabw
CAD Poids (3 kg)		RC : 12m10			
1	Iven Kayla	03	11m41	15-08	dacm
2	Huygens Cloe	03	8m40	16-09	volh
CAD Disque (1 kg)		RC : 37m60			
1	Iven Kayla	02	30m81	09-07	bxl
2	Huygens Cloe	03	23m11	30-09	acme
3	R'Ghioui Rania	02	6m90	23-04	ws
CAD Javelot (500 gr)		RC : 36m86			
1	Iven Kayla	02	41m46	02-09	spvi
2	Huygens Cloe	03	26m64	25-08	dcla
CAD Marteau (3 kg)		RC : 32m60			
1	Huygens Cloe	03	28m95	07-10	acme
CAD Pentathlon		RC : 2546 p			
1	Iven Kayla	02	2855 p	28-05	vac
CAD Hexathlon		RC : 3901 p			
1	Huygens Cloe	03	2457 p	30-07	dac
CAD 3000 m marche		RC : 21.19.14			
1	Cuvelier Maela	02	21.49.28	30-04	cabw
CAD 4 x 100 m		RC : 50.59			
Pontara, Nijs, Sielinou, Golfa Sambay			52.93	30-04	cabw



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SCOLAIRES FEMMES (2001 - 2000)

SCO 100 m		RC : 12.33			
1	Camara Fiona	00	13.73	23-04	ws
2	Kizito Prisca	01	14.25	07-05	resc
3	Tshanga Diumba Robiane	01	14.58	30-04	cabw
4	El Ouahmi Sirine	00	15.35	07-05	resc
5	Cuvelier Noemie	00	15.90	23-04	ws
SCO 200 m		RC : 25.34			
1	Camara Fiona	00	28.10	30-04	cabw
2	Kizito Prisca	01	28.18	27-08	bbs
3	Vermeire Victoria	00	28.86	30-04	cabw
4	Tshanga Diumba Robiane	01	28.89	01-04	ws
5	Beyaert Amelie	00	31.24	30-09	rcas
6	El Ouahmi Sirine	00	31.97	07-05	resc
SCO 300 m		RC : 39.65			
1	Derdari Yasmine	01	47.76	30-08	vac
SCO 400 m		RC : 56.03			
1	Derdari Yasmine	01	66.49	14-07	asvo
2	Khattou Lina	01	67.93	23-04	ws
SCO 800 m		RC : 2.14.88			
1	Van Den Bossche Inga	00	2.18.99	07-05	resc
2	Derdari Yasmine	01	2.32.80	29-07	olse
3	Kizito Prisca	01	2.39.62	28-05	csf
4	Verriez Laura	01	2.42.62	15-04	resc
5	Beyaert Amelie	00	3.11.34	01-10	rcas
SCO 1000 m		RC : 3.01.95			
1	Van Den Bossche Inga	00	3.12.17	01-09	bxl
2	Verriez Laura	01	3.29.02	02-09	herv
SCO 1500 m		RC : 4.47.63			
1	Van Den Bossche Inga	00	4.41.18	09-07	bxl
2	Verriez Laura	01	5.44.75	30-04	cabw
SCO 3000 m		RC : 10.43.20			
1	Van Den Bossche Inga	00	10.41.31	30-04	cabw
SCO 100 m haies (76 cm)		RC : 13.92			
1	Kizito Prisca	01	18.20	23-04	ws
2	Beyaert Amelie	00	20.12	30-09	rcas
3	El Ouahmi Sirine	00	21.67	23-04	ws
SCO 400 m haies (76 cm)		RC : 62.36			
1	Kolci Franceska	01	83.43	30-04	cabw
SCO Hauteur		RC : 1m68			
1	Kizito Prisca	01	1m58	23-04	ws
2	Beyaert Amelie	00	1m17	30-09	rcas
SCO Longueur		RC : 6m08			
1	Vermeire Victoria	00	4m98	30-04	cabw
2	Kizito Prisca	01	4m78	28-05	csf
3	Beyaert Amelie	00	3m77	07-05	resc
4	Boulaich Kawtar	01	3m25	23-04	ws
SCO Triple saut		RC : 12m15			
1	Vanden Bergh Joy	00	10m26	27-08	bbs
2	Boulaich Kawtar	01	8m01	23-04	ws
SCOPoids (3 kg)		RC : 12m64			
1	Kizito Prisca	01	9m88	16-09	avt
2	Beyaert Amelie	00	9m14	30-04	cabw
SCO Disque (1 kg)		RC : 47m99			
1	Beyaert Amelie	00	12m65	30-04	cabw



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SCO Javelot (500 gr)		RC : 41m46			
1	Beyaert Amelie	00	16m99	01-10	rcas
2	Boulaich Kawtar	01	8m87	30-04	cabw
SCO Heptathlon		RC : 4701 p			
1	Kizito Prisca	01	3239 p	28-05	csf
2	Beyaert Amelie	00	2169 p	01-10	rcas
SCO 3000 m marche		RC : 20.08.91			
1	El Ouahmi Sirine	00	21.07.03	30-04	cabw
SCO 4 x 100 m		RC : 48.97			
Tshanga, Kizito, Vanden Bergh, Kolci		55.61		30-04	cabw

JUNIORS FEMMES (1999 - 1998)

JUN 100 m		RC : 12.03			
1	Morency Poilvache Alizee	98	13.03	20-05	cabw
2	Noel Nehemie Keysha	98	13.15	17-09	oeh
3	De Bruecker Lisaline	98	14.46	27-04	FRA
JUN 200 m		RC : 24.65			
1	Schauwers Manon	99	26.54	19-07	rfcl
2	Morency Poilvache Alizee	98	26.78	20-05	cabw
3	El Holouany Hiba	99	36.48	30-09	rcas
JUN 300 m		RC : 39.65			
1	Schauwers Manon	99	42.06	24-06	spa
JUN 400 m		RC : 56.03			
1	Schauwers Manon	99	58.61	09-07	bxl
2	Muls Camille	99	58.74	14-07	asvo
JUN 800 m		RC : 2.11.36			
1	Muls Camille	99	2.09.22	09-07	bxl
2	Schauwers Manon	99	2.26.65	27-05	vs
3	El Holouany Hiba	99	3.21.88	01-10	rcas
JUN 1000 m		RC : 2.52.74			
1	Muls Camille	99	2.55.79	14-10	ws
JUN 1500 m		RC : 4.30.09			
1	Muls Camille	99	4.35.18	13-05	avlo
JUN Mile		RC : 5.15.10			
1	Muls Camille	99	5.07.58	21-10	csf
JUN 100 m haies (84 cm)		RC : 13.99			
1	Caty Emeline	98	17.20	29-04	FRA
JUN Hauteur		RC : 1m81			
1	El Holouany Hiba	99	1m14	30-09	rcas
JUN Longueur		RC : 6m08			
1	Caty Emeline	98	5m48	16-06	FRA
2	Noel Nehemie Keysha	98	4m54	09-07	bxl
3	De Bruecker Lisaline	98	4m40	27-04	rcb
4	Morency Poilvache Alizee	98	3m96	23-04	ws
5	El Holouany Hiba	99	3m24	01-10	rcas
JUN Triple saut		RC : 12m15			
1	Caty Emeline	98	10m39	20-05	cabw
2	De Bruecker Lisaline	98	10m06	13-08	csdy
3	Sudi Sauda Daniella	99	9m87	20-05	cabw
JUN Poids (4 kg)		RC : 13m12			
1	Montilla Morgane	98	8m60	15-08	dacm
2	El Holouany Hiba	99	4m85	30-09	rcas



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JUN Disque (1 kg)		RC : 47m99			
1	Montilla Morgane	98	24m48	15-08	dacm

JUN Javelot (600 gr)		RC : 34m63			
1	Montilla Morgane	98	34m35	22-10	rcas

JUN Heptathlon		RC : 3743 p			
1	El Holouany Hiba	99	923 p	01-10	rcas

ESPOIRS FEMMES (1997 - 1996 - 1995)

ESP 100 m		RC : 11.42			
1	Nagels Rani	95	12.11	08-07	zwat
2	Van Der Veken Cindy	97	12.20	03-06	vs
3	Guisse Saliyya	96	12.32	21-05	FRA
4	Badji Jalika	96	12.78	01-05	vs
5	Joblin Odile	97	13.43	23-04	ws
6	Nzeusseu Audrey	97	13.74	07-05	resc
7	Assina Madeleine	97	13.99	03-06	vs
8	Simons Lina	96	14.10	01-05	vs

ESP 200 m		RC : 24.59			
1	Nagels Rani	95	24.64	08-07	zwat
2	Van Der Veken Cindy	97	24.82	03-06	vs
3	Badji Jalika	96	25.95	01-05	vs
4	Klai Anissa	96	26.56	05-08	lyra
5	Guisse Saliyya	96	27.23	30-09	rcas
6	Simons Lina	96	28.74	01-05	vs
7	Assina Madeleine	97	29.27	27-05	vs
8	Nzeusseu Audrey	97	29.32	07-05	resc
9	Pirtinis Alicja	97	32.77	30-09	rcas

ESP 300 m		RC : 38.04			
1	Badji Jalika	96	40.88	20-08	oeh

ESP 400 m		RC : 53.51			
1	Badji Jalika	96	57.53	20-05	cabw
2	Klai Anissa	96	58.36	01-07	bxl
3	Simons Lina	96	63.07	15-07	vita

ESP 800 m		RC : 2.09.69			
1	Tshiasuma Jessie	96	2.24.90	07-05	resc
2	Barhdadi Lina	97	2.27.47	01-05	vs
3	Guisse Saliyya	96	3.29.07	01-10	rcas
4	Pirtinis Alicja	97	3.37.45	01-10	rcas

ESP 1000 m		RC : 2.52.74			
1	Tshiasuma Jessie	96	3.14.89	15-08	dacm

ESP 1500 m		RC : 4.29.00			
1	Tshiasuma Jessie	96	5.02.79	09-07	bxl

ESP 3000 m		RC : 9.36.90			
1	Tshiasuma Jessie	96	11.31.36	02-09	spvi

ESP 5000 m		RC : 18.09.70			
1	Tshiasuma Jessie	96	19.55.25	08-10	rcb

ESP 100 m haies (84 cm)		RC : 12.79			
1	Guisse Saliyya	96	15.99	30-09	rcas
2	Pirtinis Alicja	97	20.96	30-09	rcas

ESP 400 m haies (76 cm)		RC : 62.36			
1	Badji Jalika	96	62.66	09-07	bxl

ESP Hauteur		RC : 1m88			
1	Guisse Saliyya	96	1m41	30-09	rcas
2	Pirtinis Alicja	97	1m23	30-09	rcas



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ESP Longueur		RC : 6m08			
1	Guisse Saliyya	96	5m71	17-09	oeh
2	Joblin Odile	97	5m18	07-05	resc
3	Pirtinis Alicja	97	4m37	23-04	ws
ESP Triple saut		RC : 12m52			
1	Guisse Saliyya	96	12m48	17-09	oeh
2	Pirtinis Alicja	97	8m69	23-04	ws
ESP Perche		RC : 4m05			
1	Van De Sype Chloe	97	3m30	02-09	usbw
ESP Poids (4 kg)		RC : 13m12			
1	Van De Sype Chloe	97	9m93	07-05	resc
2	Guisse Saliyya	96	8m25	30-09	rcas
3	Pirtinis Alicja	97	6m63	30-09	rcas
ESP Disque (1 kg)		RC : 47m99			
1	Van De Sype Chloe	97	28m89	23-04	ws
2	Guisse Saliyya	96	20m43	15-10	moha
ESP Javelot (600 gr)		RC : 38m45			
1	Guisse Saliyya	96	22m39	01-10	rcas
2	Pirtinis Alicja	97	16m29	01-10	rcas
ESP Heptathlon		RC : 4804 p			
1	Guisse Saliyya	96	3511 p	01-10	rcas
2	Pirtinis Alicja	97	1766 p	01-10	rcas

SENIORS FEMMES (1997 - 1983)

SEN 100 m		RC : 11.42			
1	Zagre Anne	90	11.91	13-05	avlo
2	Nagels Rani	95	12.11	08-07	zwat
3	Gharafi Yasmine	85	12.16	27-05	vs
4	Van Der Veken Cindy	97	12.20	03-06	vs
5	Guisse Saliyya	96	12.32	21-05	FRA
6	Badji Jalika	96	12.78	01-05	vs
7	Cok Evelyne	91	13.20	04-06	rsca
8	Joblin Odile	97	13.43	23-04	ws
9	Nzeusseu Audrey	97	13.74	07-05	resc
10	Assina Madeleine	97	13.99	03-06	vs
11	Simons Lina	96	14.10	01-05	vs
SEN 200 m		RC : 23.57			
1	Zagre Anne	90	23.56	27-05	vs
2	Claes Hanne	91	24.12	22-08	vs
3	Nagels Rani	95	24.64	08-07	zwat
4	Van Der Veken Cindy	97	24.82	03-06	vs
5	Gharafi Yasmine	85	24.91	27-05	vs
6	Badji Jalika	96	25.95	01-05	vs
7	Klai Anissa	96	26.56	05-08	lyra
8	Gillet Delphine	86	26.77	09-08	vita
9	Guisse Saliyya	96	27.23	30-09	rcas
10	Cok Evelyne	91	27.43	03-06	vs
11	Simons Lina	96	28.74	01-05	vs
12	Assina Madeleine	97	29.27	27-05	vs
13	Nzeusseu Audrey	97	29.32	07-05	resc
14	Pirtinis Alicja	97	32.77	30-09	rcas
15	Guisse Shaena	94	33.91	30-09	rcas
SEN 300 m		RC : 38.04			
1	Claes Hanne	91	38.34	12-08	resc
2	Badji Jalika	96	40.88	20-08	oeh
3	Gillet Delphine	86	41.00	12-08	resc
4	Cok Evelyn	91	44.58	30-07	avt



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SEN 400 m		RC : 53.51			
1	Gillet Delphine	86	57.20	15-07	vita
2	Badji Jalika	96	57.53	20-05	cabw
3	Klai Anissa	96	58.36	01-07	bxl
4	Simons Lina	96	63.07	15-07	vita
SEN 800 m		RC : 2.05.85			
1	Laurent Agnes	88	2.10.17	13-05	avlo
2	Gillet Delphine	86	2.11.59	22-07	avt
3	Tshiasuma Jessie	96	2.24.90	07-05	resc
4	Barhdadi Lina	97	2.27.47	01-05	vs
5	D'Hondt Charlotte	94	2.45.38	07-05	resc
6	Guisse Saliyya	96	3.29.07	01-10	rcas
7	Pirtinis Alicja	97	3.37.45	01-10	rcas
8	Guisse Shaena	94	3.47.48	01-10	rcas
SEN 1000 m		RC : 2.43.67			
1	Tshiasuma Jessie	96	3.14.89	15-08	dacm
SEN 1500 m		RC : 4.12.85			
1	Laurent Agnes	88	4.22.32	27-05	vs
2	Tshiasuma Jessie	96	5.02.79	09-07	bxl
3	D'Hondt Charlotte	94	5.59.58	04-06	usbw
SEN 3000 m		RC : 8.49.85			
1	Laurent Agnes	88	10.07.11	13-05	avlo
2	Tshiasuma Jessie	96	11.31.36	02-09	spvi
SEN 5000 m		RC : 15.41.24			
1	Tshiasuma Jessie	96	19.55.25	08-10	rcb
SEN 100 m haies (84 cm)		RC : 12.71			
1	Zagre Anne	90	12.96	22-07	avt
2	Guisse Saliyya	96	15.99	30-09	rcas
3	Guisse Shaena	94	19.92	30-09	rcas
4	Pirtinis Alicja	97	20.96	30-09	rcas
SEN 400 m haies (76 cm)		RC : 60.08			
1	Claes Hanne	91	57.86	19-08	dcla
2	Badji Jalika	96	62.66	09-07	bxl
SEN Hauteur		RC : 1m95			
1	Archambeau Aline	90	1m50	23-04	ws
2	Guisse Saliyya	96	1m41	30-09	rcas
3	Guisse Shaena	94	1m26	30-09	rcas
4	Pirtinis Alicja	97	1m23	30-09	rcas
SEN Longueur		RC : 6m28			
1	Guisse Saliyya	96	5m71	17-09	oeh
2	Joblin Odile	97	5m18	07-05	resc
3	Pirtinis Alicja	97	4m37	23-04	ws
4	Guisse Shaena	94	3m48	01-10	rcas
SEN Triple saut		RC : 12m66			
1	Guisse Saliyya	96	12m48	17-09	oeh
2	Pirtinis Alicja	97	8m69	23-04	ws
3	Guisse Shaena	94	8m46	25-05	FRA
SEN Perche		RC : 4m05			
1	Henry Chloe	87	4m07	26-08	dcla
2	Van De Sype Chloe	97	3m30	02-09	usbw
3	Archambeau Aline	90	2m25	14-05	LUX
SEN Poids (4 kg)		RC : 13m12			
1	Kandi Masakadi Amandine	88	12m52	18-06	FRA
2	Van De Sype Chloe	97	9m93	07-05	resc
3	Archambeau Aline	90	8m98	07-05	resc
4	Guisse Shaena	94	8m66	03-06	csf
5	Guisse Saliyya	96	8m25	30-09	rcas
6	Pirtinis Alicja	97	6m63	30-09	rcas



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SEN Disque (1 kg)		RC : 47m99			
1	Guisse Shaena	94	30m84	25-06	rcas
2	Van De Sype Chloe	97	28m89	23-04	ws
3	Kandi Masakadi Amandine	88	28m39	24-05	ws
4	Guisse Saliyya	96	20m43	15-10	moha

SEN Javelot (600 gr)		RC : 38m45			
1	Guisse Saliyya	96	22m39	01-10	rcas
2	Kandi Masakadi Amandine	88	20m21	04-06	usbw
3	Guisse Shaena	94	19m78	15-10	moha
4	Pirtinis Alicja	97	16m29	01-10	rcas

SEN Heptathlon		RC : 4804 p			
1	Guisse Saliyya	96	3511 p	01-10	rcas
2	Guisse Shaena	94	1864 p	01-10	rcas
3	Pirtinis Alicja	97	1766 p	01-10	rcas

SEN 4 x 100 m		RC : 46.86			
Badji, Gharafi, Van Der Veken, Zagre		46.60	13-05	avlo	

SEN 4 x 400 m		RC : 3.54.00			
Badji, Gillet, Schauwers, Claes		3.52.74	03-09	lier	

SEN 4 x 800 m		RC : 9.14.89			
Derdari, Gillet, Van Den Bossche, Muls		9.35.94	03-09	lier	

MASTERS FEMMES 35

W35 100 m		RC : 13.06			
1	Guillet Laurence	80	12.73	11-06	herv
2	Bonvin Draps Nathalie	80	14.10	18-06	vita
3	Gillis Caroline	78	18.69	11-06	herv

W35 200 m		RC : 26.58			
1	Guillet Laurence	80	26.85	27-05	vs
2	Bonvin Draps Nathalie	80	29.14	18-06	vita
3	Reynaerts Stephanie	80	35.62	30-09	rcas

W35 400 m		RC : 60.68			
1	Guillet Laurence	80	61.95	04-06	usbw
2	Gillis Caroline	78	84.88	11-06	herv

W35 800 m		RC : 2.14.21			
1	Reynaerts Stephanie	80	3.34.24	01-10	rcas

W35 100 m haies (84 cm)		RC : 14.72			
1	Guillet Laurence	80	14.50	01-07	bxl
2	Reynaerts Stephanie	80	22.21	30-09	rcas

W35 400 m haies (76 cm)		RC : 66.16			
1	Guillet Laurence	80	65.33	15-07	vita

W35 Hauteur		RC : 1m42			
1	Guillet Laurence	80	1m35	11-06	herv
2	Reynaerts Stephanie	80	1m26	30-09	rcas

W35 Longueur		RC : 5m26			
1	Guillet Laurence	80	4m78	17-06	vita
2	Adam Benedicte	78	4m62	24-09	usbw
3	Bonvin Draps Nathalie	80	4m57	17-06	vita
4	Reynaerts Stephanie	80	3m69	01-10	rcas

W35 Triple saut		RC : 7m81			
1	Adam Benedicte	78	10m49	23-09	csf

W35 Poids (4 kg)		RC : 11m07			
1	Adam Benedicte	78	11m09	18-06	vita
2	Reynaerts Stephanie	80	9m76	22-10	rcas



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W35 Disque (1 kg)		RC : 34m32			
1	Reynaerts Stephanie	80	33m12	23-09	csf
2	Adam Benedicte	78	27m97	23-09	csf
W35 Javelot (600 gr)		RC : 28m66			
1	Reynaerts Stephanie	80	29m63	11-06	herv
2	Adam Benedicte	78	29m60	15-10	moha
W35 Marteau (4 kg)		RC : 31m49			
1	Reynaerts Stephanie	80	32m34	20-05	cabw
W35 Heptathlon		RC : 2920 p			
1	Reynaerts Stephanie	80	2075 p	01-10	rcas
4 x 100 m		RC : 53.26			
Boonaert, Dewitte, Bonvin Draps, Guillet			52.98	06-05	ocan
4 x 200 m		RC : 1.53.15			
Boonaert, Bonvin Draps, Dewitte, Guillet			1.54.55	06-05	ocan

MASTERS FEMMES 40

W40 400 m		RC : 62.09			
1	Nkumu Bakuba Nancy	77	62.05	17-06	vita
W40 800 m		RC : 2.24.29			
1	Cardenas Ojito Janet	73	2.43.43	11-06	herv
2	Debaillie Isabelle	74	2.53.29	07-05	resc
W40 2000 m		RC : -			
1	Cardenas Ojito Janet	73	8.08.00	14-04	iaac
W40 10 000 m		RC : -			
1	Debaillie Isabelle	74	50.16.31	21-10	csf
W40 Poids (4 kg)		RC : 7m53			
1	De Buyst Nadia	73	7m02	18-06	vita
2	Debaillie Isabelle	74	6m91	24-06	rcb
W40 Disque (1 kg)		RC : 26m81			
1	De Buyst Nadia	73	25m59	18-06	vita
W40 Javelot (600 gr)		RC : 22m33			
1	De Buyst Nadia	73	13m97	11-06	herv
2	Milants Marilyn	74	6m72	24-09	usbw

MASTERS FEMMES 45

W45 800 m		RC : 2.46.99			
1	Lange Trameni Claudia	72	3.04.64	11-06	herv
W45 Semi marathon		RC : -			
1	Becquevort Joelle	68	2h39.49	15-10	POR
W45 Longueur		RC : -			
1	Lange Trameni Claudia	72	3m54	11-06	herv

MASTERS FEMMES 50

W50 100 m		RC : 14.01			
1	Boonaert Caroline	64	14.35	18-06	vita
W50 200 m		RC : 29.60			
1	Boonaert Caroline	64	30.34	04-06	usbw
W50 3000 m		RC : 14.08.13			
1	Covens Benedicte	67	13.12.38	11-06	herv
2	Cardoso Da Rocha Maria Joao	64	15.06.79	11-06	herv



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W50 Poids (4 kg)

RC : 8m08

1	Cardoso Da Rocha Maria Joao	64	4m88	11-06	herv
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BENJAMINS GARÇONS (2009 - 2008)

BEN 60 m

RC : 9.17

1	Ouattara Reda	08	9.26	12-08	resc
2	Arifi Rayane	08	9.81	07-04	csf
3	Maaroufi Zakaria	08	10.06	21-07	vs
4	Elengesa Leopold	08	10.09	07-05	resc
5	Arifi Sohaib	08	10.20	07-04	csf
6	Kubiak Joachim	09	10.24	12-08	resc
7	Piton Matthias	08	10.39	07-05	resc
8	Desmecht Isaiiah	06	10.64	07-05	resc
	Oulhaj Hugo	08	10.64	07-05	resc
10	Philips Bastien	09	10.71	14-10	ws
11	Kenaiti Yanis	08	10.89	14-10	ws
12	Mouchafi Rayan	08	11.27	15-04	resc

BEN 600 m

RC : 1.58.56

1	Kenaiti Yanis	08	1.57.80	21-10	csf
2	Arifi Rayane	08	2.01.46	09-07	bxl
3	Maaroufi Zakaria	08	2.08.92	21-05	dacm
4	Arifi Sohaib	08	2.12.30	15-04	resc
5	Ouattara Reda	08	2.12.39	21-07	vs
6	Philips Bastien	09	2.19.60	14-10	ws
7	Piton Matthias	08	2.20.10	07-05	resc
8	Kubiak Joachim	09	2.24.97	23-09	csf
9	Elengesa Leopold	08	2.33.73	15-04	resc
10	Chraibi Younes	09	2.34.98	09-07	bxl

BEN Hauteur

RC : 1m25

1	Ouattara Reda	08	1m00	20-08	ws
2	Arifi Rayane	08	0m95	20-08	ws
3	Kubiak Joachim	09	0m91	08-10	rcb
	Maaroufi Zakaria	08	0m91	08-10	rcb
4	Elengesa Leopold	08	0m90	01-05	rcb

BEN Longueur

RC : 4m19

1	Ouattara Reda	08	4m00	21-07	vs
2	Arifi Rayane	08	3m35	14-10	ws
3	Maaroufi Zakaria	08	3m07	21-07	vs
4	Kubiak Joachim	09	2m87	23-09	csf
5	Kenaiti Yanis	08	2m86	14-10	ws
6	Elengesa Leopold	08	2m78	07-05	resc
7	Philips Bastien	09	2m51	14-10	ws

BEN Poids (1 kg)

RC : 11m68

1	Arifi Rayane	08	9m42	14-10	ws
2	Mouchafi Rayan	08	7m14	15-04	resc
3	Kenaiti Yanis	08	7m09	14-10	ws
4	Elengesa Leopold	08	6m66	15-04	resc
5	Arifi Sohaib	08	6m59	15-04	resc
6	Kubiak Joachim	09	6m48	23-09	csf
7	Maaroufi Zakaria	08	6m42	21-07	vs
8	Ouattara Reda	08	6m39	15-04	resc
9	Philips Bastien	09	5m90	14-10	ws
10	Piton Matthias	08	4m95	15-04	resc

BEN Balle de hockey

RC : 40m13

1	Ouattara Reda	08	28m91	12-08	resc
2	Arifi Rayane	08	24m40	12-08	resc
3	Arifi Sohaib	08	19m13	01-05	rcb
4	Kubiak Joachim	09	17m21	08-10	rcb
5	Maaroufi Zakaria	08	16m04	12-08	resc
6	Philips Bastien	09	14m76	12-08	resc

BEN Tetrathlon

RC : 2099 p

1	Arifi Rayane	08	1586 p	14-10	ws
2	Ouattara Reda	08	1324 p	21-07	vs
3	Maaroufi Zakaria	08	1263 p	21-07	vs



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4	Kenaiti Yanis	08	1260 p	14-10	ws
5	Philips Bastien	09	923 p	14-10	ws

PUPILLES GARÇONS (2007 - 2006)

PUP 60 m		RC : 8.42			
1	Taieb Hilel	06	9.23	23-09	csf
2	Gonzalez Antoine	06	9.27	21-07	vs
3	Monsieur Julien	07	9.35	08-10	rcb
4	Camps Sebastien	06	9.36	01-05	rcb
5	Tshanga Diumba John Ross	07	9.42	01-05	rcb
6	Theys Norick	06	9.66	01-05	rcb
7	Poortman Matheo	07	9.74	05-06	vita
8	Huyghe Gauthier	07	9.84	14-10	ws
9	Nizigama Denzel	07	9.94	07-05	resc
10	Verriez Ludovic	06	9.98	17-06	csf
11	Maaroufi Elias	07	9.99	08-10	rcb
12	Vilain Nicolas	07	10.04	14-10	ws
13	Meguellati Younes	07	10.16	21-05	dacm
14	Dufraigne Alexandre	07	10.22	21-05	dacm
15	El Bakali Adam	06	10.34	01-04	ws
16	Desmecht Isaiah	06	10.65	12-08	resc
17	De Greef Guillaume	07	10.69	23-09	csf
18	Elangesa Auguste	06	11.83	15-04	resc

PUP 1000 m		RC : 3.14.18			
1	Camps Sebastien	06	3.25.68	15-04	resc
2	Halioui Jalil	06	3.29.48	21-10	csf
3	Poortman Matheo	07	3.32.07	09-07	bxl
4	Meguellati Younes	07	3.35.80	24-06	rcb
5	Gonzalez Antoine	06	3.38.62	21-05	dacm
6	Huyghe Gauthier	07	3.42.78	09-07	bxl
7	Dufraigne Alexandre	07	3.42.79	21-05	dacm
8	Maaroufi Elias	07	3.44.97	15-04	resc
9	Verriez Ludovic	06	3.45.04	09-07	bxl
10	Monsieur Julien	07	3.57.17	21-05	dacm
11	Nizigama Denzel	07	3.59.17	14-10	ws
12	Vilain Nicolas	07	3.59.91	14-10	ws
13	Desmecht Isaiah	06	4.08.90	07-05	resc
14	Theys Norick	06	4.23.86	15-04	resc

PUP 60 m haies (76 cm)		RC : 10.24			
1	Monsieur Julien	07	12.69	23-09	cabw
2	Meguellati Younes	07	13.09	05-06	vita
3	Gonzalez Antoine	06	13.24	07-05	resc
4	Dufraigne Alexandre	07	14.04	24-06	rcb
5	Poortman Matheo	07	14.31	05-06	vita

PUP Hauteur		RC : 1m49			
1	Poortman Matheo	07	1m20	05-06	vita
2	Meguellati Younes	07	1m16	07-05	resc
	Monsieur Julien	07	1m16	08-10	rcb
4	Huyghe Gauthier	07	1m15	04-06	rsca
5	Gonzalez Antoine	06	1m11	07-05	resc
	Theys Norick	06	1m11	07-05	resc
	Tshanga Diumba John Ross	07	1m11	07-05	resc
8	Verriez Ludovic	06	1m10	26-08	spvi
9	Nizigama Denzel	07	1m06	07-05	resc
10	Maaroufi Elias	07	0m91	08-10	rcb

PUP Longueur		RC : 4m75			
1	Gonzalez Antoine	06	3m87	12-08	resc
2	Monsieur Julien	07	3m79	12-08	resc
3	Meguellati Younes	07	3m55	21-07	vs
4	Theys Norick	06	3m54	12-08	resc
5	Huyghe Gauthier	07	3m45	14-10	ws
6	Poortman Matheo	07	3m41	14-10	ws
7	Verriez Ludovic	06	3m15	05-06	vita
8	De Greef Guillaume	07	3m10	23-09	csf
9	Camps Sebastien	06	3m01	14-10	ws
10	Dufraigne Alexandre	07	2m86	24-06	rcb



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11	Nizigama Denzel	07	2m72	14-10	ws
	Vilain Nicolas	07	2m72	14-10	ws
13	Desmecht Isaiah	06	2m66	12-08	resc

PUP Poids (2 kg)

RC : 11m71

1	Meguelliati Younes	07	7m63	17-06	csf
2	Monsieur Julien	07	7m45	24-06	rcb
3	Huyghe Gauthier	07	7m39	23-09	csf
4	Gonzalez Antoine	06	6m52	21-07	vs
5	Theys Norick	06	6m39	15-04	resc
6	Dufraigne Alexandre	07	5m88	24-06	rcb
7	Tshanga Diumba John Ross	07	5m73	15-04	resc
8	Poortman Matheo	07	5m71	15-04	resc
9	Camps Sebastien	06	5m67	15-04	resc
10	Elengesa Auguste	06	5m27	15-04	resc
11	Verriez Ludovic	06	4m71	07-04	csf
12	Maaroufi Elias	07	4m68	15-04	resc

PUP Disque (600 gr)

RC : 31m14

1	Monsieur Julien	07	23m20	09-09	vac
2	Huyghe Gauthier	07	18m16	25-06	rcas
3	Meguelliati Younes	07	15m37	01-04	ws
4	Gonzalez Antoine	06	14m88	25-06	rcas
5	Theys Norick	06	11m36	01-04	ws
6	Poortman Matheo	07	10m51	01-04	ws

PUP Balle de hockey

RC : 46m50

1	Halioui Jalil	06	37m83	05-06	vita
2	Huyghe Gauthier	07	33m60	03-06	csf
3	Monsieur Julien	07	32m30	14-10	ws
4	Meguelliati Younes	07	31m80	05-06	vita
5	Poortman Matheo	07	27m55	05-06	vita
6	Verriez Ludovic	06	24m90	14-10	ws
7	Gonzalez Antoine	06	22m57	30-09	rcas
8	Nizigama Denzel	07	21m68	14-10	ws
9	Dufraigne Alexandre	07	21m31	21-05	dacm
10	Vilain Nicolas	07	20m65	14-10	ws
11	Camps Sebastien	06	19m82	14-10	ws

PUP Tetrathlon

RC : 2516 p

1	Gonzalez Antoine	06	1741 p	21-07	resc
2	Monsieur Julien	07	1514 p	14-10	ws
3	Meguelliati Younes	07	1513 p	21-07	resc
4	Huyghe Gauthier	07	1452 p	14-10	ws
5	Poortman Matheo	07	1439 p	14-10	ws
6	Camps Sebastien	06	1413 p	14-10	ws
7	Verriez Ludovic	06	1183 p	14-10	ws
8	Dufraigne Alexandre	07	1086 p	21-05	dacm
9	Nizigama Denzel	07	1062 p	14-10	ws
10	Vilain Nicolas	07	1059 p	14-10	ws

PUP 4 x 60 m

RC : 33.25

Camps, Tshanga Diumba, Gonzalez, Monsieur	36.13	23-09	cabw
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MINIMES GARÇONS (2005 - 2004)

MIN 80 m

RC : 9.66

1	Mbuyi Bodika William	04	10.44	23-09	cabw
2	Englebert Timothee	04	10.74	16-09	hf
3	Ivens Filip	04	11.18	14-10	ws
4	Arifi Ilias	04	11.20	14-10	ws
	Gruson Augustin	04	11.20	22-04	csf
6	Sibourg Valentin	04	11.42	17-06	csf
7	Derome Julien	04	11.97	14-10	ws
8	Maaroufi Ayoub	05	12.12	15-10	rsca
9	Wochenmarkt Florian	05	12.13	09-09	vac
10	Arifi Reda	05	12.41	07-04	csf
11	Kamara Sanael	04	12.63	05-06	vita
12	Van Elsuwe Alexis	04	12.75	17-06	csf
13	Karraz Akram	05	13.16	15-04	resc
14	Mohsine Anass	05	13.45	22-04	csf



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15	Poortman Lucas	05	13.65	05-06	vita
16	Puletto Alessio	05	13.99	22-04	csf

MIN 150 m RC : 18.43

1	Mbuyi Bodika William	04	19.62	08-10	FRA
2	Englebert Timothee	04	20.40	05-06	vita
3	Gruson Augustin	04	21.31	05-06	vita
4	Arifi Ilias	04	21.39	01-05	rcb
5	Sibourg Valentin	04	21.68	01-05	rcb
6	Ivens Filip	04	22.00	05-06	vita
7	Derome Julien	04	23.21	05-06	vita
8	Van Elsuwe Alexis	04	23.22	05-06	vita
9	Kamara Sanael	04	23.62	05-06	vita
10	Maaroufi Ayoub	05	24.07	15-10	rsca
11	Poortman Lucas	05	26.07	05-06	vita

MIN 300 m RC : 40.86

1	Mbuyi Bodika William	04	42.21	12-08	resc
2	Arifi Ilias	04	45.31	12-08	resc
3	Ivens Filip	04	49.06	07-04	csf
4	Sibourg Valentin	04	50.71	08-10	rcb
5	Arifi Reda	05	50.92	07-04	csf
6	Maaroufi Ayoub	05	51.27	12-08	resc
7	Kamara Sanael	04	51.29	12-08	resc
8	Poortman Lucas	05	55.28	08-10	rcb
9	Mohsine Anass	05	55.65	12-08	resc
10	Puletto Alessio	05	63.82	08-10	rcb

MIN 1000 m RC : 3.01.77

1	Mbuyi Bodika William	04	3.09.60	07-05	resc
2	Gruson Augustin	04	3.12.99	09-07	bxl
3	Englebert Timothee	04	3.13.49	14-10	ws
4	Arifi Reda	05	3.14.72	09-07	bxl
5	Arifi Ilias	04	3.19.33	14-10	ws
6	Kamara Sanael	04	3.21.70	07-05	resc
7	Ivens Filip	04	3.23.11	01-10	rcas
8	Maaroufi Ayoub	05	3.29.40	07-05	resc
9	Van Elsuwe Alexis	04	3.31.20	07-05	resc
10	Sibourg Valentin	04	3.34.69	22-04	csf
11	Derome Julien	04	3.34.70	14-10	ws
12	Mohsine Anass	05	3.37.90	22-04	csf
13	Poortman Lucas	05	3.42.53	09-07	bxl
14	Karraz Akram	05	3.53.54	15-04	resc
15	Puletto Alessio	05	4.00.94	22-04	csf

MIN 80 m haies (84 cm) RC : 12.00

1	Mbuyi Bodika William	04	14.22	17-06	csf
2	Arifi Ilias	04	15.13	01-10	rcas
3	Sibourg Valentin	04	15.21	17-06	csf
4	Englebert Timothee	04	15.37	07-05	resc
5	Ivens Filip	04	15.69	01-10	rcas
6	Gruson Augustin	04	16.58	07-05	resc
7	Van Elsuwe Alexis	04	17.67	01-10	rcas
8	Derome Julien	04	18.04	24-06	rcb
9	Maaroufi Ayoub	05	18.07	07-05	resc
10	Wochenmarkt Florian	05	18.68	09-09	vac

MIN 150 m haies (76 cm) RC : 20.54

1	Mbuyi Bodika William	04	21.42	15-04	resc
2	Englebert Timothee	04	22.69	15-04	resc
3	Sibourg Valentin	04	22.91	16-07	oeh
4	Arifi Ilias	04	23.92	01-04	ws
5	Ivens Filip	04	24.75	15-04	resc
6	Arifi Reda	05	26.61	15-04	resc
7	Maaroufi Ayoub	05	26.97	15-04	resc

MIN Hauteur RC : 1m68

1	Englebert Timothee	04	1m73	14-10	ws
2	Arifi Ilias	04	1m32	01-10	rcas
	Ivens Filip	04	1m32	01-10	rcas
4	Sibourg Valentin	04	1m31	14-10	ws



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5	Derome Julien	04	1m25	05-06	vita
	Poortman Lucas	05	1m25	05-06	vita
7	Mohsine Anass	05	1m16	14-10	ws
8	Arifi Reda	05	1m15	15-04	resc
9	Kamara Sanael	04	1m13	14-10	ws
10	Van Elsuwe Alexis	04	1m10	01-10	rcas
11	Maaroufi Ayoub	05	1m06	08-10	rcb

MIN Longueur

RC : 5m73

1	Englebert Timothee	04	5m00	16-09	hf
2	Gruson Augustin	04	4m61	05-06	vita
3	Ivens Filip	04	4m56	08-10	FRA
4	Sibourg Valentin	04	4m19	21-05	dacm
5	Arifi Ilias	04	4m17	21-05	dacm
6	Kamara Sanael	04	3m86	05-06	vita
7	Van Elsuwe Alexis	04	3m67	05-06	vita
8	Derome Julien	04	3m65	05-06	vita
9	Poortman Lucas	05	3m37	05-06	vita
	Wochenmarkt Florian	05	3m37	09-09	vac
11	Mohsine Anass	05	2m98	14-10	ws
12	Puletto Alessio	05	2m96	22-04	csf

MIN Poids (3 kg)

RC : 14m71

1	Englebert Timothee	04	13m20	14-10	ws
2	Arifi Ilias	04	8m00	20-08	ws
3	Ivens Filip	04	7m99	14-10	ws
4	Gruson Augustin	04	7m85	24-06	csf
5	Kamara Sanael	04	7m62	14-10	ws
6	Van Elsuwe Alexis	04	7m05	01-10	rcas
7	Sibourg Valentin	04	6m96	17-06	csf
8	Dubois Manoe	04	6m50	03-06	csf
9	Derome Julien	04	6m46	14-10	ws
10	Arifi Reda	05	5m73	07-05	resc
11	Mohsine Anass	05	5m30	14-10	ws
	Poortman Lucas	05	5m30	01-04	ws
13	Maaroufi Ayoub	05	4m74	07-05	rescc
14	Puletto Alessio	05	4m25	22-04	csf

MIN Disque (750 gr)

RC : 45m01

1	Englebert Timothee	04	29m40	01-05	rcb
2	Ivens Filip	04	23m92	21-10	csf
3	Sibourg Valentin	04	22m50	25-06	rcas
4	Poortman Lucas	05	14m83	08-10	rcb
5	Puletto Alessio	05	11m44	08-10	rcb

MIN Disque (1 kg)

RC : 41m07

1	Englebert Timothee	04	29m61	08-10	FRA
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MIN Javelot (400 gr)

RC : 45m91

1	Englebert Timothee	04	31m09	16-09	hf
2	Arifi Ilias	04	29m39	09-09	vac
3	Ivens Filip	04	25m59	05-06	vita
4	Sibourg Valentin	04	24m99	22-10	rcas
5	Kamara Sanael	04	21m19	22-04	csf
6	Van Elsuwe Alexis	04	20m84	22-04	csf
7	Gruson Augustin	04	18m00	22-04	csf
8	Maaroufi Ayoub	05	16m71	12-08	resc
9	Mohsine Anass	05	16m39	22-04	csf
10	Poortman Lucas	05	13m31	22-04	csf
11	Puletto Alessio	05	9m70	22-04	csf
12	Dubois Manoe	04	9m60	03-06	csf

MIN Pentathlon

RC : 4135 p

1	Englebert Timothee	04	3856 p	14-10	ws
2	Arifi Ilias	04	2981 p	22-04	csf
3	Ivens Filip	04	2630 p	14-10	ws
4	Gruson Augustin	04	2423 p	22-04	csf
5	Sibourg Valentin	04	2396 p	14-10	ws
6	Derome Julien	04	2020 p	14-10	ws
7	Kamara Sanael	04	1992 p	22-04	csf
8	Van Elsuwe Alexis	04	1718 p	22-04	csf



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9	Mohsine Anass	05	1545 p	14-10	ws
10	Poortman Lucas	05	1115 p	22-04	csf
11	Puletto Alessio	05	1004 p	22-04	csf

MIN 4 x 80 m	RC : 41.08
Ivens, Gruson, Englebert, Mbuyi Bodika	41.13 06-05 ocan

CADETS GARÇONS (2003 - 2002)

CAD 100 m	RC : 11.31				
1	Doudouhi Reda	02	11.93	23-04	ws
2	Emmerechts Robin	02	12.32	23-04	ws
3	Manuel Duarte Ivan	02	12.35	07-05	resc
4	Medan Marko	03	12.46	04-06	hamm
5	Beyaert Corentin	02	12.59	30-09	rcas
6	Chekem Ramses	03	13.24	08-10	rcb
7	Montilla Alexis	02	13.56	30-09	rcas
8	Demanet Lounis	03	13.57	01-04	ws
9	De Tollenaere Tom	03	13.72	30-09	rcas
10	Ballard Marius	02	13.84	15-04	resc
11	Raets Simon	02	15.02	12-08	resc
12	Poortman Romain	03	15.68	27-05	csf

CAD 200 m	RC : 23.14				
1	Doudouhi Reda	02	24.64	23-04	ws
2	Manuel Duarte Ivan	02	25.08	07-05	resc
3	Emmerechts Robin	02	25.38	06-08	moha
4	Medan Marko	03	25.91	07-05	resc
5	De Tollenaere Tom	03	28.82	20-08	ws
6	Ballard Marius	02	28.93	01-04	ws
7	Poortman Romain	03	33.47	07-05	resc

CAD 300 m	RC : 36.86				
1	Beyaert Corentin	02	39.35	08-10	FRA
2	Mullender Sebastien	02	41.70	21-10	csf
3	Ballard Marius	02	44.74	21-10	csf
4	Theys Nicolas	02	48.39	12-08	resc

CAD 400 m	RC : 52.24				
1	Beyaert Corentin	02	54.42	07-05	resc
2	Iazzag Nathan	02	58.18	30-04	cabw
3	Mullender Sebastien	02	59.04	20-08	ws
4	Diallo Alhassane	02	60.73	07-05	resc
5	Demanet Lounis	03	61.72	07-05	resc
6	Chekem Ramses	03	61.96	08-10	rcb
7	Ballard Marius	02	66.61	23-04	ws

CAD 800 m	RC : 1.59.30				
1	Beyaert Corentin	02	2.10.72	16-09	avt
2	Iazzag Nathan	02	2.22.72	15-04	resc
3	Diallo Alhassane	02	2.23.43	15-04	resc
4	Theys Nicolas	02	2.41.15	07-05	resc
5	Poortman Romain	03	3.01.19	15-04	resc

CAD 1000 m	RC : 2.43.18				
1	Beyaert Corentin	02	2.54.48	28-05	csf
2	Montilla Alexis	02	3.12.30	01-10	rcas
3	Chekem Ramses	03	3.13.59	28-05	csf
4	De Tollenaere Tom	03	3.44.64	01-10	rcas

CAD 1500 m	RC : 4.10.90				
1	Diallo Alhassane	02	5.05.84	30-04	cabw

CAD Mile	RC : 5.22.67				
1	Beyaert Corentin	02	5.06.63	21-10	csf



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CAD 100 m haies (91 cm)		RC : 14.02			
1	Beyaert Corentin	02	16.25	28-05	csf
2	Demanet Lounis	03	17.02	23-04	ws
3	Chekem Ramses	03	19.35	28-05	csf
4	De Tollenaere Tom	03	20.24	01-10	rcas
5	Montilla Alexis	02	21.39	28-05	csf

CAD 300 m haies (76 cm)		RC : 40.07			
1	Beyaert Corentin	02	43.11	16-09	avt
2	Demanet Lounis	03	47.23	23-04	ws
3	Poortman Romain	03	57.07	01-04	ws

CAD 1500 m steeple (76 cm)		RC : 4.51.63			
1	Beyaert Corentin	02	4.55.09	27-08	bbs
2	Lafnachi Reda	02	5.26.72	15-04	resc

CAD Hauteur		RC : 1m91			
1	Chekem Ramses	03	1m50	01-10	rcas
2	Beyaert Corentin	02	1m45	23-04	ws
3	Montilla Alexis	02	1m44	01-10	rcas
4	De Tollenaere Tom	03	1m38	01-10	rcas
5	Poortman Romain	03	1m30	23-04	ws

CAD Longueur		RC : 6m70			
1	Medan Marko	03	5m30	08-10	FRA
2	Chekem Ramses	03	5m15	30-09	rcas
3	Montilla Alexis	02	4m89	30-09	rcas
4	Beyaert Corentin	02	4m72	07-05	resc
	De Tollenaere Tom	03	4m72	15-04	resc
6	Demanet Lounis	03	4m52	23-04	ws
7	Ballard Marius	02	4m28	15-04	resc
8	De Hoorne Anthony	03	4m17	01-04	ws
9	Poortman Romain	03	3m96	04-06	usbw

CAD Triple saut		RC : 13m52			
1	Chekem Ramses	03	11m29	27-08	bbs
2	Demanet Lounis	03	10m39	30-04	cabw
3	De Tollenaere Tom	03	9m57	23-04	ws

CAD Perche		RC : 3m76			
1	Montilla Alexis	02	3m03	22-10	rcas
2	Beyaert Corentin	02	2m72	30-09	rcas
3	Chekem Ramses	03	2m42	30-09	rcas
4	De Tollenaere Tom	03	2m32	30-09	rcas
5	Poortman Romain	03	2m20	27-05	csf
6	Demanet Lounis	03	2m05	01-04	ws

CAD Poids (4 kg)		RC : 14m42			
1	Montilla Alexis	02	12m30	30-09	rcas
2	Emmerechts Robin	02	10m73	23-04	ws
3	De Tollenaere Tom	03	10m34	30-09	rcas
4	Beyaert Corentin	02	10m30	30-09	rcas
5	Chekem Ramses	03	10m23	15-08	dacm
6	Theys Nicolas	02	8m59	15-08	dacm
7	Demanet Lounis	03	7m49	24-06	rbc
8	Poortman Romain	03	6m91	27-05	csf

CAD Disque (1 kg)		RC : 48m77			
1	Montilla Alexis	02	32m81	15-08	dacm
2	Theys Nicolas	02	28m99	15-08	dacm
3	Chekem Ramses	03	24m60	23-04	ws
4	Beyaert Corentin	02	20m82	23-04	ws
5	Demanet Lounis	03	20m39	23-04	ws
6	De Tollenaere Tom	03	16m26	23-04	ws
7	Poortman Romain	03	15m20	23-04	ws

CAD Javelot (600 gr)		RC : 44m54			
1	Montilla Alexis	02	41m02	22-10	rcas
2	Beyaert Corentin	02	30m42	21-10	csf
3	Medan Marko	03	30m12	15-04	resc
4	De Tollenaere Tom	03	29m49	01-10	rcas



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5	Chekem Ramses	03	28m42	22-10	rcas
6	Theys Nicolas	02	25m88	01-04	ws
7	Demanet Lounis	03	24m98	23-04	ws
8	Maisonny Theo	02	19m68	15-04	resc
9	Poortman Romain	03	15m45	15-04	resc

CAD Marteau (4 kg) RC : 46m37

1	Chekem Ramses	03	25m00	06-08	moha
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CAD Octathlon RC : 5037 p

1	Beyaert Corentin	02	3473 p	01-10	rcas
2	Montilla Alexis	02	3260 p	01-10	rcas
3	Chekem Ramses	03	2934 p	01-10	rcas
4	De Tollenaere Tom	03	2542 p	01-10	rcas

CAD 3000 m marche RC : 20.11.17

1	Poortman Romain	03	20.55.78	30-04	cabw
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CAD 4 x 100 m RC : 44.36

Medan, Emmerechts, Manuel Duarte, Doudouhi	47.22	06-05	ocan
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SCOLAIRES HOMMES (2001 - 2000)

SCO 100 m RC : 10.83

1	Kasmi Amine	00	10.92	09-09	jsmc
2	Yoma Gedeon	01	11.75	27-08	bbs
3	Salverius Mehdi	00	11.90	12-08	resc
4	Du Welz Borhan	00	12.00	15-04	resc
5	Roefmans Lucas	01	12.08	15-08	dacm
6	Moens Cyprien	00	12.21	23-04	ws
7	Belhouari Oussama	01	12.50	15-04	resc
8	Gharroudi Soulaymane	01	13.38	30-09	rcas
9	Batwakapa Ngwama Dave	01	14.04	30-04	cabw

SCO 200 m RC : 22.02

1	Kasmi Amine	00	21.97	27-05	vs
2	Yoma Gedeon	01	23.86	27-08	bbs
3	Salverius Mehdi	00	24.75	27-08	bbs
4	Du Welz Borhan	00	24.85	01-04	ws
5	Bitumba Malik	00	24.95	23-04	ws
6	Roefmans Lucas	01	25.17	07-05	resc
7	Gharroudi Soulaymane	01	26.78	23-04	ws

SCO 400 m RC : 49.48

1	Madoughri Sabri	01	51.80	07-05	resc
2	Gharroudi Soulaymane	01	57.93	23-04	ws
3	Moens Cyprien	00	63.55	30-09	rcas

SCO 800 m RC : 1.55.41

1	Gharroudi Soulaymane	01	2.09.77	09-07	bxl
2	Tabbakh Yassine	00	2.10.79	30-04	cabw
3	Huyghe Xavier	01	2.11.63	09-07	bxl
4	Hannard Eliot	00	2.14.53	23-04	ws
5	Bendaimi Idris	01	2.20.40	15-04	resc
6	Bitumba Malik	00	2.23.04	15-04	resc

SCO 1000 m RC : 2.32.80

1	Gharroudi Soulaymane	01	2.57.65	14-10	ws
2	Huyghe Xavier	01	2.59.43	14-10	ws

SCO 1500 m RC : 4.00.79

1	Benouar Otman	00	4.17.92	23-04	ws
2	Gharroudi Soulaymane	01	4.26.46	20-05	cabw
3	Bendaimi Idris	01	4.49.14	23-04	ws
4	Huyghe Xavier	01	4.49.79	17-06	csf
5	Moens Cyprien	00	5.54.14	01-10	rcas

SCO 3000 m RC : 8.33.14

1	Gharroudi Soulaymane	01	10.13.33	24-06	rbc
2	Hannard Eliot	00	10.45.45	30-04	cabw



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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SCO 110 m haies (91 cm)		RC : 13.65			
1	Roefmans Lucas	01	17.18	30-04	cabw
2	Moens Cyprien	00	19.15	01-10	rcas
3	Gharroudi Soulaymane	01	23.69	01-10	rcas
SCO 400 m haies (84 cm)		RC : 56.13			
1	Sleewaegen Jerome	01	64.17	30-04	cabw
SCO 2000 m steeple (91 cm)		RC : 6.10.20			
1	Benouar Otman	00	6.40.63	30-04	cabw
2	Gharroudi Soulaymane	01	7.25.28	15-04	resc
SCO Hauteur		RC : 2m05			
1	Roefman Lucas	01	1m70	04-06	usbw
2	Moens Cyprien	00	1m44	30-09	rcas
3	Gharroudi Soulaymane	01	1m29	30-09	rcas
SCO Longueur		RC : 7m59			
1	Roefmans Lucas	01	6m22	16-09	avt
2	Yoma Gedeon	01	5m73	30-04	cabw
3	Moens Cyprien	00	5m29	30-09	rcas
4	Du Welz Borhan	00	5m24	23-04	ws
5	Sleewaegen Jerome	01	4m99	19-08	cabw
6	Gharroudi Soulaymane	01	3m08	30-09	rcas
SCO Triple saut		RC : 15m64			
1	Badji Toumane	01	12m19	30-04	cabw
2	Sleewaegen Jerome	01	10m99	23-04	ws
SCO Perche		RC : 4m36			
1	Moens Cyprien	00	3m42	01-10	rcas
2	Badji Toumane	01	2m62	07-05	resc
3	Gharroudi Soulaymane	01	1m92	01-10	rcas
SCO Poids (5 kg)		RC : 14m35			
1	Batwakapa Ngwama Dave	01	9m25	23-04	ws
2	Moens Cyprien	00	8m75	30-09	rcas
3	Huyghe Xavier	01	7m86	22-10	rcas
4	Gharroudi Soulaymane	01	7m03	30-09	rcas
SCO Disque (1,5 kg)		RC : 44m44			
1	Huyghe Xavier	01	23m14	30-04	cabw
2	Moens Cyprien	00	19m38	01-10	rcas
3	Gharroudi Soulaymane	01	17m65	01-10	rcas
4	Jouglaf Ismael	00	15m34	23-04	ws
SCO Javelot (700 gr)		RC : 52m73			
1	Huyghe Xavier	01	32m38	03-06	csf
2	Moens Cyprien	00	28m43	01-10	rcas
SCO Marteau (5 kg)		RC : 53m41			
1	Gharroudi Soulaymane	01	27m80	30-04	cabw
SCO Decathlon		RC : 5708 p			
1	Moens Cyprien	00	3801 p	01-10	rcas
SCO 3000 m marche		RC : 20.11.17			
1	Bendaimi Idris	01	20.16.27	30-04	cabw
SCO 4 x 100 m		RC : 42.92			
Salverius, Yoma, Du Welz, Kasmi			44.87	30-04	cabw
SCO 4 x 800 m		RC : 8.09.11			
Gharroudi, Hannard, Tabbakh, Benouar			8.36.02	06-05	ocan



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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JUNIORS HOMMES (1999 - 1998)

JUN 100 m		RC : 10.71			
1	Gueulette Arnaud	98	10.88	17-09	oeh
2	Kalmen Adam	98	11.00	12-08	resc
3	Montilla Dimitri	98	11.27	27-05	FRA
4	Zaanani Soufian	98	11.59	01-05	vs
5	Borlee Rayane	99	11.71	07-05	resc
6	Nkiere Danfuname Rene	99	11.84	12-08	resc
	Okeowo Peredjo	99	11.84	09-07	bxl
7	Geerts Gregory	99	11.85	07-05	resc
8	Ramiandrisoa Raphael	99	12.57	23-04	ws

JUN 200 m		RC : 21.24			
1	Kalmen Adam	98	21.58	27-05	vs
2	Gueulette Arnaud	98	22.04	17-09	oeh
3	Borlee Rayane	99	22.70	25-07	volh
4	Zaanani Soufian	98	23.28	01-05	vs
5	Nkiere Danfuname Rene	99	23.41	27-05	vs
6	Barghout Azze Eddine	99	23.56	03-06	vs
7	Ramiandrisoa Raphael	99	25.34	07-05	resc
8	Boistel Julien	98	26.25	07-05	resc

JUN 300 m		RC : 34.67			
1	Borlee Rayane	99	35.34	12-08	resc
2	Gueulette Arnaud	98	35.42	30-07	avt
3	Chergui Mouhsine	99	44.28	27-04	rcb
4	Temsamani Ilias	99	44.67	27-04	rcb

JUN 400 m		RC : 47.92			
1	Borlee Rayane	99	50.63	09-07	bxl
2	Montilla Dimitri	98	50.95	06-05	resc
3	Zaanani Soufian	98	51.24	07-05	resc
4	Barghout Azze Eddine	99	51.46	20-05	cabw
5	Nkiere Danfuname Rene	99	51.51	07-05	resc
6	Hadj Faraji Ridwan	98	58.42	23-04	ws

JUN 800 m		RC : 1.52.66			
1	Barghout Azze Eddine	99	1.59.20	09-07	bxl
2	Dede Newan Guy	98	2.09.74	01-04	ws
3	Chergui Mouhsine	99	2.11.66	07-05	resc
4	Kanfouh Mohamed	98	2.52.62	27-04	rcb
5	Temsamani Ilias	99	3.13.84	27-04	rcb

JUN 1000 m		RC : 2.26.76			
1	Dede Newan Guy	98	2.48.90	14-10	ws

JUN 1500 m		RC : 3.48.90			
1	Montilla Dimitri	98	4.42.77	07-05	resc

JUN Mile		RC : 4.22.82			
1	Dede Newan Guy	98	5.01.03	12-08	resc

JUN 3000 m		RC : 8.14.64			
1	Gamuella Ngamungela Jos	98	10.13.12	23-04	ws

JUN 110 m haies (99 cm)		RC : 13.63			
1	Montilla Dimitri	98	14.50	09-07	bxl
2	Okeowo Peredjo	99	15.45	20-05	cabw

JUN Hauteur		RC : 2m14			
1	Montilla Dimitri	98	1m98	06-05	resc
2	Gamuella Ngamungela Jos	98	1m95	20-05	cabw

JUN Longueur		RC : 7m86			
1	Montilla Dimitri	98	6m70	29-04	FRA
2	Geerts Gregory	99	6m35	07-05	resc

JUN Triple saut		RC : 15m79			
1	Geerts Gregory	99	14m25	05-06	NED



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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JUN Perche			RC : 5m00		
1	Montilla Dimitri	98	4m37	28-05	FRA
JUN Poids (6 kg)			RC : 15m79		
1	Montilla Dimitri	98	14m87	28-06	vita
JUN Disque (1,75 kg)			RC : 44m44		
1	Montilla Dimitri	98	41m61	20-05	cabw
JUN Javelot (800 gr)			RC : 53m14		
1	Montilla Dimitri	98	48m37	28-05	FRA
2	Boistel Julien	98	31m09	07-05	resc
JUN Decathlon			RC : 7001 p		
1	Montilla Dimitri	98	7196 p	28-05	FRA

ESPOIRS HOMMES (1997 - 1996 - 1995)

ESP 100 m			RC : 10.53		
1	Caty Dylan	97	10.87	28-05	FRA
2	Vanhamme Arno	97	10.95	01-07	bxl
3	Guassim Hamza	95	11.00	07-05	resc
4	Badji Asamti	95	11.15	09-07	bxl
5	Szerman Melvin	97	11.33	27-05	vs
6	Hoorens Christopher	97	11.42	07-05	resc
7	Nijs Gaston	96	11.74	29-04	kks
8	Kabuya Hugues	97	11.75	07-04	csf
9	Kalandula Fabiano	96	12.03	23-04	ws
10	Loens Sam	97	12.55	06-05	resc
ESP 200 m			RC : 21.14		
1	Badji Asamti	95	22.19	25-05	rct
2	Guassim Hamza	95	22.21	07-05	resc
3	Caty Dylan	97	22.28	04-06	usbw
4	Vanhamme Arno	97	22.32	25-06	avlo
5	Szerman Melvin	97	22.56	01-07	bxl
6	Nijs Gaston	96	23.41	29-04	kks
7	Vandenhoeke Arthur	96	23.51	05-07	vita
8	Kabuya Hugues	97	23.61	07-04	csf
ESP 300 m			RC : 33.30		
1	Nicodeme Romain	95	34.09	12-08	resc
2	Badji Asamti	95	34.29	20-08	oeh
3	Nijs Gaston	96	36.21	30-08	vac
4	Vandenhoeke Arthur	96	36.43	12-08	resc
ESP 400 m			RC : 46.28		
1	Badji Asamti	95	47.78	27-05	vs
2	Nicodeme Romain	95	47.86	09-07	bxl
3	Nijs Gaston	96	49.88	07-05	resc
4	Vandenhoeke Arthur	96	51.15	07-05	resc
5	Caty Dylan	97	51.58	29-04	FRA
6	Loens Sam	97	55.59	06-05	resc
ESP 800 m			RC : 1.46.60		
1	Petitjean Simon	96	1.53.20	27-05	vs
ESP 1000 m			RC : 2.23.92		
1	Petitjean Simon	96	2.25.63	02-08	acw
ESP 1500 m			RC : 3.42.78		
1	Petitjean Simon	96	3.48.89	22-08	vs
ESP 3000 m			RC : 8.07.66		
1	Petitjean Simon	96	8.18.33	01-05	achl
ESP 110 m haies (106 cm)			RC : 13.93		
1	Caty Dylan	97	13.66	14-07	POL



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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ESP 400 m haies (91 cm)		RC : 50.29			
1	Nicodeme Romain	95	51.54	01-07	bxl
ESP 3000 m steeple (91 cm)		RC : 8.57.98			
1	Petitjean Simon	96	9.20.99	14-05	resc
ESP Hauteur		RC : 2m21			
1	Kalandula Fabiano	96	2m11	06-05	rfcl
2	Loens Sam	97	1m80	06-05	resc
ESP Longueur		RC : 7m86			
1	Caty Dylan	97	6m78	07-05	FRA
2	Hoorens Christopher	97	6m60	20-05	cabw
3	Loens Sam	97	5m96	06-05	resc
4	Mopide Kissoca Alexandre	97	5m46	07-05	resc
5	Petitjean Simon	96	4m80	12-08	resc
ESP Triple saut		RC : 16m01			
1	Hoorens Christopher	97	14m01	16-06	riac
2	Mopide Kissoca Alexandre	97	11m52	23-04	ws
ESP Poids (7,26 kg)		RC : 14m58			
1	Nicodeme Romain	95	11m21	23-09	csf
2	Loens Sam	97	10m08	23-04	ws
ESP Disque (2 kg)		RC : 44m06			
1	Loens Sam	97	33m50	06-05	resc
ESP Javelot (800 gr)		RC : 58m05			
1	Loens Sam	97	42m77	23-04	ws

SENIORS HOMMES (1997 - 1983)

SEN 100 m		RC : 10.02			
1	Broothaerts Damien	83	10.80	27-05	vs
2	Niesen Charles	94	10.86	23-04	ws
3	Caty Dylan	97	10.87	28-05	FRA
4	Gillet Antoine	88	10.92	03-06	vs
5	Vanhamme Arno	97	10.95	01-07	bxl
6	Guassim Hamza	95	11.00	07-05	resc
7	Badji Asamti	95	11.15	09-07	bxl
8	Elsen Daan	94	11.16	09-07	bxl
9	Lins Sebastien	92	11.21	02-09	spvi
10	Szerman Melvin	97	11.33	27-05	vs
11	Ouchen Anass	92	11.38	07-04	csf
12	Hoorens Christopher	97	11.42	07-05	resc
13	Gets Florent	91	11.71	12-08	resc
14	Nijs Gaston	96	11.74	29-04	kks
15	Kabuya Hugues	97	11.75	07-04	csf
16	Balsen Julien	86	11.94	02-08	acw
17	Kalandula Fabiano	96	12.03	23-04	ws
18	Loens Sam	97	12.55	06-05	resc
19	Heremans Bruno	94	13.31	23-04	ws
SEN 200 m		RC : 20.66			
1	Broothaerts Damien	83	21.61	14-05	resc
2	Niesen Charles	94	21.77	07-05	resc
3	Lins Sebastien	92	22.03	09-07	bxl
4	Ghislain Arnaud	88	22.05	01-05	vs
5	Badji Asamti	95	22.19	25-05	rct
6	Guassim Hamza	95	22.21	07-05	resc
7	Caty Dylan	97	22.28	04-06	usbw
8	Vanhamme Arno	97	22.32	25-06	avlo
9	Szerman Melvin	97	22.56	01-07	bxl
10	Nijs Gaston	96	23.41	29-04	kks
11	Vandenhoeke Arthur	96	23.51	05-07	vita
12	Ouchen Anass	92	23.53	07-05	resc
13	Kabuya Hugues	97	23.61	07-04	csf
14	Balsen Julien	86	23.91	15-07	vita
15	Heremans Bruno	94	27.46	23-04	ws



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2017

SEN 300 m		RC : 33.10			
1	Nicodeme Romain	95	34.09	12-08	resc
2	Lins Sebastien	92	34.11	30-08	vac
3	Badji Asamti	95	34.29	20-08	oeh
4	Nijs Gaston	96	36.21	30-08	vac
5	Vandenhoeke Arthur	96	36.43	12-08	resc
6	Balsen Julien	86	37.70	02-08	acw

SEN 400 m		RC : 45.98			
1	Lins Sebastien	92	47.70	01-07	bxl
2	Badji Asamti	95	47.78	27-05	vs
3	Nicodeme Romain	95	47.86	09-07	bxl
4	Gillet Antoine	88	48.03	21-05	FRA
5	Nijs Gaston	96	49.88	07-05	resc
6	Vandenhoeke Arthur	96	51.15	07-05	resc
7	Gets Florent	91	51.26	09-07	bxl
8	Caty Dylan	97	51.58	29-04	FRA
9	Balsen Julien	86	53.19	03-06	vs
10	Loens Sam	97	55.59	06-05	resc
11	Huberland François	93	63.24	17-05	vac

SEN 800 m		RC : 1.46.60			
1	Balhan Pierre Antoine	92	1.47.46	19-07	rfcl
2	Callahan Wirtz Peter	91	1.48.59	21-04	USA
3	Moukrime Tarik	92	1.49.49	21-05	FRA
4	Petitjean Simon	96	1.53.20	27-05	vs

SEN 1000 m		RC : 2.22.26			
1	Petitjean Simon	96	2.25.63	02-08	acw
2	Ruell Kim	87	2.35.00	26-08	acko

SEN 1500 m		RC : 3.37.62			
1	Callahan Wirtz Peter	91	3.37.57	27-05	vs
2	Moukrime Tarik	92	3.38.56	04-07	FRA
3	Petitjean Simon	96	3.48.89	22-08	vs
4	Balhan Pierre Antoine	92	3.49.96	02-07	bxl
5	Ruell Kim	87	4.00.41	05-08	lyra
6	Huberland François	93	4.37.03	17-06	csf
7	Vereertbrugghen Nicolas	92	4.37.32	09-07	bxl
8	Gets Florent	91	4.51.78	30-07	dac

SEN Mile		RC : 4.01.10			
1	Vereertbrugghen Nicolas	92	5.11.90	12-08	resc
2	Caufriez Olivier	83	5.52.86	12-08	resc

SEN 2000 m		RC : 5.13.09			
1	Ruell Kim	87	6.00.13	12-08	vmol
2	Caufriez Olivier	83	7.31.60	14-04	iaac

SEN 3000 m		RC : 7.51.46			
1	Hendrikkx Jeroen	86	8.17.37	01-05	achl
2	Petitjean Simon	96	8.18.33	01-05	achl
3	Balhan Pierre Antoine	92	8.26.98	14-05	resc
4	Vereertbrugghen Nicolas	92	10.13.69	23-04	ws
5	Caufriez Olivier	83	11.37.06	24-06	rcb

SEN 5000 m		RC : 13.22.81			
1	Hendrickx Jeroen	86	13.58.30	22-07	avt
2	Ruell Kim	87	15.01.62	02-08	acw
3	Caufriez Olivier	83	19.59.95	23-09	csf

SEN 10 000 m		RC : 28.24.95			
1	Hendrickx Jeroen	86	30.28.18	17-06	NED

SEN Semi marathon		RC : -			
1	Naert Koen	89	1h06.09	24-09	flac

SEN Marathon		RC : 2h10.31			
1	Naert Koen	89	2h10.15	09-04	NED
2	Caufriez Olivier	83	3h23.19	15-10	POR



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2017

SEN 1 heure		RC : 19 500 m			
1	Huberland François	93	15 516 m	08-09	sacn
SEN 110 m haies (106 cm)		RC : 13.48			
1	Caty Dylan	97	13.66	14-07	POL
2	Broothaerts Damien	83	13.84	21-07	avt
3	Ruffacq Quentin	89	14.27	27-05	vs
4	Elsen Daan	94	14.59	22-07	rcg
5	Gets Florent	91	15.56	25-06	rcas
SEN 400 m haies (91 cm)		RC : 48.91			
1	Ghislain Arnaud	88	50.73	02-07	bxl
2	Nicodeme Romain	95	51.54	01-07	bxl
SEN 3000 m steeple (91 cm)		RC : 8.24.90			
1	Petitjean Simon	96	9.20.99	14-05	resc
SEN Hauteur		RC : 2m21			
1	Kalandula Fabiano	96	2m11	06-05	rfcl
2	Elsen Daan	94	1m90	09-07	bxl
	Xhonneux Frederic	83	1m90	04-06	usbw
4	Loens Sam	97	1m80	06-05	resc
5	Gets Florent	91	1m78	29-07	dac
SEN Longueur		RC : 7m94			
1	Campener Corentin	90	7m89	25-06	avlo
2	Caluwe Arnaud	91	7m36	19-08	cabw
3	Elsen Daan	94	6m89	15-07	vita
4	Caty Dylan	97	6m78	07-05	FRA
5	Gets Florent	91	6m61	12-08	resc
6	Hoorens Christopher	97	6m60	20-05	cabw
7	Ruffacq Quentin	89	6m42	23-04	ws
8	Loens Sam	97	5m96	06-05	resc
8	Mopide Kissoca Alexandre	97	5m46	07-05	resc
10	Petitjean Simon	96	4m80	12-08	resc
SEN Triple saut		RC : 16m86			
1	Xhonneux Frederic	83	15m01	02-07	bxl
2	Hoorens Christopher	97	14m01	16-06	riaac
3	Mopide Kissoca Alexandre	97	11m52	23-04	ws
SEN Perche		RC : 5m25			
1	Gets Florent	91	3m83	15-08	dacm
2	Van Den Bedem Miguel	84	3m72	07-05	resc
SEN Poids (7,26 kg)		RC : 15m08			
1	Guillaume Jonathan	92	14m66	02-07	bxl
2	Gets Florent	91	13m87	04-06	usbw
3	Elsen Daan	94	13m39	28-06	vita
4	Nicodeme Romain	95	11m21	23-09	csf
5	Bernard Tom	93	11m01	14-10	atla
6	Campener Corentin	90	10m28	15-08	dacm
7	Loens Sam	97	10m08	23-04	ws
SEN Disque (2 kg)		RC : 48m77			
1	Gets Florent	91	46m04	25-06	rcas
2	Salvaggio Claudio	92	43m74	06-08	moha
3	Elsen Daan	94	43m16	21-07	rcg
4	Guillaume Jonathan	92	38m78	17-09	hf
5	Loens Sam	97	33m50	06-05	resc
SEN Javelot (800 gr)		RC : 70m78			
1	Gets Florent	91	58m86	24-09	usbw
2	Bernard Tom	93	51m69	02-09	damp
3	Loens Sam	97	42m77	23-04	ws
4	Campener Corentin	90	42m50	21-05	FRA
SEN Marteau (7,26 kg)		RC : 61m66			
1	Salvaggio Claudio	92	57m35	06-08	moha
2	Bernard Tom	93	55m72	20-05	cabw



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2017

SEN Decathlon			RC : 8142 p		
1	Gets Florent	91	6134 p	30-07	dac
SEN 4 x 100 m			RC : 40.60		
Vanhamme, Niesen, Kalmen, Broothaerts			41.21	14-05	resc
SEN 4 x 200 m			RC : 1.24.15		
Szerman, Lins, Badji, Caty			1.29.22	03-09	lier
SEN 4 x 400 m			RC : 3.10.20		
Nicodeme, Lins, Ghislain, Badji			3.13.74	03-09	lier
SEN 4 x 800 m			RC : 7.38.00		
Ghislain, Balhan, Petitjean, Moukrime			7.30.27	03-09	lier
SEN 4 x 1500 m			RC : 15.34.88		
Ruell, Moukrime, Petitjean, Balhan			15.43.11	03-09	lier
SEN Ekiden			RC : 2h10.48		
Petitjean, Hendrikx, Lahbib, Ruell, Balhan, Humblet			2h11.00	14-10	bxl

MASTERS HOMMES 35

M35 100 m			RC : 11.74		
1	Lambert John	80	12.21	11-06	herv
M35 800 m			RC : 1.59.64		
1	Vandamme Bram	80	2.01.40	17-06	vita
2	Vastemans Vincent	80	2.21.98	11-06	herv
M35 1000 m			RC : 2.40.38		
1	Vandamme Bram	80	2.40.20	19-07	dac
M35 1500 m			RC : 3.54.39		
1	Vandamme Bram	80	4.08.43	30-07	DEN
M35 3000 m			RC : 9.14.30		
1	Xhonneux Marc	80	10.36.18	11-06	herv
M35 Marathon			RC : 2h21.10		
1	Xhonneux Marc	80	3h17.29	15-10	POR
2	Vandenbussche Jeremie	78	3h28.30	01-10	bxl
M35 Hauteur			RC : 1m86		
1	Van de Velde Frank	79	1m72	11-06	herv
M35 Poids (7,26 kg)			RC : 12m86		
1	Lambert John	80	11m75	11-06	herv
M35 4 x 400 m			RC : 4.01.44		
Lambert, Xhonneux, Vastemans, Fellemans			4.08.23	11-06	herv

MASTERS HOMMES 45

M45 100 m			RC : 11.64		
1	Fellemans Emmanuel	70	12.18	27-05	vs
M45 200 m			RC : 23.84		
1	Fellemans Emmanuel	70	24.61	27-05	vs
2	Verriez Stephane	70	27.79	09-07	bxl
M45 300 m			RC : 40.37		
1	Fellemans Emmanuel	70	40.49	27-04	rcb
2	Verriez Stephane	70	44.57	30-08	vac
M45 1500 m			RC : 4.36.60		
1	Kamara Arafan	69	5.53.32	11-06	herv



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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M45 Longueur	RC : 5m40
1 Fellemans Emmanuel	70 4m90 11-06 herv

MASTERS HOMMES 50

M50 100 m	RC : 12.84
1 lazzag Tahar	65 13.34 11-06 herv
2 Schoonen Laurent	65 13.64 15-10 rsca
3 Louis Philippe	65 13.70 01-04 ws

M50 200 m	RC : 25.79
1 lazzag Tahar	65 27.73 11-06 herv
2 Schoonen Laurent	65 27.74 15-10 rsca
3 Louis Philippe	65 28.75 17-06 vita

M50 400 m	RC : 58.63
1 Schoonen Laurent	65 64.25 30-09 rcas
2 Louis Philippe	65 65.14 11-06 herv

M50 800 m	RC : 2.27.26
1 Schoonen Laurent	65 2.46.50 27-08 atac

M50 1000 m	RC : 3.06.90
1 Schoonen Laurent	65 3.31.42 14-10 ws

M50 1500 m	RC : 4.58.80
1 Schoonen Laurent	65 5.46.09 09-07 flac

M50 Mile	RC : 5.40.62
1 Schoonen Laurent	65 6.27.70 21-10 csf

M50 3000 m	RC : 9.41.58
1 Schoonen Laurent	65 13.33.68 27-08 atac

M50 5000 m	RC : 16.30.87
1 Schoonen Laurent	65 22.42.74 27-08 atac

M50 10 000 m	RC : 33.46.10
1 Schoonen Laurent	65 52.02.15 27-08 atac

M50 100 m haies (91 cm)	RC : 20.06
1 Schoonen Laurent	65 20.37 23-04 ws

M50 110 m haies (91 cm)	RC : -
1 Schoonen Laurent	65 22.50 27-08 atac

M50 200 m haies (76m)	RC : -
1 Schoonen Laurent	65 37.75 27-08 atac

M50 400 m haies (84 cm)	RC : 73.50
1 Schoonen Laurent	65 76.40 23-04 ws

M50 3000 m steeple (91 cm)	RC : -
1 Schoonen Laurent	65 14.38.67 17-06 vita

M50 Hauteur	RC : 1m60
1 Schoonen Laurent	65 1m43 27-05 achl

M50 Longueur	RC : 5m11
1 Schoonen Laurent	65 4m36 27-05 achl

M50 Triple saut	RC : 10m99
1 Schoonen Laurent	65 8m30 27-08 atac

M50 Perche	RC : 2m42
1 Schoonen Laurent	65 2m30 27-08 atac

M50 Poids (6 kg)	RC : 12m01
1 Schoonen Laurent	65 7m78 30-09 rcas



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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M50 Disque (1,5 kg)		RC : 50m86			
1	Schoonen Laurent	65	24m29	28-05	achl
M50 Disque (2 kg)		RC : 47m69			
1	Segers Philippe	65	16m03	11-06	herv
M50 Javelot (700 gr)		RC : 37m29			
1	Schoonen Laurent	65	30m46	01-10	rcas
M50 Javelot (800 gr)		RC : 28m67			
1	Schoonen Laurent	65	25m46	21-10	csf
2	Segers Philippe	65	20m75	11-06	herv
M50 Marteau (6 kg)		RC : 23m65			
1	Schoonen Laurent	65	23m30	15-10	rsca
M50 Pentathlon		RC : 2252 p			
1	Schoonen Laurent	65	2178 p	09-07	flac
M50 Decathlon		RC : 4332 p			
1	Schoonen Laurent	65	4249 p	01-10	rcas
M50 Icosathlon		RC : -			
1	Schoonen Laurent	65	7701 p	27-08	atac

PARA-MASTERS HOMMES 55

M55 Disque (1,5 kg)		RC : -			
1	Denys Jacques	59	17m80	22-10	rcas
M55 Javelot (700 gr)		RC : -			
1	Denys Jacques	59	11m20	22-10	rcas

MASTERS HOMMES 55

M55 300 m		RC : -			
1	Maniquet Rudi	61	44.16	30-08	vac
M55 Semi marathon		RC : -			
1	Bodart Serge	58	1h26.15	02-09	FRA
M55 Marathon		RC : 2h44.47			
1	Bodart Serge	58	3h01.45	17-11	SPA

MASTERS HOMMES 60

M60 Longueur		RC : -			
1	Hastrais Marc	53	3m32	11-06	herv
M60 Disque (1 kg)		RC : 31m47			
1	Hastrais Marc	53	17m75	03-06	csf
M60 Javelot (600 gr)		RC : 13m83			
1	Hastrais Marc	53	18m66	03-06	csf
M60 Javelot (800 gr)		RC : 26m15			
1	Hastrais Marc	53	19m19	11-06	herv