



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 1994

KANGOUROUS FILLES (1988 - 1987)

60 m		RC : 10.54			
1	Huybrechts Isabelle	87	11.44	10-09	resc
2	Huybrechts Catherine	87	12.04	30-04	resc
3	Van De Zande Florence	87	12.34	30-04	resc
4	Martiat Dorothee	87	12.54	30-04	resc
5	Mostmans Yora	87	13.14	28-05	resc

1000 m		RC : -			
1	Huybrechts Catherine	87	4.25.90	22-09	mac
2	De Soete Marie Cecile	87	4.27.40	08-10	resc
3	Huybrechts Isabelle	85	4.29.20	08-10	resc
4	Van De Zande Florence	87	5.38.10	08-10	resc

Longueur		RC : 2m97			
1	Huybrechts Isabelle	87	2m47	08-04	resc
2	Martiat Dorothee	87	2m32	30-04	resc
3	Huybrechts Catherine	87	2m23	30-04	resc
4	Van De Zande Florence	87	2m18	30-04	resc
5	Craps Stephanie	87	1m63	05-08	resc

Poids (1kg)		RC : 5m00			
1	Huybrechts Isabelle	87	5m63	22-10	resc
2	Van De Zande Florence	87	4m75	22-10	resc
3	Huybrechts Catherine	87	4m21	28-05	resc
4	Martiat Dorothee	87	3m62	30-04	resc
5	Mostmans Yora	87	2m05	28-05	resc

Balle de hockey		RC : 13m16			
1	Huybrechts Isabelle	87	14m98	04-09	acbr
2	Huybrechts Catherine	87	9m12	30-09	resc
3	Martiat Dorothee	87	7m04	06-05	resc
4	Van De Zande Florence	87	6m00	06-05	resc

Triathlon		RC : 577 p			
1	Huybrechts Isabelle	87	442 p	08-04	resc
2	Huybrechts Catherine	87	355 p	30-04	resc
3	Van De Zande Florence	87	292 p	30-04	resc
4	Martiat Dorothee	87	291 p	30-04	resc

BENJAMINS FILLES (1986 - 1985)

60 m		RC : 9.44			
1	Hallems Julie	85	10.04	27-09	resc
2	Mostmans Lien	85	10.27	18-09	rsca
3	De Soete Marie Cecile	85	10.94	22-10	resc
	Gilson Anais	86	11.44	10-09	resc
5	Giolo Anna	86	11.74	22-10	resc
6	Sabbar Leila	85	11.77	29-10	rcb
7	Thys Joelle	86	11.84	28-05	resc
	Krier Uma	85	11.84	10-09	resc
9	Pirottin Viviane	85	11.84	22-10	resc

1000 m		RC : 4.05.10			
1	Hallems Julie	85	4.13.50	06-04	csf
2	Gilson Anais	86	4.24.16	22-09	rsca
3	Froment Sophie	85	5.04.50	08-10	resc

Hauteur		RC : 1m10			
1	Hallems Julie	85	1m17	03-09	dac
2	Mostmans Lien	85	0m85	18-09	rsca

Longueur		RC : 3m56			
1	Hallems Julie	85	3m27	06-04	dac
2	Gilson Anais	86	2m58	23-10	cabw
3	Mostmans Lien	85	2m54	30-04	resc
4	Sabbar Leila	85	2m34	18-06	mac



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Poids (1kg)		RC : 7m74			
1	Hallems Julie	85	7m90	22-10	resc
2	Sabbar Leila	85	5m92	22-10	resc
3	Novis Alicia	85	5m91	03-06	resc
4	Mostmans Lien	85	5m73	30-04	resc
5	Pirottin Viviane	85	5m50	22-10	resc
6	Giolo Anna	86	5m29	22-10	resc
7	Thys Joelle	86	5m21	28-05	resc
8	Gilson Anais	86	4m71	03-06	resc
9	De Soete Marie Cecile	85	4m12	22-10	resc

Balle de hockey		RC : 20m72			
1	Hallems Julie	85	28m96	29-08	lebb
2	Mostmans Lien	85	15m78	04-09	acbr
	Novis Alicia	85	15m78	04-06	acbr
4	Sabbar Leila	85	11m78	04-09	acbr
5	Gilson Anais	86	11m00	23-10	cabw

Triathlon		RC : 983 p			
1	Hallems Julie	85	1058 p	03-09	dac
2	Mostmans Lien	85	714 p	30-04	resc
3	Sabbar Leila	85	403 p	27-08	rcas
4	Gilson Anais	86	397 p	09-07	dac

4 x 60 m		RC : 41.22			
Gilson, Huybrechts, Mostmans, Hallems		42.32	18-09	rsca	

PUPILLES FILLES (1984 - 1983)

60 m		RC : 8.74			
1	Ruyssinck Kelly	83	9.64	27-09	resc
2	Kill Françoise	83	9.74	27-08	rcas
	Meeus Valerie	84	9.74	27-09	resc
4	Kompany Christel	84	9.78	22-09	rsca
5	Gilson Adeline	84	10.04	27-09	resc
6	Pauly Benedicte	83	10.14	10-09	resc
	Batardy Laetita	83	10.14	22-10	resc
8	Ben Mohamed Louisa	84	10.24	16-04	rcb
	François Isabelle	83	10.24	16-04	rcb
10	El Boubsi Maryam	84	10.35	04-04	vs
11	Claerhout Valerie	83	10.44	10-09	resc
12	Maridor Julie	84	10.74	27-09	resc
13	Ozturk Kubra	83	10.94	22-10	resc
14	Vaillant Fanny	84	11.14	27-09	resc
15	Vanderelst Kristel	84	12.14	22-10	resc
16	Buifrahi Yasmina	84	13.44	22-10	resc

1000 m		RC : 3.44.90			
1	Pauly Benedicte	83	3.36.89	22-09	rsca
2	Ruyssinck Kelly	83	3.43.30	30-04	resc
3	El Boubsi Maryam	84	3.49.60	30-04	resc
4	Meeus Valerie	84	3.57.10	30-04	resc
5	Kill Françoise	83	4.07.10	08-10	resc
6	Kompany Christel	84	4.10.30	08-10	resc
7	Ben Mohamed Louisa	84	4.12.40	08-10	resc
8	Vaillant Fanny	84	4.16.70	08-10	resc
9	Gilson Adeline	84	4.33.50	08-10	resc
10	Buifrahi Yasmina	84	5.30.60	08-10	resc
11	Vanderelst Kristel	84	5.34.40	08-10	resc

60 m haies (76 cm)		RC : 11.04			
1	Kompany Christel	84	12.84	22-10	resc
2	Ben Mohamed Louisa	84	13.74	23-07	mac
3	Kill Françoise	83	13.84	21-05	mac
4	François Isabelle	83	14.24	23-07	mac
5	Meeus Valerie	84	14.54	22-10	resc
6	Maridor Julie	84	14.99	01-05	rsca
7	Ruyssinck Kelly	83	15.14	10-09	resc
8	Gilson Adeline	84	15.24	18-06	mac



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Hauteur		RC : 1m29			
1	Ben Mohamed Louisa	84	1m13	23-07	mac
2	Kompany Christel	84	1m08	05-08	resc
3	Maridor Julie	84	1m05	01-05	rsca
	Kill Françoise	83	1m05	28-05	resc
	Ruyssinck Kelly	83	1m05	27-09	resc
6	Gilson Adeline	84	1m00	06-05	resc
	Meeus Valerie	84	1m00	28-05	resc
	François Isabelle	83	1m00	23-07	mac
9	Claerhout Valerie	83	0m93	27-09	resc

Longueur		RC : 4m48			
1	Pauly Benedicte	83	3m85	30-09	resc
2	Kompany Christel	84	3m78	30-09	resc
3	Kill Françoise	83	3m32	30-09	resc
4	Ruyssinck Kelly	83	3m23	27-09	resc
5	Maridor Julie	84	3m18	30-09	resc
6	Meeus Valerie	84	3m12	28-05	resc
7	François Isabelle	83	3m11	08-04	resc
	Gilson Adeline	84	3m11	27-09	resc
9	Ben Mohamed Louisa	84	3m07	27-08	rcas
10	Vaillant Fanny	84	2m93	30-09	resc
11	Batardy Laetitia	83	2m91	30-09	resc
12	El Boubsi Maryam	84	2m86	08-04	resc
13	Vanderelst Christel	84	2m36	06-05	resc
14	Buifrahi Yasmina	84	2m17	30-09	resc

Poids (2kg)		RC : 7m67			
1	Kompany Christel	84	7m33	27-08	rcas
2	Pauly Benedicte	83	6m80	08-10	resc
3	Maridor Julie	84	6m78	18-09	rsca
4	Ruyssinck Kelly	83	6m66	10-09	resc
5	Claerhout Valerie	83	6m06	10-09	resc
6	Kill Françoise	83	5m68	27-08	rcas
7	Meeus Valerie	84	4m95	30-04	resc
8	François Isabelle	83	4m87	16-04	rcb
9	Gilson Adeline	84	4m80	23-10	cabw
10	Ben Mohamed Louisa	84	4m63	16-04	rcb
11	El Boubsi Maryam	84	4m54	30-04	resc
12	Buifrahi Yasmina	84	3m85	08-10	resc
13	Vanderelst Kristel	84	3m31	08-10	resc
14	Vaillant Fanny	84	3m05	08-10	resc

Balle de hockey		RC : 26m74			
1	Pauly Benedicte	83	31m22	22-10	resc
2	Ruyssinck Kelly	83	28m86	?	?
3	Kompany Christel	84	25m36	13-05	vac
4	François Isabelle	83	22m84	08-04	resc
	Maridor Julie	84	22m84	?	?
6	El Boubsi Maryam	84	18m02	04-09	acbr
7	Kill Françoise	83	17m98	04-09	acbr
8	Ben Mohamed Louisa	84	16m66	23-07	mac
9	Gilson Adeline	84	14m32	03-06	resc

Triathlon		RC : 1107 p			
1	Kompany Christel	84	1143 p	27-08	dac
2	Kill Françoise	83	981 p	27-08	dac
3	Ruyssinck Kelly	83	872 p	28-05	resc
4	Meeus Valerie	84	841 p	28-05	resc
5	Maridor Julie	84	793 p	27-08	rcas
6	Ben Mohamed Louisa	84	774 p	28-05	resc
7	Gilson Adeline	84	702 p	23-10	cabw
8	François Isabelle	83	683 p	23-10	mac

4 x 60 m		RC : 35.70			
El Boubsi, Gilson, François, Ben Mohamed			39.34	16-04	rcb



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MINIMES FILLES (1982 - 1981)

80 m		RC : 10.64			
1	Leplat Anabelle	81	11.39	04-04	vs
2	De Cock Aline	82	11.54	18-06	mac
	Gilson Aurore	81	11.54	27-09	mac
4	Leplat Severine	81	11.63	04-04	vs
5	Keita Aissa	81	11.86	20-10	rcb
6	La Rou Cecile	82	12.24	27-09	resc
7	Sucaet Deborah	81	12.54	22-10	resc
8	Verheyden Kim	82	12.64	30-10	csf
9	Legrand Julie	81	12.94	22-10	resc
10	Sorel Aurelie	82	13.04	22-10	resc
11	Giuliani Alexandra	82	13.54	22-10	resc
12	Jans Laurence	81	14.24	22-10	resc

150 m		RC : 20.44			
1	Leplat Anabelle	81	21.14	30-04	resc
2	Gilson Aurore	81	22.04	30-04	resc
	Leplat Severine	81	22.04	30-04	resc
4	Vandenbrande Nathalie	81	22.24	28-05	resc
5	Keita Aissa	81	22.84	22-10	resc
6	La Rou Cecile	82	22.94	30-04	resc
7	Lahaye Valerie	81	23.34	28-05	resc
8	Sucaet Deborah	81	23.74	22-10	resc
9	Verheyden Kim	82	23.94	30-04	resc
10	Dewitte Caroline	82	24.54	30-04	resc
11	De Cock Aline	82	24.64	28-05	resc
12	Jans Laurence	81	25.34	22-10	resc
13	Legrand Julie	81	25.54	22-10	resc
14	Giuliani Alexandra	82	26.64	22-10	resc
15	Sorel Aurelie	82	27.84	22-10	resc

1000 m		RC : 3.34.00			
1	Leplat Severine	81	3.44.50	08-10	resc
2	Leplat Anebelle	81	3.44.90	08-10	resc
3	Dewitte Caroline	82	3.44.93	22-09	rsca
4	Vandenbrande Nathalie	81	4.01.10	08-10	resc
5	Legrand Julie	81	4.05.70	08-10	resc
6	Verheyden Kim	82	4.09.30	08-10	resc

60 m haies (76 cm)		RC : 10.05			
1	Leplat Anabelle	81	11.24	03-07	eah
2	Gilson Aurore	81	11.26	21-08	rsca
3	De Cock Aline	82	11.54	28-05	resc
4	Vandenbrande Nathalie	81	11.84	28-05	resc
5	Leplat Severine	81	11.94	22-10	resc
6	La Rou Cecile	82	12.32	29-10	rcb
7	Dewitte Caroline	82	12.64	22-10	resc
8	Lahaye Valerie	81	13.74	28-05	resc
9	Legrand Julie	81	15.54	10-09	resc
10	Verheyden Kim	82	16.44	10-09	resc

Hauteur		RC : 1m57			
1	Vandenbrande Nathalie	81	1m39	28-08	rcas
2	Gilson Aurore	81	1m27	10-09	resc
	Leplat Severine	81	1m27	10-09	resc
4	Leplat Anabelle	81	1m21	05-08	resc
5	De Cock Aline	82	1m18	18-06	resc
6	Dewitte Caroline	82	1m15	06-05	resc
7	La Rou Cecile	82	1m10	28-05	resc
	Legrand Julie	81	1m10	06-05	resc
	Verheyden Kim	82	1m10	06-05	resc
10	Lahaye Valerie	81	1m05	28-05	resc

Longueur		RC : 4m90			
1	Leplat Anabelle	81	4m37	30-09	resc
2	Leplat Severine	81	4m25	30-09	resc
3	Gilson Aurore	81	4m15	09-07	dac
4	De Cock Aline	82	3m93	08-10	rcb
5	Vandenbrande Nathalie	81	3m91	03-06	resc



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6	La Rou Cecile	82	3m88	30-09	resc
7	Legrand Julie	81	3m45	10-09	resc
8	Dewitte Caroline	82	3m43	30-09	resc
9	Verheyden Kim	82	3m26	10-09	resc
10	Giuliani Alexandra	82	3m18	30-09	resc
11	Sorel Aurelie	82	3m02	27-09	resc

Poids (2kg)

RC : 9m74

1	Vandenbrande Nathalie	81	10m38	18-09	rsca
2	Leplat Severine	81	8m58	30-10	csf
3	Gilson Aurore	81	8m40	09-07	dac
4	Leplat Anabelle	81	8m33	08-10	resc
5	La Rou Cecile	82	6m26	10-09	resc
6	El Hammouti Soraya	82	5m80	18-09	rsca
	Legrand Julie	81	5m80	10-09	resc
8	Sorel Aurelie	82	5m63	08-10	resc
9	Verheyden Kim	82	5m60	30-10	csf
10	Dewitte Caroline	82	5m50	30-04	resc

Disque (600 gr)

RC : 29m24

1	Gilson Aurore	81	25m74	08-10	rcb
2	Vandenbrande Nathalie	81	23m40	30-09	resc
3	Leplat Severine	81	17m40	30-09	resc
4	Leplat Anabelle	81	16m52	30-09	resc
5	Giuliani Alexandra	82	14m98	30-09	resc
6	Legrand Julie	81	13m12	30-09	resc
7	Cherpion Fiona	82	10m32	30-09	resc

Javelot (400 gr)

RC : 24m88

1	El Hammouti Soraya	82	18m20	18-06	mac
2	Gilson Aurore	81	16m82	05-08	resc
3	Leplat Severine	81	16m14	04-09	acbr
4	Leplat Anabelle	81	14m30	04-09	acbr
5	De Cock Aline	82	12m56	18-06	resc
6	Vandenbrande Nathalie	81	11m56	04-09	acbr

Tetrathlon

RC : 2167 p

1	Leplat Anabelle	81	1792 p	23-07	mac
2	Vandenbrande Nathalie	81	1741 p	28-08	rcas
3	Gilson Aurore	81	1668 p	28-08	rcas
4	Leplat Severine	81	1508 p	28-08	rcas
5	Dewitte Caroline	82	1127 p	10-09	resc
6	Legrand Julie	81	1019 p	10-09	resc
7	La Rou Cecile	82	968 p	10-09	resc
8	Verheyden Kim	82	599 p	10-09	resc

4 x 80 m

RC : 42.87

Leplat, Leplat, La Rou, Gilson	44.87	18-09	rsca
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CADETTES FILLES (1980 - 1979)

100 m

RC : 12.64

1	Guillet Laurence	80	14.05	21-08	rsca
2	Bonvin Draps Nathalie	80	14.10	14-05	cabw
3	Sacre Laetitia	80	14.14	04-06	ws
4	Van Zeebroeck Griet	80	14.31	23-04	ws
5	Van Remoortel Anouchka	80	14.44	04-09	rfcl
6	Buisseret Celine	80	14.81	14-05	cabw

200 m

RC : 26.40

1	Guillet Laurence	80	27.98	14-05	cabw
2	Sacre Laetitia	80	29.14	06-08	resc
3	Bonvin Draps Nathalie	80	29.75	22-05	riwa

300 m

RC : 42.84

1	Guillet Laurence	80	45.62	25-06	csf
2	Delbecque Laure	80	49.44	24-04	riwa



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400 m		RC : 59.02			
1	Sacre Laetitia	80	65.49	14-05	cabw
2	Cawet Daphne	80	66.23	28-05	resc
3	Delbecque Laure	80	68.43	28-05	resc
4	Dewitte Valerie	80	69.56	28-05	resc
5	Van Remoortel Anouchka	80	71.74	04-06	ws
800 m		RC : 2.22.80			
1	Cawet Daphne	80	2.29.70	05-06	ws
2	Delbecque Laure	80	2.32.44	14-05	cabw
3	Van Zeebroeck Griet	80	2.42.43	01-05	rsca
4	Dewitte Valerie	80	2.44.01	01-05	rsca
5	Dewulf Joke	80	2.48.26	14-05	cabw
1500 m		RC : 5.06.80			
1	Cawet Daphne	80	5.17.14	04-09	rfcl
2	Delbecque Laure	80	5.35.28	26-06	csf
3	Dewitte Valerie	80	6.00.15	22-05	riwa
80 m haies (76 cm)		RC : 11.95			
1	Guillet Laurence	80	12.90	04-09	rfcl
2	Van Zeebroeck Griet	80	14.52	01-05	rfcl
3	Delbecque Laure	80	14.83	24-04	riwa
300 m haies (76 cm)		RC : 45.51			
1	Van Zeebroeck Griet	80	50.26	14-05	cabw
2	Guillet Laurence	80	50.68	28-05	resc
3	Delbecque Laure	80	51.79	28-05	resc
4	Dewitte Valerie	80	52.70	28-05	resc
Hauteur		RC : 1m68			
1	Bonvin Draps Nathalie	80	1m40	14-05	cabw
2	Delbecque Laure	80	1m20	04-09	rfcl
Longueur		RC : 5m74			
1	Guillet Laurence	80	4m76	28-05	resc
2	Van Zeebroeck Griet	80	4m51	28-05	resc
3	Sacre Laetitia	80	4m46	28-05	resc
4	Bonvin Draps Nathalie	80	4m36	28-05	resc
5	Van Remoortel Anouchka	80	3m96	28-05	resc
6	Dewitte Valerie	80	3m92	04-09	rfcl
Triple saut		RC : 9m80			
1	Van Zeebroeck Griet	80	9m03	24-06	cabw
2	Van Remoortel Anouchka	80	8m32	24-06	cabw
Perche		RC : 1m90			
1	Van Zeebroeck Griet	80	2m63	30-10	csf
2	Van Remoortel Anouchka	80	1m83	30-10	csf
Poids (3 kg)		RC : 11m74			
1	Reynaerts Stephanie	80	9m47	01-05	rsca
Disque (1 kg)		RC : 37m60			
1	Van Remoortel Anouch	ka	80	21m38	04-09rfcl
2	Van Zeebroeck Griet	80	18m00	08-10	resc
Javelot (500 gr)		RC : 30m66			
1	Van Zeebroeck Griet	80	20m54	14-05	cabw
Marteau (3 kg)		RC : 20m70			
1	Van Remoortel Anouchka	80	22m14	24-06	cabw
2	Van Zeebroeck Griet	80	18m66	08-10	resc
4 x 100 m		RC : 50.70			
Van Zeebroeck, Van Remoortel, Bonvin Draps, Guillet		53.40	25-09	ws	
4 x 800 m		RC : 12.57.60			
Van Zeebroeck, Delbecque, Dewitte, Cawet		10.29.87	25-09	ws	



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SCOLAIRES FEMMES (1978 - 1977)

100 m				RC : 12.41	
1	La Rou Jennifer	78	12.90	23-05	resc
2	Lecompte Ellen	78	13.72	14-05	cabw
3	Adam Benedicte	78	13.80	08-07	avka
4	Vandenbroeck Elke	78	14.24	24-07	csf
5	Alexiou Helene	77	15.41	04-09	rfcl
200 m				RC : 25.34	
1	La Rou Jennifer	78	26.11	23-05	resc
2	De Decker Annelies	78	27.13	04-09	rfcl
3	Adam Benedicte	78	28.21	08-07	avka
4	Lecompte Ellen	78	29.96	01-05	rsca
5	Delbecque Maud	77	30.37	22-05	riwa
6	Lemonis Despina	77	31.39	23-04	ws
300 m				RC : 42.84	
1	Delbecque Maud	77	47.42	24-04	riwa
400 m				RC : 57.32	
1	La Rou Jennifer	78	59.65	24-06	cabw
2	Lemonis Despina	77	70.84	14-05	cabw
3	Rogers Valerie	77	74.75	04-09	rfcl
800 m				RC : 2.15.60	
1	Adam Benedicte	78	2.28.27	23-04	ws
1500 m				RC : 3.13.00	
1	Van Zeebroeck Katrien	77	6.00.30	14-05	cabw
2	Delbecque Maud	77	6.34.57	04-09	rfcl
3000 m				RC : 10.48.10	
1	Van Zeebroeck Katrien	77	13.00.16	04-09	rfcl
100 m haies (76 cm)				RC : 13.92	
1	De Decker Annelies	78	15.70	14-05	cabw
2	La Rou Jennifer	78	16.34	30-04	olse
300 m haies (76 cm)				RC : 45.42	
1	La Rou Jennifer	78	44.88	04-09	rfcl
2	Adam Benedicte	78	49.37	05-06	ws
Hauteur				RC : 1m68	
1	Delbecque Maud	77	1m40	04-09	rfcl
2	De Decker Annelies	78	1m30	14-05	cabw
	Rogers Valerie	77	1m30	07-08	rsca
Longueur				RC : 6m08	
1	Adam Benedicte	78	4m65	13-08	resc
	Vandenbroeck Elke	78	4m65	14-05	cabw
3	Rogers Valerie	77	4m45	13-08	resc
Triple saut				RC : 9m93	
1	Vandenbroeck Elke	78	10m28	02-10	riwa
2	Adam Benedicte	78	10m26	11-09	avt
3	Delbecque Maud	77	9m12	24-06	cabw
4	Alexiou Helene	78	8m71	24-06	cabw
Poids (3 kg)				RC : 11m74	
1	Adam Benedicte	78	11m95	05-06	ws
2	Vandenbroeck Elke	78	9m11	14-05	cabw
Poids (4 kg)				RC : 11m25	
1	Adam Benedicte	78	9m03	03-07	aclo



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Disque (1 kg)		RC : 38m44			
1	Adam Benedicte	78	24m54	08-10	resc
2	Alexiou Helene	78	15m74	08-10	resc
3	Lemonis Despina	77	9m96	14-05	cabw

Javelot (600 gr)		RC : 37m36			
1	Adam Benedicte	78	33m28	10-09	avt

4 x 100 m		RC : 49.65			
Lecompte, Vandenbroeck, La Rou, De Decker		50.87		14-05	cabw

JUNIORS FEMMES (1976 - 1975)

100 m		RC : 12.11			
1	Clermont Nathalie	76	13.52	03-04	ws
2	Costa Nathalie	76	13.81	13-08	resc

200 m		RC : 24.65			
1	Clermont Nathalie	76	27.44	08-05	rfcl

400 m		RC : 57.32			
1	Smith Cindi	75	67.80	23-04	ws

800 m		RC : 2.11.36			
1	Vandenmuysenberg Sabine	75	2.33.28	23-04	ws
2	Robson Stephanie	76	2.47.50	08-05	rfcl

1000 m		RC : 2.52.74			
1	Potvlieghe An	75	3.16.70	21-07	dac

1500 m		RC : 4.30.09			
1	Potvlieghe An	75	5.05.32	23-04	ws
2	Vandenmuysenberg Sabine	75	5.18.23	01-05	lebb

3000 m		RC : 9.36.90			
1	Potvlieghe An	75	10.50.25	01-05	lebb
2	Vandenmuysenberg Sabine	75	12.39.60	08-05	rfcl

5000 m		RC : 18.09.70			
1	Potvlieghe An	75	20.14.00	23-09	dac

100 m haies (84 cm)		RC : 13.99			
1	Clermont Nathalie	76	15.31	29-05	dac

400 m haies (76 cm)		RC : 65.29			
1	Smith Cindi	75	72.82	08-05	rfcl

Poids (4 kg)		RC : 13m12			
1	Dewavre Laurence	76	8m24	08-05	rfcl

Disque (1 kg)		RC : 45m60			
1	Dewavre Laurence	76	28m28	24-04	riwa

ESPOIRS FEMMES (1974 - 1973 - 1972)

100 m		RC : 12.11			
1	De Buyst Nadia	73	13.74	01-05	rsca

400 m		RC : 57.32			
1	De Buyst Nadia	73	62.42	08-05	rfcl

100 m haies (84 cm)		RC : 13.82			
1	Kohl Olivia	73	14.94	08-05	rfcl

400 m haies (76 cm)		RC : 64.12			
1	Debaillie Isabelle	74	72.32	08-05	rfcl

Disque (1kg)		RC : 46m94			
1	De Buyst Nadia	73	31m20	06-08	resc



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SENIORS FEMMES (1974 - 1960)

100 m			RC : 11.84		
1	Carette Anne	68	12.54	08-05	rfcl
2	De Vrye Corinne	60	12.75	15-08	crac
3	Carpentier Nathalie	71	13.73	01-06	csf
4	De Buyst Nadia	73	13.74	01-05	rsca
200 m			RC : 24.03		
1	Carette Anne	68	25.84	08-05	rfcl
2	De Vrye Corinne	60	26.27	06-08	resc
400 m			RC : 57.02		
1	Van Collie Heidi	69	60.22	08-05	rfcl
2	De Buyst Nadia	73	62.42	08-05	rfcl
800 m			RC : 2.05.85		
1	Jonckheere Natalja	70	2.37.10	08-05	rfcl
100 m haies (84 cm)			RC : 13.82		
1	De Vrye Corinne	60	14.20	03-07	aclo
2	Kohl Olivia	73	14.94	08-05	rfcl
400 m haies (76 cm)			RC : 60.08		
1	Debaillie Isabelle	74	72.32	08-05	rfcl
Hauteur			RC : 1m92		
1	Jonckheere Natalja	70	1m87	06-08	vita
Longueur			RC : 6m28		
1	De Vrye Corinne	60	6m00	16-07	resc
2	Van Collie Heidi	69	5m42	23-05	resc
3	Muyls Jacqueline	65	5m30	08-05	rfcl
4	Carpentier Nathalie	71	5m27	28-05	resc
Triple saut			RC : 12m52		
1	Van Collie Heidi	69	12m36	21-05	rcg
Poids (4kg)			RC : 13m12		
1	Marx Inge	70	9m29	08-05	rfcl
Disque (1kg)			RC : 46m94		
1	De Buyst Nadia	73	31m20	06-08	resc
2	Vanden Berghen Sylvie	71	24m04	24-04	riwa
Javelot (600 gr)			RC : 43m52		
1	Marx Inge	70	28m32	08-05	rfcl
2	Declerck Anne	63	28m28	08-05	rfcl
4 x 100 m			RC : 46.95		
Muyls, Kohl, Clermont, Carette			50.52	08-05	rfcl
4 x 400 m			RC : 3.54.68		
De Buyst, Smith, Debaillie, Van Collie			4.21.40	08-05	rfcl

KANGOUROUS GARÇONS (1988 - 1987)

60 m			RC : 10.84		
1	Hockins Geoffrey	87	10.54	30-04	resc
2	Guarneri Renato	87	10.64	27-09	resc
3	Wauters Maxime	87	11.24	27-09	resc
4	Dal Gaston	87	11.57	29-10	rcb
5	Foucart Adrien	87	12.24	10-09	resc
6	Leyman Jeremy	87	12.64	10-09	resc
7	Vanderweerden Sebastien	87	12.94	22-10	resc
8	Croiselet Nicolas	87	13.24	27-09	resc
	Ozturk Burak	87	13.24	27-09	resc
10	Bienfait Julien	87	15.74	17-04	rsca



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1000 m		RC : -			
1	Wauters Maxime	87	4.12.90	08-10	resc
2	Fromont David	87	4.34.90	08-10	resc
3	Foucart Adrien	87	4.39.20	08-10	resc
4	Guarneri Renato	87	4.45.00	08-10	resc
5	Vanderweerden Sebastien	87	4.45.30	08-10	resc
6	Croiselet Nicolas	87	5.04.10	08-10	resc
7	Leyman Jeremy	87	5.05.80	08-10	resc

Hauteur		RC : 0m90			
1	Guarneri Renato	87	0m90	30-09	resc
2	Leyman Jeremy	87	0m85	10-09	resc

Longueur		RC : 2m95			
1	Guarneri Renato	87	2m94	03-06	resc
2	Bienfait Julien	87	1m42	08-04	resc

Poids (1kg)		RC : 5m87			
1	Guarneri Renato	87	7m40	30-09	resc
2	Dal Gaston	87	5m64	30-10	csf
3	Hockins Geoffrey	87	5m47	28-05	resc
4	Vanderweerden Sebastien	87	4m57	22-10	resc
5	Vannieuwenburgh Vincent	87	4m56	30-09	resc
6	Leyman Jeremy	87	4m29	22-10	resc
7	Ozturk Burak	87	4m27	22-10	resc
8	Wauters Maxime	87	4m17	28-05	resc
9	Foucart Adrien	87	4m13	22-10	resc
10	Croiselet Nicolas	87	3m20	22-10	resc
11	Bienfait Julien	87	2m26	08-04	resc

Balle de hockey		RC : 19m76			
1	Guarneri Renato	87	24m58	16-04	rcb
2	Bienfait Julien	87	13m72	08-04	resc

Triathlon		RC : 715 p			
1	Guarneri Renato	87	693 p	27-08	rcas
2	Hockins Geoffrey	87	553 p	30-04	resc

BENJAMINS GARÇONS (1986 - 1985)

60 m		RC : 9.17			
1	Kompany Vincent	86	9.64	14-08	csf
2	Leyman David	85	10.04	10-09	resc
3	Haymans Thomas	85	10.34	10-09	resc
4	Bontemps Richard	86	10.55	29-10	rcb
5	Droesbeke Sebastien	85	10.64	22-10	resc
	Goossens Thomas	85	10.64	27-09	resc
7	Huybrechts Xavier	85	10.84	28-05	resc
8	Dewitte Sebastien	85	10.94	10-09	resc
9	Colmant Jeremie	85	11.04	27-09	resc
	Van Der Straeten Amaury	85	11.04	30-04	resc
11	Slagmuylder Maxime	86	11.14	30-04	resc
12	Klass Gwenael	86	11.64	27-09	resc
13	De Ruyver Julien	86	12.08	29-10	rcb
14	Fabre Xavier	85	12.15	17-04	rsca
15	Verstraeten Cedric	86	12.34	10-09	resc

1000 m		RC : 4.22.60			
1	Bontemps Richard	86	3.46.81	15-10	damp
2	Haymans Thomas	85	3.47.30	08-10	resc
3	Dewitte Sebastien	85	3.57.10	08-10	resc
4	Goossens Thomas	85	4.03.40	08-10	resc
5	Huybrechts Xavier	85	4.07.80	08-10	resc
6	Leyman David	85	4.13.50	08-10	resc
7	Droesbeke Sebastien	85	4.28.20	08-10	resc
8	Verstraeten Cedric	86	4.29.10	08-10	resc
9	Van Der Straeten Amaury	85	4.32.60	08-10	resc
10	De Ruyver Julien	86	4.34.00	08-10	resc



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Hauteur		RC : 1m23			
1	Leyman David	85	1m06	30-09	resc
2	Dewitte Sebastien	85	0m95	30-09	resc
	Huybrechts Xavier	85	0m95	30-09	resc
	Van Der Straeten Xavier	85	0m95	30-09	resc
5	Bontemps Richard	86	0m92	30-04	resc
6	Kompany Vincent	86	0m89	30-04	resc
7	Droesbeke Sebastien	85	0m85	30-09	resc
	Goossens Thomas	85	0m85	30-09	resc
9	Slagmuylder Maxime	86	0m80	30-04	resc

Longueur		RC : 3m80			
1	Kompany Vincent	86	3m29	05-08	resc
2	Bontemps Richard	86	3m21	29-10	rcb
3	Vincke Kevin	85	3m18	05-08	resc
4	Goossens Thomas	85	3m10	05-08	resc
5	Leyman David	85	2m94	27-08	rcas
6	Slagmuylder Maxime	86	2m63	01-05	rsca
7	Huybrechts Xavier	85	2m60	01-05	rsca

Poids (1kg)		RC : 9m90			
1	Kompany Vincent	86	8m10	03-06	resc
2	Yoko Kevin	86	7m58	03-06	resc
3	Huybrechts Xavier	85	6m93	30-04	resc
4	Bontemps Richard	86	6m84	30-09	resc
5	Leyman David	85	6m64	27-08	rcas
6	Van Der Straeten Amaury	85	6m61	28-05	resc
7	Goossens Thomas	85	6m32	30-09	resc
8	Dewitte Sebastien	85	5m82	30-09	resc
9	De Ruyver Julien	86	5m24	30-09	resc
	Slagmuylder Maxime	86	5m24	30-04	resc
10	Droesbeke Sebastien	85	5m17	28-05	resc

Balle de hockey		RC : 36m22			
1	Kompany Vincent	86	26m66	04-09	sgol
2	Vincke Kevin	85	25m34	05-08	resc
3	Leyman David	85	24m82	18-09	rsca
4	Haymans Thomas	85	22m68	30-07	grim
5	Goossens Thomas	85	22m24	04-09	sgol
6	Huybrechts Xavier	85	18m04	06-05	resc

Triathlon		RC : 1247 p			
1	Kompany Vincent	86	1060 p	14-08	csf
2	Bontemps Richard	86	842 p	27-08	rcas
3	Leyman David	85	823 p	27-08	rcas
4	Goossens Thomas	85	742 p	27-08	rcas
5	Van Der Straeten Amaury	85	714 p	30-04	resc
6	Huybrechts Xavier	85	665 p	30-04	resc
7	Slagmuylder Maxime	86	574 p	30-04	resc

4 x 60 m		RC : 37.73			
Kompany, Haymans, Leyman, Goossens		40.91	18-09	rsca	

PUPILLES GARÇONS (1984 - 1983)

60 m		RC : 8.44			
1	Broothaerts Damien	83	9.10	29-10	rcb
2	Vervloet Gregory	83	9.14	30-04	resc
3	Naif Jerome	83	9.24	30-10	csf
4	Cawet Cedric	83	9.34	30-04	resc
	Smeyers Julien	83	9.34	27-09	resc
	Xhonneux Frederic	83	9.34	27-09	resc
7	Vrebos Stephane	83	9.41	18-09	rsca
8	Degives Jean Baptiste	83	9.44	27-08	rcas
	Vaessen Fabien	84	9.44	27-09	resc
10	Batjoens Pierre Olivier	83	9.54	27-09	resc
	Colmant Quentin	83	9.54	27-09	resc
12	Carbonez François	83	9.82	04-04	vs
13	Brolet Benjamin	84	9.84	10-09	resc
	Tosti Flavio	83	9.84	30-10	csf
15	Kill Michel	84	9.94	27-09	resc



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	Bontemps Reno	84	10.04	27-08	rcas
17	Guarneri Salvatore	84	10.09	15-08	vs
18	Van De Zande Christof	83	10.24	10-09	resc
19	Baudine Benoit	83	10.54	22-10	resc
20	Brolet Mathieu	84	10.63	29-10	rcb
21	Mahoungou Gregory	84	10.64	27-09	resc
22	Becker Renaud	83	10.84	27-09	resc
23	Sorel Renaud	84	11.14	22-10	resc
24	Lansman Karim	83	11.64	22-10	resc
25	Quertainmont Valery	83	11.74	27-09	resc

1000 m RC : 3.19.70

1	Vervloet Gregory	83	3.25.24	15-08	vs
2	Naif Jerome	83	3.25.96	22-09	rsca
3	Vaessen Fabien	84	3.29.52	15-08	vs
4	Degives Jean Baptiste	83	3.39.13	04-04	vs
5	Paulus Martin	83	3.39.20	18-06	mac
6	Kill Michel	84	3.41.90	30-07	grim
7	Cawet Cedric	83	3.45.61	22-05	rsca
8	Broothaerts Damien	83	3.49.00	08-10	resc
9	Xhonneux Frederic	83	3.51.00	07-10	rcas
10	Colmant Quentin	83	3.51.90	08-10	resc
11	Brolet Benjamin	84	3.54.70	08-10	resc
12	De Becker Renaud	83	3.57.00	08-10	resc
13	Sorel Renaud	84	4.03.40	08-10	resc
14	Tosti Flavio	83	4.04.56	15-08	vs
15	Bontemps Reno	84	4.07.70	08-10	resc
16	Carbonez François	83	4.10.70	18-06	mac
17	Quertainmont Valery	83	4.13.50	08-10	resc
18	Baudine Benoit	83	4.18.30	08-10	resc
19	Brolet Mathieu	84	4.19.80	08-10	resc
20	Guarneri Salvatore	84	4.21.10	08-10	resc

60 m haies (76 cm) RC : 10.24

1	Xhonneux Frederic	83	11.34	10-09	resc
2	Naif Jerome	83	11.44	29-10	rcb
3	Vervloet Gregory	83	11.74	10-09	resc
4	Smeyers Julien	83	12.04	22-10	resc
5	Broothaerts Damien	83	12.34	22-10	resc
6	Cawet Cedric	83	12.54	28-05	resc
7	Vrebos Stephane	83	13.24	30-04	resc
8	Degives Jean Basptiste	83	13.25	29-10	rcb
9	Kill Michel	84	13.34	10-09	rcb
10	Guarneri Salvatore	84	13.54	18-06	mac
	Colmant Quentin	83	13.54	22-10	resc
12	Batjoens Pierre Olivier	83	13.84	28-05	resc
13	Bontemps Reno	84	14.11	29-10	rcb
14	Baudine Benoit	83	14.34	22-10	resc
15	Brolet Benjamin	84	14.54	28-05	resc
	Mahoungou Gregory	84	14.54	10-09	resc
	Van De Zande Christopher	83	14.54	28-05	resc
18	Houssane Fayçal	84	15.24	28-05	resc
19	Tosti Flavio	83	15.34	23-07	mac
20	Quertainmont Valery	83	15.74	10-09	resc
21	Carbonez François	84	15.84	10-09	resc

Hauteur RC : 1m48

1	Xhonneux Frederic	83	1m35	21-05	mac
2	Cawet Cedric	83	1m31	18-06	mac
3	Smeyers Julien	83	1m23	27-09	resc
4	Vervloet Gregory	83	1m20	27-09	resc
5	Degives Jean Baptiste	83	1m15	09-07	dac
	Naif Jerome	83	1m15	30-09	resc
	Kill Michel	84	1m15	30-09	resc
8	Batjoens Pierre Olivier	83	1m11	27-09	resc
	Broothaerts Damien	83	1m11	27-09	resc
	Colmant Quentin	83	1m11	27-09	resc
11	Bontemps Reno	84	1m10	30-09	resc
12	Guarneri Salvatore	84	1m08	27-09	resc
	Quertainmont Valery	83	1m08	27-09	resc
	Vaessen Fabien	84	1m08	27-09	resc
15	Mahoungou Gregory	84	1m05	30-09	resc



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16	Brolet Benjamin	84	1m02	27-09	resc
17	Baudine Benoit	83	1m00	30-09	resc
	Brolet Mathieu	84	1m00	27-09	mac
	Lansman Karim	84	1m00	30-09	resc
	Van De Zande Christopher	83	1m00	21-05	mac
21	Tosti Flavio	83	0m99	27-09	resc
22	Carbonez François	83	0m90	04-04	vs

Longueur

RC : 4m66

1	Xhonneux Frederic	83	4m19	21-08	rsca
2	Cawet Cedric	83	4m17	06-05	resc
3	Naif Jerome	83	4m06	10-09	resc
4	Degives Jean Baptiste	83	3m76	27-08	rcas
	Vervloet Gregory	83	3m76	27-08	rcas
6	Vrebos Stephane	83	3m73	30-04	resc
7	Guarneri Salvatore	84	3m70	30-04	resc
8	Kill Michel	84	3m68	27-08	rcas
9	Vaessen Fabien	84	3m67	15-08	vs
10	Broothaerts Damien	83	3m57	27-08	rcas
11	Van De Zande Christof	83	3m45	30-04	resc
12	Batjoens Pierre Olivier	83	3m41	30-04	resc
13	Tosti Flavio	83	3m39	27-08	rcas
14	Mahoungou Gregory	84	3m30	10-09	resc
15	Bontemps Reno	84	3m29	10-09	resc
16	Paulus Martin	83	3m20	18-06	mac
17	Brolet Benjamin	84	3m15	10-09	resc
18	Baudine Benoit	83	2m94	10-09	resc
19	Carbonez François	83	2m84	30-04	resc
20	Quertainmont Valery	83	2m79	10-09	resc
21	Brolet Mathieu	84	2m73	10-09	resc
22	De Becker Renaud	83	2m59	10-09	resc

Poids (2 kg)

RC : 10m14

1	Xhonneux Frederic	83	9m89	27-08	rcas
2	Naif Jerome	83	8m76	22-10	resc
3	Cawet Cedric	83	8m59	22-10	resc
4	Broothaerts Damien	83	8m05	18-09	rsca
5	Guarneri Salvatore	84	7m90	08-10	resc
6	Tosti Flavio	83	7m51	30-10	csf
7	Colmant Quentin	83	7m35	08-10	resc
8	Degives Jean Baptiste	83	7m28	22-10	resc
9	Vaessen Fabien	84	6m87	27-09	resc
10	Smeyers Julien	83	6m81	27-09	resc
11	Vervloet Gregory	83	6m73	08-10	resc
12	Kill Michel	84	6m60	30-07	grim
13	Van De Zande Christopher	83	6m40	28-05	resc
14	Bontemps Reno	84	6m00	06-05	resc
15	Brolet Mathieu	84	5m75	21-05	mac
16	Batjoens Pierre Olivier	83	5m74	27-09	resc
17	Baudine Benoit	83	5m68	27-09	resc
18	Quertainmont Valery	83	5m58	27-09	resc
19	De Becker Renaud	83	5m48	08-10	resc
20	Sorel Renaud	84	5m38	08-10	resc
21	Houssane Issam	84	5m36	28-05	resc
22	Brolet Benjamin	84	4m96	27-09	resc
23	Carbonez François	84	4m88	08-04	resc
24	Mahoungou Gregory	84	4m32	27-09	resc
25	Houssane Fayçal	84	3m95	28-05	resc

Balle de hockey

RC : 42m32

1	Xhonneux Frederic	83	44m86	04-09	sgol
2	Smeyers Julien	83	43m90	04-09	sgol
3	Vrebos Stephane	83	43m12	18-09	rsca
4	Cawet Cedric	83	38m98	29-10	rcb
5	Naif Jerome	83	37m86	29-10	sgol
6	Guarneri Salvatore	84	37m50	15-08	vs
7	Tosti Flavio	83	35m20	05-08	resc
8	Broothaerts Damien	83	34m70	29-10	rcb
9	Vervloet Gregory	83	32m74	05-08	resc
10	Kill Michel	84	32m62	04-09	sgol
11	Degives Jean Baptiste	83	31m78	29-10	rcb
12	Brolet Mathieu	84	23m16	29-10	rcb



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13	De Becker Renaud	83	23m10	29-10	rcb
14	Brolet Benjamin	84	17m96	29-10	rcb

Triathlon

RC : 1613 p

1	Xhonneux Frederic	83	1433 p	27-09	resc
2	Cawet Cedric	83	1292 p	27-09	resc
3	Smeyers Julien	83	1252 p	27-09	resc
4	Naif Jerome	83	1235 p	27-08	rcas
5	Vervloet Gregory	83	1206 p	27-08	rcas
6	Degives Jean Baptiste	83	1186 p	27-08	rcas
7	Broothaerts Damien	83	1142 p	27-09	resc
8	Vaessen Fabien	84	1128 p	27-09	resc
9	Colmant Quentin	83	1114 p	27-09	resc
10	Batjoens Pierre Olivier	83	1065 p	27-09	resc
11	Kill Michel	84	1050 p	27-08	rcas
12	Guarneri Salvatore	84	1047 p	27-09	resc
13	Tosti Falvio	83	1040 p	27-08	rcas
14	Brolet Benjamin	84	867 p	27-09	resc
15	Bontemps Reno	84	836 p	27-08	rcas
16	Baudine Benoit	83	807 p	17-09	resc
17	Quertainmont Valery	83	731 p	27-09	resc
18	Mahoungou Gregory	84	714 p	27-09	resc
19	Brolet Mathieu	84	697 p	27-09	resc
20	Van De Zande Christopher	83	596 p	21-05	resc
21	De Becker Renaud	83	531 p	27-09	resc

4 x 60 m

RC : 33.25

Naif, Cawet, Vervloet, Broothaerts	35.19	29-10	rcb
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MINIMES GARÇONS (1982 - 1981)

80 m

RC : 9.96

1	Moral Miguel	81	11.04	09-07	dac
2	Schepens Cedric	82	11.24	04-06	add
3	Ben Mohamed Younes	81	11.44	22-10	resc
4	Thiry Stephane	81	11.52	25-08	vs
5	Thys Alain	81	11.54	30-10	csf
6	Brolet Bertrand	81	11.64	10-09	resc
7	Guillet Lionel	81	11.78	15-08	vs
8	Foucart François	82	11.94	09-07	dac
9	Carbonez Gilles	81	11.96	04-04	vs
10	Gonzalez Edouardo	81	12.14	22-10	resc
11	Vermote Alexis	81	12.74	10-09	resc
12	De Ruyver Laurent	81	12.81	29-10	rcb
13	Lepeer Julien	81	12.84	15-08	vs
	Vaillant Jean Baptsite	82	12.84	10-09	resc
15	Henderickx Wim	82	12.94	28-08	rcas
16	Clais Marc	81	13.04	10-09	resc
17	Delferiere Thibault	82	13.24	28-08	rcas
	De Waeghe Bruno	82	13.24	10-09	resc
19	D'Haene Thomas	82	13.34	10-09	resc
	Van Oudenhoven Karl	82	13.34	16-04	rcb
21	Bouzlaf Nordin	81	13.40	17-04	rsca
22	Dal Michel	82	13.44	30-10	csf
23	Malherbe Didier	82	14.64	10-09	resc

150 m

RC : 18.54

1	Schepens Cedric	82	20.34	28-05	resc
2	Moral Miguel	81	20.64	28-05	resc
3	Thiry Stephane	81	20.74	28-05	resc
4	Brolet Bertrand	81	21.54	28-05	resc
5	Ben Mohamed Younes	81	22.54	28-05	resc
	Gonzalez Edouardo	81	22.54	22-10	resc
	Guillet Lionel	81	22.54	28-05	resc
8	Goossens Chris	82	23.14	27-09	resc
	Thys Alain	81	23.14	22-10	resc
10	Carbonez Gilles	82	23.24	28-05	resc
11	Foucart François	81	23.34	23-07	mac
12	Blondiau Fabian	81	23.44	22-10	resc
	Lepeer Julien	81	23.44	28-05	resc
14	Vaillant Jean Baptiste	82	23.74	10-09	resc



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15	Van Zeebroeck Bert	82	23.84	28-05	resc
16	Clais Marc	81	24.04	22-10	resc
17	Henderickx Wim	82	24.24	10-09	resc
18	Bouzlaf Nordin	81	24.44	28-05	resc
19	Van Oudenhoven Karl	82	24.54	28-05	resc
20	De Ruyver Laurent	81	25.04	22-10	resc
21	De Waeghe Bruno	82	25.14	10-09	resc
	Gonzalez Sebastien	81	25.14	27-09	resc
23	Krier Jean François	82	25.64	10-09	resc
24	Malherbe Didier	82	27.94	27-09	resc

1000 m RC : 3.10.10

1	Foucart François	82	3.22.18	18-09	rsca
2	Schepens Cedric	82	3.31.50	30-04	resc
3	Bouzlaf Nordin	81	3.36.00	30-04	resc
4	Deferiere Thibault	82	3.39.29	15-08	vs
5	Moral Miguel	81	3.50.10	30-04	resc
6	Ben Mohamed Younes	81	3.50.60	30-04	resc
7	Van Oudenhoven Karl	82	3.50.70	30-04	resc
8	Krier Jean François	82	4.03.20	30-04	resc
9	Carbonez Gilles	81	4.04.42	04-04	vs
10	Lepeer Julien	81	4.07.20	30-04	resc

80 m haies (84 cm) RC : 12.00

1	Thys Alain	81	14.44	22-10	resc
2	Brolet Bertrand	81	15.94	08-10	resc
3	Thiry Stephane	81	16.03	29-10	rcb
4	Ben Mohamed Younes	81	16.14	08-10	resc
	Moral Miguel	81	16.14	22-10	resc
6	Blondiau Fabian	81	16.24	27-09	resc
	Guillet Lionel	82	16.24	27-09	resc
8	Foucart François	82	16.44	27-09	resc
9	Gonzalez Edouardo	81	16.94	27-09	resc
	Schepens Cedric	82	16.94	18-06	mac
11	De Ruyver Laurent	81	17.11	29-10	rcb
12	Clais Marc	81	17.34	22-10	resc
	Henderickx Wim	82	17.34	27-09	resc
14	Paulus Gaetan	82	17.44	18-06	mac
15	Vaillant Jean Baptiste	82	17.54	27-09	resc
16	Carbonez Gilles	81	17.64	22-10	resc
17	Van Zeebroeck Bert	82	17.99	01-05	rsca
18	Dal Michel	82	18.23	29-10	rcb
19	Krier Jean François	82	18.74	08-10	resc
20	Van Oudenhoven Karl	82	20.94	21-05	mac
21	Malherbe Didier	82	21.94	27-09	resc

Hauteur RC : 1m65

1	Moral Miguel	81	1m51	08-10	resc
2	Clais Marc	81	1m50	30-09	resc
3	Thys Alain	81	1m42	08-10	resc
4	Guillet Lionel	82	1m38	15-08	vs
5	Ben Mohamed Younes	81	1m36	08-10	resc
	Foucart François	82	1m36	23-07	mac
7	Schepens Cedric	82	1m35	23-05	rsca
8	Blondiau Fabian	81	1m20	30-09	resc
	Henderickx Wim	82	1m25	30-09	resc
11	Deferiere Thibault	82	1m16	28-08	rcas
12	Brolet Bertrand	81	1m15	21-05	mac
	Carbonez Gilles	82	1m15	08-04	resc
	De Ruyver Laurent	81	1m15	30-09	resc
	Gonzalez Edouardo	81	1m15	30-09	resc
	Gonzalez Sebastien	81	1m15	30-09	resc
	Paulus Gaetan	82	1m15	18-06	mac
18	Krier Jean François	82	1m12	08-10	resc
19	Bouzlaf Nordin	81	1m10	08-04	resc
	Van Oudenhoven Karl	82	1m10	08-04	resc
	Vaillant Jean Baptiste	82	1m10	30-09	resc
22	Mooock Bernard	82	1m06	08-10	resc



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Longueur		RC : 5m73			
1	Thiry Stephane	81	4m90	05-08	resc
2	Schepens Cedric	82	4m68	24-04	riwa
3	Thys Alain	81	4m59	16-04	rcb
4	Moral Miguel	81	4m53	09-07	dac
5	Guillet Lionel	81	4m47	05-08	resc
6	Ben Mohamed Younes	81	4m37	08-10	resc
7	Foucart François	82	4m20	30-04	resc
8	Clais Marc	81	4m10	08-10	resc
9	Carbonez Gilles	81	4m06	18-06	mac
10	Gonzalez Edouardo	81	4m03	08-10	resc
11	Henderickx Wim	82	3m97	08-10	resc
12	Lepeer Julien	81	3m82	15-08	vs
13	Deferiere Thibault	82	3m77	05-08	resc
14	Blondiau Fabian	81	3m68	08-10	resc
15	Brolet Bertrand	81	3m53	08-10	resc
16	Krier Jean François	82	3m52	30-04	resc
17	De Waeghe Bruno	82	3m47	08-10	resc
18	De Ruyver Laurent	81	3m41	08-10	resc
19	Van Oudenhoven Karl	82	3m40	30-04	resc
20	Halleman Yannick	81	3m23	05-08	resc
21	Malherbe Didier	82	3m21	05-08	resc
22	Mooock Bernard	82	3m08	08-10	resc
23	Bouzlaf Nordin	81	3m00	30-04	resc
24	D'Haene Thomas	82	2m98	08-10	resc

Perche		RC : 2m90			
1	Thys Alain	81	2m40	10-09	resc
2	Van Zeebroeck Bert	82	2m23	30-10	csf
3	Ben Mohamed Younes	81	2m15	10-09	resc
4	Clais Marc	81	2m05	10-09	resc
5	Thiry Stephane	81	2m00	28-05	resc
6	Foucart François	82	1m80	27-09	resc
	Henderickx Wim	82	1m80	10-09	resc
8	Moral Miguel	81	1m70	?	?
9	Van Oudenhoven Karl	82	1m60	28-05	resc

Poids (3kg)		RC : 13m18			
1	Thys Alain	81	9m72	15-08	vs
2	Brolet Bertrand	81	8m62	10-09	resc
3	Halleman Yannick	81	8m50	08-04	resc
4	Schepens Cedric	82	8m31	19-08	vs
5	Gonzalez Edouardo	81	8m30	08-10	resc
6	Henderickx Wim	82	8m20	10-09	resc
7	Moral Miguel	81	7m44	30-10	csf
8	Ben Mohamed Younes	81	7m02	23-07	mac
9	Clais Marc	81	6m81	28-08	rcas
10	Foucart François	82	6m72	08-10	resc
11	Blondiau Fabian	81	6m70	08-10	resc
12	Van Zeebroeck Bert	82	6m33	10-09	resc
13	Guillet Lionel	81	6m29	10-09	resc
14	Deferiere Thibault	82	6m22	28-08	rcas
15	Krier Jean François	82	6m15	08-04	resc
	Vermote Alexis	81	6m15	10-09	resc
17	D'Haene Thomas	82	6m04	08-10	resc
18	Van Oudenhoven Karl	82	5m78	18-05	mac
19	Lepeer Julien	81	5m66	28-08	rcas
20	Mooock Bernard	82	5m45	08-10	resc
21	Malherbe Didier	82	5m10	10-09	resc
22	Carbonez Gilles	82	4m88	08-04	resc
23	De Ruyver Laurent	81	4m85	08-10	resc
24	Bouzlaf Nordin	81	4m66	08-04	resc
25	De Waeghe Bruno	82	4m16	08-10	resc

Disque (1kg)		RC : 31m60			
1	Thys Alain	81	23m26	05-08	resc
2	Brolet Bertrand	81	21m34	18-09	rsca
3	Halleman Yannick	81	20m56	05-08	resc
4	Moral Miguel	81	16m64	06-05	resc
5	Van Zeebroeck Bert	82	14m54	06-05	resc
6	Henderickx Wim	82	14m04	06-05	resc
7	Van Malderen Jeroen	82	13m78	06-05	resc



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8	Guillet Lionel	81	13m76	05-08	resc
9	Ben Mohamed Younes	81	13m62	21-05	mac
	Thiry Stephane	81	13m62	05-06	resc
11	Lepeer Julien	81	12m68	21-05	mac
12	Deferiere Thibault	82	10m62	05-08	resc
13	Malherbe Didier	82	10m20	06-05	resc
14	Foucart François	82	9m72	06-05	resc
15	Van Oudenhoven Karl	82	9m48	06-05	resc
16	Bouzlaf Nordin	81	6m88	06-05	resc

Javelot (400 gr)

RC : 36m80

1	Hallems Yannick	81	35m24	01-06	csf
2	Thys Alain	81	34m62	30-07	grim
3	Henderickx Wim	82	27m84	30-09	resc
4	Moral Miguel	81	27m52	04-09	sgol
5	Gonzalez Edouardo	81	27m08	30-09	resc
6	Brolet Bertrand	81	26m76	04-09	sgol
7	Van Zeebroeck Bert	82	26m40	03-06	resc
8	Ben Mohamed Younes	81	25m16	04-09	sgol
9	Clais Marc	81	24m12	04-09	sgol
10	Deferiere Thibault	82	20m62	04-09	sgol
11	Guillet Lionel	82	20m26	04-09	sgol
12	Thiry Stephane	81	20m00	30-07	grim
13	Van Malderen Jeroen	82	19m40	06-05	resc
14	De Ruyver Laurent	81	17m72	30-09	resc
15	Van Oudenhoven Karl	82	17m62	03-06	resc
16	Vaillant Jean Baptiste	82	17m16	30-09	resc
17	Schepens Cedric	82	16m86	19-06	vs
18	Gonzalez Sebastien	81	16m56	30-09	resc
19	Malherbe Didier	82	16m34	30-09	resc
20	Foucart François	82	16m30	30-09	resc
21	Lepeer Julien	81	12m60	03-06	resc
22	D'Haene Thomas	82	11m82	30-09	resc

Tetrathlon

RC : 2900 p

1	Thys Alain	81	2004 p	08-10	resc
2	Moral Miguel	81	1965 p	11-09	vita
3	Ben Mohamed Younes	81	1796 p	28-08	rcas
4	Clais Marc	81	1647 p	28-08	rcas
5	Schepens Cedric	82	1633 p	19-09	vs
6	Guillet Lionel	81	1574 p	08-10	resc
7	Gonzalez Edouardo	81	1537 p	08-10	resc
8	Henderickx Wim	82	1520 p	28-08	rcas
9	Foucart François	82	1473 p	08-10	resc
10	Brolet Bertrand	81	1426 p	08-10	resc
11	Blondiau Fabian	81	1381 p	08-10	resc
12	Deferiere Thibault	82	1274 p	28-08	rcas
13	Lepeer Julien	81	1259 p	28-08	rcas
14	De Ruyver Laurent	81	1143 p	08-10	rec
15	Krier Jean François	82	1128 p	08-10	resc
16	Mooock Bernard	82	791 p	08-10	resc
17	D'Haene Thomas	82	522 p	08-10	resc
18	Van Oudenhoven Karl	82	413 p	21-05	mac

4 x 80 m

RC : 41.24

Moral, Schepens, Ben Mohamed, Thiry	45.12	28-05	resc
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CADETS GARÇONS (1980 - 1979)

100 m

RC : 11.39

1	Squiflet Pierre	79	12.45	09-07	lebb
2	Mercier Yves	79	12.54	04-09	rfcl
3	Van Caekenbergh Koen	79	12.92	07-05	ws
4	Fontenoy Serge	80	13.04	21-08	rsca
5	El Ahmadi Youssef	80	13.63	07-05	ws
6	Schroeven Bruno	80	13.92	01-05	rsca
7	Alexiou Efsttratos	80	14.03	07-05	ws
8	Naif Nicolas	80	14.08	24-04	riwa
9	Raman Jean François	80	14.77	04-09	rfcl
10	Xhonneux Marc	80	14.80	04-09	rfcl
11	Biot Pascal	79	14.88	01-05	rsca



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200 m		RC : 23.14			
1	Mercier Yves	79	25.29	07-05	ws
2	Van Caekenbergh Koen	79	26.31	06-08	resc
3	Raman Jean François	80	30.44	22-05	riwa
4	Duchatel Baptiste	80	31.28	22-05	riwa
400 m		RC : 52.24			
1	Schroeven Bruno	80	58.92	24-09	cabw
2	Van Caekenbergh Koen	79	59.36	28-05	resc
3	Fontenoy Serge	80	61.93	23-04	ws
4	Housiaux Maxime	79	66.56	07-05	ws
5	Raman Jean François	80	66.67	28-05	resc
800 m		RC : 2.02.70			
1	Schroeven Bruno	80	2.12.12	07-05	ws
2	Zaanan Nordin	79	2.13.07	10-07	resc
3	Naif Nicolas	80	2.22.56	24-04	riwa
4	Raman Jean François	80	2.31.16	07-05	ws
5	Duchatel Baptiste	80	2.34.53	04-09	rfcl
6	Xhonneux Marc	80	2.46.06	04-09	rfcl
7	Vila Gomez David	80	2.47.62	07-05	ws
1500 m		RC : 4.10.90			
1	Schroeven Bruno	80	4.35.23	25-06	csf
2	Zaanan Nordin	79	4.40.11	07-05	ws
3	Naif Nicolas	80	5.03.55	22-05	riwa
4	Housiaux Maxime	79	5.04.30	22-05	riwa
5	Raman Jean François	80	5.31.55	22-05	riwa
100 m haies (91 cm)		RC : 14.23			
1	Squiflet Pierre	79	14.52	04-09	rfcl
2	Fontenoy Serge	80	15.52	07-05	ws
3	Biot Pascal	79	21.70	06-08	resc
300 m haies (76 cm)		RC : 40.07			
1	Fontenoy Serge	80	46.25	28-05	resc
2	Naif Nicolas	80	47.10	05-06	ws
3	Schroeven Bruno	80	47.86	28-05	resc
4	Van Caekenbergh Koen	79	48.62	13-08	resc
5	Housiaux Maxime	79	49.68	22-05	riwa
6	Duchatel Baptiste	80	51.91	22-05	riwa
7	Xhonneux Marc	80	57.25	13/08	resc
Hauteur		RC : 1m91			
1	De Veirman Didier	80	1m45	28-05	resc
2	Raman Jean François	80	1m30	04-09	rfcl
Longueur		RC : 6m70			
1	Squiflet Pierre	79	5m68	27-08	cabw
2	Van Caekenbergh Koen	79	5m10	13-08	resc
3	De Veirman Didier	80	4m53	28-05	resc
4	Housiaux Maxime	79	4m52	07-05	ws
5	Schroeven Bruno	80	4m44	28-05	resc
6	Biot Pascal	79	4m38	01-05	rsca
7	Raman Jean François	80	4m02	28-05	resc
8	Naif Nicolas	80	3m98	05-06	ws
Triple saut		RC : 13m52			
1	Fontenoy Serge	80	11m13	06-08	resc
2	De Veirman Didier	80	9m44	07-05	ws
Perche		RC : 3m71			
1	Biot Pascal	79	3m40	10-09	avt
Poids (4 kg)		RC : 12m75			
1	Squiflet Pierre	79	13m52	05-07	looi
2	Fontenoy Serge	80	10m10	28-05	resc
3	Van Caekenbergh Koen	79	8m37	28-05	resc



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Disque (1 kg)		RC : 33m68			
1	Fontenoy Serge	80	36m18	04-09	rfcl
2	Van Caekenbergh Koen	79	24m12	07-05	ws
Javelot (600 gr)		RC : 37m02			
1	Biot Pascal	79	28m06	04-09	rfcl
Marteau (4 kg)		RC : 40m44			
1	Fontenoy Serge	80	26m44	08-10	resc
2	Alexiou Efstratios	80	24m62	08-10	resc
3	Schroeven Bruno	80	15m34	24-06	cabw
4 x 100 m		RC : 45.63			
Van Caekenbergh, Merci, Fontenoy, Squiflet			47.99	04-09	rfcl
4 x 800 m		RC : 8.44.20			
?			9.30.93	25-09	ws
SCOLAIRES HOMMES (1978 - 1977)					
100 m		RC : 11.08			
1	Mambo Djeke	77	11.14	04-09	rfcl
2	Schoonjans Patrick	77	11.97	21-08	rsca
3	Adriaens Frederic	78	12.11	28-05	resc
4	Spillaert Stefan	78	12.29	06-05	ws
5	Fonteyne Brendan	77	12.30	08-07	avka
6	Serruys Philippe	77	12.64	04-06	ws
7	Ouamari Aabid	77	12.50	24-04	riwa
8	Marbais Michael	78	13.10	24-04	riwa
9	Chi Chung Quyen	78	13.12	08-07	avka
200 m		RC : 22.02			
1	Mambo Djeke	77	22.46	07-08	ob
2	Fonteyne Brendan	77	24.91	08-07	avka
3	Spillaert Stefan	78	24.93	06-05	ws
4	Chi Chung Quyen	78	27.30	08-07	avka
400 m		RC : 49.92			
1	Mambo Djeke	77	50.30	03-07	aclo
2	Schoonjans Patrick	77	53.02	04-09	rfcl
800 m		RC : 1.59.40			
1	Ouamari Aabid	77	1.58.47	05-06	ws
2	Fonteyne Brendan	77	2.06.98	04-09	rfcl
1000 m		RC : 2.33.52			
1	Ouamari Aabid	77	2.39.74	18-08	resc
1500 m		RC : 4.00.79			
1	Ouamari Aabid	77	4.09.09	14-05	resc
2	Hovelacque Benoit	77	4.11.61	05-07	vita
3	Vanderhaeghen Olivier	77	4.39.10	06-05	ws
3000 m		RC : 8.33.14			
1	Ouamari Aabid	77	8.52.12	26-07	vita
2	Hovelacque Benoit	77	9.30.80	23-09	dac
110 m haies (99 cm)		RC : 14.94			
1	Serruys Philippe	77	17.92	04-09	rfcl
300 m haies (84 cm)		RC : 38.04			
1	Mambo Djeke	77	38.03	06-05	ws
2	Vanderhaeghen Olivier	77	43.12	04-09	rfcl
Hauteur		RC : 2m05			
1	De Ray Tom	77	1m81	04-09	rfcl



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Longueur		RC : 7m59			
1	Mambo Djeke	77	6m89	23-05	resc
2	Vanderhaeghen Olivier	77	5m96	06-05	ws
3	Spillaert Stefan	78	5m69	24-04	riwa
4	Marbais Michael	78	5m00	24-04	riwa

Triple saut		RC : 15m28			
1	Mambo Djeke	77	15m64	23-05	resc
2	De Ray Tom	77	10m54	04-09	rfcl

Perche		RC : 4m36			
1	Rombaut Wesley	77	4m30	06-05	ws

Poids (5 kg)		RC : 14m19			
1	Rombaut Wesley	77	11m68	06-05	ws
2	Schoonjans Patrick	77	9m19	04-09	rfcl
3	Chi Chung Quyen	78	6m10	24-06	cabw

Disque (1,5 kg)		RC : 37m11			
1	Marbais Michael	78	26m88	08-10	resc
2	Vanderhaeghen Olivier	77	23m72	08-10	resc

Javelot (700 gr)		RC : 40m04			
1	Rombaut Wesley	77	44m52	13-08	dac
2	Schoonjans Patrick	77	22m86	06-05	ws
3	Marbais Michael	78	20m94	01-05	rsca

Marteau (5 kg)		RC : 31m06			
1	Marbais Michael	78	44m14	24-06	cabw

4 x 100 m		RC : 43.01			
Fonteyne, Schoonjans, Vanderhaeghen, Serruys		47.15	04-09	rfcl	

4 x 800 m		RC : 8.11.31			
Vanderhaeghen, Hovelacque, Fonteyne, Ouamari		8.21.42	25-09	ws	

JUNIORS HOMMES (1976 - 1975)

100 m		RC : 10.71			
1	Delmay Dominique	75	12.49	21-08	rsca

200 m		RC : 21.24			
1	Delmay Dominique	75	24.90	06-08	resc

400 m		RC : 47.92			
1	Delmay Dominique	75	55.04	21-08	rsca

800 m		RC : 1.52.66			
1	Adam Olivier	76	2.00.59	14-05	resc

110 m haies (106 cm)		RC : 14.44			
1	Mambo Djeke	77	14.88	20-08	rcg

Perche		RC : 4m85			
1	Jacobs David	76	4m05	21-07	dac

Poids (6 kg)		RC : 13m62			
1	Rogers Vincent	75	15m27	24-06	cabw
2	Jacobs David	76	12m28	03-09	rcg

Poids (7,26 kg)		RC : 12m49			
1	Rogers Vincent	75	13m28	23-05	resc

Disque (1,75 kg)		RC : 43m08			
1	Rogers Vincent	75	37m08	05-06	ws
2	Jacobs David	76	33m36	05-07	vita

Disque (2 kg)		RC : 42m28			
1	Rogers Vincent	75	30m98	23-05	resc



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Javelot (800 gr)

RC : 47m08

1	Rogers Vincent	75	49m26	22-05	riwa
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ESPOIRS HOMMES (1974 - 1973 - 1972)

100 m

RC : 10.53

1	Guellet Yassin	74	10.84	30-04	FRA
2	Van Pottelsberghe Guillaume	74	11.01	23-05	resc
3	Mambo Kedjeloba	74	11.18	13-08	dac
4	Vanderhaeghen David	74	11.20	23-07	cabw
5	Ferras Lahcen	73	11.78	23-04	vs
6	Haerynck Philippe	72	12.91	27-08	cabw

200 m

RC : 21.14

1	Vanderhaeghen David	74	22.33	13-08	dac
2	Van Pottelsberghe Guillaume	74	22.53	23-04	vs
3	Guellet Yassin	74	22.64	21-07	rfcl
4	Asselman Frank	72	22.96	23-04	vs
5	Ferras Lahcen	73	24.44	23-04	vs
6	Haerynck Philippe	72	25.65	06-08	resc

400 m

RC : 47.64

1	Asselman Frank	72	50.32	29-09	smac
2	Chevalier Michael	73	52.12	21-08	rsca
3	Guellet Yassin	74	52.44	30-04	FRA

800 m

RC : 1.51.30

1	Desmedt Frederic	72	1.50.88	29-05	ISR
2	Asselman Frank	72	1.56.70	31-07	lebb
3	Chevalier Michael	73	2.02.02	15-08	crac

1000 m

RC : 2.24.80

1	Desmedt Frederic	72	2.23.92	26-04	cabw
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1500 m

RC : 3.46.18

1	Desmedt Frederic	72	3.49.90	29-05	ISR
2	Heremans Nick	72	3.56.43	27-05	rcg
3	Ben Mohamed Rachid	72	3.58.85	23-04	ws

3000 m

RC : 8.08.40

1	Heremans Nick	72	8.23.17	23-04	ws
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5000 m

RC : 13.56.92

1	Heremans Nick	73	14.19.83	23-05	resc
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10 000 m

RC : 29.33.94

1	Heremans Nick	73	29.32.68	09-09	lebb
2	Ben Mohamed Rachid	72	30.50.50	23-09	dac

110 m haies (106 cm)

RC : 14.15

1	Asselman Frank	72	14.29	17-09	acw
2	Sanglier Olivier	72	14.94	03-07	aclo
3	Guellet Yassin	74	15.34	01-05	FRA
4	Chevalier Michael	73	16.22	10-07	resc

400 m haies (91cm)

RC : 50.29

1	Asselman Frank	72	52.50	11-07	FRA
2	Chevalier Michael	73	57.53	29-05	dac

Hauteur

RC : 2m21

1	Guellet Yassin	74	1m98	30-04	FRA
2	Haerynck Philippe	72	1m80	01-05	lebb

Longueur

RC : 7m86

1	Guellet Yassin	74	7m57	30-04	FRA
2	Vanderhaeghen David	74	7m26	15-08	crac
3	Mambo Kedjeloba	74	7m24	23-05	resc
4	Biot Olivier	72	6m16	17-09	olse
5	Haerynck Philippe	72	5m94	09-09	vac



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Triple saut			RC : 15m79		
1	Mambo Kedjeloba	74	16m01	13-07	FRA
2	Vanderhaeghen David	74	15m32	23-05	resc
3	Guellet Yassin	74	14m19	24-09	usbw
Perche			RC : 5m11		
1	Biot Olivier	72	5m00	23-05	resc
2	Guellet Yassin	74	3m60	01-05	FRA
Poids (7,26 kg)			RC : 13m67		
1	Guellet Yassin	74	11m96	30-04	FRA
Disque (2 kg)			RC : 44m06		
1	Guellet Yassin	74	35m12	01-05	FRA
Javelot (800 gr)			RC : 49m26		
1	Guellet Yassin	74	47m76	01-10	caf
Marteau (7,26 kg)			RC : 61m66		
1	Guellet Yassin	74	19m54	21-07	rfcl
Decathlon			RC : 5662 p		
1	Guellet Yassin	74	6889 p	01-05	FRA
5000 m marche			RC : 30.16.30		
1	Leroy Benjamin	73	20.19.34	25-06	FRA
10 000 m marche			RC : 41.58.80		
1	Leroy Benjamin	73	41.21.40	24-04	cabw
20 km marche			RC : 1h28.35		
1	Leroy Benjamin	73	1h34.36	14-08	FRA

SENIORS HOMMES (1974 - 1960)

100 m			RC : 10.02		
1	Thomas Samy	71	10.56	01-05	lebb
2	Amery Ronald	69	10.81	14-05	resc
3	Guellet Yassin	74	10.84	30-04	FRA
4	Eyenga Lokilo Jean Claude	63	10.87	03-07	aclo
5	Debeir Olivier	71	10.91	03-07	aclo
6	Van Pottelsberghe Guillaume	74	11.01	23-05	resc
7	De Medina Louis	71	11.10	03-07	aclo
	Vanlancker Rudi	71	11.10	18-08	vs
9	Bayens Joachim	70	11.13	27-05	rcg
10	Dollendorf Marc	66	11.14	19-06	rfcl
11	Mambo Kedjeloba	74	11.18	13-08	dac
12	Vanderhaeghen David	74	11.20	23-07	cabw
13	Sekanyambo Olivier	71	11.23	02-10	riwa
14	Dotrenghe Sacha	70	11.24	30-04	FRA
15	Ferras Lahcen	73	11.78	23-04	vs
16	Haerynck Philippe	72	12.91	27-08	cabw
17	Pele Alain	69	12.92	01-05	rsca
200 m			RC : 20.66		
1	Amery Ronald	69	21.49	29-05	ISR
2	Thomas Samy	71	21.57	14-05	resc
3	Dollendorf Marc	66	21.72	23-05	rfcl
4	Eyenga Lokilo Jean Claude	63	22.05	13-08	dac
5	Bayens Joachim	70	22.20	23-05	resc
6	Vanderhaeghen David	74	22.33	13-08	dac
7	Debeir Olivier	71	22.48	03-07	aclo
8	Van Pottelsberghe Guillaume	74	22.53	23-04	vs
9	Guellet Yassin	74	22.64	21-07	rfcl
10	De Medina Louis	71	22.95	03-07	aclo
11	Asselman Frank	72	22.96	23-04	vs
	Sekanyambo Olivier	71	22.96	06-08	resc
13	Dotrenghe Sacha	70	23.20	11/08	spvi
14	Ferras Lahcen	73	24.44	23-04	vs
15	Haerynck Philippe	72	25.65	06-08	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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300 m		RC : 34.01			
1	Debeir Olivier	71	35.81	02-10	riwa
2	Sekanyambo Olivier	71	36.17	02-10	riwa
3	Azami Hallile	67	39.02	26-07	vita
400 m		RC : 46.67			
1	Dollendorf Marc	66	47.21	12-05	GER
2	Bayens Joachim	70	48.92	14-05	resc
3	Dotrenghe Sacha	70	49.22	29-09	smac
4	Asselman Frank	72	50.32	29-09	smac
5	Chevalier Michael	73	52.12	21-08	rsca
6	Guellet Yassin	74	52.44	30-04	FRA
7	Maier Bernd	70	52.87	21-08	rsca
8	Sekanyambo Olivier	71	53.23	09-09	spci
9	Pele Alain	69	57.19	28-05	resc
800 m		RC : 1.48.30			
1	Desmedt Frederic	72	1.50.88	29-05	ISR
2	Asselman Frank	72	1.56.70	31-07	lebb
3	Maier Bernd	70	1.57.85	31-07	lebb
4	Chevalier Michael	73	2.02.02	15-08	crac
1000 m		RC : 2.23.10			
1	Desmedt Frederic	72	2.23.92	26-04	cabw
2	De Smet Franck	70	2.33.00	27-05	aclo
3	Maier Bernd	70	2.34.80	21-07	dac
4	Tillieux Guy	58	2.35.38	19-08	resc
5	Dobbelaere Luk	70	2.42.40	21-07	dac
1500 m		RC : 3.40.30			
1	Desmedt Frederic	72	3.49.90	29-05	ISR
2	De Smet Franck	70	3.56.25	24-06	cabw
3	Heremans Nick	72	3.56.43	27-05	rcg
4	Ben Mohamed Rachid	72	3.58.85	23-04	ws
5	Dotrenghe Sacha	70	4.51.40	01-05	FRA
6	Guellet Yassin	74	4.52.40	01-05	FRA
2000 m		RC : 5.56.40			
1	Dobbelaere Luk	70	5.54.90	26-06	dac
3000 m		RC : 7.51.46			
1	De Smet Franck	70	8.10.51	23-07	cabw
2	Heremans Nick	72	8.23.17	23-04	ws
5000 m		RC : 13.22.81			
1	De Smet Franck	70	13.54.43	05-08	vita
2	Heremans Nick	73	14.19.83	23-05	resc
3	Stroobants Jean Marie	63	15.10.04	?	?
10 000 m		RC : 28.24.95			
1	Heremans Nick	73	29.32.68	09-09	lebb
2	Ben Mohamed Rachid	72	30.50.50	23-09	dac
3	Jordens Stephane	65	30.56.25	09-09	spvi
4	Van Overbeke Geert	63	32.08.20	14-05	resc
110 m haies (106 cm)		RC : 14.02			
1	Asselman Frank	72	14.29	17-09	acw
2	Sanglier Olivier	72	14.94	03-07	aclo
3	Guellet Yassin	74	15.34	01-05	FRA
4	Dotrenghe Sacha	70	15.44	01-05	FRA
5	Dollendorf Marc	66	15.66	30-04	damp
6	Chevalier Michael	73	16.22	10-07	resc
400 m haies (91cm)		RC : 49.64			
1	Dollendorf Marc	66	49.05	22-08	GER
2	Asselman Frank	72	52.50	11-07	FRA
3	Chevalier Michael	73	57.53	29-05	dac



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3000 m steeple (91 cm)			RC : 8.24.90		
1	Ben Mohamed Rachid	71	9.16.10	14-05	resc
2	Lignot Serge	70	10.21.60	14-05	resc
Hauteur			RC : 2m21		
1	Sandron Dominique	69	2m12	27-05	rcg
2	Guellet Yassin	74	1m98	30-04	FRA
3	Dollendorf Marc	66	1m90	16-04	damp
4	Haerynck Philippe	72	1m80	01-05	lebb
Longueur			RC : 7m94		
1	Vanlancker Rudi	71	7m66	17-07	resc
2	Guellet Yassin	74	7m57	30-04	FRA
3	Vanderhaeghen David	74	7m26	15-08	crac
4	Mambo Kedjeloba	74	7m24	23-05	resc
5	Dotrenghe Sacha	70	6m59	01-05	FRA
6	Biot Olivier	72	6m16	17-09	olse
7	Haerynck Philippe	72	5m94	09-09	vac
8	Sekanyambo Olivier	71	5m15	04-06	ws
Triple saut			RC : 16m86		
1	Mambo Kedjeloba	74	16m01	13-07	FRA
2	Vanderhaeghen David	74	15m32	23-05	resc
3	Guellet Yassin	74	14m19	24-09	usbw
Perche			RC : 5m25		
1	Biot Olivier	72	5m00	23-05	resc
2	Dotrange Alexandre	70	3m80	01-05	FRA
3	Guellet Yassin	74	3m60	01-05	FRA
Poids (7,26 kg)			RC : 15m08		
1	Dotrenghe Sacha	70	12m35	30-04	FRA
2	Guellet Yassin	74	11m96	30-04	FRA
3	Loris Gilbert	62	10m37	05-06	ws
Disque (2 kg)			RC : 51m56		
1	Guellet Yassin	74	35m12	01-05	FRA
2	Loris Gilbert	62	31m98	23-05	resc
Javelot (800 gr)			RC : 70m78		
1	Stockmans Franck	63	64m40	19-05	acbr
2	Guellet Yassin	74	47m76	01-10	caf
3	Loris Gilbert	62	25m50	23-05	resc
Marteau (7,26 kg)			RC : 61m66		
1	Metens Armand	67	57m50	29-05	ISR
2	Guellet Yassin	74	19m54	21-07	rfcl
Decathlon			RC : 6691 p		
1	Guellet Yassin	74	6889 p	01-05	FRA
2	Dotrenghe Sacha	70	6422 p	01-05	FRA
5000 m marche			RC : 30.16.30		
1	Leroy Benjamin	73	20.19.34	25-06	FRA
10 000 m marche			RC : 41.58.80		
1	Leroy Benjamin	73	41.21.40	24-04	cabw
20 km marche			RC : 1h28.35		
1	Leroy Benjamin	73	1h34.36	14-08	FRA
4 x 100 m			RC : 40.72		
Debeir, Guellet, Amery, Thomas			41.32	14-05	resc
4 x 200 m			RC : 1.25.55		
Debeir, Guellet, Thomas, Amery			1.27.71	25-09	ws
4 x 400 m			RC : 30.10.20		
Bayens, Dotrenghe, Asselman, Dollendorf			3.16.08	29-05	ISR



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MASTERS HOMMES 35

Marteau (7,26 kg)		RC : 37m66			
1	Bontemps Rene	55	33m40	14-05	resc

MASTERS HOMMES 40

Disque (2 kg)		RC : 51m56			
1	De Cock Daniel	52	42m82	23-05	resc

MASTERS HOMMES 45

Perche		RC : -			
1	Dewil Jef	49	4m30	25-08	rfcl

Poids (7,26 kg)		RC : 15m08			
1	Van Schoor Robert	46	13m50	14-05	resc

Disque (2 kg)		RC : 50m08			
1	Van Schoor Robert	46	46m82	21-09	riwa

Javelot (800 gr)		RC : -			
1	Van Schoor Robert	46	22m82	23-05	resc

MASTERS HOMMES 60

Hauteur		RC : -			
1	Van Assche Denis	32	1m40	?	?