



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

BENJAMINES FILLES (2016 2015)

BEN 40 m		RC : 7.34			
1	Mallem Maissane	16	7.84	09-12	rcg
	Neil Emma	16	7.84	03-01	avt
BEN 60 m		RC : 9.59			
1	Ouattara Azhania Imany	15	10.45	20-01	csdy
2	Neil Emma	16	11.31	20-01	csdy
3	Van Waasdijk Alexandra	16	12.09	25-11	csdy
4	Arys Julia	16	12.89	25-11	csdy
BEN 600 m		RC : 2.11.01			
1	Arys Julia	16	2.54.43	25-11	csdy
BEN Hauteur		RC : 1m10			
1	Neil Emma	16	0m80	03-01	avt
BEN Longueur		RC : 3m51			
1	Ouattara Azhania Imany	15	2m68	20-01	csdy
2	Mallem Maissane	16	2m15	09-12	rcg
3	Van Waasdijk Alexandra	16	1m95	25-11	csdy
4	Arys Julia	16	1m88	25-11	csdy
BEN Poids (1 kg)		RC : 7m71			
1	Neil Emma	16	3m80	03-01	avt
2	Mallem Maissane	16	3m30	09-12	rcg

PUPILLES FILLES (2014 2013)

PUP 60 m		RC : 8.89			
1	Strypstein Solena	13	9.18	03-02	rcg
2	Dzou Steffy Ann	13	9.28	13-01	rcg
3	Pereira Da Silva Sara	13	9.98	25-02	rcg
4	Pereira Da Silva Isabelle	13	10.11	25-02	rcg
5	Delneufcourt Marion	13	10.12	03-02	rcg
6	Roth Cecilia	13	10.22	25-02	rcg
7	Vermeir Jade	13	10.34	09-12	rcg
8	Arys Josephine	13	10.52	25-11	csdy
9	Camara Elena	14	10.60	30-12	rcg
10	Haddouch Inaya	13	10.70	09-12	rcg
11	Housiaux Lucie	14	10.83	25-11	csdy
12	Lafontaine Serena	13	10.85	25-02	rcg
13	Ghesquiere Sophie	14	10.93	25-11	csdy
14	Rifi Ayah	14	10.98	03-02	rcg
15	Braconi Carolina	14	11.28	25-02	rcg
16	Di Prima Nizet Colette	14	11.95	25-11	csdy
PUP 1000 m		RC : 3.39.11			
1	Strypstein Solena	13	3.41.51	13-01	rcg
2	Dzou Steffy Ann	13	3.52.99	09-12	rcg
3	Haddouch Inaya	13	4.01.84	09-12	rcg
4	Ghesquiere Sophie	14	4.07.59	13-01	rcg
5	Housiaux Lucie	14	4.08.00	25-11	csdy
6	Pereira Da Silva Sara	13	4.10.94	09-12	rcg
7	Pereira Da Silva Isabelle	13	4.19.42	09-12	rcg
8	Arys Josephine	13	4.20.50	25-11	csdy
9	Camara Elena	14	4.21.09	13-01	rcg
10	Vermeir Jade	13	4.21.82	09-12	rcg
11	Rifi Ayah	14	4.44.00	09-12	rcg
12	Di Prima Nizet Colette	14	4.48.95	25-11	csdy
PUP 60 m haies (68 cm)		RC : 11.12			
1	Dzou Steffy Ann	13	11.54	17-02	moha
2	Delneufcourt Marion	13	13.40	17-02	moha
3	Vermeir Jade	13	13.63	24-03	moha



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

PUP Hauteur			RC : 1m25		
1	Vermeir Jade	13	1m05	24-03	moha

PUP Longueur			RC : 4m24		
1	Strypstein Solena	13	3m61	25-02	rcg
2	Druart Andrea	13	3m37	25-02	rcg
3	Pereira Da Silva Isabelle	13	3m34	25-02	rcg
4	Pereira Da Silva Sara	13	3m26	25-02	rcg
5	Camara Elena	14	2m76	30-12	rcg
6	Vermeir Jade	13	2m83	27-01	rcg
7	Braconi Carolina	14	2m45	25-02	rcg
8	Lafontaine Serena	13	2m40	27-01	rcg
9	Roth Cecilia	13	2m21	27-01	rcg

PUP Poids (2 kg)			RC : 9m87		
1	Strypstein Solena	13	7m56	03-02	rcg
2	Dzou Steffy Ann	13	6m91	03-02	rcg
3	Arys Josephine	13	6m34	25-11	csdy
4	Pereira Da Silva Sara	13	6m18	03-02	rcg
5	Vermeir Jade	13	5m26	27-01	rcg
6	Pereira Da Silva Isabelle	13	5m10	09-12	rcg
7	Ghesquiere Sophie	14	4m60	03-02	rcg
8	Delneufcourt Marion	13	4m43	03-02	rcg
9	Di Prima Nizet Colette	14	3m82	25-11	csdy
10	Housiaux Lucie	14	3m75	25-11	csdy
11	Camara Elena	14	3m20	09-12	rcg

PUP 4 x 200 m			RC : 2.08.85		
Dzou, Strypstein, Perreira Da Silva, Perreira Da Silva			2.09.34	03-02	rcg

MINIMES FILLES (2012 2011)

MIN 60 m			RC : 8.23		
1	Schroeven Camille	11	8.60	03-02	rcg
2	Medan Ivana	12	8.64	17-03	csdy
3	Irinkova Lora	12	8.66	17-03	csdy
4	Strypstein Maeva	11	8.68	13-01	rcg
5	Popescu Raisa Gabriela	11	8.92	27-01	rcg
6	Gaajetaan Cordelia Avelyne	12	9.03	17-03	csdy
7	De Cooman Lea	11	9.05	25-11	csdy
8	Van Cappel Emma	11	9.10	17-03	csdy
9	Gerard Zoe	12	9.24	17-03	csdy
10	Gerlach Chiara	12	9.80	09-12	rcg
11	Massoud Eloise	11	9.87	17-03	rcg
12	Paques Rose	12	10.09	17-03	rcg
13	Benausse Ariane	12	10.49	09-12	rcg
14	Chebout Nour	12	10.55	17-03	rcg

MIN 150 m			RC : 20.48		
1	Schroeven Camille	11	20.60	24-02	rcg
2	Strypstein Maeva	11	21.44	09-12	rcg
3	Medan Ivana	12	21.53	27-01	rcg
4	Popescu Raisa Gabriela	11	21.55	24-02	rcg
5	De Cooman Lea	11	21.72	24-02	rcg
6	Gerard Zoe	12	23.54	27-01	rcg
7	Gerlach Chiara	12	23.98	09-12	rcg
8	Benausse Ariane	12	26.22	09-12	rcg

MIN 1000 m			RC : 3.22.63		
1	Schroeven Camille	11	3.21.15	25-11	csdy
2	Strypstein Maeva	11	3.39.45	13-01	rcg
3	Popescu Raisa Gabriela	11	3.44.81	13-01	rcg
4	Irinkova Lora	12	3.49.34	25-11	csdy
5	Gerard Zoe	12	3.53.29	13-01	rcg
6	Paques Rose	12	3.54.16	17-03	csdy
7	De Cooman Lea	11	3.56.28	23-12	rcg
8	Massoud Eloise	11	4.00.03	17-03	csdy
9	Van Cappel Emma	11	4.04.21	17-03	csdy
10	Neziri Luljeta	12	4.05.03	17-03	csdy
11	Chebout Nour	12	4.27.54	17-03	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

MIN 60 m haies (68 cm) RC : 9.62

1	Strypstein Maeva	11	10.03	25-02	rcg
2	Schroeven Camille	11	10.10	24-03	moha
3	Popescu Raisa Gabriela	11	10.47	27-01	rcg
4	De Cooman Lea	11	10.59	27-01	rcg
5	Irinkova Lora	12	10.60	25-02	rcg
6	Gaajetaan Cordelia Avelyne	12	11.20	25-02	rcg

MIN Hauteur RC : 1m55

1	De Cooman Lea	11	1m45	17-03	csdy
2	Strypstein Maeva	11	1m40	17-03	csdy
3	Popescu Raisa Gabriela	11	1m39	24-02	rcg
4	Schroeven Camille	11	1m36	24-02	rcg

MIN Longueur RC : 4m98

1	Popescu Raisa Gabriela	11	4m71	24-03	moha
2	Medan Ivana	12	4m58	17-03	csdy
3	De Cooman Lea	11	4m32	27-01	rcg
4	Strypstein Maeva	11	4m12	13-01	rcg
5	Irinkova Lora	12	4m01	17-03	csdy
6	Schroeven Camille	11	3m89	13-01	rcg
7	Gaajetaan Cordelia Avelyne	12	3m65	17-03	csdy

MIN Perche RC : 2m02

1	Strypstein Maeva	11	2m30	17-03	csdy
2	Schroeven Camille	11	2m00	17-03	csdy

MIN Poids (2 kg) RC : 11m62

1	Popescu Raisa Gabriela	11	11m83	17-03	csdy
2	Strypstein Maeva	11	10m04	25-11	csdy
3	De Cooman Lea	11	9m93	17-03	csdy
4	Schroeven Camille	11	7m31	25-11	csdy
5	Gerard Zoe	12	6m82	09-12	rcg
6	Irinkova Lora	12	6m45	03-02	rcg
7	Benausse Ariane	12	4m06	09-12	rcg

MIN 4 x 200 m RC : 1.57.33

De Cooman, Strypstein, Medan, Schroeven	1.54.74	03-02	rcg
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CADETTES FILLES (2010 2009)

CAD 60 m RC : 8.02

1	Squiflet Emelynn	10	8.02	17-03	csdy
2	Irinkova Yoanna	10	8.29	17-03	csdy
3	Radermacher Sarah	09	8.30	07-01	csdy
4	Dzou Lesly Kayla	10	8.62	25-11	csdy
5	Menama Matia Arnica Aby.	09	8.69	17-03	csdy
6	Esole Anais	10	9.12	17-03	csdy
7	Vanhemelen Joy	10	9.24	17-03	csdy
8	Mayuma Maeva	10	9.37	17-03	csdy
9	Albinovanus Alice	09	9.51	17-03	csdy
10	Mpati Kalunseyetiko Julie G	09	9.55	17-03	csdy
11	Neerscholten Nour	10	9.72	17-03	csdy
12	Lafontaine Leila	10	9.82	17-03	csdy
13	Moatassim Lilia	09	10.15	07-01	csdy
14	Rousselin Karis Delia	10	10.25	17-03	csdy

CAD 200 m RC : 26.72

1	Irinkova Yoanna	10	27.57	17-03	csdy
2	Radermacher Sarah	09	27.69	30-12	rcg
3	Menama Matia Arnica Aby.	09	28.93	17-03	csdy
4	Dzou Lesly Kayla	10	30.36	25-11	csdy
5	Esole Anais	10	30.58	17-03	csdy
6	Vanhemelen Joy	10	31.19	07-01	csdy
7	Mpati Kalunseyetiko Julie G	09	31.72	17-03	csdy
8	Lafontaine Leila	10	32.89	17-03	csdy
9	Albinovanus Alice	09	33.67	09-12	rcg
10	Rousselin Karis Delia	10	35.84	17-03	csdy

CAD 400 m RC : 60.92

1	Menama Matia Arnica Aby.	09	66.08	03-02	rcg
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

CAD 800 m		RC : 2.23.33			
1	Squiflet Emelynn	10	2.43.67	16-12	csdy
2	Radermacher Sarah	09	2.56.64	16-12	csdy
3	Dzou Lesly Kayla	10	3.09.46	16-12	csdy

CAD 1000 m		RC : 3.21.15			
1	Groffier Malak	09	3.29.21	17-03	csdy
2	Ghyoot Valentina	10	3.59.59	17-03	csdy
3	El Kaabouni Chloe	09	4.08.58	17-03	csdy

CAD 60 m haies (76 cm)		RC : 9.13			
1	Squiflet Emelynn	10	9.13	13-01	csdy
2	Radermacher Sarah	09	9.79	20-01	csdy
4	Dzou Lesly Kayla	10	10.71	17-02	moha
3	Irinkova Yoanna	10	11.31	20-01	csdy

CAD Hauteur		RC : 1m63			
1	Radermacher Sarah	09	1m48	10-02	rcg
	Squiflet Emelynn	10	1m48	16-12	csdy
3	Dzou Lesly Kayla	10	1m35	17-03	csdy

CAD Longueur		RC : 5m41			
1	Squiflet Emelynn	10	5m48	07-01	csdy
2	Radermacher Sarah	09	4m45	10-02	rcg
3	Dzou Lesly Kayla	10	4m21	16-12	csdy
4	Vanhemelen Joy	10	4m05	17-03	csdy
5	Irinkova Yoanna	10	3m93	07-01	csdy
6	Neerscholten Nour	10	3m83	17-03	csdy
7	Albinovanus Alice	09	3m40	17-02	moha
8	Mayuma Maeva	10	3m06	07-01	csdt

CAD Triple saut		RC : 11m64			
1	Radermacher Sarah	09	9m71	20-01	csdy

CAD Poids (3 kg)		RC : 14m62			
1	Dzou Lesly Kayla	10	10m49	17-03	csdy
2	Squiflet Emelynn	10	10m20	16-12	csdy
3	Mayuma Maeva	10	9m06	07-01	csdy
4	Radermacher Sarah	09	8m14	10-02	rcg
5	Albinovanus Alice	09	6m96	17-02	moha

CAD Pentathlon		RC : 3168 p			
1	Squiflet Emelynn	10	3108 p	16-12	csdy
2	Radermacher Sarah	09	2430 p	16-12	csdy
3	Dzou Lesly Kayla	10	2034 p	16-12	csdy

CAD 4 x 200 m		RC : 1.55.27			
Irinkova, Radermacher, Dzou, Squiflet			1.51.77	17-03	csdy

SCOLAIRES FEMMES (2008 2007)

SCO 60 m		RC : 7.92			
1	Cornali Nora	08	8.36	13-01	csdy
2	Sanchez Elisa	07	8.49	18-02	haki
3	Palalic Lena	08	8.59	09-12	rcg
4	Gerard Emma	08	9.06	25-11	csdy
5	Wyczynski Nathalia	07	9.39	17-03	csdy
6	Mayuma Marie	08	9.41	25-11	csdy
7	Mubarik Inaya	08	9.63	25-11	csdy
8	Bal Neda	07	11.32	25-11	csdy

SCO 200 m		RC : 25.61			
1	Cornali Nora	08	27.56	13-01	csdy
2	Palalic Lena	08	28.71	09-12	rcg
3	Deneyer Delphine	08	30.57	20-01	csdy
4	Sandron Elise	08	32.41	20-01	csdy
5	Wyczynski Nathalia	07	34.36	28-01	csdy
6	Bal Neda	07	41.12	25-11	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

SCO 400 m		RC : 58.05			
1	Lopez Gonzalez Chrystal	08	64.31	28-01	csdy
2	Deneyer Delphine	08	76.09	07-01	csdy
SCO 60 m haies (76 cm)		RC : 8.78			
1	Mjahed Maya	07	10.24	07-01	csdy
2	Deneyer Delphine	08	11.54	20-01	csdy
SCO Hauteur		RC : 1m65			
1	Mjahed Maya	07	1m40	16-12	csdy
2	Sandron Elise	08	1m20	07-01	csdy
SCO Longueur		RC : 5m66			
1	Gerard Emma	08	4m58	28-01	csdy
2	Mayuma Marie	08	4m39	07-01	csdy
SCO Triple saut		RC : 11m90			
1	Gerard Emma	08	10m12	20-01	csdy
SCO Poids (3 kg)		RC : 14m62			
1	Mayuma Marie	08	12m89	07-01	csdy
2	Mjahed Maya	07	10m28	16-12	csdy
SCO 4 x 200 m		RC : 1.47.49			
Palalic, Gerard, Mjahed, Cornali		1.55.52		13-01	csdy

JUNIORS FEMMES (2006 2005)

JUN 60 m		RC : 7.73			
1	Bahaid Salma	05	8.28	20-01	csdy
2	Dennison Chrystal	05	8.73	20-01	csdy
3	Kubiak Joanna	06	8.98	07-01	csdy
JUN 200 m		RC : 24.80			
1	Bahaid Salma	05	27.85	20-01	csdy
2	Tshibangu Jessy	06	28.76	07-01	csdy
3	Dennison Chrystal	05	28.89	20-01	csdy
4	Kubiak Joanna	06	31.41	20-01	csdy
JUN 800 m		RC : 2.09.93			
1	Kägu Gerta	05	2.22.90	03-03	csdy
JUN 60 m haies (84 cm)		RC : 8.82			
1	Kubiak Joanna	06	11.78	20-01	csdy
JUN Hauteur		RC : 1m65			
1	Lepere Lola	05	1m55	11-02	FRA
JUN Perche		RC : 4m10			
1	Lepere Lola	05	4m10	22-12	LUX
JUN Poids (4 kg)		RC : 13m27			
1	Mathieu Julia	05	12m81	14-01	FRA

ESPOIRS FEMMES (2004 - 2003 2002)

ESP 60 m		RC : 7.19			
1	Oulare Mariam	02	7.45	27-01	csdy
2	Ndjip Nyemeck Yanla	02	7.55	10-02	USA
3	Lucas Clara	04	8.52	20-01	csdy
4	Cole Anne Ramon	04	8.56	03-03	csdy
ESP 200 m		RC : 24.21			
1	Ndjip Nyemeck Yanla	02	23.91	09-02	USA
2	Thery Demarque Lea	03	23.94	02-03	FRA
3	Oulare Mariam	02	24.18	27-01	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

ESP 400 m		RC : 54.79			
1	Schoemaker Liefde	02	54.94	03-03	csdy
	Thery Demarque Lea	03	54.94	10-02	FRA
ESP 60 m haies (84 cm)		RC : 8.01			
1	Ndjip Nyemeck Yanla	02	8.12	10-02	USA
ESP Longueur		RC : 5m90			
1	Lucas Clara	04	5m46	03-03	csdy
ESP Triple saut		RC : 12m61			
1	Lucas Clara	04	11m02	03-03	csdy

SENIORS FEMMES (2004 1990)

SEN 60 m		RC : 7.19			
1	Nkansa Delphine	01	7.18	11-02	FRA
2	Oulare Mariam	02	7.45	27-01	csdy
3	Ndjip Nyemeck Yanla	02	7.55	10-02	USA
4	Morency Poilvache Alizee	98	7.68	07-01	csdy
5	Lucas Clara	04	8.52	20-01	csdy
6	Cole Anne Ramon	04	8.56	03-03	csdy
7	Binta Bah Yaye	97	9.12	30-12	rcg
SEN 200 m		RC : 24.16			
1	Ndjip Nyemeck Yanla	02	23.91	09-02	USA
2	Thery Demarque Lea	03	23.94	02-03	FRA
3	Oulare Mariam	02	24.18	27-01	csdy
4	Binta Bah Yaye	97	30.54	30-12	rcg
SEN 400 m		RC : 53.66			
1	Schoemaker Liefde	02	54.94	03-03	csdy
	Thery Demarque Lea	03	54.94	10-02	FRA
3	Badji Jalika	96	57.15	27-01	csdy
SEN 1500 m		RC : 4.18.20			
1	Pinter Eline	96	4.34.95	27-01	csdy
SEN Mile		RC : 4.55.09			
1	Pinter Eline	96	4.55.47	09-02	USA
SEN 3000 m		RC : 9.51.30			
1	Pinter Eline	96	9.42.25	03-02	FRA
SEN 60 m haies (84 cm)		RC : 7.98			
1	Ndjip Nyemeck Yanla	02	8.12	10-02	USA
2	Zagre Anne	90	8.14	28-01	FRA
SEN Longueur		RC : 6m08			
1	Guisse Saliyya	96	6m02	27-01	csdy
2	Lucas Clara	04	5m46	03-03	csdy
SEN Triple saut		RC : 13m17			
1	Guisse Saliyya	96	13m35	20-01	csdy
2	Lucas Clara	04	11m02	03-03	csdy
SEN Perche		RC : 4m33			
1	Van De Sype Chloe	97	3m14	10-03	usta
SEN Poids (4 kg)		RC : 14m60			
1	Van De Sype Chloe	97	8m93	07-01	csdy

MASTERS FEMMES 50

W50 Poids (3 kg)		RC : -			
1	Cardenas Ojito Janet	73	7m83	24-02	csdy
W50 Poids (4 kg)		RC : -			
1	Cardenas Ojito Janet	73	6m65	25-11	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

MASTERS FEMMES 55

W55 60 m		RC : 9.15			
1	Boonaert Caroline	64	9.14	24-02	csdy
W55 200 m		RC : 31.30			
1	Boonaert Caroline	64	31.15	24-02	csdy

BENJAMINS GARÇONS (2016 2015)

BEN 40 m		RC : 7.01			
1	Moutha Sebtaoui Naïm	15	6.74	03-01	avt
2	Boufous Issa	16	7.54	09-12	rcg
3	Ben Taieb Mehdi	16	8.04	09-12	rcg
4	Mievis Robin	16	8.14	09-12	rcg
BEN 60 m		RC : 9.56			
1	Moutha Sebtaoui Naïm	15	9.55	24-03	moha
2	Schils Thomas	16	10.85	25-11	csdy
BEN 600 m		RC : 2.16.01			
1	Schils Thomas	16	2.13.81	25-11	csdy
2	Moutha Sebtaoui Naïm	15	2.20.14	25-11	csdy
BEN Hauteur		RC : 1m16			
1	Moutha Sebtaoui Naïm	15	0m90	03-01	avt
BEN Longueur		RC : 3m67			
1	Moutha Sebtaoui Naïm	15	3m22	24-03	moha
2	Schils Thomas	16	2m70	25-11	csdy
3	Mievis Robin	16	2m20	09-12	rcg
4	Ben Taieb Mehdi	16	1m95	09-12	rcg
5	Boufous Issa	16	1m85	09-12	rcg
BEN Poids (1 kg)		RC : 9m08			
1	Moutha Sebtaoui Naïm	15	6m30	03-01	avt
2	Ben Taieb Mehdi	16	4m40	09-12	rcg
3	Boufous Issa	16	4m00	09-12	rcg
4	Mievis Robin	16	3m00	09-12	rcg

PUPILLES GARÇONS (2014 2013)

PUP 60 m		RC : 8.70			
1	Obami Omerovic Julian	14	9.98	25-02	rcg
2	Van Waasdijk Raphael	13	10.34	25-11	csdy
3	Hordies Django	14	10.51	25-02	rcg
	Marchal Noam	13	10.51	25-02	rcg
5	De Heug Elliot	13	10.91	20-01	csdy
6	Fumier Thomas	14	11.29	09-12	rcg
7	Mievis Axel	13	11.81	09-12	rcg
PUP 1000 m		RC : 3.18.11			
1	Naif Chevalier Hugo	14	4.04.29	09-12	rcg
2	Van Waasdijk Raphael	13	4.13.54	25-11	csdy
3	Marchal Noam	13	4.19.59	25-11	csdy
4	De Heug Elliot	13	4.23.37	25-11	csdy
5	Mievis Axel	13	4.08.75	09-12	rcg
PUP 60 m haies (68 cm)		RC : -			
1	Marchal Noam	13	12.89	25-02	rcg
2	De Heug Elliot	13	14.35	25-02	rcg
PUP Hauteur		RC : 1m44			
1	De Heug Elliot	13	0m95	20-01	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

PUP Longueur		RC : 4m33			
1	Naif Chevalier Hugo	14	3m00	09-12	rcg
	Van Waasdijk Raphael	13	3m00	25-11	csdy
3	Marchal Noam	13	2m88	25-11	csdy
4	De Heug Elliot	13	2m94	10-03	usta
5	Hendrichs Arthur	13	2m78	10-03	usta
6	Mievis Axel	13	2m59	09-12	rcg
7	Fumier Thomas	14	2m21	09-12	rcg

PUP Poids (2 kg)		RC : 10m01			
1	Hendrichs Arthur	13	7m07	10-03	usta
2	Marchal Noam	13	6m17	25-02	rcg
2	De Heug Elliot	13	5m12	10-03	usta
3	Fumier Thomas	14	4m40	25-02	rcg
	Obami Omerovic Julian	14	4m40	25-02	rcg

PUP 4 x 200 m		RC : 2.09.95			
Marchal, De Heug, Obami Omerovic, Hordies		2.31.31		25-02	rcg

MINIMES GARÇONS (2012 2011)

MIN 60 m		RC : 7.88			
1	Boubala Eden Guy	11	8.62	25-02	rcg
2	Chekem Amon Re	11	8.71	25-02	rcg
3	Juvyns Benjamin	11	9.13	03-02	rcg
4	Ghesquiere Alexandre	11	9.19	03-02	rcg
5	Smidts Carl	11	9.20	17-03	csdy
6	Dogru Ilian	12	9.53	09-12	rcg
7	Mievis Lionel	11	9.57	09-12	rcg
8	Albinovanus Elliott	11	9.65	17-03	csdy
9	Marchal Matthys	11	9.88	17-03	csdy
10	Bellaari Nawfel	11	9.93	25-02	rcg
11	Arokium Sacha	11	9.96	25-02	rcg
12	Neerscholten Amos	12	10.10	13-01	rcg
13	Marchal Matthys	11	10.26	25-02	rcg
14	Rella Ricardo	12	10.44	09-12	rcg
15	Vanderveken Laszlo	12	10.93	25-02	rcg

MIN 150 m		RC : 19.59			
1	Boubala Eden Guy	11	21.85	09-12	rcg
2	Chekem Amon Re	11	22.00	30-12	rcg
3	Juvyns Benjamin	11	22.26	24-02	rcg
4	Mievis Lionel	11	23.62	09-12	rcg
5	Dogru Ilian	12	24.11	09-12	rcg
6	Neerscholten Amos	12	25.03	09-12	rcg
7	Albinovanus Elliott	11	25.03	09-12	rcg
8	Arokium Sacha	11	25.31	09-12	rcg
9	Rella Ricardo	12	25.89	09-12	rcg

MIN 1000 m		RC : 3.07.08			
1	Chekem Amon Re	11	3.16.59	17-03	csdy
2	Juvyns Benjamin	11	3.34.51	13-01	rcg
3	Neerscholten Amos	12	3.39.81	17-03	csdy
4	Ghesquiere Alexandre	11	3.44.84	25-11	csdy
5	Boubala Eden Guy	11	3.46.20	25-11	csdy
6	Marchal Matthys	11	3.47.72	25-11	csdy
7	Arokium Sacha	11	4.00.89	13-01	rcg
8	Rella Ricardo	12	4.10.88	17-03	csdy
9	Vanderveken Laszlo	12	4.39.41	17-03	csdy

MIN 60 m haies (76 cm)		RC : 10.20			
1	Boubala Eden Guy	11	11.25	23-12	rcg
2	Dogru Ilian	12	12.55	23-02	rcg
	Mievis Lionel	11	12.55	23-02	rcg
4	Marchal Matthys	11	12.72	23-02	rcg
5	Chekem Amon Re	11	16.11	23-02	rcg

MIN Hauteur		RC : 1m62			
1	Ghesquiere Alexandre	11	1m35	17-03	csdy
2	Juvyns Benjamin	11	1m25	17-03	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

MIN Longueur		RC : 5m14			
1	Juvyns Benjamin	11	3m80	03-02	rcg
2	Dogru Ilian	12	3m59	09-12	rcg
3	Neerscholten Amos	12	3m57	17-03	csdy
4	Chekem Amon Re	11	3m53	23-12	rcg
5	Ghesquiere Alexandre	11	3m52	03-02	rcg
6	Albinovanus Eliott	11	3m45	09-12	rcg
7	Marchal Matthys	11	3m44	17-03	csdy
8	Philips Raphael	11	3m39	17-03	csdy
9	Arokium Sacha	11	3m33	09-12	rcg
10	Mievis Lionel	11	3m30	03-02	rcg
11	Boubala Eden Guy	11	3m18	17-03	csdy
12	Rella Ricardo	12	3m09	09-12	rcg
13	Neerscholten Amos	12	2m10	09-12	rcg

MIN Perche		RC : 2m60			
1	Philips Raphael	11	1m70	17-03	csdy

MIN Poids (3 kg)		RC : 13m94			
1	Chekem Amon Re	11	8m39	25-02	rcg
2	Ghesquiere Alexandre	11	7m21	13-01	rcg
3	Smidts Carl	11	6m78	17-03	csdy
4	Marchal Matthys	11	6m36	25-02	rcg
5	Dogru Ilian	12	6m25	25-02	rcg
6	Albinovanus Eliott	11	5m78	17-02	moha
7	Arokium Sacha	11	5m60	25-02	rcg
8	Vanderveken Laszlo	12	5m52	25-02	rcg
9	Bellaari Nawfel	11	5m07	25-02	rcg
10	Mievis Lionel	11	4m94	25-02	rcg

MIN 4 x 200 m		RC : 1.59.25			
Chekem, Juvyns, Boubala, Ghesquiere		1.58.85	17-03	csdy	

CADETS GARÇONS (2010 2009)

CAD 60 m		RC : 7.20			
1	Soeiro Moreno Alexandre	09	8.10	25-11	csdy
2	Kubiak Joachim	09	8.17	17-02	moha
3	Ntambwe Tshilumbay Owen	09	8.51	17-03	csdy
4	Lacroix Arthur	10	8.55	17-03	csdy
5	Philips Bastien	09	8.60	17-03	csdy
6	Neili Fares	10	8.61	17-03	csdy
7	El Azhari Abdelaziz	10	8.62	17-03	csdy
8	Hakizimana Ramazani	10	9.07	17-03	csdy
9	Theyskens Alexis	10	9.36	25-11	csdy
10	Thonon Gaston	10	9.64	17-03	csdy
11	Xhonneux Raphael	10	9.77	25-11	csdy
12	Devoldere Contesse Mattis	10	9.81	17-03	csdy

CAD 200 m		RC : 23.68			
1	Delneufcourt Hugo	09	27.06	17-03	csdy
	Delneufcourt Noah	09	27.06	17-03	csdy
3	Kubiak Joachim	09	27.25	07-01	csdy
4	El Azhari Abdelaziz	10	27.53	17-03	csdy
5	Philips Bastien	09	28.13	25-11	csdy
6	Hakizimana Ramazani	10	31.31	17-03	csdy
7	Thonon Gaston	10	33.01	17-03	csdy
8	Devoldere Contesse Mattis	10	33.27	17-03	csdy
9	Xhonneux Raphael	10	34.99	17-03	csdy

CAD 800 m		RC : 2.04.20			
1	Longo Murit Mateo	09	2.02.99	28-01	csdy
2	Arys Luca	10	2.44.01	07-01	csdy

CAD 1000 m		RC : 2.52.82			
1	Longo Murit Mateo	09	2.42.49	17-03	csdy
2	Soeiro Moreno Alexandre	09	3.15.80	16-12	csdy
3	Kubiak Joachim	09	3.29.34	16-12	csdy
4	El Youssef Sami	09	3.38.72	17-03	csdy
5	Arys Luca	10	3.39.19	17-03	csdy
6	Theyskens Alexis	10	3.43.51	17-03	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

CAD 60 m haies (84 cm) RC : 9.68

1	Soeiro Moreno Alexandre	09	9.53	13-01	csdy
2	Kubiak Joachim	09	9.58	02-03	rcg

CAD Hauteur RC : 1m77

1	Lacroix Arthur	10	1m60	17-03	csdy
2	Kubiak Joachim	09	1m55	16-12	csdy
3	Soeiro Moreno Alexandre	09	1m50	11-02	rcg
4	Neili Fares	10	1m40	07-01	csdy

CAD Longueur RC : 6m19

1	Soeiro Moreno Alexandre	09	5m24	17-03	csdy
2	Kubiak Joachim	09	4m78	16-12	csdy
3	Theyskens Alexis	10	3m71	17-03	csdy
4	Arys Luca	10	3m68	25-11	csdy
5	Xhonneux Raphael	10	3m50	25-11	csdy

CAD Triple saut RC : 12m66

1	Kubiak Joachim	09	10m42	02-03	rcg
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CAD Perche RC : 3m36

1	Soeiro Moreno Alexandre	09	3m00	13-01	csdy
3	Delneufcourt Noah	09	2m90	13-01	csdy
2	Delneufcourt Hugo	09	2m70	17-03	csdy
	Kubiak Joachim	09	2m70	17-02	moha
5	Arys Luca	10	2m10	17-03	csdy
6	Philips Bastien	09	1m89	17-12	csdy

CAD Poids (4 kg) RC : 14m30

1	Soeiro Moreno Alexandre	09	10m04	10-02	rcg
2	Philips Bastien	09	9m06	17-03	csdy
3	Neili Fares	10	8m43	17-03	csdy
4	Kubiak Joachim	09	7m47	16-12	csdy

CAD Hexathlon RC : 3374 p

1	Soeiro Moreno Alexandre	09	2624 p	11-02	rcg
2	Kubiak Joachim	09	2107 p	16-12	csdy

CAD 4 x 200 m RC : 1.38.87

Soeiro M., Delneufcourt, Delneufcourt, Kubiak	1.45.72	17-03	csdy
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SCOLAIRES HOMMES (2008 – 2007)

SCO 60 m RC : 6.99

1	Hanrion Gaspar	07	7.36	17-03	csdy
2	Petit Noa	08	7.41	02-03	rcg
3	Tshanga Diumba John Ross	07	7.49	23-12	rcg
4	Onanga Kevin	07	7.52	13-01	csdy
5	Atangana Aymerick	07	7.53	17-03	csdy
6	Verleyen Jakob	08	7.59	28-01	csdy
7	Mukendi-Kalonji Rodrigue	07	7.72	30-12	rcg
8	De Wolf Thomas	08	7.74	07-01	rcg
9	Bah Ibrahim	07	7.80	17-03	csdy
10	Soudon Jules	08	7.86	17-03	csdy
11	Van Gulck Birkett Julian	08	7.93	17-02	moha
12	Thys Rafael	07	7.97	17-03	csdy
13	Charlier Luca	07	7.98	17-03	csdy
14	Ezzeddine Adam	07	8.05	17-03	csdy
15	Kimyongur Nidal	08	8.08	17-03	csdy
16	Attout Charles	07	8.15	23-12	rcg

SCO 200 m RC : 22.33

1	Hanrion Gaspar	07	23.16	28-01	csdy
2	Tshanga Diumba John Ross	07	23.88	13-01	csdy
3	Verleyen Jakob	08	24.26	28-01	csdy
4	Petit Noa	08	24.36	07-01	csdy
5	De Wolf Thomas	08	24.90	13-01	csdy
6	Onanga Kevin	07	25.32	07-01	csdy
7	Atangana Aymerick	07	25.36	28-01	csdy
8	Mukendi-Kalonji Rodrigue	07	25.46	07-01	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

9	Soudon Jules	08	25.48	07-01	csdy
10	Attout Charles	07	26.70	23-12	rcg

SCO 400 m		RC : 51.41			
1	Verleyen Jakob	08	51.79	09-03	csdy
2	Tshanga Diumba John Ross	07	52.56	02-03	rcg
3	Charlier Luca	07	58.74	28-01	csdy
4	Mukendi Kalonji Rodrigue	07	59.56	28-01	csdy
5	Van Mossevelde Sami	07	59.83	07-01	csdy

SCO 800 m		RC : 1.56.95			
1	Kimyongur Nidal	08	2.11.35	28-01	csdy
2	Charlier Luca	07	2.17.14	07-01	csdy

SCO 1000 m		RC : 2.39.78			
1	Coppy Kenneth	08	3.15.51	16-12	csdy

SCO 60 m haies (91 cm)		RC : 7.78			
1	Van Mossevelde Sami	07	9.77	17-02	moha
2	Coppy Kenneth	08	10.04	16-12	csdy

SCO Hauteur		RC : 1m99			
1	Coppy Kenneth	08	1m76	16-12	csdy
	Gomree Aaron	08	1m76	07-01	csdy
3	Thys Rafael	07	1m45	17-02	moha

SCO Longueur		RC : 7m18			
1	Petit Noa	08	5m78	13-01	csdy
2	Van Gulck Birkett Julian	08	5m75	10-03	usta
3	Coppy Kenneth	08	5m25	16-12	csdy
4	Thys Rafael	07	4m98	25-11	csdy
5	Paques Jean	08	3m92	07-01	csdy

SCO Triple saut		RC : 15m04			
1	Van Den Brempt Mathis	07	12m12	13-01	csdy

SCO Perche		RC : 4m40			
1	Van Gulck Birkett Julian	08	3m60	13-01	csdy
2	Soudon Jules	08	3m09	17-12	csdy
3	Van Mossevelde Sami	07	2m81	07-01	csdy
4	Thys Rafael	07	2m48	17-12	csdy

SCO Poids (5 kg)		RC : 14m55			
1	Coppy Kenneth	08	9m36	16-12	csdy
2	Soudon Jules	08	8m87	10-03	usta

SCO Pentathlon		RC : -			
1	Coppy Kenneth	08	2524 p	16-12	csdy

SCO 4 x 200 m		RC : 1.34.65			
Hanrion, Verleyen, Tshanga, Petit			1.35.25	13-01	csdy

JUNIORS HOMMES (2006 2005)

JUN 60 m		RC : 6.91			
1	Labruyere Maxime	06	7.62	07-01	csdy
2	Nzimbi Mathys	06	7.76	28-01	csdy

JUN 200 m		RC : 21.74			
1	Labruyere Maxime	06	23.80	03-03	csdy

JUN 400 m		RC : 49.63			
1	Biala Kenny Felder	05	51.54	27-01	csdy

JUN 800 m		RC : 1.56.95			
1	Aouragh Reda	06	1.57.74	03-02	rcg

JUN 1500 m		RC : 4.03.61			
1	Aouragh Reda	06	4.02.18	03-03	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

JUN 3000 m		RC : 8.37.86			
1	Aouragh Reda	06	8.39.33	27-01	csdy

JUN Perche		RC : 4m70			
1	Grondel Alexandre	05	3m84	17-12	csdy

ESPOIRS HOMMES (2004 – 2003 2002)

ESP 60 m		RC : 6.76			
1	Medan Marko	03	7.20	03-02	rcg
2	Domine Guillaume	04	7.28	07-01	csdy
3	Arifi Ilias	04	7.48	10-02	rcg

ESP 200 m		RC : 21.50			
1	Medan Marko	03	22.94	23-02	rcg
2	Domine Guillaume	04	23.16	03-03	csdy

ESP 800 m		RC : 1.48.92			
1	Beyaert Corentin	02	2.05.35	23-02	rcg

ESP 60 m haies (106 cm)		RC : 7.81			
1	Arifi Ilias	04	8.58	27-01	csdy

ESP Longueur		RC : 7m63			
1	Arifi Ilias	04	6m36	13-01	rcg

ESP Perche		RC : 5m00			
1	Arifi Ilias	04	4m21	07-01	csdy

ESP Poids (7,26 kg)		RC : 14m84			
1	Montilla Alexis	02	10m61	07-01	csdy
2	Arifi Ilias	04	9m93	10-02	rcg

SENIORS HOMMES (2004 1990)

SEN 60 m		RC : 6.56			
1	Kasmi Amine	00	6.89	09-02	USA
2	Owusu Dylan	97	7.01	30-12	rcg
3	Tshitwenu Florian	97	7.07	25-02	ds
4	Kapenda Raphael	98	7.09	18-02	csdy
5	Medan Marko	03	7.20	03-02	rcg
6	Domine Guillaume	04	7.28	07-01	csdy
7	Nutte Jean Baptiste	98	7.37	20-01	FRA
8	Tourtois Charles	01	7.42	17-02	FRA
9	Arifi Ilias	04	7.48	10-02	rcg
10	Hadj Faraji Ridwan	98	7.66	30-12	rcg

SEN 200 m		RC : 21.14			
1	Sissoko Fode	96	21.31	27-01	csdy
2	Kasmi Amine	00	21.47	09-02	USA
3	Owusu Dylan	97	21.99	30-12	rcg
4	Medan Marko	03	22.94	23-02	rcg
5	Domine Guillaume	04	23.16	03-03	csdy

SEN 400 m		RC : 46.95			
1	Segers Daniel	01	47.53	18-02	csdy
2	Badji Asamti	95	48.36	27-01	csdy
3	Lins Sebastien	92	50.05	27-01	csdy
4	Ilunga Carl	93	52.92	07-01	csdy

SEN 800 m		RC : 1.48.65			
1	Beyaert Corentin	02	2.05.35	23-02	rcg

SEN 1000 m		RC : 2.30.02			
1	Nutte Jean Baptiste	98	3.04.98	20-01	FRA

SEN 1500 m		RC : 3.40.73			
1	Petitjean Simon	96	4.04.89	18-02	csdy



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

SEN 3000 m RC : 8.01.58

1	Heymans John	98	7.41.59	10-02	FRA
2	Celis Julien	98	8.27.28	27-01	csdy
3	Petitjean Simon	96	8.58.05	23-02	rcg

SEN 5000 m RC : -

1	Heymans John	98	13.03.46	26-01	USA
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SEN 60 m haies (106 cm) RC : 7.68

1	Caty Dylan	97	8.08	03-02	FRA
2	Arifi Ilias	04	8.58	27-01	csdy
3	Nutte Jean Baptiste	98	8.61	20-01	FRA
4	Tourtois Charles	01	8.62	27-01	csdy

SEN Hauteur RC : 2m21

1	Gamuela Ngamunguela Jos	98	2m10	27-01	csdy
2	Nutte Jean Baptiste	98	1m96	20-01	FRA
3	Tourtois Charles	01	1m83	17-02	FRA

SEN Longueur RC : 7m79

1	Campagne Tom	00	8m00	11-02	FRA
2	Nutte Jean Baptiste	98	6m87	20-01	FRA
3	Arifi Ilias	04	6m36	13-01	rcg
4	Geerts Gregory	99	6m11	07-01	csdy
5	Tourtois Charles	01	5m95	17-02	FRA

SEN Perche RC : 5m10

1	Lanotte Baptiste	98	4m81	07-01	csdy
2	Arifi Ilias	04	4m21	07-01	csdy
	Nutte Jean Baptiste	98	4m21	07-01	csdy
4	Montilla Dimitri	98	4m16	28-01	csdy
5	Tourtois Charles	01	4m00	18-02	FRA

SEN Poids (7,26 kg) RC : 15m87

1	Guillaume Jonathan	92	15m96	27-01	csdy
2	Nutte Jean Baptiste	98	15m30	27-01	csdy
3	Tourtois Charles	01	12m11	03-02	ds
4	Montilla Alexis	02	10m61	07-01	csdy
5	Arifi Ilias	04	9m93	10-02	rcg

SEN Heptathlon RC : 5720 p

1	Nutte Jean Baptiste	98	5110 p	20-01	FRA
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SEN 4 x 200 m RC : 1.27.16

Mabille, Badji, Owusu, Lins	1.28.31	03-02	rcg
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MASTERS HOMMES 35

M35 50 m RC : -

1	Piette Gaetan	85	6.97	06-01	LUX
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M35 60 m RC : 7.54

1	Piette Gaetan	85	8.14	06-01	LUX
2	Vandenhoven Vincent	85	8.25	16-03	USA

M35 150 m RC : -

1	Piette Gaetan	85	20.16	16-12	LUX
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M35 200 m RC : 22.13

1	Vandenhoven Vincent	85	27.03	17-03	USA
2	Piette Gaetan	85	27.26	26-12	rcg

M35 300 m RC : 39.76

1	Piette Gaetan	85	43.62	16-12	LUX
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M35 400 m RC : 53.37

1	Vandenhoven Vincent	85	59.98	16-03	USA
2	Piette Gaetan	85	60.30	17-03	POL



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

M35 800 m		RC : 2.05.66			
1	Vandenhoven Vincent	85	2.20.48	16-03	USA
2	Piette Gaetan	85	2.21.92	07-01	csdy
M35 1000 m		RC : 2.37.41			
1	Vandenhoven Vincent	85	2.57.52	11-02	rcg
2	Piette Gaetan	85	3.09.57	20-03	POL
M35 1500 m		RC : 4.11.35			
1	Vandenhoven Vincent	85	5.00.63	17-03	USA
2	Piette Gaetan	85	5.16.62	22-03	POL
M35 2000 m		RC : -			
1	Piette Gaetan	85	7.29.85	22-12	LUX
M35 3000 m		RC : -			
1	Vandenhoven Vincent	85	11.02.55	16-03	USA
M35 5000 m		RC : -			
1	Vandenhoven Vincent	85	20.27.41	17-03	USA
M35 60 m haies (99 cm)		RC : 7.97			
1	Vandenhoven Vincent	85	9.35	11-02	rcg
2	Piette Gaetan	85	11.16	24-02	csdy
M35 60 m haies (106 cm)		RC : -			
1	Vandenhoven Vincent	85	9.54	17-03	USA
M35 Hauteur		RC : 1m84			
1	Vandenhoven Vincent	85	1m67	11-02	rcg
2	Piette Gaetan	85	1m33	20-03	POL
M35 Longueur		RC : 5m80			
1	Vandenhoven Vincent	85	5m46	17-12	moha
2	Piette Gaetan	85	4m61	20-03	POL
M35 Triple saut		RC : 13m76			
1	Vandenhoven Vincent	85	11m92	17-03	USA
M35 Perche		RC : -			
1	Vandenhoven Vincent	85	3m60	28-01	csdy
M35 Poids (7,26 kg)		RC : 13m70			
1	Vandenhoven Vincent	85	12m39	17-12	moha
2	Piette Gaetan	85	8m55	20-03	POL
M35 Grand poids (15,88 kg)		RC : -			
1	Vandenhoven Vincent	85	9m38	17-03	USA
2	Piette Gaetan	85	8m09	21-03	POL
M35 Pentathlon		RC : 2075 p			
1	Vandenhoven Vincent	85	2977 p	11-02	rcg
2	Piette Gaetan	85	1912 p	20-03	POL
M35 3000 m marche		RC : -			
1	Piette Gaetan	85	20.21.85	18-03	POL
M35 5000 m marche		RC : 28.29.76			
1	Piette Gaetan	85	31.10.07	18-02	csdy
M35 Tetradeathlon		RC : -			
1	Vandenhoven Vincent	85	7206 p	17-03	USA

PARA MASTERS HOMMES 60

M60 Poids (6 kg)		RC : 6m26			
1	Denys Jacques	59	5m21	17-12	rcg



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2024

MASTERS HOMMES 60

M60 60 m			RC : 8.74		
1	Maniquet Rudi	61	8.65	24-02	csdy

M60 200 m			RC : 29.06		
1	Maniquet Rudi	61	27.79	24-02	csdy