



**ROYAL EXCELSIOR SPORTS CLUB BRUXELLES**  
**OUTDOOR 2008**

**BENJAMINES FILLES (2000 - 1999)**

60 m				
		RC : 9.30		
1	Dekock Ines	99	11.15	04-05 resc
2	Lombardero Clara	00	11.44	04-05 resc
3	Aasoum Oumaya	00	11.88	24-05 csf
4	Ahrouch Sarah	99	13.35	04-05 resc
1000 m				
		RC : 3.48.40		
1	Aasoum Oumaya	00	4.34.22	24-05 csf
2	Lombardero Clara	00	5.01.69	12-04 csf
3	Ahrouch Sarah	99	5.33.37	12-04 csf
Hauteur				
		RC : 1m18		
1	Dekock Ines	99	0m85	04-04 resc
Longueur				
		RC : 3m88		
1	Dekock Ines	99	2m71	04-04 resc
2	Lombardero Clara	00	2m63	24-05 csf
3	Aasoum Oumaya	00	2m26	24-05 csf
4	Ahrouch Sarah	99	2m14	12-04 csf
Poids (1 kg)				
		RC : 8m63		
1	Dekock Ines	99	6m42	12-04 csf
2	Ahrouch Sarah	99	5m09	12-04 csf
Balle de hockey				
		RC : 28m96		
1	Aasoum Oumaya	00	11m87	24-05 csf
Tetrathlon				
		RC : 1505 p		
1	Aasoum Oumaya	00	371 p	24-05 csf

**PUPILLES FILLES (1998 - 1997)**

60 m				
		RC : 8.74		
1	Van Der Veken Cindy	97	9.05	20-09 lier
2	Van Der Veken Noemie	97	9.23	15-08 vs
3	Akasri Firdaous	97	9.42	24-05 csf
4	Lecomte Christina	98	9.57	21-06 dacm
5	Van De Sype Chloe	97	9.64	23-08 vac
6	Spors Gabrielle	98	10.05	06-10 resc
7	Nicodeme Maelle	97	10.07	24-05 csf
8	Montilla Morgane	98	10.16	18-10 ws
1000 m				
		RC : 3.27.87		
1	Montilla Morgane	98	3.49.68	12-07 lebb
2	Van De Sype Chloe	97	3.56.25	14-06 vac
3	Lecomte Christina	98	3.58.01	06-10 resc
4	Van Der Veken Noemie	97	4.02.62	03-05 rcas
5	Akasri Firdaous	97	4.02.99	24-05 csf
6	Van Der Veken Cindy	97	4.13.71	03-05 rcas
7	Nicodeme Maelle	97	4.24.16	24-05 csf
8	Spors Gabrielle	98	4.46.78	06-10 resc
60 m haies (76 cm)				
		RC : 11.04		
1	Van De Sype Chloe	97	11.81	31-08 ws
2	Van Der Veken Noemie	97	11.88	31-08 ws
3	Lecomte Christina	98	12.74	04-05 resc
4	Van Der Veken Cindy	97	12.97	01-06 vs
5	Nicodeme Maelle	97	14.33	30-08 spvi
6	Montilla Morgane	98	15.02	22-06 rcb
7	Spors Gabrielle	98	17.08	31-08 ws
Hauteur				
		RC : 1m31		
1	Van Der Veken Noemie	97	1m31	07-06 spvi
2	Van De Sype Chloe	97	1m25	14-06 vac
	Van Der Veken Cindy	97	1m25	31-05 riwa
4	Montilla Morgane	98	1m15	13-09 ea
5	Lecomte Christina	98	1m10	07-06 spvi
6	Nicodeme Maelle	98	1m05	13-07 vita

Longueur		RC : 4m48		
1	Van De Sype Chloe	97	4m18	20-09 rusta
2	Lecomte Christina	98	4m02	31-08 ws
3	Van Der Veken Cindy	97	3m93	06-09 rcas
4	Van Der Veken Noemie	97	3m90	26-07 lier
5	Montilla Morgane	98	3m37	12-07 lebb
6	Akasri Firdaous	97	3m15	24-05 csf
7	Nicodeme Maelle	97	3m13	04-04 resc
8	Spors Gabrielle	98	2m98	31-08 ws
9	Allain Elisa	98	2m60	04-04 resc

Poids (2 kg)		RC : 9m75		
1	Van De Sype Chloe	97	8m54	27-09 cabw
2	Montilla Morgane	98	6m16	05-07 grim
3	Van Der Veken Cindy	97	6m07	18-10 ws
4	Van Der Veken Noemie	97	5m73	07-06 spvi
5	Lecomte Christina	98	5m37	06-10 resc
6	Nicodeme Maelle	97	3m77	04-04 resc
7	Allain Elisa	98	3m44	04-04 resc

Disque (600 gr)		RC : 23m00		
1	Van De Sype Chloe	97	21m41	09-08 mac
2	Van Der Veken Noemie	97	18m26	26-07 lier
3	Van Der Veken Cindy	97	16m98	15-08 vs
4	Lecomte Christina	98	12m60	06-06 resc
5	Montilla Morgane	98	12m47	12-07 lebb
6	Nicodeme Maelle	97	9m79	30-08 spvi

Balle de hockey		RC : 35m47		
1	Van De Sype Chloe	97	40m58	09-08 mac
2	Van Der Veken Cindy	97	28m21	09-08 mac
3	Van Der Veken Noemie	97	26m79	09-08 mac
4	Lecomte Christina	98	22m66	21-06 dacm
5	Nicodeme Maelle	97	20m60	13-07 vita
6	Akasri Firdaous	97	18m76	24-05 csf
7	Montilla Morgane	98	16m82	24-05 csf

Tetrathlon		RC : 1935 p		
1	Van De Sype Chloe	97	1702 p	14-06 vac
2	Van Der Veken Noemie	97	1580 p	07-06 spvi
3	Van Der Veken Cindy	97	1462 p	14-06 vac
4	Lecomte Christina	98	1410 p	21-06 dacm
5	Akasri Firdaous	97	1233 p	24-05 csf
6	Montilla Morgane	98	1152 p	14-06 vac
7	Nicodeme Maelle	97	871 p	24-05 csf

**MINIMES FILLES (1996 - 1995)**

80 m		RC : 10.64		
1	Banzo Charline	95	11.57	01-06 vs
2	Benachem Majdouline	96	11.98	24-05 csf
	Legein Emilie	95	11.98	01-06 vs
4	Badji Jalika	96	12.34	26-10 rsca
5	Debroeyer Astrid	96	12.37	01-06 vs
6	Imbo Kristel	96	12.51	06-10 resc
7	Benachem Nisrine	96	12.67	06-10 resc
8	Klai Anissa	96	12.71	13-09 ea
9	Tshiasuma Jessie	96	12.92	24-05 csf
10	Potemans Charlotte	96	13.00	01-06 vs

150 m		RC : 20.13		
1	Banzo Charline	95	22.36	05-10 riaac
2	Legein Emilie	95	23.06	04-05 resc
3	Badji Jalika	96	23.25	09-08 mac
4	Imbo Kristel	96	23.74	26-10 rsca
5	Tshiasuma Jessie	96	23.96	22-06 rcb
6	Benachem Nisrine	96	24.44	04-05 resc
7	Debroeyer Astrid	96	24.61	04-05 resc
8	Klai Anissa	96	24.64	04-05 resc
9	Dewolf Barbara	96	25.39	04-05 resc
10	Benachem Majdouline	96	26.44	31-08 ws



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11 Potemans Charlotte 96 26.85 31-08 ws

300 m RC : 44.36

1 Klai Anissa	96	51.96	13-09	ea
2 Imbo Kristel	96	52.43	15-08	vs
3 Tshiasuma Jessie	96	53.48	15-08	vs
4 Legein Emilie	95	59.77	13-09	ea

1000 m RC : 3.14.33

1 Klai Anissa	96	3.27.61	11-10	csf
2 Tshiasuma Jessie	96	3.29.23	06-10	resc
3 Imbo Kristel	96	3.43.40	28-09	rcas
4 Benachem Nistrine	96	3.52.24	11-10	csf
5 Badji Jalika	96	3.53.66	28-09	rcas
6 Dewolf Barbara	96	4.10.18	31-08	ws
7 Potemans Charlotte	96	4.16.64	21-06	dacm
8 Benachem Majdouline	96	4.23.46	24-05	csf

60 m haies (76 cm) RC : 10.05

1 Badji Jalika	96	11.52	06-09	rcas
2 Debroeyer Astrid	96	12.75	04-05	resc
3 Imbo Kristel	96	13.74	28-09	rcas
4 Benachem Nistrine	96	13.81	31-08	ws
5 Potemans Charlotte	96	13.91	31-08	ws
6 Tshiasuma Jessie	96	14.13	31-08	ws

150 m haies (76 cm) RC : 25.08

1 Badji Jalika	96	26.34	01-06	vs
2 Debroeyer Astrid	96	27.64	01-06	vs
3 Klai Anissa	96	28.86	13-09	ea
4 Potemans Charlotte	96	29.78	01-06	vs

Hauteur RC : 1m57

1 Benachem Majdouline	96	1m40	06-10	resc
2 Benachem Nistrine	96	1m30	06-10	resc
3 Badji Jalika	96	1m15	26-10	rsca
4 Imbo Kristel	96	1m14	28-09	rcas
5 Tshiasuma Jessie	96	1m12	18-10	ws
6 Potemans Charlotte	96	1m10	04-04	resc

Longueur RC : 5m00

1 Benachem Majdouline	96	3m97	18-10	ws
2 Banzo Charline	95	3m88	04-05	resc
3 Legein Emilie	95	3m76	11-10	csf
4 Tshiasuma Jessie	96	3m72	20-09	rcb
5 Badji Jalika	96	3m70	20-09	rcb
6 Benachem Nistrine	96	3m69	04-05	resc
7 Potemans Charlotte	96	3m56	21-06	dacm
8 Imbo Kristel	96	3m38	21-07	vs
9 Debroeyer Astrid	96	3m32	04-05	resc
10 Dewolf Barbara	96	3m10	04-05	resc
11 Klai Anissa	96	2m91	04-05	resc

Poids (2 kg) RC : 13m12

1 Banzo Charline	95	7m78	11-10	csf
2 Badji Jalika	96	7m69	20-09	rcb
3 Benachem Majdouline	96	7m53	18-10	ws
4 Imbo Kristel	96	6m78	09-08	mac
5 Tshiasuma Jessie	96	6m59	20-09	rcb
6 Benachem Nistrine	96	6m57	04-04	resc
7 Legein Emilie	95	6m19	11-10	csf
8 Klai Anissa	96	5m91	31-08	ws
9 Potemans Charlotte	96	5m55	30-08	spvi

Disque (600 gr) RC : 32m53

1 Tshiasuma Jessie	96	18m01	15-08	vs
2 Banzo Charline	95	14m75	06-06	resc
3 Legein Emilie	95	13m43	06-06	resc
4 Badji Jalika	96	12m92	01-06	vs
5 Potemans Charlotte	96	12m62	21-06	dacm
6 Klai Anissa	96	11m70	06-06	resc

7 Benachem Nistrine 96 10m50 24-05 csf  
8 Benachem Majdouline 96 9m94 24-05 csf

Javelot (400 gr) RC : 29m98

1 Tshiasuma Jessie	96	17m20	09-08	mac
2 Badji Jalika	96	16m67	09-08	mac
3 Potemans Charlotte	96	13m87	30-08	spvi

Pentathlon RC : 3021 p

1 Badji Jalika	96	1775 p	28-09	rcas
2 Tshiasuma Jessie	96	1741 p	20-09	rcb
3 Benachem Majdouline	96	1739 p	18-10	ws
4 Imbo Kristel	96	1590 p	28-09	rcas
5 Benachem Nistrine	96	1310 p	18-10	ws
6 Potemans Charlotte	96	1197 p	21-06	dacm

4 x 80 m RC : 42.69

Banzo, Legein, Benachem, Benachem 47.87 13-04 ws

**CADETTES FILLES (1994 - 1993)**

100 m RC : 12.64

1 Lins Noemie	94	13.27	06-10	resc
2 De Gunsch Marie	93	14.85	04-05	resc
3 Kazadi Muanangabu Gladys	94	14.97	31-05	resc

200 m RC : 26.14

1 Lins Noemie	94	28.32	13-09	osga
2 Vlerick Ophelia	94	28.85	26-04	osga
3 De Gunsch Marie	93	30.97	04-05	resc

300 m RC : 42.65

1 Vlerick Ophelia	94	45.44	24-06	spvi
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400 m RC : 57.61

1 Van Der Perren Jessica	94	71.77	17-05	spa
2 Kool Nathalie	93	71.99	26-04	osga

800 m RC : 2.22.80

1 Van Der Perren Jessica	94	2.50.28	28-09	rcas
2 Lins Noemie	94	2.53.04	28-09	rcas
3 Kool Nathalie	93	2.54.89	26-04	osga

1000 m RC : 3.12.93

1 Van Der Perren Jessica	94	3.30.30	12-04	vs
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1500 m RC : 5.02.54

1 Van Der Perren Jessica	94	5.37.13	26-04	osga
2 Klai Jehenne	93	5.56.64	19-04	csf
3 Kool Nathalie	93	6.11.11	13-04	ws

80 m haies (76 cm) RC : 11.95

1 Vlerick Ophelia	94	13.69	31-05	resc
2 Lins Noemie	94	15.01	28-09	rcas
3 Kazadi Muanangabu Gladys	94	15.26	20-08	vita
4 Van Der Perren Jessica	94	16.59	28-09	rcas

300 m haies (76 cm) RC : 45.51

1 Kazadi Muanangabu Gladys	94	57.16	26-04	osga
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1500 m steeple (76 cm) RC : 6.22.37

1 Van Der Perren Jessica	94	6.36.40	18-10	ws
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Hauteur RC : 1m68

1 Vlerick Ophelia	94	1m40	10-05	damp
2 De Gunsch Marie	93	1m35	26-04	osga
3 Lins Noemie	94	1m24	28-09	rcas
4 Van Der Perren Jessica	94	1m21	28-09	rcas



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Longueur		RC : 5m74			
1	Lins Noemie	94	4m76	26-04	osga
2	Van Der Perren Jessica	94	4m04	28-09	rcas
Perche		RC : 3m26			
1	De Gunsch Marie	93	2m00	26-04	osga
Poids (3 kg)		RC : 12m10			
1	Lins Noemie	94	8m39	19-04	csf
2	Van Der Perren Jessica	94	6m82	26-04	osga
Javelot (500 gr)		RC : 36m86			
1	Lins Noemie	94	22m40	28-09	rcas
2	Van Der Perren Jessica	94	14m75	28-09	rcas
Hexathlon		RC : 3625 p			
1	Lins Noemie	94	2463 p	28-09	rcas
2	Van Der Perren Jessica	94	1964 p	28-09	rcas
4 x 100 m		RC : 50.59			
Kazadi, De Gunsch, Vlerick, Lins		55.32		21-09	usbw

**SCOLAIRES FEMMES (1992 - 1991)**

100 m		RC : 12.41			
1	Mouzon Emmanuelle	91	12.65	04-05	resc
2	Van Rossem Nicky	92	13.62	20-08	vita
3	Ozgul Cansu	92	14.13	04-05	resc
4	Van Damme Joelle	92	14.17	19-04	csf
5	Simoncini Natasha	92	14.34	04-05	resc
6	Vereertbrugghen Laura	91	14.96	04-05	resc
7	Lenaerts Manon	92	15.22	04-05	resc
200 m		RC : 25.34			
1	Mouzon Emmanuelle	91	25.73	04-05	resc
2	Van Damme Joelle	92	28.49	04-05	resc
3	Fomenko Lisa	92	29.41	04-05	resc
4	Ozgul Cansu	92	29.59	04-05	resc
5	Vereertbrugghen Laura	91	32.11	04-05	resc
400 m		RC : 56.03			
1	Van Damme Joelle	92	63.11	17-05	spa
2	Fomenko Lisa	92	68.56	26-04	osga
800 m		RC : 2.15.60			
1	Mouzon Emmanuelle	91	2.31.99	31-08	rfcl
2	Van Damme Joelle	92	2.35.38	10-05	damp
1500 m		RC : 4.50.73			
1	Huygens Celine	91	6.49.06	26-04	osga
Mile		RC : 5.56.70			
1	Vanden Broeck Nolwen	91	6.15.38	28-09	usbw
3000 m		RC : 10.43.20			
1	Vanden Broeck Nolwen	91	12.40.85	31-08	ws
100 m haies (76 cm)		RC : 13.92			
1	Mouzon Emmanuelle	91	14.30	12-04	vs
2	Van Rossem Nicky	92	16.44	20-08	vita
400 m haies (76 cm)		RC : 68.18			
1	Van Rossem Nicky	92	76.92	26-04	osga
2000 m steeple (76 cm)		RC : 8.52.31			
1	Vanden Broeck Nolwen	92	8.45.82	18-10	ws

Hauteur		RC : 1m68			
1	Mouzon Emmanuelle	91	1m50	30-08	rfcl
2	Fomenko Lisa	92	1m45	13-04	ws
	Van Rossem Nicky	92	1m45	19-04	csf
Longueur		RC : 6m08			
1	Mouzon Emmanuelle	91	5m42	31-08	rfcl
Triple saut		RC : 12m15			
1	Fomenko Lisa	92	10m54	26-04	osga
Perche		RC : 3m36			
1	Fomenko Lisa	92	2m20	13-09	osga
Poids (4 kg)		RC : 12m19			
1	Mouzon Emmanuelle	91	10m43	17-05	spa
2	Huygens Celine	91	5m48	26-04	osga
Disque (1 kg)		RC : 47m99			
1	Mouzon Emmanuelle	91	25m58	19-04	csf
Javelot (600 gr)		RC : 36m78			
1	Mouzon Emmanuelle	91	32m23	31-08	rfcl
2	Vereertbrugghen Laura	91	8m10	26-04	osga
Heptathlon		RC : 4422 p			
1	Mouzon Emmanuelle	91	4701 p	31-08	rfcl
4 x 100 m		RC : 48.97			
Van Damme, Fomenko, Van Rossem, Mouzon		52.88		26-04	osga
4 x 400 m		RC : -			
Van Damme, Ozgul, Vereertbrugghen, Putmans		4.51.32		05-10	riaac

**JUNIORS FEMMES (1990 - 1989)**

100 m		RC : 12.11			
1	Laermans Gwenaelle	90	14.25	04-05	resc
200 m		RC : 24.65			
1	Laermans Gwenaelle	90	29.50	31-05	resc
2	Archambeau Aline	90	30.54	28-09	rcas
300 m		RC : 39.65			
1	Laermans Gwenaelle	90	48.67	12-04	vs
400 m		RC : 56.03			
1	Laermans Gwenaelle	90	68.04	10-05	damp
800 m		RC : 2.11.36			
1	Archambeau Aline	90	2.53.34	28-09	rcas
2	Allain Stephanie	90	3.06.89	19-04	csf
100 m haies (84 cm)		RC : 13.99			
1	Archambeau Aline	90	18.89	28-09	rcas
Hauteur		RC : 1m81			
1	Archambeau Aline	90	1m51	28-09	rcas
Longueur		RC : 6m08			
1	Archambeau Aline	90	4m47	12-07	resc
Poids (4 kg)		RC : 13m12			
1	Archambeau Aline	90	9m64	20-08	vita
Javelot (600 gr)		RC : 38m45			
1	Archambeau Aline	90	23m26	28-09	rcas



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Heptathlon		RC : 2684 p		
1	Archambeau Aline	90	3155 p	28-09 rcas

**ESPOIRS FEMMES (1988 - 1987 - 1986)**

Hauteur		RC : 1m88		
1	Silberfeld Sophie	87	1m30	19-04 csf

**SENIORS FEMMES (1988 - 1974)**

100 m		RC : 11.84		
1	Guillet Laurence	80	12.62	04-05 resc
2	Sende Patricia	85	12.63	01-06 rfcl
3	Dewitte Valerie	80	13.11	04-05 resc
4	Bonvin Draps Nathalie	80	13.18	04-05 resc
5	Brion Sophie	85	13.23	04-05 resc
6	Adam Benedicte	80	13.31	04-05 resc

200 m		RC : 24.03		
1	Guillet Laurence	80	26.14	30-08 rfcl
2	Dewitte Valerie	80	26.63	08-07 vita
3	Adam Benedicte	78	27.13	01-05 smac
4	Brion Sophie	85	27.17	04-05 resc
5	Bonvin Draps Nathalie	80	27.28	03-05 rcas
	Sende Patricia	85	27.28	19-04 csf

300 m		RC : 39.65		
1	Dewitte Valerie	80	41.95	21-07 dac
2	Adam Benedicte	78	43.51	21-07 dac

400 m		RC : 56.03		
1	Dewitte Valerie	80	57.76	01-06 rfcl
2	Adam Benedicte	78	59.74	04-05 resc
3	Guillet Laurent	80	60.78	27-04 riaac
4	Brion Sophie	85	66.47	27-04 riaac

800 m		RC : 2.05.85		
1	Adam Benedicte	78	2.21.09	10-05 damp
2	Guillet Laurence	80	2.27.00	31-08 rfcl
3	Brion Sophie	85	3.02.12	03-08 dac

1500 m		RC : 4.12.85		
1	Bechet Barbara	83	5.40.88	19-04 csf
2	Coukard Deborah	80	6.11.29	19-04 csf
3	Brion Sophie	85	7.07.35	28-09 rcas

3000 m		RC : 8.49.85		
1	Bechet Barbara	83	12.32.61	10-05 damp

5000 m		RC : 15.41.24		
1	Coukard Deborah	80	23.59.09	27-04 csf

100 m haies (84 cm)		RC : 13.82		
1	Guillet Laurence	80	14.07	05-07 rfcl
2	Brion Sophie	85	17.34	05-07 rfcl

400 m haies (76 cm)		RC : 60.08		
1	Dewitte Valerie	80	64.45	01-06 rfcl
2	Guillet Laurence	80	64.74	01-06 rfcl
3	Brion Sophie	85	74.32	20-06 vs

Hauteur		RC : 1m95		
1	Guillet Laurence	80	1m45	30-08 rfcl
2	Brion Sophie	85	1m40	30-08 rfcl
	Sende Patricia	85	1m40	10-05 damp
4	Silberfeld Sophie	87	1m30	19-04 csf

Longueur		RC : 6m28		
1	Guillet Laurence	80	5m02	31-08 rfcl
2	Bonvin Draps Nathalie	80	4m75	03-05 rcas
3	Adam Benedicte	78	4m66	06-09 volh
4	Brion Sophie	85	4m50	28-09 rcas
5	Lilien Anouk	78	3m86	29-08 smac

Perche		RC : 3m54		
1	Lilien Anouk	78	2m90	25-05 aco
2	Brion Sophie	85	1m78	28-09 rcas

Poids (4 kg)		RC : 13m12		
1	Adam Benedicte	78	9m92	01-06 rfcl
2	Guillet Laurence	80	8m49	30-08 rfcl
3	De Buyst Nadia	73	7m31	19-04 csf
4	Brion Sophie	85	6m51	30-08 rfcl

Disque (1 kg)		RC : 47m99		
1	Reynaerts Stephanie	80	29m87	10-05 damp
2	De Buyst Nadia	73	26m33	19-04 csf
3	Adam Benedicte	78	22m07	19-04 csf
4	Brion Sophie	85	14m96	28-09 rcas

Javelot (600 gr)		RC : 36m86		
1	Reynaerts Stephanie	80	32m09	01-06 rfcl
2	Guillet Laurence	80	25m44	31-08 rfcl
3	De Buyst Nadia	73	21m00	03-05 rcas
4	Brion Sophie	85	17m03	28-09 rcas
5	Adam Benedicte	78	14m22	19-04 csf

Heptathlon		RC : 4418 p		
1	Guillet Laurence	80	4382 p	31-08 rfcl
2	Brion Sophie	85	2937 p	31-08 rfcl

Décathlon		RC : 5257 p		
1	Brion Sophie	85	3563 p	28-09 rcas

4 x 100 m		RC : 46.95		
	Sende, Dewitte, Mouzon, Guillet	49.05	21-09	usbw

4 x 200 m		RC : 1.40.73		
	Mouzon, Dewitte, Adam, Guillet	1.44.44	21-09	usbw

4 x 400 m		RC : 3.54.68		
	Mouzon, Adam, Guillet, Dewitte	4.00.74	10-05	damp

Ekiden		RC : 3h10.19		
	Fomenko, Bechet, Castellana, De Buyst, Adam, Vanden Broeck	3h33.43	20-09	bxl

**MASTERS FEMMES 35 (1973 - 1969)**

100 m		RC : 13.37		
1	Aron Sabine	71	19.25	08-06 csf

800 m		RC : 2.14.21		
1	Aron Sabine	71	3.15.46	08-06 csf

3000 m		RC : 9.29.60		
1	Castellana Corine	68	13.10.60	08-06 csf

Marathon		RC : 3h59.54		
1	De Buyst Nadia	73	3h57.19	12-10 NL

4 x 100 m		RC : 60.28		
	Quicke, Boonaert, Castellana, Michaux	64.62	08-06	csf



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**MASTERS FEMMES 40 (1968 - 1964)**

400 m					RC : -
1	Boonaert Caroline	64	109.65	08-06	csf
1500 m					RC : 4.48.11
1	Collard Florence	66	5.12.58	10-05	damp
3000 m					RC : 10.34.47
1	Collard Florence	66	11.41.83	10-05	damp
Hauteur					RC : 1m25
1	Boonaert Caroline	64	1m00	08-06	csf
Poids (4 kg)					RC : 5m12
1	Bosson Karin	66	5m80	08-06	csf

**MASTERS FEMMES 45 (1963 - 1959)**

100 m					RC : 16.01
1	Michaux Dominique	60	16.27	08-06	csf

**MASTERS FEMMES 50 (1958 - 1954)**

Poids (4 kg)					RC : -
1	Quicke Evelyne	57	8m08	19-04	csf
Disque (1 kg)					RC : -
1	Quicke Evelyne	57	24m49	08-06	csf
Javelot (600 gr)					RC : 12m84
1	Quicke Evelyne	57	21m26	08-06	csf

**MASTERS FEMMES 55 (1953 - 1949)**

Longueur					RC : -
1	Vandendael Alice	53	2m93	08-06	csf

**BENJAMINS GARÇONS (2000 - 1999)**

60 m					RC : 9.17
1	Stodolski Michael	00	9.74	26-10	rsca
2	Petitjean Nicolas	99	9.88	28-09	rcas
3	Ould Kerkoub Yonas	00	10.24	26-10	rsca
4	Temara Soren	99	10.73	21-06	dacm
5	Verlinden Quentin	99	10.91	04-05	resc
6	Labalue Simon	99	10.99	04-05	resc
7	De Ridder Nathan	99	11.39	03-05	rcas
8	Van Wilder Ilan	00	11.49	04-05	resc
9	Montilla Alexis	02	11.78	06-10	resc
10	Aazibou Ali	01	12.24	05-07	grim
1000 m					RC : 3.25.22
1	Petitjean Nicolas	99	3.48.38	28-09	rcas
2	Stodolski Michael	00	4.00.32	18-10	ws
3	De Ridder Nathan	99	4.08.23	12-09	rcas
4	Temara Soren	99	4.11.28	21-06	dacm
5	Montilla Alexis	02	4.24.27	18-10	ws
6	Labalue Simon	99	4.24.64	06-10	resc
7	Ould Kerkoub Yonas	00	4.35.90	26-10	rsca
Hauteur					RC : 1m23
1	Petitjean Nicolas	99	1m25	31-08	ws
2	Verlinden Quentin	99	1m05	04-05	resc
3	Stodolski Michael	00	1m00	04-05	resc
4	Labalue Simon	99	0m90	04-05	resc
5	Temara Soren	99	0m85	04-05	resc

Longueur					RC : 4m19
1	Petitjean Nicolas	99	3m54	28-09	rcas
2	Stodolski Michael	00	3m51	21-06	dacm
3	Verlinden Quentin	99	3m00	04-04	resc
4	De Ridder Nathan	99	2m97	12-09	rcas
5	Temara Soren	99	2m93	21-06	dacm
6	Montilla Alexis	02	2m78	09-08	mac
7	Ould Kerkoub Yonas	00	2m60	26-10	rsca
8	Aazibou Ali	01	2m35	31-05	mac

Poids (1 kg)					RC : 11m68
1	Petitjean Nicolas	99	9m46	06-10	resc
2	Stodolski Michael	00	7m78	18-10	ws
3	Temara Soren	99	5m18	21-06	dacm
4	De Ridder Nathan	99	5m05	25-10	csf
5	Verlinden Quentin	99	4m94	12-04	csf
6	Ould Kerkoub Yonas	00	4m49	21-07	vs
7	Labalue Simon	99	4m48	06-10	resc
8	Montilla Alexis	02	4m06	13-09	ea

Balle de hockey					RC : 40m13
1	Petitjean Nicolas	99	24m28	28-09	rcas
2	Stodolski Michael	00	23m39	11-10	csf
3	Verlinden Quentin	99	18m05	04-04	resc
4	De Ridder Nathan	99	17m98	01-06	vs
5	Aazibou Ali	01	15m61	31-05	mac
6	Ould Kerkoub Yonas	00	11m92	05-07	grim
7	Montilla Alexis	02	11m69	31-05	mac

Tetrathlon					RC : 2099 p
1	Stodolski Michael	00	1390 p	18-10	ws
2	Petitjean Nicolas	99	1381 p	28-09	rcas
3	Temara Soren	99	950 p	21-06	dacm
4	De Ridder Nathan	99	689 p	03-05	rcas
5	Montilla Alexis	02	528 p	18-10	ws
6	Ould Kerkoub Yonas	00	415 p	21-06	dacm

**PUPILLES GARÇONS (1998 - 1997)**

60 m					RC : 8.42
1	Montilla Dimitri	98	8.81	31-05	mac
2	Hoorens Christopher	97	8.91	06-10	resc
3	Hoorens Anthony	97	9.60	06-10	resc
4	Ysenbaert Boris	97	9.89	04-05	resc
5	Mouraux Adib	97	10.14	24-05	csf
6	Menzies Alex	98	10.19	04-05	resc
7	Tasiaux Jonathan	98	10.50	28-09	rcas
8	Gonzalez Nicolas	98	10.52	06-10	resc
9	Campanella Giuseppe	98	10.55	04-05	resc
10	Aazibou Salim	97	11.03	31-05	mac
11	Buelens Kevin	98	11.15	04-05	resc
12	Amara Abdelillah	98	11.72	12-04	csf

1000 m					RC : 3.17.22
1	Montilla Dimitri	98	3.17.60	12-05	vita
2	Hoorens Anthony	97	3.30.44	28-09	rcas
3	Hoorens Christopher	97	3.40.76	28-09	rcas
4	Mouraux Adib	97	3.47.87	22-06	rcb
5	Ysenbaert Boris	98	4.01.55	13-04	ws
6	Tasiaux Jonathan	98	4.10.26	11-10	csf
7	Gonzalez Nicolas	98	4.18.59	28-09	rcas
8	Amara Abdelillah	98	4.36.70	12-04	csf

60 m haies (76 cm)					RC : 10.24
1	Montilla Dimitri	98	10.81	31-08	ws
2	Mouraux Adib	97	13.25	22-06	rcb
3	Hoorens Anthony	97	13.32	06-09	rcas
4	Hoorens Christopher	97	13.75	06-09	rcas
5	Campanella Giuseppe	98	13.84	04-05	resc
6	Ysenbaert Boris	98	14.83	04-05	resc
7	Tasiaux Jonathan	98	15.57	04-05	resc



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8	Gonzalez Nicolas	98	15.88	04-05	resc
<b>Hauteur</b> RC : 1m48					
1	Montilla Dimitri	98	1m41	09-08	mac
2	Hoorens Anthony	97	1m30	04-05	resc
3	Hoorens Christopher	97	1m25	24-05	csf
4	Campanella Giuseppe	98	1m15	04-05	resc
5	Menzies Alex	98	1m10	04-05	resc
	Mouraux Adib	97	1m10	04-05	resc
7	Aazibou Salim	97	1m00	05-07	grim
8	Gonzalez Nicolas	98	0m95	24-05	csf
9	Buelens Kevin	98	0m90	04-05	resc
	Tasiaux Jonathan	98	0m90	04-05	resc

<b>Longueur</b> RC : 4m66					
1	Montilla Dimitri	98	4m75	28-09	rcas
2	Hoorens Christopher	97	4m16	28-09	rcas
3	Hoorens Anthony	97	3m94	28-09	rcas
4	Ysenbaert Boris	98	3m53	28-09	rcas
5	Gonzalez Nicolas	98	3m45	28-09	rcas
6	Tasiaux Jonathan	98	3m28	28-09	rcas
7	Mouraux Adib	97	3m21	21-06	rcb
8	Amara Abdelillah	98	2m90	03-05	rcas
9	Aazibou Salim	97	2m79	31-05	mac

<b>Poids (2 kg)</b> RC : 11m71					
1	Montilla Dimitri	98	8m76	21-07	vs
2	Hoorens Christopher	97	7m75	03-05	rcas
3	Hoorens Anthony	97	7m58	03-05	rcas
4	Aazibou Salim	97	5m93	05-07	grim
5	Mouraux Adib	97	5m47	22-06	rcb
6	Tasiaux Jonathan	98	4m61	12-04	csf
7	Amara Abdelillah	98	4m38	12-04	csf
8	Gonzalez Nicolas	98	4m17	24-05	csf

<b>Disque (600 gr)</b> RC : 31m14					
1	Montilla Dimitri	98	22m00	12-07	lebb
2	Gonzalez Nicolas	98	8m05	06-06	resc

<b>Balle de hockey</b> RC : 46m50					
1	Montilla Dimitri	98	41m56	31-05	mac
2	Hoorens Anthony	97	32m58	11-10	csf
3	Hoorens Christopher	97	29m85	04-04	resc
4	Tasiaux Jonathan	98	24m43	28-09	rcas
5	Ysenbaert Boris	98	24m02	28-09	rcas
6	Gonzalez Nicolas	98	22m40	20-09	rcb
7	Aazibou Salim	97	20m73	31-05	mac

<b>Tetrathlon</b> RC : 2307 p					
1	Montilla Dimitri	98	2271 p	20-09	rusta
2	Hoorens Christopher	97	1936 p	21-06	dacm
3	Hoorens Anthony	97	1806 p	21-06	dacm
4	Mouraux Adib	97	1319 p	24-05	csf
5	Ysenbaert Boris	98	1194 p	28-09	rcas
6	Tasiaux Jonathan	98	1032 p	28-09	rcas
7	Gonzalez Nicolas	98	927 p	28-09	rcas

**MINIMES GARÇONS (1996 - 1995)**

<b>80 m</b> RC : 9.66					
1	Frenay Kevin	95	10.63	24-05	csf
2	Temsamani M'Rabet Bilal	95	10.87	21-06	dacm
3	Beeckman Amaury	95	11.02	21-06	dacm
4	Nicodeme Romain	95	11.42	06-10	resc
5	Badji Asanti	95	11.44	26-10	rsca
6	Van Cauter Guillian	96	11.74	24-05	csf
7	Potemans Anton	96	11.75	02-05	vs
8	Ysenbaert Zito	95	11.77	20-09	rcb
9	Vandenhoeke Victor	96	11.84	06-10	resc
10	Gonzalez Alexandre	95	11.90	20-09	rcb
11	Jacobs Maxime	96	12.00	06-10	resc

12	Delatte Lionel	95	12.08	12-04	csf
	Petitjean Simon	96	12.08	21-06	dacm
14	Verburgt Tom	96	12.54	24-05	csf
15	Aazibou Ibrahim	95	13.00	31-05	mac

<b>150 m</b> RC : 18.43					
1	Beeckman Amaury	95	20.86	13-07	vita
2	Badji Asanti	95	21.50	05-10	riaac
3	Nicodeme Romain	95	21.59	13-07	vita
4	Potemans Anton	96	22.07	27-04	vita
5	Van Cauter Guillian	96	22.11	09-08	mac
6	Petitjean Simon	96	25.11	31-08	ws

<b>300 m</b> RC : 41.31					
1	Nicodeme Romain	95	45.32	30-08	spvi
2	Beeckman Amaury	95	45.71	25-10	csf
3	Frenay Kevin	95	46.21	04-05	resc
4	Badji Asanti	95	47.82	04-05	resc
5	Potemans Anton	96	48.73	02-05	vs
6	Ysenbaert Zito	95	49.60	04-05	resc
7	Van Cauter Guillian	96	49.72	04-05	resc
8	Petitjean Simon	96	50.73	04-05	resc
9	Gonzalez Alexandre	95	53.28	04-05	resc
10	Verburgt Tom	96	55.09	02-05	vs
11	Aazibou Ibrahim	95	56.50	31-05	mac
12	Temara Rayan	96	59.49	04-05	resc

<b>1000 m</b> RC : 3.02.09					
1	Nicodeme Romain	95	3.18.93	24-05	csf
2	Beeckman Amaury	95	3.19.06	24-05	csf
3	Van Cauter Guillian	96	3.19.84	28-09	rcas
4	Petitjean Simon	96	3.24.35	06-10	resc
5	Potemans Anton	96	3.27.44	24-05	csf
6	Badji Asanti	95	3.37.31	28-09	rcas
7	Ysenbaert Zito	95	3.39.42	13-04	ws
8	Gonzalez Alexandre	95	3.41.91	06-10	resc
9	Verburgt Tom	96	3.42.99	21-06	dacm
10	Frenay Kevin	95	3.43.40	27-04	riaac
11	Temsamani M'Rabet Bilal	95	3.49.29	24-05	csf
12	Jacobs Maxime	96	4.04.28	06-10	resc
13	Delatte Lionel	95	4.06.48	03-05	rcas
14	Vandenhoeke Victor	96	4.07.28	06-10	resc

<b>80 m haies (84 cm)</b> RC : 12.00					
1	Frenay Kevin	95	13.41	05-10	riaac
2	Beeckman Amaury	95	14.07	13-07	vita
3	Nicodeme Romain	95	14.33	07-06	ws
4	Badji Asanti	95	14.97	28-09	rcas
5	Verburgt Tom	96	15.91	31-08	ws
6	Vandenhoeke Arthur	96	15.97	28-09	rcas
7	Potemans Anton	96	16.03	04-05	resc
8	Delatte Lionel	95	16.54	03-05	rcas
9	Ysenbaert Zito	95	16.70	24-09	rcas
10	Gonzalez Alexandre	95	17.10	28-09	rcas
11	Van Cauter Guillian	96	17.46	02-05	vs
12	Petitjean Simon	96	18.40	31-08	ws

<b>150 m haies (76 cm)</b> RC : 20.97					
1	Beeckman Amaury	95	22.62	01-06	vs
2	Nicodeme Romain	95	23.01	18-05	volh
3	Badji Asanti	95	23.89	15-08	vs
4	Potemans Anton	96	24.17	01-06	vs
5	Ysenbaert Zito	95	24.92	01-06	vs

<b>Hauteur</b> RC : 1m65					
1	Frenay Kevin	95	1m60	20-09	rusta
2	Beeckman Amaury	95	1m57	27-09	cabw
3	Nicodeme Romain	95	1m50	20-09	rusta
4	Potemans Anton	96	1m40	01-06	vs
	Temsamani M'Rabet Bilal	95	1m40	20-09	rusta
6	Badji Asanti	95	1m35	01-06	vs





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Verburgt Tom	96	1m35	06-10	resc
8 Petitjean Simon	96	1m30	18-10	ws
Van Cauter Guillian	96	1m30	24-05	csf
10 Gonzalez Alexandre	95	1m23	20-09	rcb
11 Jacobs Maxime	96	1m20	06-10	resc
Vandenhoeke Victor	96	1m20	06-10	resc
13 Aazibou Ibrahim	95	1m15	31-05	mac
Delatte Lionel	95	1m15	03-05	rcas
15 Ysenbaert Zito	95	1m11	20-09	rcb
16 Temara Rayan	96	1m10	04-05	resc

Longueur		RC : 5m73		
1 Bееckman Amaury	95	4m93	05-10	riaac
2 Nicodeme Romain	95	4m89	18-10	ws
3 Frenay Kevin	95	4m72	27-04	riaac
4 Potemans Anton	96	4m51	12-05	vita
5 Badji Asanti	95	4m46	15-08	vs
6 Ysenbaert Zito	95	4m34	01-06	vs
7 Van Cauter Guillian	96	4m27	27-09	rcas
8 Petitjean Simon	96	3m98	28-09	rcas
9 Verburgt Tom	96	3m88	12-04	csf
10 Gonzalez Alexandre	95	3m82	12-04	csf
11 Delatte Lionel	95	3m70	03-05	rcas

Perche		RC : 2m90		
1 Nicodeme Romain	95	2m30	07-06	ws
2 Bееckman Amaury	95	2m20	04-10	crac
Verburgt Tom	96	2m20	04-05	resc
4 Frenay Kevin	95	1m70	04-05	resc
Potemans Anton	96	1m70	04-05	resc
Van Cauter Guillian	96	1m70	04-05	resc

Poids (3 kg)		RC : 14m62		
1 Bееckman Amaury	95	13m31	27-09	cabw
2 Tamsamani M'Rabet Bilal	95	10m60	05-10	riaac
3 Nicodeme Romain	95	8m96	18-10	ws
4 Potemans Anton	96	8m87	30-08	spvi
5 Delatte Lionel	95	8m61	03-05	rcas
6 Frenay Kevin	95	8m38	20-09	rusta
7 Van Cauter Guillian	96	7m46	24-05	csf
8 Petitjean Simon	96	7m33	18-10	ws
9 Badji Asanti	95	7m05	26-10	rsca
10 Verburgt Tom	96	6m88	31-08	ws
11 Ysenbaert Zito	95	6m53	28-09	rcas
12 Vandenhoeke Arthur	96	6m20	28-09	rcas
13 Gonzalez Alexandre	95	5m68	28-09	rcas

Disque (1 kg)		RC : 41m07		
1 Bееckman Amaury	95	33m36	07-09	vita
2 Frenay Kevin	95	23m26	21-06	dacm
3 Nicodeme Romain	95	22m71	31-05	mac
4 Tamsamani M'Rabet Bilal	95	22m15	24-05	csf
5 Delatte Lionel	95	19m43	04-04	resc
6 Potemans Anton	96	18m48	21-06	dacm
7 Aazibou Ibrahim	95	18m10	31-05	mac
8 Van Cauter Guillian	96	16m10	09-08	mac
9 Verburgt Tom	96	14m76	21-06	dacm
10 Badji Asanti	95	14m12	01-06	vs
11 Petitjean Simon	96	13m00	06-06	resc
12 Gonzalez Alexandre	95	12m97	24-05	csf
13 Vandenhoeke Arthur	96	10m25	06-06	resc
14 De Leener Arnaud	95	9m60	06-06	resc
15 Vandenhoeke Victor	96	6m94	06-06	resc

Javelot (400 gr)		RC : 41m62		
1 Bееckman Amaury	95	34m75	05-07	grim
2 Potemans Anton	96	34m41	27-04	vita
3 Nicodeme Romain	95	33m44	30-08	spvi
4 Van Cauter Guillian	96	27m04	05-07	grim
5 Badji Asanti	95	24m10	28-09	rcas
6 Verburgt Tom	96	24m05	02-05	vs

7 Delatte Lionel	95	23m78	04-04	resc
8 Aazibou Ibrahim	95	21m32	05-07	grim
9 Ysenbaert Zito	95	19m96	20-09	rcb
10 Gonzalez Alexandre	95	16m20	28-09	rcas
11 Petitjean Simon	96	12m51	28-09	rcas

Pentathlon		RC : 3937 p		
1 Bееckman Amaury	95	3389 p	20-09	rusta
2 Nicodeme Romain	95	2910 p	03-05	rcas
3 Frenay Kevin	95	2749 p	20-09	rusta
4 Tamsamani M'Rabet Bilal	95	2650 p	21-06	dacm
5 Potemans Anton	96	2571 p	12-05	vita
6 Van Cauter Guillian	96	2484 p	14-06	vac
7 Badji Asanti	95	2262 p	28-09	rcas
8 Gonzalez Alexandre	95	1948 p	20-09	rcb
9 Petitjean Simon	96	1975 p	21-06	dacm
10 Verburgt Tom	96	1885 p	21-06	dacm
11 Ysenbaert Zito	95	1868 p	20-09	rcb
12 Delatte Lionel	95	1817 p	03-05	rcas
4 x 80 m		RC : 41.24		
Ysenbaert, Badji, Potemans, Tamsamani	44.72	01-06	vs	

CADETS GARÇONS (1994 - 1993)

100 m		RC : 11.39		
1 Diallo Oumar	94	11.36	07-09	flac
2 Ilunga Carl	93	12.84	17-05	spa
3 Giolo Jim	93	12.87	26-04	osga
4 Denys Gregory	93	13.14	06-10	resc
5 Van De Sype Vincent	93	13.34	28-09	rcas
6 Petitjean Mathieu	94	13.96	06-10	resc
7 Segers Mathieu	94	14.27	11-10	csf
8 Dellot Jonathan	94	14.44	06-10	resc
9 Van De Sype Arnaud	94	15.30	12-04	vs

200 m		RC : 23.14		
1 Diallo Oumar	94	24.32	13-09	osga
2 Giolo Jim	93	26.14	17-05	spa
3 Ilunga Carl	93	27.25	31-05	resc
4 Denys Gregory	93	27.30	12-07	resc
5 Van De Sype Vincent	93	27.63	03-05	rcas
6 Van De Sype Arnaud	94	33.11	03-05	rcas

300 m		RC : 36.86		
1 Diallo Oumar	94	39.95	21-07	dac
2 Petitjean Mathieu	94	46.32	06-10	resc
3 Segers Mathieu	94	46.96	25-10	rsca

400 m		RC : 52.24		
1 Denys Gregory	93	66.91	24-05	csf
2 Dellot Jonathan	94	67.76	24-05	csf

800 m		RC : 1.59.30		
1 Govaert Thomas	93	2.20.70	20-08	vita
2 Denys Gregory	93	2.37.06	12-04	csf

1000 m		RC : 2.43.18		
1 Van De Sype Vincent	93	3.11.62	28-09	rcas
2 Denys Gregory	94	3.15.41	03-08	dac
3 Segers Mathieu	94	3.25.93	06-10	resc
4 Diallo Oumar	93	3.28.18	28-09	rcas
5 Dellot Jonathan	94	3.34.13	06-10	resc
6 Van De Sype Arnaud	94	3.56.47	28-09	rcas

1500 m		RC : 4.10.90		
1 Govaert Thomas	93	4.57.65	17-05	spa
2 Denys Gregory	93	5.04.74	04-05	resc



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Mile		RC : -			
1	Vanden Broeck Maxance	93	5.22.67	28-09	usbw
100 m haies (91 cm)		RC : 14.04			
1	Diallo Oumar	94	15.05	31-05	resc
2	Van De Sype Vincent	93	16.01	28-09	rcas
3	Denys Gregory	93	19.27	03-08	dac
4	Van De Sype Arnaud	94	21.00	28-09	rcas
200 m haies (76 cm)		RC : 34.42			
1	Denys Gregory	93	31.45	21-07	dac
300 m haies (76 cm)		RC : 40.07			
1	Diallo Oumar	94	43.95	04-10	resc
2	Van De Sype Vincent	93	45.19	04-10	resc
3	Denys Gregory	93	48.15	04-10	resc
1500 m steeple (76 cm)		RC : 4.51.63			
1	Lejuste Tom	93	5.08.82	20-09	osga
2	Denys Gregory	93	5.46.03	18-10	ws
Hauteur		RC : 1m91			
1	Van De Sype Vincent	93	1m70	05-10	riaac
2	Diallo Oumar	94	1m60	02-08	dac
3	Dellot Jonathan	94	1m50	26-04	osga
4	Denys Gregory	93	1m45	24-05	csf
	Petitjean Mathieu	94	1m45	06-10	resc
	Van De Sype Arnaud	94	1m45	28-09	rcas
Longueur		RC : 6m70			
1	Diallo Oumar	94	5m79	31-08	rfcl
2	Van De Sype Vincent	93	5m43	28-09	rcas
3	Denys Gregory	93	4m75	04-05	resc
4	Van De Sype Arnaud	94	4m49	26-10	rsca
5	Dellot Jonathan	94	4m27	06-10	resc
Triple saut		RC : 13m52			
1	Diallo Oumar	94	12m33	25-07	vs
2	Van De Sype Vincent	93	11m59	26-04	osga
3	Denys Gregory	93	10m59	31-08	ws
Perche		RC : 3m71			
1	Van De Sype Vincent	93	2m48	28-09	rcas
2	Denys Gregory	93	2m28	28-09	rcas
3	Diallo Oumar	94	2m18	28-09	rcas
4	Van De Sype Arnaud	94	1m90	25-05	achl
Poids (4 kg)		RC : 13m84			
1	Diallo Oumar	94	14m34	31-08	rfcl
2	Van De Sype Vincent	93	11m09	31-08	rfcl
3	Denys Gregory	93	9m71	13-08	spvi
4	Van De Sype Arnaud	94	8m03	20-08	vita
Disque (1 kg)		RC : 44m92			
1	Diallo Oumar	94	41m26	20-08	vita
2	Van De Sype Vincent	93	31m72	26-10	rsca
3	Elsen Daan	94	31m05	26-04	osga
4	Denys Gregory	93	23m39	03-05	rcas
5	Van De Sype Arnaud	94	22m53	18-10	acme
Javelot (600 gr)		RC : 43m57			
1	Elsen Daan	94	40m09	26-04	osga
2	Van De Sype Vincent	93	39m83	28-09	rcas
3	Denys Gregory	93	32m29	11-10	csf
4	Diallo Oumar	93	30m79	03-08	dac
5	Van De Sype Arnaud	94	27m48	18-10	acme
Marteau (4 kg)		RC : 46m37			
1	Van De Sype Vincent	93	26m38	26-10	rsca
2	Denys Gregory	93	19m64	26-10	rsca

3	Van De Sype Arnaud	94	12m94	26-10	rsca
Octathlon		RC : 4312 p			
1	Diallo Oumar	93	3794 p	31-08	rfcl
2	Van De Sype Vincent	93	3768 p	28-09	rcas
3	Denys Gregory	94	2911 p	28-09	rcas
4	Van De Sype Arnaud	94	1900 p	28-09	rcas
4 x 100 m		RC : 45.42			
Elsen, Giolo, Van De Sype, Diallo		49.15		21-09	usbw

**SCOLAIRES HOMMES (1992 - 1991)**

100 m		RC : 11.08			
1	Paulus Gary	92	11.58	04-05	resc
2	Kabuya Harold	92	11.59	04-05	resc
3	Frenay Anthony	91	11.63	04-05	resc
4	Lins Sebastien	92	11.67	04-05	resc
5	Che Jean Louis	92	11.87	04-05	resc
6	Firouzi Mehdi	91	12.05	04-05	resc
7	Caluwe Arnaud	91	12.10	31-05	resc
8	Chioua Soufiane	91	12.31	04-05	resc
9	Felicia Coelho Daniel	92	12.71	26-04	osga
10	Castellana Bryan	92	12.85	06-10	resc
11	Emmerechts Damien	91	12.92	28-09	rcas
12	Pholien Lionel	91	13.27	28-09	rcas
13	Nicodeme Thibault	92	13.76	04-05	resc
200 m		RC : 22.02			
1	Lins Sebastien	92	23.48	20-08	vita
2	Paulus Gary	92	23.63	04-05	resc
3	Kabuya Harold	92	23.84	04-05	resc
4	Firouzi Mehdi	91	24.05	04-05	resc
5	Che Jean Louis	92	24.73	12-07	resc
6	Caluwe Arnaud	91	25.01	04-05	resc
7	Nicodeme Thibault	92	28.81	04-05	resc
300 m		RC : 36.24			
1	Lins Sebastien	92	37.66	02-04	ws
2	Che Jean Louis	92	39.51	24-06	spvi
400 m		RC : 49.92			
1	Lins Sebastien	92	52.76	13-04	ws
2	Firouzi Mehdi	91	56.02	26-04	osga
3	Castellana Bryan	92	61.10	31-05	resc
800 m		RC : 1.55.41			
1	Massaad Michael	91	2.06.51	31-08	ws
2	Pholien Lionel	91	2.06.94	17-05	spa
3	Vereertbrugghen Nicolas	92	2.13.53	31-08	ws
4	Castellana Bryan	92	2.26.67	31-05	resc
5	Lebailly Kevin	92	2.28.07	26-04	osga
1000 m		RC : 2.32.80			
1	Castellana Bryan	92	3.15.46	12-04	vs
1500 m		RC : 4.00.79			
1	Pholien Lionel	91	4.23.76	26-04	osga
2	Emmerechts Damien	91	4.34.35	19-04	csf
3	Vereertbrugghen Nicolas	92	4.47.12	12-07	resc
4	Lins Sebastien	92	4.59.58	22-08	moha
5	Nicodeme Thibault	92	5.00.08	03-08	dac
6	Castellana Bryan	92	5.17.34	19-04	csf
3000 m		RC : 8.33.14			
1	Vereertbrugghen Nicolas	92	10.56.44	26-04	osga
2	Nicodeme Thibault	92	11.25.70	13-09	osga





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110 m haies (91 cm)		RC : 13.65			
1	Lins Sebastien	92	15.11	28-09	rcas
2	Caluwe Arnaud	91	17.13	31-05	resc
3	Nicodeme Thibault	92	18.40	31-05	resc
4	Emmerechts Damien	91	19.54	28-09	rcas
5	Pholien Lionel	91	20.37	28-09	rcas

400 m haies (84 cm)		RC : 56.69			
1	Lins Sebastien	92	57.37	13-09	osga
2	Nicodeme Thibault	92	73.32	06-10	resc

2000 m steeple (91 cm)		RC : 6.10.20			
1	Emmerechts Damien	91	6.27.48	17-05	spa

Hauteur		RC : 2m05			
1	Caluwe Arnaud	91	1m75	04-05	resc
2	Lins Sebastien	92	1m62	21-08	moha
3	Nicodeme Thibault	92	1m61	03-08	dac
4	Emmerechts Damien	92	1m60	28-09	rcas
5	Castellana Bryan	92	1m55	26-04	osga
6	Pholien Lionel	91	1m51	28-09	rcas

Longueur		RC : 7m59			
1	Caluwe Arnaud	91	5m98	26-04	osga
2	Lins Sebastien	92	5m89	28-09	rcas
3	Emmerechts Damien	91	5m63	28-09	rcas
4	Chioua Soufiane	91	5m48	04-05	resc
5	Frenay Anthony	91	5m43	04-05	resc
6	Pholien Lionel	91	5m04	28-09	rcas
7	Nicodeme Thibault	92	5m02	12-04	vs

Triple saut		RC : 15m64			
1	Caluwe Arnaud	91	12m75	11-05	dcla
2	Nicodeme Thibault	92	10m94	31-05	resc

Perche		RC : 4m36			
1	Nicodeme Thibault	92	3m10	04-05	resc
2	Lins Sebastien	81	2m80	21-08	moha
3	Pholien Lionel	91	2m78	28-09	rcas
4	Emmerechts Damien	91	2m68	28-09	rcas

Poids (5 kg)		RC : 14m19			
1	Paulus Gary	92	10m59	26-04	osga
2	Frenay Anthony	91	10m18	31-05	resc
3	Emmerechts Damien	91	9m84	28-09	rcas
4	Caluwe Arnaud	91	9m49	31-05	resc
5	Lins Sebastien	92	9m16	22-08	moha
6	Pholien Lionel	91	8m29	28-09	rcas
7	Nicodeme Thibault	92	7m31	06-09	rcas

Disque (1,5 kg)		RC : 44m44			
1	Duchatel Florian	91	32m55	26-04	osga
2	Emmerechts Damien	91	23m76	28-09	rcas
3	Lins Sebastien	92	22m08	22-08	moha
4	Nicodeme Thibault	92	19m70	28-09	rcas
5	Pholien Lionel	91	13m55	28-09	rcas

Javelot (700 gr)		RC : 52m73			
1	Duchatel Florian	91	42m21	26-04	osga
2	Emmerechts Damien	91	32m43	13-09	osga
3	Nicodeme Thibault	92	24m15	31-08	rfcl
4	Lins Sebastien	92	23m97	22-08	moha
5	Pholien Lionel	91	22m37	28-09	rcas

Marteau (5 kg)		RC : 53m41			
1	Frenay Anthony	91	20m87	26-04	osga

Enneathlon		RC : 5828 p			
1	Lins Sebastien	92	4325 p	22-08	moha
2	Emmerechts Damien	91	3859 p	28-09	rcas

3	Pholien Lionel	91	3255 p	28-09	rcas
4	Nicodeme Thibault	92	3173 p	25-05	achl

4 x 100 m		RC : 43.01		
Frenay, Lins, Kabuya, Paulus		44.36	21-09	usbw

4 x 200 m		RC : 1.40.14		
Frenay, Kabuya, Paulus, Lins		1.39.14	05-10	riaac

4 x 400 m		RC : 3.58.80		
Lins, Emmerechts, Chioua, Frenay		4.01.71	05-10	riaac

4 x 800 m		RC : 8.09.11		
Pholien, Massaad, Lebailly, Emmerechts		8.43.83	21-09	usbw

**JUNIORS HOMMES (1990 - 1989)**

100 m		RC : 10.71			
1	Beurms Julien	89	11.17	14-09	herv
2	Fasanya Moshudi Tolu	90	11.22	01-06	rfcl
3	Monnens Jonathan	89	11.23	01-06	rfcl
4	Daoudi Fikry	90	11.52	04-05	resc
5	Ponce Lionel	90	11.70	04-05	resc
6	Temsamani M'Rabet Ismail	89	12.08	31-05	resc
7	De Ridder Frederic	90	12.50	22-06	rcb
8	Massaad Jean	89	12.60	31-08	ws
9	Denys Jonathan	90	12.87	11-10	csf

200 m		RC : 21.24			
1	Beurms Julien	89	22.42	28-08	vs
2	Fasanya Moshudi Tolu	90	22.76	01-06	rfcl
3	Monnens Jonathan	89	22.89	01-06	rfcl
4	Daoudi Fikry	90	23.68	04-05	resc
5	Ponce Lionel	90	24.03	04-05	resc
6	Temsamani M'Rabet Ismail	89	24.82	04-05	resc
7	De Ridder Frederic	90	25.64	19-04	csf
8	Denys Jonathan	90	27.38	04-05	resc

300 m		RC : 34.67			
1	Beurms Julien	89	35.62	17-08	oeh

400 m		RC : 47.92			
1	Maingain François	89	54.63	23-05	rcb
2	Denys Jonathan	90	62.27	31-08	rfcl

800 m		RC : 1.52.66			
1	Maingain François	89	1.58.34	19-04	csf
2	Denys Jonathan	90	2.25.25	31-05	resc

1500 m		RC : 3.48.90			
1	Denys Jonathan	90	5.05.18	24-05	csf

110 m haies (99 cm)		RC : 14.68			
1	Denys Jonathan	90	18.84	03-08	dac
2	Massaad Jean	89	20.53	31-08	ws

200 m haies (76 cm)		RC : 27.84			
1	Denys Jonathan	90	30.26	21-07	dac

400 m haies (91 cm)		RC : 52.70			
1	Denys Jonathan	90	69.51	04-10	resc

3000 m steeple (91 cm)		RC : 9.31.70			
1	Denys Jonathan	90	12.20.83	18-10	ws

Hauteur		RC : 2m14			
1	Denys Jonathan	90	1m60	24-05	csf



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Longueur RC : 7m86

1	Denys Jonathan	90	5m30	06-10	resc
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Triple saut RC : 15m79

1	Massaad Jean	89	11m75	31-08	ws
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Perche RC : 5m00

1	Denys Jonathan	90	3m24	06-09	rcas
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Poids (6 kg) RC : 15m27

1	Denys Jonathan	90	11m77	31-05	resc
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Disque (1,75 gk) RC : 43m08

1	Denys Jonathan	90	31m33	28-09	rcas
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Javelot (800 gr) RC : 53m14

1	Denys Jonathan	90	41m16	11-10	csf
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Marteau (6 kg) RC : 51m82

1	Denys Jonathan	90	27m08	26-10	rsca
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Decathlon RC : 6936 p

1	Denys Jonathan	90	4385 p	31-08	rfcl
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**ESPOIRS HOMMES (1988 - 1987 - 1986)**

100 m RC : 10.53

1	Bux Anthony	87	11.32	19-04	csf
2	Castermane Julien	88	11.38	22-06	rcb
3	Naga Djihed	88	11.55	19-04	csf

200 m RC : 21.14

1	Ghislain Arnaud	88	22.12	20-04	hf
2	Bux Anthony	87	22.91	04-05	resc
3	Castermane Julien	88	23.16	22-06	rcb

300 m RC : 34.00

1	Ghislain Arnaud	88	33.53	14-06	smac
2	Castermane Julien	88	35.73	14-06	smac
3	Bux Anthony	87	36.16	31-08	dcla

400 m RC : 47.54

1	Ghislain Arnaud	88	46.56	06/07	rfcl
2	Castermane Julien	88	49.80	04-05	resc
3	Bux Anthony	87	51.84	27-04	riaac

1500 m RC : 3.46.01

1	Hernould Franky	86	3.50.87	31-08	azw
2	Cool Jean Paul	88	4.16.38	19-04	csf

2000 m RC : 5.17.12

1	Hernould Franky	86	5.23.21	21-06	asvo
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3000 m RC : 8.07.66

1	Hernould Franky	86	8.24.01	05-08	vs
2	Hasselmans Jerome	88	9.34.58	19-04	csf

5000 m RC : 13.56.92

1	Hernould Franky	86	14.42.02	09-08	vita
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400 m haies (91 cm) RC : 50.29

1	Ghislain Arnaud	88	53.88	14-09	herv
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Longueur RC : 7m86

1	Naga Djihed	88	6m92	17-08	oeh
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Triple saut RC : 16m01

1	Naga Djihed	88	12m82	14-09	herv
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Perche RC : 5m11

1	Naga Djihed	88	4m11	29-06	smac
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Poids (7,26 kg) RC : 13m67

1	Hostyn Laurent David	87	11m14	11-05	dcla
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Disque (2 kg) RC : 44m06

1	Hostyn Laurent David	87	27m30	01-05	smac
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**SENIORS HOMMES (1988 - 1974)**

100 m RC : 10.02

1	Broothaerts Damien	83	10.62	25-05	vs
2	Kabuya Serge	77	10.79	11-05	dcla
3	Vervloet Gregory	83	10.95	07-06	rfcl
4	Geerts Michael	84	11.27	22-06	rcb
5	Bux Anthony	87	11.32	19-04	csf
6	Castermane Julien	88	11.38	22-06	rcb
7	Xhonneux Frederic	83	11.41	21-08	CHN
8	Diallo Saliou	85	11.52	09-08	vita
	Lissassi Arnaud	76	11.52	22-06	rcb
10	Naga Djihed	88	11.55	19-04	csf
11	Lambert John	80	11.64	07-06	dcla
12	Fontenoy Serge	80	12.46	04-05	resc

200 m RC : 20.66

1	Broothaerts Damien	83	21.47	05-08	vs
2	Vervloet Gregory	83	21.71	01-06	rfcl
3	Moral Miguel	81	22.01	11-05	dcla
4	Ghislain Arnaud	88	22.12	20-04	hf
5	Geerts Michael	84	22.69	22-06	rcb
6	Bux Anthony	87	22.91	04-05	resc
7	Diallo Saliou	85	22.92	09-08	vita
8	Castermane Julien	88	23.16	22-06	rcb
9	Lissassi Arnaud	76	24.05	21-07	vs
10	Fontenoy Serge	80	25.72	04-05	resc

300 m RC : 33.60

1	Ghislain Arnaud	88	33.53	14-06	smac
2	Vervloet Gregory	83	34.07	14-06	smac
3	Diallo Saliou	85	35.62	31-08	dcla
4	Castermane Julien	88	35.73	14-06	smac
5	Geerts Michael	84	35.83	27-06	vac
6	Bux Anthony	87	36.16	31-08	dcla

400 m RC : 46.47

1	Ghislain Arnaud	88	46.56	06/07	rfcl
2	Vervloet Gregory	83	48.20	04-05	resc
3	Xhonneux Frederic	83	48.52	02-08	dac
4	Castermane Julien	88	49.80	04-05	resc
5	Geerts Michael	84	50.08	27-04	riaac
6	Diallo Saliou	85	50.40	06-09	volh
7	Bux Anthony	87	51.84	27-04	riaac

800 m RC : 1.48.30

1	Dewitte Sebastien	85	1.51.61	28-08	vs
2	Amellal Nouredine	74	2.03.62	31-05	resc
3	Xhonneux Marc	80	2.16.84	31-05	resc
4	Vastemans Vincent	80	2.19.92	31-05	resc

1000 m RC : 2.23.10

1	Levacq Corentin	81	2.33.88	16-07	rfcl
2	Xhonneux Frederic	83	2.47.73	16-07	rfcl



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1500 m		RC : 3.40.30			
1	Dewitte Sebastien	85	3.45.49	20-07	avt
2	Hernould Franky	86	3.50.87	31-08	azw
3	Levacq Corentin	81	3.57.92	05-07	rfcl
4	Amellal Noureddine	74	4.12.54	04-05	resc
5	Cool Jean Paul	88	4.16.38	19-04	csf
6	Xhonneux Frederic	83	4.20.53	11-05	ITA

2000 m		RC : 5.13.09			
1	Hernould Franky	86	5.23.21	21-06	asvo

3000 m		RC : 7.51.46			
1	Dewitte Sebastien	85	8.22.61	11-05	dcla
2	Hernould Franky	86	8.24.01	05-08	vs
3	Amellal Noureddine	74	9.27.57	31-08	ws
4	Hasselmanns Jerome	88	9.34.58	19-04	csf
5	Roze Steven	81	10.35.04	19-04	csf
6	Vastemans Vincent	80	11.19.01	19-04	csf

5000 m		RC : 13.22.81			
1	Hernould Franky	86	14.42.02	09-08	vita

Marathon		RC : 2h13.15			
1	Roze Steven	81	2h53.59	13-04	NED
2	Ounoughi Julien	77	3h46.06	13-04	NED

110 m haies (106 cm)		RC : 13.48			
1	Broothaerts Damien	83	13.76	16-07	rfcl
2	Xhonneux Frederic	83	14.99	25-07	vs

400 m haies (91 cm)		RC : 48.91			
1	Vervloet Gregory	83	52.49	06-07	rfcl
2	Ghislain Arnaud	88	53.88	14-09	herv

3000 m steeple (91 cm)		RC : 8.24.90			
1	Levacq Corentin	81	9.52.63	17-05	dcla

Hauteur		RC : 2m21			
1	Vaissiere Cyril	78	1m95	17-05	dcla
	Xhonneux Frederic	83	1m95	10-05	ITA

Longueur		RC : 7m94			
1	Xhonneux Frederic	83	7m33	10-05	ITA
2	Naga Djihed	88	6m92	17-08	oeh
3	Lambert John	80	4m99	02-08	dac

Triple saut		RC : 16m86			
1	Naga Djihed	88	12m82	14-09	herv

Perche		RC : 5m25			
1	Xhonneux Frederic	83	4m95	11-05	ITA
2	Naga Djihed	88	4m11	29-06	smac

Poids (7,26 kg)		RC : 15m08			
1	Xhonneux Frederic	83	14m79	10-05	ITA
2	Lambert John	80	11m57	22-06	rcb
3	Hostyn Laurent David	87	11m14	11-05	dcla

Disque (2 kg)		RC : 51m56			
1	Xhonneux Frederic	83	45m36	11-05	ITA
2	Lambert John	80	35m58	16-05	abes
3	Hostyn Laurent David	87	27m30	01-05	smac

Javelot (800 gr)		RC : 70m78			
1	Xhonneux Frederic	83	63m56	11-05	ITA

Marteau (7,26 kg)		RC : 61m66			
1	Alexiou Efstratios	80	20m14	11-05	dcla

Decathlon		RC : 7902 p			
1	Xhonneux Frederic	83	8142 p	11-05	ITA

4 x 100 m		RC : 40.60		
	Moral, Vervloet, Kabuya, Broothaerts	41.77	11-05	dcla

4 x 200 m		RC : 1.25.09		
	Moral, Beurms, Vervloet, Broothaerts	1.26.53	21-09	usbw

4 x 400 m		RC : 3.10.20		
	Geerts, Vervloet, Dewitte, Ghislain	3.18.12	11-05	dcla

4 x 800 m		RC : 7.38.00		
	Levacq, Hernould, Ghislain, Dewitte	7.59.18	21-09	usbw

Ekiden		RC : 2h26.28		
	Amellal, Coenraet, Hasselman, Roze, Hasselmans, Cool	2h36.37	20-09	bxl

**MASTERS HOMMES 35 (1973 - 1969)**

1500 m		RC : 3.54.39			
1	Foulon Didier	73	4.58.62	19-04	csf

3000 m		RC : 9.14.30			
1	Laroy Dimitri	73	10.53.81	08-06	csf

5000 m		RC : 14.48.24			
1	Lemonnier Thierry	68	19.13.65	19-04	smac

Javelot (800 gr)		RC : 62m40			
1	Parfenov Vladimir	70	62m75	11-05	dcla

**MASTERS HOMMES 40 (1968 - 1964)**

100 m		RC : 11.43			
1	De Ridder Alain	68	13.54	08-06	csf

200 m		RC : 23.24			
1	De Ridder Alain	68	27.32	08-06	csf

300 m		RC : -			
1	De Ridder Alain	68	42.86	25-10	csf

400 m		RC : 56.72			
1	Lemonnier Thierry	68	63.27	31-05	resc

800 m		RC : 2.01.50			
1	De Ridder Alain	68	2.17.30	17-08	oeh
2	Lemonnier Thierry	68	2.22.39	31-05	resc

1000 m		RC : 2.33.70			
1	De Ridder Alain	68	2.54.04	23-08	csdy
2	Lemonnier Thierry	68	3.06.43	23-08	csdy

1500 m		RC : 4.04.51			
1	Lemonnier Thierry	68	4.59.05	27-06	vac

3000 m		RC : 9.02.48			
1	Lemonnier Thierry	68	10.57.81	15-06	achl
2	Ciocan Gabriel	67	10.58.83	08-06	csf

Marathon		RC : 3h06.03			
1	De Ridder Urbain	69	3h12.07	12-10	FRA
2	Ciocan Gabriel	67	3h18.28	13-04	NED

3000 m steeple (91 cm)		RC : 18.07.00			
1	Lemonnier Thierry	68	12.26.76	18-10	ws



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Javelot (800 gr)	RC : 50m58
1 Meganck Richard	67 25m08 08-06 csf

**MASTERS HOMMES 45 (1963 - 1959)**

100 m	RC : 11.64
1 Maniquet Rudi	61 12.64 04-05 resc
2 Lins Alain	63 13.93 19-04 csf

200 m	RC : 23.84
1 Maniquet Rudi	61 25.70 08-06 csf

400 m	RC : 56.82
1 Lins Alain	63 62.34 08-06 csf
2 Huygens Guy	60 69.10 08-06 csf

800 m	RC : 2.17.68
1 Hasselmans Jean Luc	59 2.23.51 31-05 resc

1500 m	RC : 4.36.60
1 Hasselmans Jean Luc	59 4.52.48 08-06 csf

3000 m	RC : 8.46.40
1 Hasselmans Jean Luc	59 10.31.94 19-04 csf
2 Tillieux Guy	58 11.08.30 19-04 csf
3 Caluwe Luc	61 12.17.80 19-04 csf

5000 m	RC :
1 Tillieux Guy	58 19.09.65 08-06 csf

Hauteur	RC : 1m60
1 Caluwe Luc	61 1m30 08-06 csf
Hasselmans Jean Luc	59 1m30 08-06 csf

Longueur	RC : 5m40
1 Caluwe Luc	61 4m52 08-06 csf
2 Lins Alain	63 4m18 08-06 csf

Poids (7,26 kg)	RC : 15m08
1 Denys Jacques	59 9m09 31-05 resc

Disque (2 kg)	RC : 50m08
1 Denys Jacques	59 25m32 25-05 cabw
2 Dierickx Stephane	60 13m49 08-06 csf

Javelot (800 gr)	RC : 30m73
1 Paulus Christian	61 29m26 19-04 csf
2 Denys Jacques	59 26m04 08-07 vita

4 x 400 m	RC : 3.56.00
Maniquet, Hasselmans, Lins, Tillieux	4.20.30 08-06 csf

**MASTERS HOMMES 50 (1958 - 1954)**

5000 m	RC : 16.30.87
1 Maurissen Pierre	55 19.38.14 08-06 csf

**MASTERS HOMMES 55 (1953 - 1949)**

Marathon	RC : 2h32.05
1 Marbaix Lucien	49 4h46.41 05-10 bxl

Poids (7,26 kg)	RC : 13m44
1 De Buyst Francis	52 5m66 08-06 csf

**MASTERS HOMMES 60 (1948 - 1944)**

Disque (2 kg)	RC : 47m69
1 Van Schoor Robert	46 38m46 11-05 dcla